

DML Excellence Awards 2016 Report

Project No: 129 – Next Stage Rehabilitation Programme

Address: Acquired Brain Injury Rehabilitative, Vocational and Community Reintegration Programme. Rehabilitative Training Unit, National Rehabilitation Hospital

Location: Voluntary Provider (Section 38)

Brief Description (up to 200 words)

The Next Stage programme is a national service designed for individuals who have suffered from an acquired brain injury (ABI). The aim of the programme is to assist individual in relearning the necessary life, social and work skills to return to their maximum independence and functional ability. The programme acts as a bridge between a clinical rehabilitation programme and further training, living, employment and or educational options. The programme duration is determined by the individual's need and progress and can range from 6 months to 12 months. Trainees attend up to four days a week. They receive group and individual training in the following main areas: Brain Injury awareness and management, Personal and social development, Life skills management, Information technology, Educational and project support, Vocational assessment, planning and exploration.

Main goal(s) and aims of the Project

The programme Mission is to work in partnership with people with ABI by providing a high quality and individualised training programme designed to assist each trainee to enable greater levels of independence, personal effectiveness and integration into the community. The programme focuses on practical abilities and developing skills such as personal life, social and practical skills that can be transferred to the workplace. To assist the individual to increase their independence and social integration. To provide individualised and safe training in a graded environment. To provide a work life structure to the daily routing. To assist individual to make informed choices about their future goals and options.

Outline of Approach – main steps taken to implement the Project

Individual with ABI are referred to our programme and following a screening and intake interview to assess their needs and the suitability of the programme for them at this time, we either offer them a training place or make onward referrals to other more suitable services. On commencing the programme the trainee is allocated to a Caseworker, and gets a comprehensive induction to the programme. The programme