



**MAKING
EVERY**

**CONTACT
COUNT**

**ONE CONVERSATION
CAN CHANGE A LIFE**



What is Making Every Contact Count?

The Making Every Contact Count Programme was established to support the prevention and management of chronic disease. It is a key priority of the Healthy Ireland agenda, which aims to improve the health of the whole population.

As a healthcare professional, you are being asked to take a few moments during routine interactions with your patients, to talk with them about health behaviour change. To support you to implement this programme in our health service an innovative blended learning training programme has been developed. The elearning training consists of the following online modules each of 30 minutes duration:

- Introduction to Behaviour Change
- Tobacco Free
- Alcohol and Drug Use
- Get Ireland Active
- Healthy Food for Life
- Skills into Practice

The training is designed to allow you to pace your learning, to complete where and when it best suits you. It means you can pick up where you left off and complete the modules in stages.

Once you have completed all of the online modules you can register to attend the face to face classroom module - **Enhancing your brief intervention skills workshop**.

It is easy to complete

- One step registration
- Free to all healthcare professionals
- Can be completed in multiple sessions (pick up where you left off)
- Recognised for Continuous Professional Development by a range of professional bodies

For more information and to register go to
www.makingeverycontactcount.ie