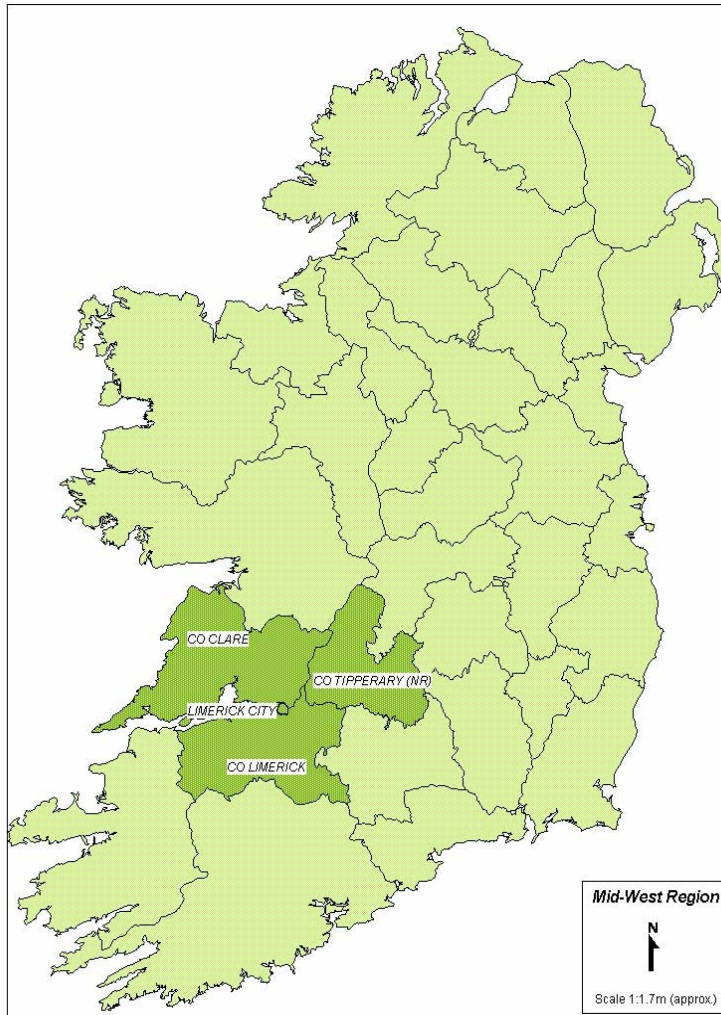


A Guide to Diabetes Services



HSE West
Limerick, Clare & North Tipperary

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1.0 Diabetes Services Mid-Western Regional Hospitals - Limerick

1.1 Diabetes Team

Contact Details

Physician:

Dr. James O'Hare

061 482372

061 482418

Consultant Paediatrician:

Dr. Tom Stack

061 483163

Consultant Obstetrician:

Dr. John Slevin

061 483123

Diabetes Nurses:

Ms. Sarah Fitzpatrick

CNS - Diabetes

061 482340

Ms. Mary Norris

A.CNMII - Diabetes

061 482340

Ms. Anne Quinn

CNS - Diabetes - Paediatrics

061 482022

Diabetes Midwife Specialist:

Ms. Yvonne Moloney

CMS - Diabetes

061 483481/086 3886731

Biochemistry

Dr. Ned Barrett

Consultant - Biochemist

061 482264

Ophthalmologist

Dr. Ray Niland

061 482358

Dr. Marie Hickey-Dwyer

061 482710

Dr. Brendan Young

061 482378

Psychiatry:

Dr. Catherine Corby

Consultant Psychiatrist

061 485092

Eileen Cullinane

CNS Liaison Nurse (Psychiatry)

061 482291

Renal Services

Dr. Con Cronin

061 462206

Dr. Casserly

061 462207

Vascular:

Prof. Pierce Grace

061 482121

Mr. Paul Burke

061 482121

Mr. Eamon Kavanagh

061 482761

Administrative Services:

Adult Diabetes Clinical Appointments

061 482524

Paediatric Diabetes Clinical Appointments

061 485276

1.2 Diabetes Clinics Mid-Western Regional Hospitals - Limerick

1.2.1 Adult Clinics (Mid West Regional Hospital)

Pre-Assessment Clinic - every Tuesday morning 08.00 - 13.00 OPD 3
Held 2-4 weeks prior to the Diabetic / Specialist Clinics

Insulin initiation/Change of Regime Clinics
Nurse led clinics held every 2nd Tuesday 14.00 - 16.00 OPD 3

Diabetes Adult Clinics
Weekly clinics Wednesday 14.00 - 18.00 OPD 1

Young Persons Diabetes Clinic
First Tuesday of the month 14.00 - 17.00 OPD 1

1.2.2 Paediatric Clinics (Mid-Western Regional Hospital – Limerick)

The Paediatric Annual Review Clinic
Nurse led - one Thursday every month 09.00 – 12.30 Paediatric outpatients

1.2.3 Pregnancy Clinics (Mid-Western Regional Maternity Hospital – Limerick)

Pre-Assessment Clinic for New Gestational and Pre-existing diabetes
Mid-Wife led clinic every Monday morning and Tuesday Evening

Diabetes Obstetric Clinic
Tuesday mornings 08.30 – 12.30 Dr. Slevin, Consultant Obstetrician

Diabetes in Pregnancy Clinic
Wednesday Evenings 14.00 – 18.00 Dr. O'Hare
Tuesday mornings 08.30 – 12.30 Dr. Slevin

Pre-conceptual Care Clinic
Midwife led. Thursday evening 14.00 – 17.00

2.0 Diabetes Services St Johns Hospital

2.1 Diabetes Team

Diabetes Nurse

Anne O Sullivan CNS - Diabetes Care **061 462271**

Medical Consultants

Dr Cornelius Cronin **061 462206**

Dr E Mulloy **061 462205**

Dr L Casserly **061 462207**

Vascular Consultant

Mr P Burke **061 462202**

Dietician

Aishling Collins **061 462175**

Health Promotion Officer / Smoking Cessation

Kim Coughlan **061 462275**

2.2 Diabetes Clinics St Johns Hospital

Nurse Led

Anne O Sullivan Every Tuesday 10.00 – 17.00 (Pre assessment/Insulin initiation)

Medical/Diabetes Clinic

Dr E Mulloy Wednesday 14.00 – 18.00

Dr C Cronin Thursday 08.30 – 13.00

Dr L Casserly 1st Thursday pm of each month 13.30 – 17.00

Vascular Clinic

Alternative Friday of each month 09.00 – 13.00

Veronica O Connor CNS – Tissue Viability **061 462221**

3.0 Diabetes Services Mid Western Regional Hospital Ennis

3.1 Diabetes Team

Consultant Physician

Dr Mahfuzur Rahman **0656863110**

Clinic held once a week every Thursday Morning

Nursing Staff

065 683169

Out Patients Dept

Reception **0656863173**

Medical Secretaries OPD **0656863164**

Psychologist

Maurice Ward **0656863626**

Ophthalmologist

Dr. Jareth Gallager 0656828525

Clinic Wednesdays and Fridays every second week

Dr. Colette Dalton 0656828525

(Monday and Thursday)

Ophthalmic Surgeons

Mr. Niland 0656828525

Mr Young 0656828525

Vascular Surgeon

Mr. Eamon Kavanagh 0656863174

061 482761

4.0 Diabetes Services Mid Western Regional Hospital Nenagh

4.1 Diabetes Team

Consultants

Dr. J. Kellett 067 31491

Dr. C. O'Malley 067 42203

Dr. M. Moloney 067 42204

Dr. Abbass 067 31491

Dr. Haq (Locum) 067 31491

Diabetic Nurses

Eileen McGrath CNS Diabetes 067 42371

Bleep 036

4.2 Diabetic Clinics MWRH - Nenagh

Medical Clinics

Dr. Kellett Monday 2-4pm and Wednesday 8.45 - 9.40am

Nurse led Diabetic Clinic Wednesday 2-5pm

5.0 Diabetes Services Community

5.1 Community Dietetic Service

Community and Dietetic Services provide a one-to-one consultation to patients referred by GP's, Practice Nurses, Public Health Nurses or Area Medical Officers. Referral forms and appointments available via:

Limerick

Sinead Glover / Anne Geary **061 483443**
 Community Dietician and Nutrition Service Fax **061 446653**
 Slainte Health Information, Limerick Health Promotion, Spring Rice House Pery St, Limerick

Dietetic Clinic held in the following Health Centres:

Abbeyfeale HC	Adare HC	Ballynanty HC	Bishops St HC	Caherconlish HC
Dooradoyle HC	Glin HC	Kilmallock HC	Moyross HC	Newcastle West
Carnegie HC	Rosbrien HC	Southill HC		

Clare

Anne Griffin/Siobhan Ryan **0656865839**
 Community Dietetic and Nutrition Service Fax **0656865838**
 HSE, Slainte Office, Francis Street, Ennis, Co. Clare

North Tipperary

Kay Finn **067 46464**
 Community Dietetic and Nutrition Service **46477**
 Health Centre, Tyone, Nenagh, Co. Tipperary

DESMOND

A programme of Structured Education Programme for Adults with Type 2 diabetes

DESMOND is a structured education programme for Type 2 diabetics, it has demonstrated to improve diabetes control and knowledge, increase self-management skills and enhance diet and lifestyle for people with type 2 diabetes. It runs in two half day sessions.

Dieticians in Limerick are currently offering this patient education programme; referrals can be made to the community dieticians via GPs or hospital using the following referral form.



Clients Name: _____ M / F

Address: _____

D.O.B: ____ / ____ / ____

Telephone No (NB*): (H)(____)____ (M)(____)____

GP name: _____ GP address: _____

Client Consent for Referral: Yes/ No

Clinical information required:

Date of appointment/visit:	
HbA1c (%)	
Total cholesterol (mmol/l)	
HDL (mmol/l)	
LDL (mmol/l)	
Triglycerides (mmol/l)	
Systolic BP (mmHg)	
Diastolic BP (mmHg)	
Weight (kg)	
Waist (cm)	
Smoking	Yes/No

Fasting: yes/no

Referral Signature:..... G.P / Nurse / HP / Self

Contact Details:..... Date:.....

Please send/fax referral to: DESMOND Co-ordinators
 Community Nutrition and Dietetic Services
 Health Service Executive West
 Limerick Health Promotion
 Spring Rice House
 Pery Street
 Limerick

Fax: 061 446653 / Phone: 061 483448
 e-mail: annem.geary@hse.ie / rachael.banques@hse.ie

5.2 Community Podiatry Service

Co. Clare

Patients with diabetes are referred to the Chiropodist/Podiatrist for foot assessment, treatment and recommendation for footwear. Persons may also self refer. This service is available to all age groups with and without GMS cards.

Referral forms are available via OPD, GP surgeries, PHN's, dieticians.

Referral should be directed to:

Chiropody/Podiatry Appointments
HSE – West, Health Centre
Bindon Street, Ennis, Co. Clare

0656828525
Ext. 4741
0656842828

Podiatry Clinic Locations	Clinic Frequency
Ennis – Health Centre, Bindon Street	Daily
Ennistymon Health Centre	Twice Weekly
Ennistymon Day Centre	Weekly
Kilrush Health Centre, Kilkee Road, Kilrush	Weekly
Scariff Health Centre	Monthly
Shannon Health Centre	Monthly
St. Josephs Hospital, Ennis	Weekly

North Tipperary

This service is currently only available for over 65 year olds. Three clinics per week based at the Community Hospital of the Assumption, referrals are via GP or PHN.

Brigitte Hayden

0504 21055

Limerick

Orthotics Clinic once a month, in the Mid-West regional hospital Limerick

Contact:

Bernie O'Sullivan Staff Officer

HSE – West, Orthopaedic OPD, MWRH, Limerick

061 482168

Clare

Requisition for footwear and Orthotics from the Podiatry department is processed via Aids and Appliances Dept,

HSE – West, Tobartaoscaín, Ennis, Co. Clare

0656863681

North Tipperary

Orthotics Clinic First Friday every month in MWRH - Nenagh

Referral by G.P. Podiatrist or Chiropodist

067 42326

Custom-made Footwear

Custom-made footwear and insoles are available free of charge to GMS patients with accompanying doctors letter.

Custom Made Footwear Companies (The HSE does not endorse any of these companies)

These companies are examples who supply to both Medical Card and non-medical card holders providing specialist footwear / insoles.

Orthotist - Declan Sweeney, St. Gabriel's Centre, Dooradoyle, Limerick (beside Mid-West Regional Hospital, Limerick) **061 302733**

APOS Atlantic Prosthetic Orthotic Services Ltd, The Weir, Kilcolgan, Co. Galway. **091 796983**

Trulife, Unit 21, Mulvoy Commercial Centre, Sean Mulvoy Road, Galway. **091 757271**

Trulife, 6/7 Cornmarket St, Cork. **021 427314**

Tutty's Shoes, Riverhouse, Millbrook, Naas, **045 876879**

Recommended Footwear

Footwear which is recommended for diabetics includes Green Comfort Medical.

Stockists include:

Gleasons Shoes, 26 William Street, Limerick **061 417407**

Central Shoe Stores, Kilrush **0659051098**

Pat Mc Carthy's, O'Connell Street, Ennis **0659051098**

5.3 Ophthalmology Service

GMS patients can have their eyes screened for diabetic retinopathy by their local optician, under the GMS system. However, it is important to ensure that the Optician is experienced and competent in diabetic eye screening. All GMS patients are entitled to a general eye examination every 2 years, and the optician can also perform dilated fundoscopy to assess for diabetic retinopathy, if requested. This eye examination can be performed more frequently if requested by the GP.

Patients need to complete an application form for Eye Examination/Optical Appliances available from their GP / Local Health Centre / Community Optical Department.

Completed forms to be sent to:

Limerick

Community Care Unit, HSE – West, Ballycummin Ave, Limerick. **061 483704**

Clare

Ophthalmic Appointments HSE – West, Bindon Street, Ennis, Co Clare **0656828525**
Ext 4123

North Tipperary

A number of options are available to patients requiring retinal screening for diabetes depending on area of residence. These include community and hospital based services.

Community Ophthalmology

There is currently a limited community ophthalmology service. GMS patients requiring retinal screening can be referred by their GP to the eye clinic at:

Nenagh

Dr. Brid de Gaulle, First Tuesday and third Friday every month held in the Outpatients Department, Nenagh Hospital. Referrals to:

Eye Secretary Kenyon Street Nenagh Co. Tipperary **067 31212**

Thurles

Dr. Bernie Rowan, Second Monday and fourth Wednesday every month held in the Health Centre, Parnell St., Thurles. Referrals to:

St. Marys HC, Parnell Street, Thurles, Co. Tipperary **0505 27607**

Roscrea

Dr. Bernie Rowan, First Thursday every month held in the Roscrea Health Centre

Referrals to:

Eye Secretary, HSE West, Traynors Court, HC Roscrea, Co. Tipperary **0505 21498**

5.4 Long Term Illness Scheme

Non-GMS patients with diabetes should apply for a Long Term Illness Card, which will entitle them to free diabetes-related medication, devices and blood glucose monitoring strips. Long-term illness applications are available from:

Limerick

Long Term Illness Section, HSE West, Community Care, Raheen Business Park,
Ballycummin Ave, Limerick **061 483707**

Clare

Long Term Illness Section, HSE West, Medical Card Dept. Sandfield Center, Ennis, Co. Clare
0656868089

North Tipperary

Long Term Illness Section, HSE West, Civic Offices, Limerick Road Nenagh, Kenyon Street,
Nenagh, Co. Tipperary. **067 46626**

5.5 Domiciliary Care Allowance

There is a grant available for parents who have children with diabetes. This grant is issued following individual medical assessment by the Area Medical Officer. Application forms can be obtained from local health centres or by contacting:

Limerick

Disability Service, South West Wing, St. Joseph's Hospital, Mulgrave Street, Limerick
061 461162

Clare

Disability Section, HSE West, Tobartaoscain, Ennis, Co. Clare **0656863672**

North Tipperary

Disability Section, The Derg Centre Gortlandroad Business Park, Nenagh, Co. Tipperary
067 46715

5.6 Community Welfare Service

For information of welfare allowances contact:

Limerick

Community Welfare Services Health Service Executive, Limerick P.C.C.C. St Joseph's
Hospital, Mulgrave St. Limerick **061 461489/ 461491**

East Limerick

Community Welfare Services, Health Services Executive, East Limerick/Nr. Tipperary
P.C.C.C. Friars Court, Nenagh, Co. Tipperary. **067 31003**

Clare

Community Welfare Service, HSE Sandfield Centre, Ennis, Co. Clare **0656868090**

North Tipperary

Community Welfare Services, Health Services Executive, East Limerick/Nr. Tipperary
P.C.C.C. Friars Court, Nenagh, Co. Tipperary **067 31003**

5.7 The Diabetes Federation of Ireland

The Diabetes Federation of Ireland has a network of support branches throughout the country. The activities of the Federation include dissemination of non-judgmental advice and information through meetings, workshops, seminars and a quarterly magazine. Support through telephone communications and meetings. Raising awareness of diabetes through running campaigns and lobbying on behalf of persons with diabetes in areas where they are being discriminated.

For more information, contact:

Diabetes Federation of Ireland Helpline	1850 909 909
Website	www.diabetes.ie
Limerick Region Branch, Mary Cooney	061 400732
Clare Regional Branch, Peggy Scholder	0656845311
North Tipperary Branch, Tony Casey	0504 21963

The DFI also carry out the structured patient education programme CODE. For further information on courses running in your area contact the DFI.

5.8 National Council for the Blind (NCBI)

The national council of the blind will give information on aids which are available for the visually impaired and how to obtain them.

Limerick

NCBI, Lantern House, 48 Wolftone Street, Limerick. **061 316388**

Clare

NCBI, Barrack Street, Ennis, Co. Clare **0656824064**
Appointment only, all enquiries re-directed to the Limerick Office

Tipperary

NCBI, Lantern House, Wolftone Street, Limerick **0673429048**

Meters for the Visually Impaired

To order Talking Glucometer send letter from GP/Consultant to:

Medical Cards Department,
HSE –West, Sandfield Centre, Ennis, Co. Clare **0656868076**

5.9 Sharps

BD safe clips available on prescription. Cin bins available from local Health Centre

5.10 Smoking Cessation Support

The patient is offered telephone advice; one to one support is also available if required. A weekly smoking cessation clinic is facilitated on Tuesdays from 10.00 to 16.00 hrs. Clients may self-refer or be referred by health professionals. Please contact:

Clare Health Promotion Services – HSE West, Slainte Office, Museum House, Francis Street, Ennis, Co. Clare **0656865841**

Clients attending the clinic are offered an initial information session followed by a four week support programme. Clients who opt for telephone counselling are referred to the National Quit line service at: 1850 201 203

North Tipperary

One to one consultations with Ms. Mary Killeen McCarthy, HPH Co-ordinator

067 42365

Help lines:

QUITLINE: 1850 201203 Mon – Sun 8am – 10pm

The Irish Cancer Society provides a free-phone help-line offering advice and support to people wishing to quit smoking.

5.11 Community Diabetes Care Facilitator

Rachael Banques – Community Diabetes Care Facilitator

Nursing & Midwifery Planning & Development Unit NMPDU 31/33 Catherine Street, Limerick

061- 483564

Rachael.banques@hse.ie

0868076715

The Diabetes Services of the HSE West (Limerick Clare and North Tipperary) are currently developing programmes to facilitate a more integrated approach to the delivery of diabetes care for the area by:

1. Facilitating the implementation and development of diabetes services in collaboration with the multidisciplinary diabetes team in Primary and Secondary Care.
2. Facilitating a more integrated approach towards the delivery of diabetes care in primary care.

This work includes:

Education Programmes for both Service Providers and Patients. Creation of a Diabetic Disease Register. Audit and Quality Improvement of diabetes services. Development of a Diabetes Shared Care Programme