



# Are you Winter ready? Nursing Home Staff Checklist



**Have you had your free flu & COVID-19\* vaccines?**



**Have you read your facility's Winter Virus Preparedness Plan?**



**Do you know how and when to request lab testing for infection with respiratory viruses?**



**Do you know Your 5 Moments for Hand Hygiene, respiratory hygiene and appropriate use of PPE gloves/gowns/face masks etc?**



**Are you up to date with all appropriate training on AMRIC hub and HSELandD?**



**Do you know how to recognise signs and symptoms of respiratory illnesses?**

**\*if greater than 3 months since last infection /vaccination**

