

Directory of courses and  
training programmes on  
drug misuse in Ireland 2009

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on Drug Use**

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# Directory of Courses and Training Programmes on Drug Misuse in Ireland 2009

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An electronic copy is available at [www.hrb.ie/ndc](http://www.hrb.ie/ndc)

## INTRODUCTION

This Directory contains information about courses and training programmes on drug misuse for individuals and agencies interested in developing their knowledge, skills and capacity in this field. This is the fourth edition of the Directory compiled by the National Documentation Centre on Drug Use.

Course details are primarily based on responses to a request for information from course co-ordinators, published in *Drugnet Ireland*. A large number of training institutes and organisations were also contacted directly. Information in the Directory has therefore been supplied by a range of sources and this is reflected in the different writing styles and content.

There is a wide variety of training available, ranging from single sessions to courses lasting up to three years. Although some courses do not refer directly to drugs or addiction, they may be of interest to those working in this area. Obviously, the depth of coverage of the issues varies considerably, according to the length of the course and the level at which it is aimed. There are also variations in the training methods and in the underlying principles and approaches to issues in drug misuse. A number of courses are offered by multiple providers, so information on a single course may be provided more than once. This enables local providers to give details which may be of interest to those in their area.

Different courses are aimed at different target groups. Some courses are open to anyone in the community who is interested in the issue; others are aimed at those whose work brings them into contact with drug-related issues; and some are aimed at specific groups. The majority of courses listed here do not stipulate formal educational attainments as entry requirements, although a number of more advanced courses do require participants to have some previous knowledge and understanding of relevant issues

This year we requested drugs task forces to provide information on educational bursaries for people residing or working in their areas. A small number of task forces will be offering such funding support in 2009. Names and criteria are listed in the Drugs task force education bursaries section.

The Directory does not assess or provide information about the quality or relevance of any of the courses listed. Neither the inclusion nor the omission of any course, or the details of any course, should be taken as indicative of any view or opinion of that course held by the staff of the National Documentation Centre on Drug Use, the Health Research Board or any other agency.

The information was gathered over a short period of time. Inevitably, some agencies providing courses and training in drug misuse were overlooked, while others were unable to respond in time. New courses are continually being developed. We hope, therefore, to update this Directory annually. Please consult our website, [www.hrb.ie/ndc](http://www.hrb.ie/ndc), for the most up-to-date edition .

Course co-ordinators who wish to provide updated information or new courses for the next Directory may request an application form from [mdunne@hrb.ie](mailto:mdunne@hrb.ie)



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Courses A10 and A25 can be provided in local school settings.

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**Course provider**

Community Awareness of  
Drugs

**Address**

31 Central Hotel Chambers  
Dame Court  
Dublin 2

**Contact person**

Bernie Mc Donnell

**Job title**

Co-ordinator

**Telephone**

01 679 2681

**Email**

info@cadaboutdrugs.ie

**Web address**

www.cadaboutdrugs.ie

**Course aims and objectives**

To provide parents and other adults with a common-sense approach to understanding a variety of drug-related issues

**Course content**

This single-session drug awareness presentation is delivered from a preventative perspective. The following questions are addressed:

- What is a drug?
- What is drug misuse?
- What do drugs look like?
- Why do people take drugs?
- Where do young people get drugs?
- How do you conduct a safety audit in the family home?
- How safe is your community?
- What are the risk and protective factors?
- How do you get along with teenagers?
- How does someone develop a dependency on drugs?
- Where can you go for help?

**Target group**

Adults – parents / guardians / carers and community workers

**Entry requirement**

n.a.

**Selection procedure**

n.a.

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course start date**

Initial one-session course run on demand.

**Course background**

For the past 25 years CAD has responded to the needs of parents and community workers by providing single-session talks/presentations. In some instances these talks lead to additional programmes being delivered.

**Course location**

Local community level

**Application**

Contact CAD Co-ordinating Office

**Cost**

Organisers make a donation to CAD (anything from €50 upwards, depending on location).

**Course provider**

Community Awareness of  
Drugs

**Address**

31 Central Hotel Chambers  
Dame Court  
Dublin 2

**Contact person**

Bernie Mc Donnell

**Job title**

Co-ordinator

**Telephone**

01 679 2681

**Email**

info@cadaboutdrugs.ie

**Web address**

www.cadaboutdrugs.ie

**Course aims and objectives**

To provide former participants with an opportunity to access information on drugs from Dr Des Corrigan, Chairman of the National Advisory Committee on Drugs. In addition, to up-skill on family-related matters from a variety of guest speakers and to listen to shared personal experiences on the topic of drug use and dependency.

**Course content**

Pharmacological update from Dr Des Corrigan. Family-related strategies are covered by family therapists / addiction counsellors, and shared personal experiences by Narcotics Anonymous / Coolmine Therapeutic Community, Merchants Quay Ireland or the Family Support Network.

**Target group**

Past participants of our 'Parenting for prevention' programme and invited guests.

**Entry requirement**

None

**Selection procedure**

None

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course start date**

Next 'update day' will be in 2010.

**Course background**

Our 'update days' have been held on six occasions since 1994. The 2008 update day co-incided with our 25th anniversary celebrations.

**Course location**

To be confirmed

**Application**

Contact the CAD Office.

**Cost**

€10 to secure a place

# A03

## THE CAD 'DRUGS: ISSUES AND EXPERIENCES' EDUCATION DAY

**Course provider**

Community Awareness  
of Drugs

**Address**

31 Central Hotel Chambers  
Dame Court  
Dublin 2

**Contact person**

Bernie Mc Donnell

**Job title**

Co-ordinator

**Telephone**

01 679 2681

**Email**

info@cadaboutdrugs.ie

**Web address**

www.cadaboutdrugs.ie

**Course aims and objectives**

To provide a wide range of new-to-post or community workers with an opportunity to: access information on drugs and their effects; explore family/community-related strategies; and listen to shared personal experiences.

**Course content**

Pharmacological update from Dr Des Corrigan. Family-related strategies are covered by a variety of family therapists / addiction counsellors, and shared personal experiences by Narcotics Anonymous / Coolmine Therapeutic Community, Merchants Quay Ireland or the Family Support Network.

**Target group**

New-to-post workers / community workers

**Entry requirement**

None

**Selection procedure**

None

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course start date**

7 March, 13 June and 10 October 2009

**Course background**

Our education events for new-to-post workers have been available since 1984. They are usually held three times a year.

**Course location**

Currently: All Hallows College, Gracepark Rd, Drumcondra, Dublin 7

**Application**

Contact the CAD Office.

**Cost**

€60

# A04

## THE CAD 'FAMILY FOCUS' SIX-SESSION DRUG EDUCATION PROGRAMME

**Course provider**

Community Awareness of Drugs

**Address**

31 Central Hotel Chambers  
Dame Court  
Dublin 2

**Contact person**

Bernie Mc Donnell

**Job title**

Co-ordinator

**Telephone**

01 679 2681

**Email**

info@cadaboutdrugs.ie

**Web address**

www.cadaboutdrugs.ie

**Course aims and objectives**

To provide participants with an opportunity to: update information on drugs and their effects; explore attitudes and decisions about substance misuse; and develop a family-orientated drug prevention strategy.

**Course content**

Discussion topics include:

- Drug-use prevalence
- Drug prevention (broadly defined)
- Drugs and their effects
- Safety audit in the family home
- Parenting-related confidence building
- Active listening
- Health promotion
- Harm reduction
- The gateway theory
- The wheel of change
- Drug-related laws
- Mental health matters
- Sexual health matters
- Information sources
- Treatment options
- Risk and protective factors

**Target group**

Parents or guardians, other adults

**Entry requirement**

None

**Selection procedure**

None

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course start date**

Contact CAD office.

**Course background**

The course was launched during European Drug Prevention Week in October 1992. It was first offered in September 1993. Each tutor can run a maximum of three sessions a week, depending on demand.

**Course location**

Local community level – cross task-force basis – Leinster

**Application**

Contact CAD Office.

**Cost**

€380 per six-session programme, if there is no sponsorship available

# A05

## ALCOHOL, DRUGS AND ADDICTION

**Course provider**

DAP Crosscare  
[DAP = Drug & Alcohol  
Programme]

**Address**

DAP Crosscare  
The Red House  
Clonliffe College  
Dublin 3

**Contact person**

Susan O'Neill

**Job title**

Development Officer

**Telephone**

01 836 0911

**Email**

susan@dap.ie

**Web address**

www.drugs.ie

**Course aims and objectives**

Capacity-building for counsellors  
To develop confidence and capability to  
address drug / alcohol issues in the context  
of general counselling

**Course content**

Dynamics of drug use and dependence  
Counselling skills in context of drug use

**Target group**

Counsellors / others whose clients include  
people using drugs or family members of  
same

**Entry requirement**

Experience of appropriate clients (as above in  
'Target group')

**Selection procedure**

None

**Qualification**

Certificate of attendance

**Assessment**

None

**Accreditation**

Not accredited

**Course start date**

By arrangement

**Course background**

Tutors are experience counsellors / workers  
in the field. DAP Crosscare has worked in  
this field for 25 years and this course draws  
on insights from this experience and best  
practice.

**Course location**

Dublin – Clonliffe or in the group's locality

**Application**

Contact DAP to arrange dates and venue.

**Cost**

Donation to Crosscare – negotiable

# A06

## 6-WEEK CERTIFICATE IN COMMUNITY ADDICTION STUDIES

**Course provider**

Dún Laoghaire Rathdown  
Local Drugs Task Force

**Address**

DROP  
45 Upper Georges Street  
Dún Laoghaire  
Co Dublin

**Contact person**

Eamonn Gillen

**Job title**

Drug Education Officer

**Telephone**

01 280 3187

**Email**

eamonngillen28@gmail.com

**Web address**

www.dlrdrugtaskforce.ie

**Course aims and objectives**

To enable people living or working in the community to become more effective when they encounter drug abuse or addiction.

**Course content**

Areas covered include:

- Signs and symptoms
- Process of addiction
- How addiction affects individuals, families and communities
- How individuals and communities can respond
- Attitudes, beliefs around drug use and abuse

**Target group**

People living in the Dún Laoghaire Rathdown area or working in a drug-related field in the area.

**Entry requirement**

n.a.

**Selection procedure**

Application

**Qualification**

n.a.

**Assessment**

Course work and attendance

**Accreditation**

n.a.

**Course start date**

By arrangement. A venue and at least 12 participants needed in order for course to run.

**Course background**

This course was first offered in 1998 and has been repeated annually.

**Course location**

Within the Dún Laoghaire Rathdown area

**Application**

Details from contact person listed above

**Cost**

Free to participants

# A07

## DRUGS AND ALCOHOL AT WORK – COMPLYING WITH SECTION 13 OF THE SAFETY, HEALTH AND WELFARE AT WORK ACT 2005

**Course provider**

EAP Institute  
[EAP = Employee Assistance Programme]

**Address**

143 Barrack Street  
Waterford

**Contact person**

Anita Furlong

**Job title**

Conference Administrator

**Telephone**

051 855 733

**Email**

anita@eapinstitute.com

**Web address**

www.eapinstitute.com

**Course aims and objectives**

To outline the new duties of employers and employees in relation to workplace drugs and alcohol

**Course content**

Requirements of the Health, Safety & Welfare at Work Act 2005

**Target group**

Human resource managers, health and safety managers and employee-assistance professionals

**Entry requirement**

Currently working in business

**Selection procedure**

n.a.

**Qualification**

Professional Development Hours (PDHs), required for Certified Employee Assistance Professional International (CEAPI)

**Assessment**

A pre-course assessment will take place.

**Accreditation**

Employee Assistance Certification Committee

**Course start date**

A one-day course run on three dates at different venues, starting 22 January 2009

**Course background**

The 29th annual EAP conference, 'Sustaining and engaging a healthy & productive workforce', took place at the Carlton Hotel, Dublin Airport, 17 September 2008.

**Course location**

Waterford, 22 January 2009; Galway, 19 February 2009; and Portlaoise/Dublin, 12 March 2009

**Application**

By phone, email or post to contact person listed above

**Cost**

€350

**Course provider**

ECO-UNESCO

**Address**

26 Clare Street  
Dublin 2

**Contact person**

Armin Krautgasser

**Job title**

Drugs Education Officer

**Telephone**

01 662 5491

**Email**

training@ecounesco.ie

**Web address**

www.ecounesco.ie

**Course aims and objectives**

- Be confident in developing an alternative approach to drug awareness and misuse prevention through environmental education.
- Learn a variety of interactive education methodologies, including indoor and outdoor activities, motivational activities and life-skill development.
- Be able to facilitate personal development in young people through their engagement with the environment (practical project work).
- Be confident and able to use the ECO-CHOICES resource pack (included in training fee).

**Course content**

- Introducing environmental education as a resource for positive personal development
- Enhancing self-awareness and building of self-esteem activities
- Assertive communication / conflict resolution activities

- Drug education session development scenarios
- Discussion of an environmental action project (5-step plan)
- Open discussions
- Warm-up games & wind-down activities

**Target group**

- Community youth workers
- Teachers and youth leaders

**Entry requirement**

Participants do not need to have any prior experience or training.

**Selection procedure**

n.a.

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

### **Course start date**

- Tuesday, 10 March 2009, 10 am to 4 pm
- Tuesday, 20 October 2009, 10 am to 4 pm

### **Course background**

This course was first run in 2006.

### **Course location**

- Dublin City centre (scheduled day trainings)
- Training at other venues in Ireland can be provided on request to a minimum of 6 and maximum of 20 participants (special group fee applies; contact ECO-UNESCO for details).

### **Application**

Details from contact person listed above

### **Cost**

€80 – ECO-UNESCO members

€90 – community & voluntary sector

€100 – statutory and others

(includes ECO-CHOICES resource pack)

**Course provider**

HOPE (Hands On Peer Education)

**Address**

15 North Strand Road  
Dublin 1

**Contact person**

Irene Crawley

**Job title**

Manager

**Telephone**

01 887 8404

**Email**

hopehandson@yahoo.ie

**Web address**

n.a.

**Course aims and objectives**

Aim: Raise awareness of alcohol and drug use and related issues

**Objectives:**

- For participants to become familiar with the process of addiction
- To gain knowledge of different drugs and their effects
- To become familiar with early detection and intervention
- Information on treatment and support available

**Course content**

- Introduction to basic concepts of addiction
- Detection of early signs and symptoms
- Familiarisation with commonly used drugs and alcohol
- The family in addiction
- Treatment models
- Intervention skills
- Prevention with youth
- Role play, film and speakers

**Target group**

The course is open to anyone in the community.

**Entry requirement**

Aged 18 or over

**Selection procedure**

Telephone interview

**Qualification**

Certificate of attendance

**Assessment**

Group assessment at end of course

**Accreditation**

n.a.

**Course start date**

The course is 16 hours and can be structured as requested.

**Course background**

This course runs several times a year, or as requested by local groups.

**Course location**

HOPE office at 15 North Strand Road, Dublin 1

**Application**

Details from contact person listed above

**Cost**

Free for members of the community; a donation may be requested from professionals.

# A10

## DRUG AND ALCOHOL AWARENESS TALK FOR PARENTS

**Course provider**

HOPE (Hands On Peer Education)

**Address**

15 North Strand Road  
Dublin 1

**Contact person**

Irene Crawley

**Job title**

Manager

**Telephone**

01 887 8404

**Email**

hopehandson@yahoo.ie

**Web address**

n.a.

**Course aims and objectives**

Aim: Raise awareness of alcohol and drug use among young people

Objectives: For participants to gain a brief overview of the process of substance use, drugs and their effects, intervention, treatment and support available

**Course content**

Brief description of:

- Process of addiction
- Alcohol, cannabis and solvent use
- Signs and symptoms
- Prevention tips with youth
- Support and further information available

**Target group**

Members of the community

**Entry requirement**

Parent of school child/children

**Selection procedure**

None. Courses are run at the request of school principal, youth or community group.

**Qualification**

n.a.

**Assessment**

Feedback from group leader

**Accreditation**

n.a.

**Course start date**

Two-hour talk, daytime or evenings

**Course background**

This course was begun in 2005, and will be run as requested.

**Course location**

Local schools

**Application**

Details from contact person listed above

**Cost**

Free

**Course provider**

HOPE (Hands On Peer Education)

**Address**

15 North Strand Road  
Dublin 1

**Contact person**

Irene Crawley

**Job title**

Manager

**Telephone**

01 887 8404

**Email**

hopehandson@yahoo.ie

**Web address**

n.a.

**Course aims and objectives**

Holistic respite for those living with drug addiction or alcoholism, or who have been bereaved due to addiction

**Course content**

Participants can avail of shiatsu, reflexology, and acupuncture.

**Target group**

Parents, children or spouses of people in addiction

**Entry requirement**

As above

**Selection procedure**

Telephone HOPE for appointment.

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course start date**

Course runs every Tuesday, from 6 pm to 8 pm.

**Course background**

This course has been successfully run since 2004.

**Course location**

HOPE office at 15 North Strand Road, Dublin 1

**Application**

Details from contact person listed above

**Cost**

Free

**Course provider**

HOPE (Hands On Peer Education)

**Address**

15 North Strand Road  
Dublin 1

**Contact person**

Irene Crawley

**Job title**

Co-ordinator

**Telephone**

01 887 8404

**Email**

hopehandson@yahoo.ie

**Web address**

n.a.

**Course aims and objectives**

**Aim:** This is a parenting course with a focus on drug/alcohol prevention

**Objectives:** To combine parenting skills with education around drugs issues

**Course content**

- Parenting skills
- Introduction to basic concepts of addiction
- Familiarisation with commonly used drugs and alcohol
- The family in addiction
- Games, film and speakers

**Target group**

Parents, grandparents, those working with children

**Entry requirement**

Have children in your care, either professionally or personally

**Selection procedure**

Telephone interview

**Qualification**

n.a.

**Assessment**

Group

**Accreditation**

n.a.

**Course start date**

To be run three times in 2009

**Course background**

New to HOPE in 2009

**Course location**

HOPE office at 15 North Strand Road, or on site

**Application**

Details from contact person listed above

**Cost**

Free

# A13

## ART THERAPY

**Course provider**

IICP Education and Training Ltd

**Address**

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

**Contact person**

Norah Byrne;  
Marcella Finnerty

**Job title**

Course Co-ordinator;  
Course Director

**Telephone**

01 466 4205 / 01 260 0805  
087 910 3332 / 086 260 9989

**Email**

[norah@iicp.ie](mailto:norah@iicp.ie) /  
[marcella@iicp.ie](mailto:marcella@iicp.ie)

**Web address**

[www.iicp.ie](http://www.iicp.ie)

**Course aims and objectives**

Art therapy combines traditional psycho-therapeutic theories and techniques with an understanding of the psychological aspects of creativity. It is based on the belief that the creative process of art is both healing and life-enhancing. Participants will be introduced to the idea of art as therapy through visualisation and group work, and encouraged to analyse the benefits of using artwork and image-making in the therapeutic setting and in their own lives.

**Course content**

This weekend workshop focuses on experiencing the non-verbal approach to art-making by tapping into the imagination and expressing feelings and insights through play and creativity. All materials included.

**Target group**

Anyone interested in learning how to use the techniques of art therapy in their personal or professional lives, especially counsellors, therapists, facilitators and adult educators and those who work therapeutically in the caring professions or voluntary sectors.

**Entry requirement**

n.a.

**Selection procedure**

No prior knowledge or skills required.

**Qualification**

Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

**Assessment**

Attendance at all training days is required for the award of Introduction to Art Therapy

**Accreditation**

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

**Course start date**

One full weekend, from 9.30 am to 4.30 pm on 24 and 25 May 2009.

**Course background**

This course has been organised in response to those seeking training or involved in the delivery of training to adult learners.

**Course location**

Killinarden Enterprise Park, Dublin 24

**Application**

Application form available from contact persons or IICP website listed above.

**Cost**

€320

# A14

## BEGINNING THERAPEUTIC WORK WITH CHILDREN (WEEKEND SEMINAR)

**Course provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

**Contact person**

Norah Byrne;  
Marcella Finnerty

**Job title**

Course Co-ordinator;  
Course Director

**Telephone**

01 466 4205 / 01 260 0805  
087 910 3332 / 086 260 9989

**Email**

norah@iicp.ie /  
marcella@iicp.ie

**Web address**

www.iicp.ie

**Course aims and objectives**

This course is designed for trainees or professionals who are involved or would like to be involved in providing therapeutic services to children.

**Course content**

This practice-based seminar will cover the basics of therapeutic work with children, including child assessments, child protection issues, and a model for therapeutic change in children. Participants will have the opportunity to experience embodiment play, projective play and role play through activities such as sand play, creative visualisation, therapeutic stories, music, art, drama and clay.

**Target group**

Those who are currently involved or would like to be involved in working with children and adolescents in a therapeutic setting.

**Entry requirement**

See above.

**Selection procedure**

See above. Places are strictly limited and allocated on a first-come, first-served basis.

**Qualification**

Certificate of attendance and participation.

This course can be attended as part of ongoing Continuing Professional Development (CPD).

**Assessment**

Attendance at all training days is required to achieve the certificate award.

**Accreditation**

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

**Course start date**

One full weekend, from 9.30 am to 4.30 pm on 7 and 8 March 2009.

**Course background**

This course has been organised in response to requests from trainees and professionals who wish to update their skills and knowledge base for providing therapeutic services for minors.

**Course location**

Killinarden Enterprise Park, Dublin 24

**Application**

Application form available from contact persons or IICP website listed above.

**Cost**

€350

# A15

## BEREAVEMENT, LOSS AND GRIEF AND THE THERAPEUTIC PROCESS

**Course provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

**Contact person**

Norah Byrne;  
Marcella Finnerty

**Job title**

Course Co-ordinator;  
Course Director

**Telephone**

01 466 4205 / 01 260 0805  
087 910 3332 / 086 260 9989

**Email**

norah@iicp.ie /  
marcella@iicp.ie

**Web address**

www.iicp.ie

**Course aims and objectives**

Everybody experiences loss and bereavement in the course of their lives. Loss can take many forms including death, unemployment, divorce, leaving home etc and mourning is a normal response to change.

Dealing with the bereaved involves the use of many important skills for all those in the helping professions as the ability to counsel people who have been bereaved, and/ or who have suffered a devastating loss, is of vital importance in today's stressful world.

**Course content**

- Understanding bereavement, loss and grief
- Models for understanding bereavement, loss and grief
- Bereavement, loss and grief: therapeutic approaches and interventions
- Multicultural considerations
- Assessment strategies
- Family grief
- Anticipatory grief and complicated grief
- Special cases

**Target group**

Those interested in learning how to use the skills of bereavement therapy in their personal or professional lives, especially counsellors, therapists, facilitators and adult educators and those who work therapeutically in the caring professions or the voluntary sector.

**Entry requirements**

n.a.

**Selection procedure**

No prior knowledge or skills required

**Qualification**

Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

**Assessment**

Attendance at all training days is required for the certificate award.

**Accreditation**

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

# A15

## BEREAVEMENT, LOSS AND GRIEF AND THE THERAPEUTIC PROCESS

### **Course start date**

Dates will be scheduled for autumn 2009.

### **Course background**

This course has been organised in response to those seeking training in bereavement counselling both professionally and personally and for those involved in the delivery of training to adult learners.

### **Course location**

Killinarden Enterprise Park, Dublin 24

### **Application**

Application form available from contact persons or IICP website listed above.

### **Cost**

€320

# A16

## ILLNESS, TERMINAL ILLNESS AND THE THERAPEUTIC PROCESS

**Course provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

**Contact person**

Norah Byrne;  
Marcella Finnerty

**Job title**

Course Co-ordinator;  
Course Director

**Telephone**

01 466 4205 / 01 260 0805  
087 910 3332 / 086 260 9989

**Email**

[norah@iicp.ie](mailto:norah@iicp.ie) /  
[marcella@iicp.ie](mailto:marcella@iicp.ie)

**Web address**

[www.iicp.ie](http://www.iicp.ie)

**Course aims and objectives**

This course aims to increase participants' knowledge, understanding and range of interventions for therapeutic work with those who are adjusting to long-term illness and terminal illness such as HIV/AIDS and Hepatitis C. Illness and terminal illness are life events which have an impact on more than the sufferer. The purpose of this workshop is to look at ways in which the issues that face those who have to come to terms with illness and terminal illness might be dealt with in a therapeutic way.

**Course content**

The course will explore the psychological issues involved as well as offering an understanding of coping styles and the psychological phases of dealing with illness. Additionally, the factors affecting each individual's ability to deal effectively with the issues involved will be examined as well as the therapeutic considerations and interventions.

**Target group**

Those interested in learning how to use these skills either personally or professionally, especially counsellors, therapists, facilitators and adult educators and those who work

therapeutically in the caring professions or the voluntary sector.

**Entry requirement**

n.a.

**Selection procedure**

No prior knowledge or skills required

**Qualification**

Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

**Assessment**

Attendance at all training days is required for the certificate award.

**Accreditation**

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

**Course start date**

Dates will be scheduled for autumn 2009.

# A16

## ILLNESS, TERMINAL ILLNESS AND THE THERAPEUTIC PROCESS

### **Course background**

This course has been organised in response to those seeking training in bereavement counselling both professionally and personally and for those involved in the delivery of training to adult learners.

### **Course location**

Killinarden Enterprise Park, Dublin 24

### **Application**

Application form available from contact persons or IICP website listed above.

### **Cost**

€320

# A17

## MINDFULNESS

**Course provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

**Contact person**

Norah Byrne;  
Marcella Finnerty

**Job title**

Course Co-ordinator;  
Course Director

**Telephone**

01 466 4205 / 01 260 0805  
087 910 3332 / 086 260 9989

**Email**

[norah@iicp.ie](mailto:norah@iicp.ie) /  
[marcella@iicp.ie](mailto:marcella@iicp.ie)

**Web address**

[www.iicp.ie](http://www.iicp.ie)

**Course aims and objectives**

This one-day workshop is designed for anyone who wishes to learn about 'mindfulness'. Put simply, mindfulness involves returning your awareness to the present moment, in a non-judgemental way, whenever you notice your mind has wandered into the past, the future or into fantasy. This very simple approach, though at odds with our normal way of thinking, can be very helpful to people suffering loss, anxiety, stress, depression and other aspects of the human condition.

**Course content**

This one-day workshop will:

- Teach you mindfulness techniques that you can use straight away
- Show you how to introduce mindfulness to clients
- Review the research into mindfulness and counselling

**Target group**

For anyone interested in learning how to use the techniques of mindfulness in their personal or professional capacity in a therapeutic setting.

**Entry requirement**

None, but places are strictly limited and allocated on a first-come, first-served basis.

**Selection procedure**

See above

**Qualification**

Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

**Assessment:**

n.a.

**Accreditation**

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

**Course start date**

One full day, 9.30 am to 4.30 pm; dates will be advertised for summer and autumn 2009.

**Course background:**

This course has been organised in response to requests from trainees and professionals who wish to learn more about mindfulness.

**Course location**

Killinarden Enterprise Park, Dublin 24

**Application**

Application form available from contact persons or IICP website listed above.

**Cost**

€120

**Course provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

**Contact person**

Norah Byrne;  
Marcella Finnerty

**Job title**

Course Co-ordinator;  
Course Director

**Telephone**

01 466 4205 / 01 260 0805  
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[norah@iicp.ie](mailto:norah@iicp.ie) /  
[marcella@iicp.ie](mailto:marcella@iicp.ie)

**Web address**

[www.iicp.ie](http://www.iicp.ie)

**Course aims and objectives**

Motivational interviewing (MI) is a powerful and effective way of supporting people through the processes of change. This model draws on behavioural, cognitive and humanistic psychological skills and theories. As a way of being with clients, it is empowering, non-coercive and practical. MI is recommended in the following settings:

- Facilitating change in all stages of addictive behaviour
- Drug and alcohol dependency
- Relapse management
- Crisis intervention
- Working with cocaine users

**Course content**

An overview of the theoretical model of MI developed by Miller and Rollnick, its application and the use of the model in therapeutic settings suitable for motivation for harm reduction strategies will be explored. Brief interventions and formal counselling applications will also be explored. This model is easy to learn, and can be modified for application in a wide variety of health care and coaching settings.

On completion of this two-day basic MI course, participants will:

- Understand the key principles of motivational skills
- Know how to respond to different stages in the cycle of change
- Be aware of approaches that promote resistance in clients and techniques to reduce resistance
- Be able to demonstrate effective listening skills.
- Understand the concepts of simple and advanced empathy.
- Recognise the difference between open and closed questions and where each might be most appropriate.
- Have practised summarising and reflective listening.
- Be able to recognise resistance and support client's willingness to change.
- Have developed skills in supporting self-motivating statements.
- Have devised action plans for role-specific application.

**Target group**

Those who work with individuals experiencing substance misuse problems in a community, clinical or counselling setting, or those involved in personal or business coaching.

**Entry requirement**

Suitable for those working in the helping/caring professions, with a particular emphasis on those working directly with individuals experiencing substance misuse problems.

**Selection procedure**

None, but places are strictly limited and allocated on a first-come, first-served basis.

**Qualification**

Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

**Assessment**

Attendance at all training days is required to achieve the certificate award

**Accreditation**

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

**Course start date**

One full weekend, from 9.30 am to 4.30 pm; dates will be scheduled for autumn 2009.

**Course background**

This course was first organised in September 2006 in response to requests from professionals and trainees working in the field of addiction. Further courses were organised in November 2006 and 2007.

**Course location**

Killinarden Enterprise Park, Dublin 24

**Application**

Application form available from contact persons or IICP website listed above.

**Cost**

€320

# A19

## MOTIVATIONAL INTERVIEWING SKILLS TRAINING (ADVANCED)

**Course provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

**Contact person**

Norah Byrne;  
Marcella Finnerty

**Job title**

Course Co-ordinator;  
Course Director

**Telephone**

01 466 4205 / 01 260 0805  
087 910 3332 / 086 260 9989

**Email**

[norah@iicp.ie](mailto:norah@iicp.ie) /  
[marcella@iicp.ie](mailto:marcella@iicp.ie)

**Web address**

[www.iicp.ie](http://www.iicp.ie)

**Course aims and objectives**

To offer participants the opportunity to enhance their existing motivational interviewing (MI) skills; to learn additional MI techniques, and be able to practice them in a supervised setting.

**Course content**

- To teach participants to be able to identify clients stuck in ambivalence, and to introduce them to strategies to deal with this;
- To discuss the concept of resistance, and to learn techniques to handle and decrease resistance;
- To learn how to use MI strategies to move the client from 'change talk', to setting an action plan and maintaining a commitment to change.

The workshops will use a wide range of teaching and learning methods; these include lecture format, small and large group work, observation and role-play.

**Target group**

Those who work with individuals experiencing substance misuse problems in a community, clinical or counselling setting and who have already completed a basic course in MI.

**Entry requirement**

Completion of an introductory course in MI.

**Selection procedure**

See above. Places are strictly limited and allocated on a first-come, first-served basis.

**Qualification**

Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

**Assessment**

Attendance at all training days is required to achieve the certificate award.

**Accreditation**

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

**Course start date**

One full weekend, from 9.30 am to 4.30 pm on 25 and 26 April 2009

# A19

## MOTIVATIONAL INTERVIEWING SKILLS TRAINING (ADVANCED)

### **Course background**

This course was first organised in September 2006 in response to requests from professionals and trainees working in the field of addiction. The first advanced course was held in February 2007.

### **Course location**

Killinarden Enterprise Park, Dublin 24

### **Application**

Application form available from contact persons or IICP website listed above.

### **Cost**

€350

**Course provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

**Contact person**

Norah Byrne;  
Marcella Finnerty

**Job title**

Course Co-ordinator;  
Course Director

**Telephone**

01 466 4205 / 01 260 0805  
087 910 3332 / 086 260 9989

**Email**

[norah@iicp.ie](mailto:norah@iicp.ie) /  
[marcella@iicp.ie](mailto:marcella@iicp.ie)

**Web address**

[www.iicp.ie](http://www.iicp.ie)

**Course aims and objectives**

The aim of this workshop is to increase participants' awareness and understanding of positive psychology and to learn strategies for developing better mental health and increasing levels of happiness and wellbeing.

**Course content**

The course includes an introduction to positive psychology as well as:

- The characteristics of psychological health
- Stress management and wellbeing
- Learn how to recognise and value your own strengths and how to utilise and build on these to enhance your levels of effectiveness and wellbeing.
- Understand and appreciate the contribution that happiness makes to a wide variety of measurable outcomes.
- Assist others to identify their own strengths and help them to work on these

**Target group**

Counsellors, therapists, facilitators and adult educators, those who work therapeutically in the caring professions or the voluntary sector, and those who wish to enhance their personal development.

**Entry requirement**

n.a.

**Selection procedure**

No prior knowledge or skills required.

**Qualification**

Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

**Assessment**

Attendance at all training days is required for the certificate award.

**Accreditation**

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

**Course start date**

Autumn 2009; dates will be announced on the website.

**Course background**

This course has been organised in response to those seeking training for those involved in the delivery of training to adult learners.

**Course location**

Killinarden Enterprise Park, Dublin 24

**Application**

Application form available from contact persons or IICP website listed above.

**Cost**

€320

**Course provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

**Contact person**

Norah Byrne;  
Marcella Finnerty

**Job title**

Course Co-ordinator;  
Course Director

**Telephone**

01 466 4205 / 01 260 0805  
087 910 3332 / 086 260 9989

**Email**

[norah@iicp.ie](mailto:norah@iicp.ie) /  
[marcella@iicp.ie](mailto:marcella@iicp.ie)

**Web address**

[www.iicp.ie](http://www.iicp.ie)

**Course aims and objectives**

Course objectives include:

- To introduce participants to the concept of project working
- To identify different roles and responsibilities of project workers
- To explore client's motivation for presenting at various projects
- To explore the development of a care plan approach (needs identification, goal setting, advocacy/brokerage and tracking)
- To examine the rehabilitation process
- To introduce participants to basic attending and counselling skills
- To introduce participants to RT/CT
- To explore concept of connection and therapeutic relationships
- To introduce participants to cognitive behavioural coping skills and functional behavioural analysis. (as applicable to addiction/mental health settings/behavioural settings/childcare settings etc)

- To explore ethics and boundaries relating to project work
- To examine appropriate case note maintenance
- To discuss classifications of illicit substances commonly used in Ireland
- To identify the signs and symptoms of drug use
- To explore effects of dependency
- To introduce participants to validated psychometric measures relating to drug use
- To identify common psychological defence mechanisms in addiction and to explore ways of working with same

**Course content**

See above. The workshops will use a wide range of teaching and learning methods, including lecture format, small and large group work, observation and role-play.

**Target group**

Those who work with individuals experiencing substance misuse problems in a community, clinical or counselling setting.

### **Entry requirement**

None, but places are strictly limited and allocated on a first-come, first-served basis.

### **Selection procedure**

n.a.

### **Qualification**

Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

### **Assessment**

Attendance at all training days is required for the certificate award.

### **Accreditation**

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

Course tutors: Caitriona Kearns and Richard Brennan

### **Course start date**

One full weekend, from 9.30 am to 4.30 pm on 4 and 5 April 2009

### **Course background**

This course has been organised in response to those working in the area of addiction who wish acquire or update the necessary knowledge, skills and expertise.

### **Course location**

Killinarden Enterprise Park, Dublin 24

### **Application**

Application form available from contact persons or IICP website listed above.

### **Cost**

€320

**Course provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

**Contact person**

Norah Byrne;  
Marcella Finnerty

**Job title**

Course Co-ordinator;  
Course Director

**Telephone**

01 466 4205 / 01 260 0805  
087 910 3332 / 086 260 9989

**Email**

norah@iicp.ie /  
marcella@iicp.ie

**Web address**

www.iicp.ie

**Course aims and objectives**

See course content

**Course content**

Programme content will include:

- Identifying training needs
- Developing training plans
- Designing training programmes
- Addressing challenges presented in training
- Effective delivery of presentations and training events
- Evaluating training

At the end of this programme participants will:

- Identify where and when training is required
- Understand how adults learn
- Be aware of memory and how to improve recall
- Design and plan appropriate training to meet identified training needs
- Understand the importance of visual aids and use of a range of media

- Use visual and media aids effectively
- Recognise challenges within the training context and be able to address them
- Know how to develop skills in self-presentation and use of self in training
- Understand the elements of effective organisational training strategies
- Know how to evaluate training at different levels

**Target group**

Those involved in delivering training to adult learners and/or those who wish to learn more about the provision of training to adults

**Entry requirement**

See above.

**Selection procedure**

None, but places are strictly limited and allocated on a first-come, first-served basis.

**Qualification**

Certificate of attendance and participation.  
This course can be attended as part of ongoing Continuing Professional Development (CPD).

**Assessment**

n.a.

**Accreditation**

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

**Course start date**

Dates will be scheduled for autumn 2009.

**Course background**

This course has been organised in response to those seeking training for those involved in the delivery of training to adult learners.

**Course location**

Killinarden Enterprise Park, Dublin 24

**Application**

Application form available from contact persons or IICP website listed above.

**Cost**

€375

**Course provider**

PCI College

**Address**

Corrig House  
Old Naas Road  
Clondalkin  
Dublin 22

**Contact person**

Kelley Farrell

**Job title**

Enquiries

**Telephone**

01 464 2268

**Email**

info@pcicollege.ie

**Web address**

www.pcicollege.ie

**Course aims and objectives**

This one-day workshop is designed to equip helping professionals with the knowledge and skills necessary to work competently with addiction from a cognitive behaviour therapy (CBT) approach.

**Course content**

Participants will learn to observe, assess, evaluate, and formulate treatment using the client's environmental influencers as well as their thoughts, moods and emotions, and behaviour. They will also learn to further evaluate the effectiveness of treatment in a CBT model.

**Target group**

Counsellors or helping professionals interested in continuing professional development.

**Entry requirement**

Counselling qualification or similar

**Selection procedure**

Completion of the application and fulfilment of the conditions

**Qualification**

Certificate of attendance

**Assessment**

85% attendance is required.

**Accreditation**

PCI College

**Course start date**

To be announced

**Course background**

Course has run annually since 2005.

**Course location**

Corrig House, Clondalkin, Dublin 22

**Application**

Application form available on website or by email as listed above.

**Cost**

€130 (in-service training cost on application)

**Course provider**

PCI College

**Address**

Corrig House  
Old Naas Road  
Clondalkin  
Dublin 22

**Contact person**

Kelley Farrell

**Job title**

Enquiries

**Telephone**

01 464 2268

**Email**

info@pcicollege.ie

**Web address**

www.pcicollege.ie

**Course aims and objectives**

This one-day workshop is designed to equip helping professionals with further knowledge and skills necessary to work competently with addiction from a cognitive behaviour therapy (CBT) approach.

**Course content**

Participants will learn to observe, assess, evaluate, and formulate treatment using the client's environmental influencers as well as their thoughts, moods and emotions, and behaviour. They will also learn to further evaluate the effectiveness of treatment in a CBT model.

**Target group**

Counsellors or helping professionals interested in continuing professional development.

**Entry requirement**

Counselling qualification or similar

**Selection procedure**

Completion of the application and fulfilment of the conditions.

**Qualification**

Certificate of attendance

**Assessment**

85% attendance is required.

**Accreditation**

PCI College

**Course start date**

To be announced

**Course background**

This course was first run in 2007 and is run several times a year.

**Course location**

Corrig House, Clondalkin, Dublin 22

**Application**

Application form available on website or by email as listed above.

**Cost**

€130 (in-service training cost on application)

### Course provider

South Meath Response (SMR) project

### Address

The Maudlins Centre  
Trim  
Co Meath

### Contact person

Cathy Whelan

### Job title

Project Co-ordinator

### Telephone

046 943 7245

### Email

smrproject@eircom.net

### Web address

<http://community.meath.ie/smrproject>

### Course aims and objectives

Aims:

- To raise basic awareness in relation to alcohol and substance misuse
- To look at attitudes
- Explore tools for prevention
- Trust and consequences
- Importance of feelings and communication
- Sources of stress / importance of 'healthy' parents
- To build confidence in parenting
- To give skills and frameworks to work from, should issues arise
- Importance of family values and beliefs
- Understanding of addiction
- Support for parents / sources of information and help

### Course content

Five 2.5-hour video/workshop based sessions delivered once a week for 5 weeks

### Target group

All adults in community

### Entry requirement

Aged over 18

### Selection procedure

Self-selection

### Qualification

Certificate to recognise participation in course

### Assessment

Full attendance is requested where possible.

### Accreditation

n.a.

### Course start date

Variable; course consists of one session a week over 5 weeks, at pre-arranged venues.

### Course background

Course has been delivered since 2001, usually between September and April.

### Course location

Various locations in Co Meath, in schools and communities where there are interested participants

**Application**

Application form and details of dates and venues available from contact person listed above.

**Cost**

€10 – €35 approximately; cost to cover materials

**Course provider**

South West Regional Drugs  
Task Force (SWRDTF)

**Address**

C/o Foróige  
Tallaght Youth Service  
Main Road  
Tallaght  
Dublin 24

**Contact person**

Aine O'Keeffe

**Job title**

Co-ordinator, Drug  
Prevention & Education  
Initiative

**Telephone**

01 427 5611 / 086 835 8884

**Email**

aokeeffe@foroige.ie

**Web address**

n.a.

**Course aims**

- To facilitate drug education training for voluntary youth leaders. Specifically in relation to activities which can be used in the club/project setting
- To provide follow up consultancy and support services for voluntary youth leaders working with young people

**Course objectives**

That participants will:

- be aware of drug use trends locally and nationally
- be familiar with different types of drugs and their effects
- be able include drug information in their club/project activities
- understand best practice approaches in drug education
- be aware of drug services/resources available locally and nationally and how to access them

**Course content**

- Attitudes
- Trends in drug use/misuse
- Drug types and effects

- Risk and protective factors
- Best practice in drug education
- Activities and resources
- Drug services

**Target group**

Voluntary youth leaders

**Entry requirement**

n.a.

**Selection procedure**

n.a.

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course start date**

This one-day training will be run several times during 2009.

# A26

## DRUG AWARENESS, ACTIVITIES AND RESOURCES FOR VOLUNTARY YOUTH LEADERS

### **Course background**

This training was first offered in 2006. It is advertised and run at various locations throughout the SWRDTF area (Kildare, West Wicklow & South & West Dublin).

### **Course location**

Various venues in the SWRDTF area (Blessington, Maynooth, Lucan, Kildare Town, Naas, Newbridge, Athy etc.)

### **Application**

Details of dates and venues available from contact person listed above.

### **Cost**

Free

**Course provider**

South West Regional Drugs  
Task Force (SWRDTF)

**Address**

C/o Foróige  
Tallaght Youth Service  
Main Road  
Tallaght  
Dublin 24

**Contact person**

Aine O’Keeffe

**Job title**

Co-ordinator, Drug  
Prevention & Education  
Initiative

**Telephone**

01 630 1560 / 086 835 8884

**Email**

aokeeffe@foroige.ie

**Web address**

n.a.

**Course aims**

- To raise awareness among parents about the issues and choices facing young people in relation to drug use/misuse in the context of their own communities
- To inform parents of the supports and services available in relation to drug use/misuse

**Course objectives**

- To inform participants of trends in drug use/misuse
- To allow participants to become familiar with different types of drugs and their effects
- To challenge attitudes to drug use/misuse/addiction
- To familiarise participants with school-based drug education programmes and policy

**Course content****Session 1**

- Attitudes to drug use
- Overview of school-based drug education programmes and policy

**Session 2**

- Current trends in drug use
- Risk and protective factors
- Drug categories – names, slang terms, types and general effects

**Session 3**

- Alcohol, tobacco and cannabis, effects, patterns of use, signs and symptoms

**Session 4**

- Hallucinogens, stimulants and opiates

**Session 5**

- Talking to your children about drugs
- Case studies

**Session 6**

- Services available locally, youth and drugs
- Service providers’ inputs (HSE, JLO etc.)

**Target group**

The programme is open to all parents.

**Entry requirement**

n.a

**Selection procedure**

n.a.

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course start date**

This six-week programme will be run several times during 2009.

**Course background**

This programme was first offered in 2006. It is advertised and run at various locations throughout the SWRDTF area (Kildare, West Wicklow & South & West Dublin).

**Course location**

Various venues in the SWRDTF area (Blessington, Maynooth, Lucan, Kildare Town, Naas, Newbridge, Athy etc.)

**Application**

Details of dates and venues available from contact person listed above.

**Cost**

Free

**Course provider**

Urrús/Ballymun Youth Action Project

**Address**

Horizons Centre  
Balcurris Road  
Ballymun  
Dublin 11

**Contact person**

Gabrielle Gilligan

**Job title**

Administrative Assistant

**Telephone**

01 846 7980 / 842 5726

**Email**

urrus@iol.ie

**Web address**

n.a.

**Course aims and objectives**

To enable workers gain an understanding of crack cocaine and explore appropriate interventions

**Course content**

- History of crack cocaine
- How it works – its properties; its effects
- How it is used
- Working with crack cocaine users – types of intervention; identifying ways of reducing the associated health risks

**Target group**

Workers in the drug field or social care area

**Entry requirement**

A good basic knowledge of drugs

**Selection procedure**

n.a.

**Qualification**

Certificate of completion

**Assessment**

n.a.

**Accreditation**

Urrús/Ballymun Youth Action Project

**Course start date**

Half-day workshop, 9 February 2009  
2:00 pm – 4:45 pm.

**Course background**

This workshop is run 3–4 times a year.

**Course location**

Ballymun

**Application**

Booking form is available from Urrús.

**Cost**

€40

### Course provider

Urrús/Ballymun Youth Action Project

### Address

Horizons Centre  
Balcurris Road  
Ballymun  
Dublin 11

### Contact person

Gabrielle Gilligan

### Job title

Administrative Assistant

### Telephone

01 846 7980 / 842 5726

### Email

urrus@iol.ie

### Web address

n.a.

### Course aims and objectives

To enable workers gain an understanding of crack cocaine and methamphetamine/crystal meth. Also to explore appropriate interventions

### Course content

- History of crack cocaine and methamphetamine/crystal meth
- How these drugs work – their properties; their effects
- How these drugs are used
- Working with crack cocaine and methamphetamine/crystal meth users – types of intervention; identifying ways of reducing the associated health risks

### Target group

Workers in the drug field or social care area

### Entry requirement

A good basic knowledge of drugs

### Selection procedure

n.a.

### Qualification

Certificate of completion

### Assessment

n.a.

### Accreditation

Urrús/Ballymun Youth Action Project

### Course start date

One-day workshop, 21 January 2009  
10:00 am – 4:45 pm

### Course background

This workshop is run 1–2 times a year.

### Course location

Ballymun

### Application

Booking form is available from Urrús.

### Cost

€60

**Course provider**

Urrús/Ballymun Youth Action Project

**Address**

Horizons Centre  
Balcurris Road  
Ballymun  
Dublin 11

**Contact person**

Gabrielle Gilligan

**Job title**

Administrative Assistant

**Telephone**

01 846 7980 / 842 5726

**Email**

urrus@iol.ie

**Web address**

n.a.

**Course aims and objectives**

To provide introductory information about drugs and alcohol

**Course content**

- Drugs information
- Alcohol misuse
- Trends and patterns
- Signs and symptoms
- Involving support agencies and making referrals

**Target group**

People who want to begin to learn about drugs and alcohol and their effects

**Entry requirement**

n.a.

**Selection procedure**

n.a.

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course start date**

One full day, 25 February or 7 April 2009  
10:00 am – 4:30 pm

**Course background**

This information day is run 3–4 times a year.

**Course location**

Ballymun

**Application**

Booking form is available from Urrús.

**Cost**

€35

### Course provider

Urrús/Ballymun Youth Action Project

### Address

Horizons Centre  
Balcurris Road  
Ballymun  
Dublin 11

### Contact person

Gabrielle Gilligan

### Job title

Administrative Assistant

### Telephone

01 846 7980 / 842 5726

### Email

urrus@iol.ie

### Web address

n.a.

### Course aims and objectives

This workshop will enable participants to:

- Understand the reasons for homelessness
- Explore the difficulties experienced by the above groups in accessing mainstream services
- Identify ways of linking people to appropriate services
- Look at advocacy and support skills.

### Course content

- How and why people become homeless
- Determining the issues faced by people who are homeless-drug users
- Looking at the barriers encountered by homeless drug users seeking to access services
- Ways of assisting clients to prioritise needs
- How to support clients to access services
- Developing advocacy and support skills

### Target group

Project workers and volunteers working with the homeless and drug users

### Entry requirement

A good basic knowledge of drugs

### Selection procedure

n.a.

### Qualification

Certificate of completion

### Assessment

n.a.

### Accreditation

Urrús/Ballymun Youth Action Project

### Course start date

Half-day workshop, 12 February 2009  
10:00 am –1:00 pm

### Course background

This workshop is run 2–4 times a year.

### Course location

Ballymun

### Application

Booking form is available from Urrús.

### Cost

€40

**Course provider**

Urrús/Ballymun Youth Action Project

**Address**

Horizons Centre  
Balcurris Road  
Ballymun  
Dublin 11

**Contact person**

Gabrielle Gilligan

**Job title**

Administrative Assistant

**Telephone**

01 846 7980 / 842 5726

**Email**

urrus@iol.ie

**Web address**

n.a.

**Course aims and objectives**

To provide a good basic understanding of drugs and related issues

**Course content**

- Drug and their effects
- Signs and symptoms
- Drug trends and patterns
- Stages in the process of addiction
- Progression to problematic use
- Addiction and family
- Treatment approaches and making referrals

**Target group**

People who want to refresh their knowledge about drugs and gain further information

**Entry requirement**

n.a.

**Selection procedure**

n.a.

**Qualification**

Certification of completion

**Assessment**

n.a.

**Accreditation**

Urrús/Ballymun Youth Action Project

**Course start date**

Two full days, 28 January and 4 February 2009 10:00 am – 4:45 pm or

Four half days, 5, 12, 19 and 26 March 2009 10:00 am – 1:00 pm

**Course background**

This workshop is run 2–4 times a year.

**Course location**

Ballymun

**Application**

Booking form is available from Urrús.

**Cost**

€40

### Course provider

Urrús/Ballymun Youth Action Project

### Address

Horizons Centre  
Balcurris Road  
Ballymun  
Dublin 11

### Contact person

Gabrielle Gilligan

### Job title

Administrative Assistant

### Telephone

01 846 7980 / 842 5726

### Email

urrus@iol.ie

### Web address

n.a.

### Course aims and objectives

To enable workers gain an understanding of methamphetamine/crystal meth and to explore appropriate interventions

### Course content

- History of methamphetamine/crystal meth
- How it works – its properties; its effects
- How this drug is used
- Working with methamphetamine/crystal meth users – types of intervention; identifying ways of reducing the associated health risks

### Target group

Workers in the drug field or social care area

### Entry requirement

A good basic knowledge of drugs

### Selection procedure

n.a.

### Qualification

Certificate of completion

### Assessment

n.a.

### Accreditation

Urrús/Ballymun Youth Action Project

### Course start date

Half-day workshop, 24 February 2009  
10:00 am – 1:00 pm

### Course background

This workshop is run 1–2 times a year.

### Course location

Ballymun

### Application

Booking form is available from Urrús.

### Cost

€40

### Course provider

Waterford Substance Misuse Team

### Address

10a Waterside  
Waterford

### Contact person

Andy Hargreaves

### Job title

Drug Education Officer

### Telephone

051 301 201

### Email

andy.hargreaves@maila.hse.ie

### Web address

n.a.

### Course aims and objectives

#### Aims:

- To challenge attitudes towards drugs, addiction and other drug-related problems
- To raise awareness of drug-related issues
- To raise awareness of the dynamics of addiction

#### Objectives:

- For participants to recognise their own attitudes and prejudices towards various drugs and drug users; and to recognise how this affects their work and daily lives.
- Gain knowledge of drugs and their effects
- Gain knowledge of drug-related issues
- For participants to have a clearer understanding of addiction

### Course content

- Drug facts
- Attitudinal activities
- Risk-taking behaviour
- Signs and symptoms
- Potential drug-related scenarios in the workplace and in voluntary work
- In-depth look at alcohol-related issues
- Information on potential referral agencies

- Information on how to find further resources and information

- Cycle of change
- A chance to view the drugs

### Target group

Parents, communities and voluntary organisations

### Entry requirement

An interest in the subject

### Selection procedure

n.a.

### Qualification

n.a.

### Assessment

n.a.

### Accreditation

n.a.

### Course start date

Various dates and times (daytime or evening). Course is 2 to 4 two-hour sessions (depending on the needs of the target audience).

# A34

## DRUG EDUCATION AND AWARENESS (FOR PARENTS AND OTHERS)

### **Course background**

These courses have been run throughout the city and county for 6 years. They can be held any day (Monday–Friday) during daytime or evenings.

### **Course location**

Waterford city and county

### **Application**

Details from contact person listed above

### **Cost**

Free

### Course provider

Western Region Drugs  
Task Force

### Address

Covers counties Galway,  
Mayo and Roscommon

### Contact person

Sue Redmond

### Job title

Regional Drug Education  
Support Worker

### Telephone

094 962 2952 / 086 810 2770

### Email

Sue.redmond@foroige.ie

### Web address

www.wrdtf.ie

### Course aims and objectives

To challenge attitudes and enhance knowledge and understanding of substance use.

### Course content

- To enhance parents' knowledge and awareness of alcohol and substance use issues
- To challenge attitudes to alcohol and drug use
- To enhance the comfort and ability of parents to communicate openly with young people around all issues
- To highlight the link between substance use, sexual health and mental health

Also includes information on access to services locally and nationally, and what to do if a problem does arise

### Target group

Parents of young people of all ages

### Entry requirement

Open to all

### Selection procedure

n.a.

### Qualification

Certificate of completion

### Assessment

n.a.

### Accreditation

n.a.

### Course start date

Dates can be set up for specific groups and tailored to their needs, 3 evenings.

### Course background

n.a.

### Course location

Covers counties Galway, Mayo and Roscommon

### Application

Details from contact person listed above

### Cost

Free; funded through the Western Region Drugs Task Force

# B01

## COGNITIVE BEHAVIOURAL THERAPY

**Course provider**

ATI Training and Education

**Address**

38 Lower Leeson Street  
Dublin 2

**Contact person**

Shay Pegley

**Job title**

General Manager

**Telephone**

01 662 9737

**Email**

shay@addiction.ie

**Web address**

www.addiction.ie

**Course aims and objectives****Knowledge**

- A greater understanding of the theories of cognitive behaviour therapy (CBT)
- A better understanding of effective techniques and skills used in this approach
- Increased knowledge of case conceptualisation
- A better understanding of the therapeutic relationship in CBT

**Skills**

- Enhanced ability to listen effectively and work collaboratively
- Assess the suitability of CBT for the client
- Teach clients a process of evaluating their goals, thoughts, behaviours and emotions
- Teach clients to develop a diary of negative thoughts and alternatives

**Course content**

- CBT model and its development
- Rational emotive therapy
- Motivational enhancement therapy
- Solution-focused therapy
- Reality therapy
- Brief intervention therapy

**Treatment**

- Addiction
- Depression
- Phobias
- Eating disorders
- Anxiety / Panic

**The work**

- Assessment and suitability schema focused CBT
- Coping strategies: the 12 irrational beliefs
- Goal setting
- Modification of negative thinking and beliefs
- Modification of dysfunctional assumptions, rules and beliefs

**Tools and techniques**

- Systematic desensitisation/exposure
- Anxiety management training/ behaviour modification
- Training in problem solving
- Assertiveness training
- Thought stopping

**Target group**

All individuals who wish to gain a greater understanding of the theory and application of cognitive behaviour therapy

**Entry requirement**

None

**Selection procedure**

Application

**Qualification**

Certificate in cognitive behaviour therapy

**Assessment**

Minimum attendance 85%

**Accreditation**

In-house

**Course start date**

February 2009, 10 weeks, 1 evening per week

**Course background**

The CBT model is the fastest growing form of psychotherapy across the world. There is an ever-increasing demand for this approach as research has proven its effectiveness in the treatment of addiction, eating disorders and depression.

**Course location**

Athlone Institute of Technology

**Application**

Application form available from contact person or website listed above.

**Cost**

€495

**Course provider**

ATI Training and Education

**Address**

38 Lower Leeson Street  
Dublin 2

**Contact person**

Shay Pegley

**Job title**

General Manager

**Telephone**

01 662 9737

**Email**

shay@addiction.ie

**Web address**

www.addiction.ie

**Course aims and objectives**

- To develop an understanding of the reflective relationship between theory and practice
- To provide an opportunity for critical reflection of how theories may inform working practice
- To develop the appropriate skills for facilitating / leading groups
- To enhance personal and professional problem solving skills
- To develop the ability to identify organizational dynamics pertinent to groups
- To identify specific ethical considerations in working with groups
- To develop an awareness of ones own values and needs and the potential impact they have on the interventions likely to be made
- To evaluate how to assess and intervene in cases in which group participants pose a threat to themselves or others

**Course content**

- Stages of group development
- Group planning and development

- Leadership in groups
- Special considerations for working with different types of groups:
  - Task / Work groups
  - Psycho-educational groups
  - Counselling groups
  - Psychotherapy groups
- Models of group facilitation
- Systems theory and group work
- Psychodynamic theory and group work

**Target group**

Professionals who wish to gain a greater understanding of group facilitation skills

**Entry requirement**

None

**Selection procedure**

Application

**Qualification**

Diploma in therapeutic group work

**Assessment**

Minimum attendance 85%

**Accreditation**

In-house

**Course start date**

March 2009

**Course background**

There will be a strong emphasis on experiential work throughout the programme. A vital component of the training will involve student participation in a process group that will run for the duration of the course. The aim of the group will be to deepen students' capacity for self-reflection and awareness and to gain an insight into group dynamics in the 'here and now'. Students will be expected to reflect on their own process and to work with issues arising within the group setting.

**Course location**

38 Lower Leeson Street, Dublin 2

**Application**

Application form available from contact person or website listed above.

**Cost**

€2,950

**Course provider**

Catholic Youth Care and  
'Copping On' National Crime  
Awareness Initiative

**Address**

CYC  
Arran Quay  
Dublin 7

**Contact person**

Louise Cadwell

**Job title**

Co-ordinator of Drugs  
Initiatives for CYC

**Telephone**

01 872 5055

**Email**

lcadwell@cyc.ie

**Web address**

www.cyc.ie /  
www.coppingon.ie

**Course aims**

The course aims to provide a comprehensive overview of the key aspects of youth justice for those with a professional interest in, or responsibility for, the welfare and development of children and young people, while also providing the professional sectors concerned with relevant and up-to-date training and education at a time of significant developments in policy and provision.

**Course objectives**

By the end of the course the participants will have:

- Gained an understanding of the theoretical perspectives and research findings (psychological and sociological) on young people, their needs, lives and lifestyles and their position in contemporary society;
- Developed an appreciation of the differential circumstances and experiences of groups and categories of children and young people;
- Developed a critical awareness and understanding of the theoretical, conceptual and empirical background to the study of crime and justice, with particular reference to children and young people;

- Been provided with detailed information of the youth justice service and its relationship to other services for children and young people;
- Gained an understanding of the principles and practices of working with young people and adults in youth justice contexts; and
- Demonstrated competence in planning, executing and the evaluation of structured activities in an area related to youth justice.

**Course content**

Course modules:

M1: Children and young people in society

M2: Youth crime and justice

M3: The youth justice service and other youth services

M4: Working with young people and justice issues/Introduction to principles and practice

M5: Design and delivery of a youth justice activity/programme

**Target group**

The course is aimed at those working in the sphere of youth justice and/or those working

with, or intending to work with, young people at risk of coming into contact with the criminal justice system.

Relevant employment experience includes but is not limited to:

Youth workers/voluntary youth leaders; members of An Garda Síochána; youth advocates; residential care workers; training centre/workshops staff.

### **Entry requirement**

All participants are required to have either voluntary/employment experience (minimum of two years expected), or academic qualifications (Leaving Certificate / 3rd level qualification / FETAC qualification).

Participants should be able to demonstrate:

- An openness to reflect on their own practice, attitudes and beliefs
- An ability to work constructively and appropriately in group settings
- A commitment to learning in a group setting.

### **Selection procedure**

Written application. Applicants may be asked to attend an informal interview to look in more depth at the course and its suitability to their work and experience.

### **Qualification**

NUI Certificate in Youth Justice

### **Assessment**

Five assignments comprising four essays (modules 1–4) and one report and presentation (module 5). A passing grade is 40% and requires a minimum attendance level of 80%. Participants will be required to complete and submit a learning journal

throughout the duration of the course.

### **Accreditation**

NUI Maynooth

### **Course start date**

Next course runs from September 2009 to May 2010.

### **Course background**

Youth Justice in Ireland has entered a new phase with the recent announcement of the establishment of a Youth Justice Service in the newly created office of the Minister for Children. Youth justice has become an issue of pressing concern for all those involved in services for children and young people. Practitioners in youth work, community work, formal education, education welfare, youth training services, social care, social work, probation and welfare services, legal services, policing and juvenile liaison services, prison and custodial services, have much to gain from an integrated programme covering the multi-faceted nature of youth justice.

It was with this in mind that the Department of Applied Social Studies at NUI Maynooth developed a certificate programme in youth justice, designed to be delivered in partnership with organisations directly involved in youth justice work and other youth services. Catholic Youth Care (CYC) operates regional youth services whose staff are engaged in crime prevention work and work with young offenders. Copping On is a national crime prevention initiative which is linked with the national crime prevention network, Breaking Through.

### **Course location**

Clonliffe College, Drumcondra, Dublin 3

### **Application**

Application form available online, or from contact numbers above.

If you wish to be added to our course database, please email your postal address to [lcadwell@cyc.ie](mailto:lcadwell@cyc.ie) . You will then be notified by post of any developments in relation to the NUI Certificate in Youth Justice.

### **Cost**

To be confirmed

# B04

## SEXUAL HEALTH & DRUG AWARENESS: TRAINING FOR TRAINERS PROGRAMME

**Course provider**

Dublin AIDS Alliance

**Address**

53 Parnell Square West  
Dublin 1

**Contact person**

Susan Donlon

**Job title**

Prevention Education &  
Training Co-ordinator

**Telephone**

01 873 3799

**Email**

prevention@  
dublinaidsalliance.com

**Web address**

www.dublinaidsalliance.com

**Course aims and objectives**

Funded by the North Inner City Drugs Task Force (NICDTF), the primary aim of the programme is to provide youth workers with information and resources to work with young people in relation to sexual health and drug and alcohol use.

**Course content**

HIV, STIs, hepatitis, general sexual health, safer sex negotiations, sexuality, cultural issues and sexual health, drug and alcohol awareness, motivational interviewing, policies and procedures for working with young people

**Target group**

Youth workers in the north inner city area

**Entry requirement**

Ideally, candidates should be trained trainers and working in youth work or have experience of youth work.

**Selection procedure**

Candidates from the north inner city will be assessed for entry before others will be considered. The maximum number of participants on each course is 14.

**Qualification**

n.a.

**Assessment**

Learner record, short assignment, and a skills demonstration presentation

**Accreditation**

FETAC Level 5

**Course start date**

12 March 2009

**Course background**

n.a.

**Course location**

Dublin AIDS Alliance, 53 Parnell Square, D1

**Application**

Application form available from contact numbers above.

**Cost**

€150

**Course provider**

Dún Laoghaire Rathdown  
Local Drugs Task Force

**Address**

DROP  
45 Upper Georges Street  
Dún Laoghaire  
Co Dublin

**Contact person**

Eamonn Gillen

**Job title**

Drug Education Officer

**Telephone**

01 280 3187

**Email**

eamonngillen28@gmail.com

**Web address**

www.dlrdrugtaskforce.ie

**Course aims and objectives**

To enable people living or working in the community to become more effective when they encounter drug abuse or addiction.

**Course content**

Areas covered include:

- Pharmaceutical information on drugs and their effects
- Process of addiction
- How addiction affects individuals, families and communities
- How individuals and communities can respond
- Field trips to drug services
- Individual course work

**Target group**

People living in the Dún Laoghaire Rathdown area or working in a drug-related field in the area (or surrounding areas)

**Entry requirement**

n.a.

**Selection procedure**

Application and interview

**Qualification**

FETAC Level 5

**Assessment**

Individual course work and project

**Accreditation**

FETAC

**Course start date**

September/October 2009, 100 hours' duration, including one residential weekend

**Course background**

This course was first offered in 1998 and has been repeated annually.

**Course location**

Within the Dún Laoghaire Rathdown area

**Application**

Details from contact person listed above

**Cost**

€300 last year, after subsidies

**Course provider**

HSE and the Dún Laoghaire  
Rathdown Local Drugs Task  
Force

**Address**

35 York Road  
Dún Laoghaire  
Co Dublin

**Contact person**

Ms Maeve Shanley

**Job title**

Education Officer, HSE

**Telephone**

01 280 3335

**Email**

maeve.shanley@hse.ie

**Web address**

n.a.

**Course aims**

- To provide a certified course in addiction to people involved in community-based activities in the area in a voluntary or statutory capacity
- To offer opportunities for participants to discuss and debate current drug and addiction issues with others from differing backgrounds in a learning environment

**Course objectives**

- To challenge attitudes, gain knowledge and raise awareness of addiction and its effects
- To offer networking and educational opportunities for participants to enhance their current and future work

**Course content**

- Introduction to basic concepts of substance abuse and addiction
- Contemporary theory with prevention and treatment strategies
- Associated issues such as public policy, factual information, gender issues
- An examination of community perspectives and responses

**Target group**

People working or living in the Dún Laoghaire Rathdown area.

**Entry requirement**

Aged 23 or over to qualify as a mature student

**Selection procedure**

By application and interview

**Qualification**

Certificate in Addiction Studies

**Assessment**

A minimum attendance of 85% and completion of 5 assignments

**Accreditation**

NUI Maynooth

**Course start date**

1 October 2009, 100 hours' duration, Thursdays from October to May (term time), one residential weekend and one seminar day in NUIM

**Course background**

This course was first offered in 1998 and has been repeated annually.

**Course location**

Kilmacud Glenalbyn GAA Club, Stillorgan, Co  
Dublin

See also course B 07

**Application**

Application form and details from contact  
person listed above.

**Cost**

€600 approximately, after subsidies

**Course provider**  
HSE and Wicklow VEC

**Address**  
35 York Road  
Dún Laoghaire  
Co Dublin

**Contact person**  
Mr Stephen Harding

**Job title**  
Education Officer, HSE

**Telephone**  
01 280 3335

**Email**  
stephen.harding@hse.ie

**Web address**  
n.a.

### Course aims

- To provide a university-accredited course on addiction to participants from the voluntary, statutory and community sector
- To offer opportunities for participants to discuss and debate current drug and addiction issues with others from differing backgrounds in a learning environment

### Course objectives

- To challenge attitudes, gain knowledge and raise awareness of addiction and its effects
- To offer networking and educational opportunities for participants to enhance their current and future work

### Course content

- Introduction to basic concepts of substance abuse and addiction
- Contemporary theory with prevention and treatment strategies
- Associated issues such as public policy, factual information, gender issues
- An examination of community perspectives and responses

### Target group

People working or living in the County Wicklow area.

### Entry requirement

Aged 23 or over to qualify as mature students

### Selection procedure

By application and interview

### Qualification

Certificate in Addiction Studies

### Assessment

A minimum attendance of 85% and completion of 5 assignments

### Accreditation

NUI Maynooth

### Course start date

7 October 2009, 100 hours' duration, every Wednesday from October to May (term time), one residential weekend and one seminar day in NUIM

### Course background

This course was first offered in 1998 and has been repeated annually.

# B07

## NUI MAYNOOTH CERTIFICATE IN ADDICTION STUDIES (WICKLOW)

**Course location**

Arklow, Co Wicklow

See also course B 06

**Application**

Application form and details from contact person listed above.

**Cost**

€600, after subsidies

# B08

## BASIC INTENSIVE WEEK IN CHOICE THEORY, REALITY THERAPY AND LEAD MANAGEMENT

**Course provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

**Contact person**

Norah Byrne;  
Marcella Finnerty

**Job title**

Course Co-ordinator;  
Course Director

**Telephone**

01 466 4205 / 01 260 0805  
087 910 3332 / 086 260 9989

**Email**

[norah@iicp.ie](mailto:norah@iicp.ie) / [marcella@iicp.ie](mailto:marcella@iicp.ie)

**Web address**

[www.iicp.ie](http://www.iicp.ie)

**Course aims and objectives**

The Basic Intensive Week (BIW) is designed to help those who work with people, and as a problem-solving framework for day-to-day living. Choice Theory / Reality Therapy (CT/RT) is a very successful method of counselling which focuses on helping individuals to gain more effective control in their lives through realistic goal setting, self-evaluation and planning. It is a cognitive-behavioural approach to counselling and psychotherapy. Its concepts are clear-cut and user-friendly.

The core philosophy underpinning this model focuses on learning a new way of improving relationships within family systems, one-to-one relationships, the school environment and the workplace. The method is highly successful in working with recovering drug users as it emphasises choice and responsibility.

**Course content**

The course gives a comprehensive introduction to the theoretical principles and practical applications of CT/RT/LM. The course is interactive in approach and includes lectures, group discussion, role play and creative methods of teaching and

facilitation. BIW instructors focus on creating a warm, safe environment that is free from fear, criticism and coercion. To achieve this aim, the tutors model appropriate behaviours of involvement, connectedness and an appropriate level of openness, honesty and genuine encouragement within the group.

Choice Theory includes learning how to effectively satisfy our five basic needs, understanding the connection between how our brain works and our behaviour, and to recognise the purpose of any behaviour by understanding the interplay between our thoughts, feelings, actions and physiology.

Reality Therapy includes learning how to help people manage their lives more effectively, to create a safe therapeutic environment based on trust, and to help people to evaluate and change their behaviour.

Lead Management includes learning how to eliminate coercive practices and develop a collaborative environment in the workplace; how to manage others so they understand that the essence of quality is continual improvement as defined and evaluated by the manager and staff.

# B08

## BASIC INTENSIVE WEEK IN CHOICE THEORY, REALITY THERAPY AND LEAD MANAGEMENT

The concepts of CT/RT/LM are not difficult to learn, but intensive supervised training is necessary to achieve a good practical grasp of the methods.

### **Target group**

Those who counsel, teach, manage or supervise others; those who seek to enhance their personal and professional development; members of the education, healthcare and helping professions, including teachers, healthcare workers, volunteers, and counsellors. The BIW is designed for total beginners as well as those already familiar with CT/RT/LM.

### **Entry requirement**

None, but places are strictly limited and allocated on a first-come, first-served basis.

### **Selection procedure**

n.a.

### **Qualification**

BIW certificate

### **Accreditation**

Authenticated by the William Glasser Institute. This is an internationally recognised certificate.

### **Course start date**

Five intensive days, 6–10 May 2009. Contact IICP Education and Training for future dates.

### **Course background**

Training in RT/CT/LM was brought to Ireland by the Institute of Guidance Counsellors. Since then, thousands of individuals have completed the BIW and this model is used in a variety of settings, including counselling, education and management. IICP Education and Training is based on the Quality Schools Model and reflects the philosophical ethos of the principles of CT/RT/LM.

### **Course location**

Killinarden Enterprise Park, Dublin 24

### **Application**

Application form available from contact persons or IICP website listed above.

### **Cost**

€325

# B09

## CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPY (DAYTIME OPTION: MONTHLY)

### Course provider

IICP Education and Training

### Address

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

### Contact person

Norah Byrne;  
Marcella Finnerty

### Job title

Course Co-ordinator;  
Course Director

### Telephone

01 466 4205 / 01 260 0805  
087 910 3332 / 086 260 9989

### Email

norah@iicp.ie /  
marcella@iicp.ie

### Web address

www.iicp.ie

### Course aims

This is an introductory course for those who are seeking to develop their awareness and understanding in the field of counselling and psychotherapy. This course also serves as a foundation course for those seeking entry onto a diploma course in counselling and psychotherapy.

### Course objectives

- To develop basic applied counselling skills
- To introduce participants to the major theoretical approaches
- To prepare for entry into further training
- To develop increased effectiveness in helping roles and relationships
- To increase your emotional intelligence, self awareness and self understanding
- To provide independent guidance on further training and career options

### Course content

Introduction to theoretical approaches to counselling and psychotherapy, e.g., person-centred, cognitive-behavioural, multicultural and existential models; introduction to counselling skills and personal development.

### Target group

Those who wish to deepen their understanding of counselling and psychotherapy and those who work in the helping/caring professions who want to improve their counselling skills

### Entry requirement

This course is open to adult learners who have an interest in counselling. There are no specific entry requirements.

### Selection procedure

n.a.

### Qualification

Foundation Certificate in Counselling and Psychotherapy

### Accreditation

Institute of Integrative Counselling and Psychotherapy (IICP)

### Course start date

The first course starts on 6 February 2009 and concludes on 4 September 2009. A second daytime monthly course is scheduled to run from October 2009 to June 2010.

# B09

## CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPY (DAYTIME OPTION: MONTHLY)

### **Course background**

Course developed in response to requests from those seeking to pursue a foundation course in counselling and/or those who wished to develop their understanding of counselling for their personal and/or professional development.

### **Course location**

Killinarden Enterprise Park, Dublin 24

### **Application**

Application form available from contact persons or IICP website listed above.

### **Cost**

€850

# B10

## CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPY (EVENING OPTION)

### Course provider

IICP Education and Training

### Address

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

### Contact person

Norah Byrne;  
Marcella Finnerty

### Job title

Course Co-ordinator;  
Course Director

### Telephone

01 466 4205 / 01 260 0805 /  
087 910 3332 / 086 260 9989

### Email

norah@iicp.ie /  
marcella@iicp.ie

### Web address:

www.iicp.ie

### Course aims

This is an introductory course for those who are seeking to develop their awareness and understanding in the field of counselling and psychotherapy. This course also serves as a foundation course for those seeking entry onto a diploma course in counselling and psychotherapy.

### Course objectives

- To develop basic applied counselling skills
- To introduce participants to the major theoretical approaches
- To prepare for entry into further training
- To develop increased effectiveness in helping roles and relationships
- To increase your emotional intelligence, self awareness and self understanding
- To provide independent guidance on further training and career options

### Course content

Introduction to theoretical approaches to counselling and psychotherapy, e.g., person-centred, cognitive-behavioural, multicultural and existential models; introduction to counselling skills and personal development.

### Target group

Those who wish to deepen their understanding of counselling and psychotherapy and those who work in the helping/caring professions who want to improve their counselling skills

### Entry requirement

This course is open to adult learners who have an interest in counselling. There are no specific entry requirements.

### Selection procedure

None, but places are strictly limited and allocated on a first-come, first-served basis.

### Qualification

Foundation Certificate in Counselling and Psychotherapy

### Assessment

Students are asked to submit a portfolio of work to demonstrate their growth in all areas of development.

### Accreditation

Institute of Integrative Counselling and Psychotherapy (IICP)

# B10

## CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPY (EVENING OPTION)

### **Course start date**

22 January to 25 June 2009, 20 weeks, on Thursday evenings from 7 pm to 10 pm.

A second evening course is scheduled to run from September 2009 to April 2010 on Tuesday evenings.

### **Course background**

Course first developed in response to requests from those seeking to pursue a foundation course in counselling and/or those who wished to develop their understanding of counselling for their personal and/or professional development.

### **Course location**

Killinarden Enterprise Park, Dublin 24

### **Application**

Application form available from contact persons or IICP website listed above.

### **Cost**

€850

**Course provider**

Leitrim Community Forum

**Contact person**

Jim Penders

**Telephone**

086 194 3546

**Address**

C/o Leitrim County Council  
Community & Enterprise  
Carrick on Shannon  
Co Leitrim

**Job title**

Community Representative

**Email**

jimpenders@eircom.net

**Web address**

n.a.

**Course aims and objectives**

The aim of the course is to provide participants with a broad overview of key theoretical frameworks in relation to substance misuse and dependence, and to enable them to develop basic helping and intervention skills.

**Course content**

- Introduction to themes and principles
- Study skills
- Presentation skills
- Overview on treatment approaches in drug and alcohol dependence
- Models of rehabilitation
- Helping and intervention skills
- Community studies
- Social analysis

**Target group**

Community activists and service providers

**Entry requirement**

Minimum age 23 years

**Selection procedure**

Essay judged by sponsors

**Qualification**

Certificate in Addiction Studies

**Assessment**

- 85% minimum attendance
- Participation in class
- Assignments/projects

**Accreditation**

NUI Maynooth. Certificate courses carry up to 20 credits under the European Credit Transfer System (ECTS)

**Course start date**

October 2009

**Course background**

n.a.

**Course location**

Bee Park, Manorhamilton, Co Leitrim

**Application**

Application form and essay

**Cost**

€150

**Course provider**

Liberties College

**Address**

Liberties College  
Bull Alley Street  
Patrick Street  
Dublin 8

**Contact person**

Brid Milliken

**Job title**

Department Head,  
Counselling and General  
Information

**Telephone**

01 454 0044

**Email**

info@liberties.cdvec.ie  
linda.mcdermott@liberties.  
cdvec.ie

**Web address**

www.libertiescollege.ie

**Course aims and objectives**

This is an access course for those who are new to the study of addictions. Students may use it as a first step towards professional training as an addiction project worker or addiction counsellor. Others may use it as a foundation course before applying as a mature student to a non-addiction-related course.

**Course content**

- Counselling skills for the workplace
- Models of addiction
- Team working
- Intro to pharmacology
- Care provision and practice
- Communications
- Work experience
- Intercultural studies
- Information technology
- English literature
- Personal effectiveness for the workplace
- Safety and health at work

**Target group**

Mature students

**Entry requirement**

This is an access programme for mature

students who wish to progress to professional training. Where places are available, all suitable candidates are accepted.

**Selection procedure**

A15-minute interview and two written references

**Qualification**

FETAC Level 5 Community and Health Services DCHSX

**Assessment**

Project work – continuous assessment

**Accreditation**

FETAC

**Course start date**

September 2009

**Course background**

This is a one-year full-time programme.

**Course location**

Liberties College – Bull Alley Street

**Application**

Application form available online

**Cost**

€300

**Course provider**

Local Steering Committee  
Tallaght

**Address**

C/o CARP Killinarden  
Killinarden Way  
Tallaght  
Dublin 24

**Contact person**

Liam O'Brien

**Job title**

Co-facilitator (with Alice  
Murray)

**Telephone**

01 462 6033

**Email**

Lob1947@gmail.com

**Web address**

n.a.

**Course aims and objectives**

To provide basic information and awareness on drugs and addiction and how communities can respond to same

**Course content**

- Drugs
- Addiction
- Families
- Agencies
- Communities

**Target group**

People active in their communities and professionals working in communities

**Entry requirement**

None

**Selection procedure**

By interview

**Qualification**

Certificate of attendance.

**Assessment**

Seven assignments and final project

**Accreditation**

We are seeking FETAC accreditation but it is taking some time.

**Course start date**

Mid September 2009

**Course background**

The course has been running for 12 years and is on Wednesday nights from 6.30 pm to 9.30 pm.

**Course location**

Institute of Technology Tallaght

**Application**

Forms can be had from the above and people will be invited to interview in early September.

**Cost**

€130; bursaries are provided for those who cannot afford it.

The course is funded by the Tallaght Local Drugs Task Force.

# B14

## CERTIFICATE IN DRUGS COUNSELLING THEORY AND INTERVENTION SKILLS

### Course provider

Merchants Quay Ireland and University College Dublin

### Address

Merchants Quay Ireland  
25 Cork Street  
Dublin 8  
or

School of Applied Social Science, UCD  
Belfield,  
Dublin 4

### Contact person

Peter Kelly

### Job title

Course Co-ordinator

### Telephone

01 524 0936

### Email

Peter.Kelly@mqi.ie

### Web address

www.mqi.ie

### Course aims and objectives

To deliver a wide-ranging introduction to the issues of drug use and addiction, empowering participants to respond more effectively through development of their knowledge and skills base.

The purpose of the course is to equip participants with the necessary knowledge, skills and attitudes to respond more positively and effectively to issues of addiction and dependency. The course aims to provide a broad-based holistic approach to the issue of drug use and to offer students a foundational overview of treatment strategies, interventions and divergent approaches.

### Course content

- Addiction counselling theory
- Addiction counselling practice
- Harm minimisation/reduction
- Health promotion
- Work placement

### Target group

Anyone who has a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who may have drug- or alcohol-related problems.

### Entry requirement

The course is offered in accordance with the principles and ethos of adult education, allowing access to those who may not meet the normal academic requirements for entry to university.

### Selection procedure

Initially by application; successful applicants are invited to interview.

### Qualification

Certificate in Drugs Counselling Theory and Intervention Skills

### Assessment

Assessment is by way of learning logs, case studies, and essays; 80% attendance is required.

### Accreditation

UCD/NUI

### Course start date

October to May each year

### Course background

The course has been running successfully for the past 8 years and is offered annually.

# B14

## CERTIFICATE IN DRUGS COUNSELLING THEORY AND INTERVENTION SKILLS

**Course location**

Merchants Quay Ireland and University  
College Dublin

**Application**

Please contact [hilda.glennon@mqi.ie](mailto:hilda.glennon@mqi.ie) for  
application/registration form.

**Cost**

€2,472 (€30 non-refundable processing fee is  
incurred by all applicants)

**Course provider**

PCI College

**Address**

Corrig House  
Old Naas Road  
Clondalkin  
Dublin 22

**Contact person**

Kelley Farrell

**Job title**

Enquiries

**Email**

info@pcicollege.ie

**Telephone**

01 464 2268

**Web address**

www.pcicollege.ie

**Course aims and objectives**

The aim of this course, which is part-time over one academic year, is to introduce adult learners to counselling and psychotherapy in a unique and interesting way.

This course provides an introduction to a basic knowledge of counselling, its key skills and selected approaches to the process. In particular, participants will be expected to explore interpersonal communication, personal development issues and the application of theory to practice.

**Course content**

100 hours presented in 4 Modules as follows:

Module 1: Personal and professional development

- Issues around personal development, e.g. feelings, communication, identity, transitions, relationships.

Module 2: Overview of theories and approaches

- History of counselling/psychotherapy
- A brief look at the main theorists

Module 3: Person-centred approach and cognitive-behavioural therapies

- Rogers and the person-centred approach

- Beck, Ellis and Glasser, and the cognitive behavioural approach

Module 4: Counselling skills

- The nature of the therapeutic relationship
- The main skills of counselling
- Skills practice

**Target group**

For you, if you are over 23, feel you are mature enough to reflect on your own development as a person, and if you consider counselling as a unique and useful approach to helping.

This course is also suitable preparation for participants who wish to apply for the diploma and degree programmes at PCI College. However, it does not entitle participants to automatic admission to the diploma/degree.

**Entry requirement**

Aged over 23

**Selection procedure**

Completion of the application

**Qualification**

Certificate in Counselling & Psychotherapy

### **Assessment**

- 85% attendance at class-work
- completion of all assignments to the satisfaction of tutors: journal, book review
- recommendation of the PCI College faculty

### **Accreditation**

PCI College in association with the Centre for Sexual Addictions, Ireland

### **Course start date**

One evening per week, October 2009 to June 2010, plus one weekend in June 2010.

### **Course background**

Popular in Dublin for many years, this course is now offered at a number of regional centres.

### **Course location**

Choice of venue: West Dublin; Dublin City Centre; Cork City, Kilkenny City, Athlone Town, Limerick.

### **Application**

Application forms available by email or from website – details above.

### **Cost**

€1,450

# B16

## INTENSIVE FOUNDATION IN COUNSELLING AND PSYCHOTHERAPY

**Course provider**

PCI College

**Address**

Corrig House  
Old Naas Road  
Clondalkin  
Dublin 22

**Contact person**

Kelley Farrell

**Job title**

Enquiries

**Telephone**

01 464 2268

**Email**

info@pcicollege.ie

**Web address**

www.pcicollege.ie

**Course aims and objectives**

The aim of this course, which is part-time over 4 months and therefore intensive, is to introduce adult learners to counselling and psychotherapy in a unique and interesting way.

This course provides an introduction to a basic knowledge of counselling, its key skills and selected approaches to the process. In particular participants will be expected to explore interpersonal communication, personal development issues and the application of theory to practice.

**Course content**

100 hours presented in 4 Modules as follows:

Module 1: Personal and professional development

- Issues around personal development, e.g. feelings, communication, identity, transitions, relationships.

Module 2: Overview of theories and approaches

- History of counselling/psychotherapy
- A brief look at the main theorists

Module 3: Person-centred approach and cognitive-behavioural therapies

- Rogers and the person-centred approach
- Beck, Ellis, and Glasser, and the cognitive behavioural approach

Module 4: Counselling skills

- The nature of the therapeutic relationship
- The main skills of counselling
- Skills practice

**Target group**

For you, if you are over 23, feel you are mature enough to reflect on your own development as a person, and if you consider counselling as a unique and useful approach to helping.

This course is also suitable preparation for participants who wish to apply for the diploma and degree programmes at PCI College. However, it does not entitle participants to automatic admission to the diploma/degree.

**Entry requirement**

Aged over 23

**Selection procedure**

Completion of the application.

# B16

## INTENSIVE FOUNDATION IN COUNSELLING AND PSYCHOTHERAPY

### **Qualification**

Certificate in Counselling and Psychotherapy

### **Assessment**

- 85% attendance at class-work
- completion of all assignments to the satisfaction of tutors: journal, book review
- recommendation of the PCI College faculty

### **Accreditation**

PCI College in association with the Centre for Sexual Addictions, Ireland

### **Course start date**

One evening per week, January to June, plus two weekends, in March and June

### **Course background**

This 100 hour, 4-month course was first run in 2006 and is now run annually.

### **Course location**

Choice of venue: Clondalkin; West Dublin; Dublin City Centre; Cork City, Kilkenny City, Athlone Town, Limerick,

### **Application**

Application forms available by email or from website – details above.

### **Cost**

€1,450

# B17

## MANAGE LIFE'S CHALLENGES WITH COGNITIVE BEHAVIOURAL THERAPY

**Course provider**

PCI College

**Address**

Corrig House  
Old Naas Road  
Clondalkin  
Dublin 22

**Contact person**

Kelley Farrell

**Job title**

Enquiries

**Telephone**

01 464 2268

**Email**

info@pcicollege.ie

**Web address**

www.pcicollege.ie

**Course aims and objectives**

This course will teach participants how to use key elements of cognitive behavioural therapy (CBT) to deal with everyday worries, anxiety and stress.

**Course content**

Because our thoughts, our emotions, our behaviours and our physical reactions all interact together, learn how to use CBT to help you to understand and change your habitual thoughts and behaviours, which can be very beneficial when it comes to dealing with the ongoing stresses and challenges of life.

**Target group**

Any individual with an interest in personal development and CBT techniques.

**Entry requirement**

n.a.

**Selection procedure**

Completion of application form accompanied by payment

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course start date**

26 January 2009 in Dublin

3 February 2009 in Cork

**Course background**

This course began in 2008

**Course location**

Clondalkin, Dublin

Cork city centre

**Application**

Application forms available by email or from website – details above.

**Cost**

€260

**Course provider**

PCI College

**Contact person**

Kelley Farrell

**Telephone**

01 464 2268

**Address**

Corrig House  
Old Naas Road  
Clondalkin  
Dublin 22

**Job title**

Enquiries

**Email**

info@pcicollege.ie

**Web address**

www.pcicollege.ie

**Course aims and objectives**

This certificate course is designed to equip helping professionals with the knowledge and skills necessary to work competently as cognitive behaviour therapy (CBT) practitioners.

The course will commence with an introduction to the history and evolution of CBT, with a focus on cognitive processes and behavioural laws of learning. The approaches presented are usable, up-to-date and strongly evidence-based. You will learn to observe, assess, evaluate, and formulate treatment using the client's environmental influencers as well as their thoughts, moods and emotions, and behaviour, and you will also learn to further evaluate the effectiveness of treatment in a CBT model.

A series of CBT workshops has been provided and participants will choose two of these to learn how to apply a CBT approach to common presenting issues such as depression, trauma, eating disorders, addiction, anxiety disorders, and anger. Participants will provide evidence of completion of 20 hours of clinical work with clients using CBT and submit a 2,000 word essay on a topic relating to CBT prior to attending the Integration Day. The Integration

day will solidify the learning and provide an opportunity for case discussion and supervision.

**Course content**

DAYS 1 & 2 – Introduction

- DAY 1 Foundation level theory and practice
- DAY 2 Behavioural & cognitive strategies in CBT

DAYS 3 & 4 – Two or more of the following workshops

- Problem Anger Part 1
- Problem Anger Part 2
- Depression Part 1
- Depression Part 2
- PTSD Part 1
- PTSD Part 2
- Addiction Part 1
- Addiction Part 2
- Anxiety Disorders Part 1
- Anxiety Disorders Part 2
- Social Anxiety
- OCD

# B18

## PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY

DAY 5 – Integration day

Clinical requirement: 20 hours of client work

Academic requirement: 2,000-word essay

### Target group

Continuing Professional Development for counsellors and helping professionals

### Entry requirement

Applicants will ideally have a professional qualification in counselling, psychotherapy, or similar – accreditation is not necessary. Students currently in training will be considered, on the understanding that the certificate qualification cannot be used until they have qualified.

### Selection procedure

Completion of the application and fulfilment of the conditions

### Qualification

Participants may attend consecutive days and build up to a certificate in cognitive behaviour therapy.

Students who wish to complete the clinical work and written assignment will be awarded a PCI College Certificate of Competence in Cognitive Behaviour Therapy.

Individual days can be attended as part of a counsellor's Continuing Professional Development (CPD). It is possible to participate in any of Days 1 to 4 on an attendance basis, without completing the written assessment. The workshops are €130 each. A Certificate of Attendance will be provided for each day completed.

### Assessment

Evidence of completion of 20 hours of clinical work with clients using CBT and submit a 2,000-word essay on a topic relating to CBT.

### Accreditation

PCI College

### Course start date

To be announced

### Course background

This is the second year that this course is offered.

### Course location

Clondalkin, Dublin

### Application

Application forms available by email or from website – details above.

### Cost

€780. In-service training cost on application

# B19

## SUBSTANCE ADDICTION

**Course provider**

PCI College

**Address**

Corrig House  
Old Naas Road  
Clondalkin  
Dublin 22

**Contact person**

Kelley Farrell

**Job title**

Enquiries

**Telephone**

01 464 2268

**Email**

info@pcicollege.ie

**Web address**

www.pcicollege.ie

**Course aims and objectives**

Trainees will be enabled to impart information on addictive substances and how they affect people. They will explore case work with particular emphasis on the impact of substance addiction on the individual, the family and the community. The development of counselling skills, the resilient relationship necessary for this work and the ability to set out treatment plans for individual cases will receive particular attention. Counsellors will be equipped with the knowledge to enable them recognise the presence of addiction issues in the story of a client, to enable them work with the addiction issue or to make an appropriate referral.

**Objectives:**

- to impart information on drugs, what they are, how they work and how they affect people
- to understand the family context of addiction
- to be familiar with the dominant theories on addiction
- to be able to distinguish one substance from another
- to understand the dynamics of addiction
- to be familiar with a range of treatment

approaches

- to feel competent to recognise, work with or refer the problem as presented
- to know the legal context of substance abuse
- to be aware of related health issues e.g. HIV, hepatitis

**Course content**

The content to be covered will include:

- Drug types: pharmacological categorisation; how they work; their effects
- Legal perspective: The Misuse of Drugs Act (Ireland); similarities and variances with the laws of other countries
- The legalisation of cannabis and other drugs debate
- Addiction research: Ireland, Great Britain, Europe and the United States
- The causes of addiction
- A range of treatment modalities: philosophies and practices
- The family context of addiction
- Counselling skills, particularly associated with addiction work
- Health-related issues, e.g. HIV, hepatitis

# B19

## SUBSTANCE ADDICTION

- The addictive personality
- Personal factors enhancing recovery
- The role of support groups e.g. AA, NA, GA, Al Anon etc.
- After-care

### **Target group**

Continuing Professional Development for counsellors or helping professionals

### **Entry requirement**

Counselling qualification or similar

### **Selection procedure**

Completion of the application and fulfilment of the conditions

### **Qualification**

A Certificate of Attendance will be provided. CPD students who wish to complete the written assignment will be provided with a PCI College Certificate of Competence in Substance Addictions.

### **Assessment**

It is possible to participate in this module on an attendance basis, without completing the written assessment. A Certificate of Attendance will be provided.

CPD students who wish to complete the written assignment will be provided with a PCI College Certificate of Competence in Substance Addictions.

### **Accreditation**

PCI College

### **Course start date**

30 hours, usually over three weekends

2009/2010 dates to be announced

### **Course background**

This popular course is run every year. There will be two courses per year.

### **Course location**

Clondalkin, Dublin

### **Application**

Application forms available by email or from website – details above.

### **Cost**

€750

**Course provider**

Urrús/Ballymun Youth Action Project

**Address**

Horizons Centre  
Balcurris Road  
Ballymun  
Dublin 11

**Contact person**

Gabrielle Gilligan

**Job title**

Administrative Assistant

**Telephone**

01 846 7980 / 842 5726

**Email**

urrus@iol.ie

**Web address**

n.a.

**Course aims and objectives**

This workshop will enable participants to:

- Learn about drugs and their effects
- Develop an understanding of addiction
- Examine their own attitudes
- Become more effective in their personal responses
- Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities

**Course content**

- Pharmaceutical information on drugs and their effects
- Process of addiction
- How addiction affects individuals, families and communities
- How individuals and communities can respond
- Field visits to drugs services

**Target group**

Community members who feel they would like to be more effective when it comes to drug and alcohol issues

**Entry requirement**

None

**Selection procedure**

Initially by application form and then by informal interview

**Qualification**

One Module – FETAC Level 5

**Assessment**

Exercises and assignments completed over the duration of the course

**Accreditation**

FETAC (Further Education and Training Awards Council)

**Course start date**

20 weeks – one 3-hour session each week, plus a weekend away

**Course background**

This course is run once a year, starting in the autumn.

**Course location**

A number of venues

**Application**

Contact Urrús for venues and application information.

**Cost**

Varies

# C01

## HIGHER CERTIFICATE IN APPLIED ADDICTION STUDIES; BA IN APPLIED ADDICTION STUDIES (PART-TIME)

**Course provider**

ATI Training and Education

**Address**

38 Lower Leeson Street  
Dublin 2

**Contact person**

Shay Pegley

**Job title**

General Manager

**Telephone**

01 662 9737

**Email**

shay@addiction.ie

**Web address**

www.addiction.ie

**Course aims and objectives**

- To provide students with a framework and understanding of addiction theories
- To develop skills and competencies so that individuals can engage and support others in all areas of addiction
- To develop an understanding of special needs within the area of addiction
- To provide an understanding of the role of social policy and context in addiction service provision
- To promote the values of the reflective practitioner

**Course content****Year 1**

- Framework for understanding addiction
- Core conditions of addiction counselling
- Introduction to communication and research
- Eating disorders
- Addiction and loss
- Working with change in addiction
- Community, social, cultural perspectives in addiction

**Year 2**

- Understanding drugs
- Psychotherapeutic approaches to addiction
- Models of treatment in addiction
- Group facilitation
- Addiction and abuse
- Behavioural addictions

**Year 3**

- Drug and alcohol policy in Ireland
- Research methodology
- Creativity and innovation
- Practitioner skills
- New approaches in addiction treatment
- Addiction, young people and families
- Project dissertation

Placements – Students are required to complete 2 placement modules of 50 hours each year.

1. Self-awareness in addiction work
2. Developing a therapeutic relationship
3. Developing a care plan
4. Implementing a care plan
5. Service delivery contexts
6. Endings and re-examination of self

# C01

## HIGHER CERTIFICATE IN APPLIED ADDICTION STUDIES; BA IN APPLIED ADDICTION STUDIES (PART-TIME)

### Target group

Our students come from a range of professional backgrounds, and include outreach workers, project workers, community care workers, education professionals and health care professionals.

### Entry requirement

23-year age minimum or Leaving Certificate or equivalent or relevant professional experience

### Selection procedure

Application and interview

### Qualification

Higher Certificate in Applied Addiction Studies (HETAC Level 6) – (2-year, part-time)

BA in Applied Addiction Studies (HETAC Level 7) – (1-year add-on to Higher Certificate, part-time)

### Assessment

Semester exams, continuous assessment, successful placements

Minimum attendance of 85%

### Accreditation

HETAC (AIT); 60 European Credit Transfer System (ECTS) credits per year

### Course start date

September 2009

### Course background

The two-year part-time Higher Certificate in Applied Addiction Studies has been developed in partnership with Athlone Institute of Technology. On successful completion, the course can lead to a one-year part-time BA in Applied Addiction

Studies. Both courses are HETAC-accredited. The courses satisfy the training and education criteria set down by the Irish Association of Alcohol and Addiction Counsellors (IAAAC) for professional accreditation as an addiction counsellor.

### Course location

38 Lower Leeson Street, Dublin 2  
Athlone Institute of Technology  
Institute of Technology, Tralee

### Application

Application form available on request/download. Interviews from February 2009 onwards. Places will be allocated from April onwards; early application is advised.

### Cost

€3,950 per year

### Course provider

Centre for Adult Continuing Education (CACE) UCC

### Address

Cork City Partnership Ltd  
Sunbeam Industrial  
Millfield  
Mallow Rd  
Cork City

### Contact person

Jacqueline Daly

### Job title

Community Development  
Worker

### Telephone

021 430 2310

### Email

jdaly@partnershipcork.ie

### Web address

n.a.

### Course aims and objectives

The course is designed to enhance the personal development of participants and increase their awareness of their own responses and attitudes to others, with particular emphasis on attitudes to young people.

### Course content

Year 1

Module 1: Communication skills 1

Module 2: Guidance and support 1

Module 3: Education and human development 1

Module 4: Research skills

Year 2

Module 1: Communication skills 2

Module 2: Guidance and support 2

Module 3: Education and human development 2

Module 4: Drugs awareness and education practice placement

### Target group

The training programme is designed to support those already working with or who would like to engage with young people at risk in their local communities. It is also

aimed at those who wish to develop their skills so that they may approach their work in an increasingly skilled, informed and confident manner.

### Entry requirement

Applicants must be aged 21 or over and have Leaving Certificate or FETAC Level 5 qualification or their equivalent. Applicants are expected to be active participants in the community in either a voluntary or work capacity.

### Selection procedure

Applicants must fill out an applicant form and attend an interview with a panel from UCC and Cork City Partnership Ltd.

### Qualification

Certificate year 1, and Diploma year 2

### Assessment

A variety of continuous assessment models will be employed and at least 80% attendance at the course is essential.

### Accreditation

National University of Ireland (NUI)

**Course start date**

September 2009

**Course background**

This course is a response to the felt and expressed needs of local community groups with regard to an opportunity to acquire more skills in the area of non-formal guidance.

**Course location**

UCC Campus

**Application**

Application form and details from contact person listed above.

**Cost**

This course is fully funded by Cork Local Drugs Task Force through the HSE South.

**Course provider**

DBS School of Arts

**Contact person**

Siobáin O'Donnell

**Telephone**

01 417 8736

**Address**

Dublin Business School  
13/14 Aungier Street  
Dublin 2

**Job title**

Course Co-ordinator

**Email**

Siobain.odonnell@dbs.ie

**Web address**

www.dbs.ie

**Course aims and objectives****Aims:**

- To investigate several areas of addiction, including theory, treatment, addictive behaviour and its impact on the individual, the family and the wider community
- To provide a grounding in the study of addiction and cover most of the major associated themes
- To provide some theoretical knowledge for people who are working or interested in the area, to deepen their understanding and to help inform practice

**Course content**

- Theoretical models of addiction
- Types of addiction, addictive behaviours, including self harming and eating disorders
- Pharmacology
- Treatment methods and models of treatment
- Harm reduction, health promotion, HIV/ AIDS and hepatitis
- Gender issues
- Criminal behaviour associated with drug misuse

- Impact of addiction on family, family adjustment and co-dependency
- Impact of addiction on wider community
- Contemporary social policy and social issues

**Target group**

Students who are interested in pursuing careers in the field of addiction, those involved in addiction service provision, or whose work or social circumstances bring them into contact with the problems of addiction

**Entry requirement**

Applicants must be aged 18 years or over.

**Selection procedure**

By application

**Qualification**

Diploma in Addiction Studies

**Assessment**

Assessment is by one written assignment.

**Accreditation**

Dublin Business School

**Course start date**

Thursday evenings from 6.15 pm – 9.30 pm  
for 10 weeks

**Course background**

This course was first offered in 2003 and runs  
in October and February each academic year.

**Course location**

DBS School of Arts, Dublin 2

**Application**

Telephone Dublin Business School at 01 417  
7500 or view the website [www.dbs.ie](http://www.dbs.ie) for  
more information and an application form.

**Cost**

€1,200

**Course provider**

DBS School of Arts

**Contact person**

Siobáin O'Donnell

**Telephone**

01 417 8736

**Address**

Dublin Business School  
13/14 Aungier Street  
Dublin 2

**Job title**

Course Co-ordinator

**Email**

Siobain.odonnell@dbs.ie

**Web address**

www.dbs.ie

**Course aims and objectives**

## Aims:

- To formally explore addictions from a variety of academic and scientific perspectives; including social, cultural, psychological, anthropological, and psychoanalytic perspectives
- To evaluate how these perspectives interact and how they differ from each other
- To critically inform policy making in relation to addictions, as well as the management of addiction services and the treatment of addictions

**Course content**

## Semester 1:

- Advanced introduction to psychoanalysis
- Cultural issues in the study of addiction
- Approaches to the theory and treatment of addiction
- Research methods 1
- Theory and technique of psychoanalysis

## Semester 2:

- Psychoanalysis of addiction

- Social policy and social context of addiction
  - Research methods 2
  - Integrative tutorial
  - Clinical visits 1
- Semester 3:
- Clinical visits 2
  - Thesis

**Target group**

The course is designed for students with a background in psychology, psychoanalysis, anthropology, sociology, or a cognate discipline who wish to acquire a postgraduate qualification in the area of addiction. The course is a broad-based theoretical and academic one, with a substantial research component. It is designed for students interested in pursuing careers in the planning and strategic development of addiction policies (in relation to treatment and prevention) at a local, national and international level. In addition, the course provides an exciting and thought-provoking foundation for students who may wish to pursue training in the counselling or psychotherapy of addiction.

### **Entry requirement**

Applicants are required to possess at least a 2.2 primary degree in any humanities or social science area. Two academic references will be required. All prospective students will be interviewed in order to assess their academic and personal suitability. The applicant's performance at interview will be an important factor in the allocation of places.

### **Selection procedure**

Initially by application including two academic references and then by interview

### **Qualification**

Degree of Master of Arts

### **Assessment**

Assessment is by examination, project and presentation work and continuous assessment

### **Accreditation**

HETAC

### **Course start date**

Full time, for 26 weeks, from October to May; clinical visits and thesis work continuing until August. Also offered by ACCS over 2 years.

### **Course background**

This course was first offered in 1999 and is repeated annually.

### **Course location**

DBS School of Arts, Dublin 2

### **Application**

Telephone Dublin Business School at 01 417 7500 or view the website [www.dbs.ie](http://www.dbs.ie) for more information and an application form.

### **Cost**

€7,300

**Course provider**

HSE West Donegal, Donegal  
VEC, NWRDTF, NWAFLtd,  
University of Limerick

**Address**

Donegal VEC  
Ard O'Donnell  
Letterkenny  
Co Donegal

**Contact person**

a) Christina Mc Eleney  
b) Moira Mills  
c) Sean O'Connor

**Job title**

a) Co-ordinator, Diploma in  
Drug & Alcohol Studies  
b) Manager, Drug & Alcohol  
Services, HSE West Donegal  
c) Co-ordinator NWRDTF

**Telephone**

a) 087 936 9312 / 074 916 1508  
b) 074 912 8769  
c) 071 985 2000

**Email**

a) [christinamceleney@donegalvec.ie](mailto:christinamceleney@donegalvec.ie)  
b) [Moira.Mills@hse.ie](mailto:Moira.Mills@hse.ie)  
c) [drugtaskforce@mailb.hse.ie](mailto:drugtaskforce@mailb.hse.ie)

**Web address**

[www.donegalvec.ie](http://www.donegalvec.ie)  
[www.nwdrugtaskforce.ie](http://www.nwdrugtaskforce.ie)

**Course aims and objectives**

The programme aims for personal and professional growth and development of individuals working in community, voluntary, statutory and non-statutory organisations who are actively engaged in responding to drug and alcohol issues, across the spectrum from prevention and education to treatment and rehabilitation.

The course content aims to build upon existing knowledge and skills among participants, with a focus on developing theoretical and evidence based knowledge together with a range of practical skills to enable them to respond effectively and appropriately to drug and alcohol issues in their work setting.

The programme has a commitment to principles and values underpinning lifelong and adult learning. Learning takes place in an environment that is conducive to intellectual growth and personal development.

**Course content**

- Experiential group work and group processes in the context of drug and alcohol work
- Models of interventions theory and practice
- Research and reflective practice
- Substance use: Theoretical foundations
- Substances and mental health
- Substance use: Community, social and policy perspectives

**Target group**

Individuals from community, voluntary, statutory and non statutory groups and organisations who interact with people at risk of substance misuse and dependency. It is also aimed at professional groups who are actively involved in the management of drug and alcohol misuse and dependency. Examples of professional groups includes teachers, youth workers, gardaí, youth workers, welfare officers, health

professionals, GPs, pharmacists, counsellors, childcare workers and members of the judiciary.

### **Entry requirement**

The Diploma is designed as a progression route for those who have completed a Certificate in Addiction Studies, or related area, or equivalent.

It is expected that applicants have a minimum of two years' experience of working in the area of drugs and alcohol or community development or a related field.

### **Selection procedure**

Prospective students will be required to complete an application form and attend an interview. Applicants may be shortlisted.

### **Qualification**

University of Limerick Diploma in Drug and Alcohol Studies

### **Assessment**

Assessment will use various methods, including written assignments, oral presentations, case study and project work and a reflective portfolio.

### **Accreditation**

University of Limerick, 60 credit points under the European Credit Transfer System (ECTS)

### **Course start date**

September 2009

### **Course background**

This course is a new programme of study from the University of Limerick.

### **Course location**

Letterkenny, See also course C 18

### **Application**

Application forms will be available from March 2009.

### **Cost**

To be determined. The cost for 2008–2009 was €1,856; this may increase for 2009–2010.

**Course provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park  
Killinarden  
Tallaght  
Dublin 24

**Contact person**

Norah Byrne;  
Marcella Finnerty

**Job title**

Course Co-ordinator;  
Course Director

**Telephone**

01 4664205 / 01 2600805  
087 9103332 / 086 2609989

**Email**

norah@iicp.ie /  
marcella@iicp.ie

**Web address**

www.iicp.ie

**Course aims and objectives**

To introduce those working in the caring professions to a practical, cutting-edge approach to counselling; to afford them the opportunity of developing a personal and integrated style of working with clients, and to facilitate a professional mental health and counsellor training programme which is recognised by the Irish Association for Counselling and Psychotherapy.

**Course content**

Counselling theory, counselling skills, counselling practice, personal and professional development, addiction counselling, understanding bereavement, loss and grief, suicide, self-esteem, boundaries, gender issues, learning styles, values, beliefs and attitudes, ethics.

**Target group**

This course is designed for people who wish to become professional counsellors or who wish to upgrade their qualifications base, or who have an opportunity to use counselling skills as part of their work, either in a paid or voluntary capacity. It is of special interest to those who work within communities or in human resources.

**Entry requirement**

Application is limited to mature students with an established interest in and commitment to the use of counselling or counselling techniques in their work. Short-listing and selection criteria will apply. Candidates will demonstrate evidence of at least some of the following:

- Foundation course in counselling skills, or equivalent
- Experience in personal development work
- Capacity to cope with emotional demands of the course
- Potential to form a therapeutic relationship
- Self-awareness, maturity and stability
- Searching for meaning or purpose in the world in which they live
- Proactive and self-directed approach to learning

**Selection procedure**

Candidates submit a brief resume and an application form to the course director.

Candidates are short-listed for an interview with a panel of two course tutors.

### **Assessment**

Students are asked to submit a portfolio of work in May of each year, containing written assignments, evidence of personal development and journaling, professional development and a section pertaining to client practice.

### **Accreditation**

This diploma programme is a recognised training course of the Irish Association for Counselling and Psychotherapy (IACP).

### **Course start date**

In 2009 two separate programmes are scheduled to run.

Option one: one day per week - Tuesday

Option two: one day per week - Saturday

Course hours: 9.30 am to 4.30 pm each day from September to end of May for each year of the course.

### **Course background**

The Institute of Integrative Counselling and Psychotherapy (IICP) Diploma programme has been established to provide a comprehensive training service for those who wish to pursue professional accreditation in the mental health services that encompasses a multicultural and pluralistic approach with a core philosophical framework reflecting the principles and practices of Choice Theory, person-centred counselling and multicultural counselling and therapy. The first cycle of the course commenced in October 2003 in the Killinarden Enterprise Park in Tallaght as a pilot project. The course is now in its sixth year, with the first graduates having completed the two-year diploma in Counselling and Psychotherapy in September 2006 and November 2007.

### **Course location**

Killinarden Enterprise Park, Dublin 24

### **Application**

Application form available from contact persons or IICP website listed above.

### **Cost**

€3,850.00 per annum (Now inclusive of Specialist Seminars – please note that course fees have not increased since 2005).

Final semester (2011): €850.00

**Course provider**

Independent Colleges

**Contact person**

Caroline Mellows

**Telephone**

01 672 5058

**Address**60–63 Dawson St  
Dublin 2**Job title**

Course co-ordinator

**Email**Caroline.mellows@  
independentcolleges.ie**Web address**

www.independentcolleges.ie

**Course aims and objectives**

This course provides information on the theory and treatment of addictions and explains the processes through which addictive disorders are assessed and diagnosed and clarifies issues concerning both substance and non-substance addictive behaviours.

**Course content**

- Addictive behaviour: self injury, eating disorders, gambling, the Internet, sexual and shopping addictions
- Theories of addiction
- The biological basis of addiction
- Models of treatment, relapse prevention, intervention
- Assessment and diagnosis, pharmacology and methadone treatment
- Film screening - Black Tar heroin and discussion
- Gender issues, barriers to treatment
- The addict and the law
- Family and co-dependency
- Health issues, HIV/AIDS, hepatitis
- Community issues, criminal behaviour
- Social policy, National Drugs Strategy, homelessness

**Target group**

All

**Entry requirement**

Please contact admissions

**Selection procedure**

n.a.

**Qualification**

Diploma

**Assessment**

Exam and essay based

**Accreditation**

Institute of Commercial Management (ICM)

**Course start date**

February and September 2009

**Course background**

n.a.

**Course location**

Dawson St, Dublin 2

**Application**

Online or via course contact person

**Cost**

Please call admissions.

**Course provider**

Merchants Quay Ireland and  
University College Dublin

**Address**

Merchants Quay Ireland  
25 Cork St  
Dublin 8  
or

School of Applied Social  
Science, UCD  
Belfield, Dublin 4

**Contact person**

Peter Kelly

**Job title**

Course Co-ordinator

**Telephone**

01 524 0936

**Email**

Peter.Kelly@mqi.ie

**Web address**

www.mqi.ie

**Course aims and objectives**

To provide a broad-based holistic approach to the issue of drug use and to offer students a comprehensive overview of the therapeutic, clinical and social implications associated with drug use and dependency

To empower participants to respond more effectively through development of their knowledge and skills base

**Course content**

- One-to-one addiction counselling theory/practice
- Groupwork theory/practice
- Social policy/Drugs policy
- Mental health
- Work placement

**Target group**

People whose work brings them into contact with problem drug and alcohol users

**Entry requirement**

Successful completion of the Certificate in Drugs Counselling Theory and Intervention Skills or equivalent. Admission is limited to 26 students.

The course is offered in accordance with the principles and ethos of adult education and allows access for those who do not meet the traditional entry requirements of the university.

**Selection procedure**

Application form and interview

**Qualification**

Diploma in Drugs Counselling Theory and Intervention Skills

**Assessment**

Assessment is by way of learning logs, case studies, video role play, essays, and agency profiles. 80% attendance is required.

**Accreditation**

UCD/ NUI

**Course start date**

September – May: one day a week, Tuesdays  
10 am–5 pm

**Course background**

The course has been run every year since 2001.

**Course location**

MQI and UCD, Belfield

**Application**

Please contact [hilda.glennon@mqi.ie](mailto:hilda.glennon@mqi.ie) for application/registration form, also available on [www.mqi.ie](http://www.mqi.ie), or by enquiry to Peter Kelly, MQI. Courses are advertised in the national press.

**Cost**

Please contact MQI.

**Course provider**

NUI Maynooth

**Contact person**

Bernie Gildea

**Telephone**

01 708 3683

**Address**

Department of Adult and  
Community Education  
NUI Maynooth  
Co Kildare

**Job title**

Programme Co-ordinator

**Email**

bernie.b.gildea@nuim.ie

**Web address**

<http://adulthoodeducation.nuim.ie/>

**Course aims and objectives****Aims:**

- To provide students with a strong theoretical grounding in substance misuse and addictive behaviours;
- To provide participants with an opportunity to develop skills to respond effectively to substance misuse within their community, in either a voluntary or occupational capacity;
- To encourage participants to reflect critically on drug- and alcohol-related issues as they emerge in contemporary Ireland.

**Objectives:**

- Students will develop skills in substance misuse education and prevention;
- Students will apply their learning to work, vocational or community settings;
- Students will learn to critically appraise current evidence-based practice in relation to prevention and intervention.

**Course content**

Modules in the Diploma will include

- Group work and facilitation skills
- Introduction to intervention skills

- Drug and alcohol policy in Ireland
- Prevention education theory and practice
- Social analysis – theorising society
- Social change and everyday life in contemporary Ireland
- Social capital and social network analysis
- Community engagement and learning

The course may include a short period of placement.

**Target group**

People who are working in a paid or voluntary capacity in the area of addiction

**Entry requirement**

Successful completion of NUI Certificate in Addiction Studies or equivalent. Applicants should be 23 years of age or over.

**Selection procedure**

Written application and interview

**Qualification**

NUI Diploma in Arts: Addiction Studies

**Assessment**

Continuous assessment throughout the course.

**Accreditation**

National University of Ireland

**Course start date**

300 hours over 4 semesters (two years); may include some Saturday attendance.

Contact NUI Maynooth for next proposed start date.

**Course background**

Following the success of the NUI Certificate in Addiction Studies course offered by NUI Maynooth in partnership with the HSE since 1994, there has been continued demand from the sector and from students for a progression path. This course, offered for the first time in 2007, provides students with an opportunity to advance their expertise and further their knowledge of substance misuse, allowing them to respond effectively to the challenges presented by drug and alcohol misuse in Ireland today.

**Course location**

The first delivery of the course commenced in 2007 at the NUI Outreach Campus in Kilkenny and at two locations in the Dublin area.

Location for future courses to be decided.

**Application**

Application form available by phone or email to contact person listed above.

**Cost**

€4,500 approximately, over two years

**Course provider**

PCI College

**Address**

Corrig House  
Old Naas Road  
Clondalkin  
Dublin 22

**Contact person**

Kelley Farrell

**Job title**

Enquiries

**Telephone**

01 464 2268

**Email**

info@pcicollege.ie

**Web address**

www.pcicollege.ie

**Course aims and objectives**

Our courses are designed for people who wish to become professional addiction counsellors or have an opportunity to use addiction counselling skills as part of their work (in either a paid or a voluntary capacity), or who simply want to broaden their qualifications.

This 4-year part-time course will provide participants with the necessary academic qualifications to gain a BSc Degree in Addiction Counselling.

**Course content**

- Personal development
- Lifespan development
- Skills of counselling
- Strategies of counselling
- Theories of addiction
- Approaches to addiction
- Humanistic approaches
- Cognitive-behavioural approaches
- Personal development
- Advanced counselling skills
- Universal issues in counselling: (Loss)
- Universal issues in counselling: (Sexuality)

- Clinical placement
- Family/systemic counselling: theory and skills
- Clinical placement – Part 2
- Research methods
- Personal and professional development
- Proposition essay

Plus two of the following:

- Drug abuse in Ireland
- Sexual addictions
- Dual diagnosis

**Target group**

This course is designed for people who wish to become professional therapists or have an opportunity to use counselling skills as part of their work (in either a paid or a voluntary capacity), or simply want to broaden their qualifications. Many of our graduates enter the profession from diverse careers such as finance, engineering, and the wider world of business, as well as homemaking, nursing, teaching, and social work. It is of particular interest to people who have found counselling to be helpful.

### **Entry requirement**

Applicants need to have successfully completed a foundation course in counselling skills or in-service training with a substantial counselling element.

### **Selection procedure**

Entry is by interview. Completion of the application and fulfilment of all of the conditions does not guarantee a place.

Interviews will be arranged at a time to be agreed. We will also evaluate applicants' personal readiness to undertake this course.

Successful applicants will be notified in writing and invited to attend an orientation day.

### **Qualification**

Bachelor of Science Degree (BSc) in Addiction Counselling

### **Assessment**

There are no formal written examinations. Most modules are assessed by essays which fall due ten weeks after completion of the module.

### **Accreditation**

Middlesex University

### **Course start date**

October 2009

### **Course background**

This is the third year that this course will be offered.

### **Course location**

Clondalkin, Dublin

### **Application**

Application form available by email or on website – details above

### **Cost**

Year 1 €4,000 Year 3 €3,200

Year 2 €4,200 Year 4 €3,200

**Course provider**

PCI College

**Contact person**

Kelley Farrell

**Telephone**

01 464 2268

**Address**

Corrig House  
Old Naas Road  
Clondalkin  
Dublin 22

**Job title**

Enquiries

**Email**

info@pcicollege.ie

**Web address**

www.pcicollege.ie

**Course aims and objectives**

This course is designed for qualified addiction counsellors who want to broaden their qualifications.

This 2-year part-time course will provide addiction counsellors with the necessary academic qualifications to gain a BSc Degree in Addiction Counselling.

**Course content**

- Family/Systemic counselling: theory and skills
- Research methods
- Personal and professional development
- Proposition essay

Plus two of the following:

- Drug abuse in Ireland
- Sexual addictions
- Dual diagnosis

**Target group**

Qualified addiction counsellors who want to gain a BSc (Hons) Degree in Addiction Counselling

**Entry requirement**

Applicants need to have successfully completed a foundation course in counselling

skills or in-service training with a substantial counselling element.

And, the diploma course which applicants have successfully completed, or are due to complete shortly, must meet the criteria of IAAAC (Irish Association for Alcohol and Addiction Counselling). It is a requirement of Middlesex University that you will have successfully completed the equivalent of the first two years of the programme. We can arrange for you to take any modules that you have not yet covered in advance of entering the third year of the degree programme.

**Selection procedure**

Entry is by interview. Completion of the application and fulfilment of all of the conditions does not guarantee a place.

Interviews will be arranged for BSc upgrade students at a time to be agreed. At this interview you will discuss a plan of action comprising the steps that you need to take in order to complete the BSc in Addiction Counselling degree course. We will also evaluate your personal readiness to undertake this course.

Successful applicants will be notified in writing, provided with a customised Action Plan, and invited to attend an orientation day.

**Qualification**

Bachelor of Science Degree (BSc Hons) in  
Addiction Counselling

**Assessment**

There are no formal written examinations.  
Most modules are assessed by essays.

**Accreditation**

Bachelor of Science Degree (BSc Hons) in  
Addiction Counselling validated by Middlesex  
University

**Course start date**

October 2009

**Course background**

This is the second year that this course will  
be offered.

**Course location**

Clondalkin, Dublin

**Application**

Application form available by email or on  
website – details above

**Cost**

Successful applicants will be provided with  
a customised Action Plan and details of  
individualised costs. 30-hour modules €750

**Course provider**

PCI College

**Address**

Corrig House  
Old Naas Road  
Clondalkin  
Dublin 22

**Contact person**

Kelley Farrell

**Job title**

Enquiries

**Telephone**

01 464 2268

**Email**

info@pcicollege.ie

**Web address**

www.pcicollege.ie

**Course aims and objectives**

Our courses are designed for people who wish to become professional addiction counsellors or have an opportunity to use addiction counselling skills as part of their work (in either a paid or a voluntary capacity) or simply want to broaden their qualifications.

This 2-year part-time course will provide counsellors with the necessary academic qualifications to gain a BSc Degree in Addiction Counselling.

**Course content**

- Theories of addiction
- Approaches to addiction
- Clinical placement – Part 1
- Clinical placement – Part 2
- Research methods
- Personal and professional development
- Proposition essay

Plus two of the following:

- Drug abuse in Ireland
- Sexual addictions
- Dual diagnosis
- Sexual addictions

**Target group**

Qualified counsellors / psychotherapists who want to gain a BSc Degree in Addiction Counselling

**Entry requirement**

Applicants need to have successfully completed a foundation course in counselling skills or in-service training with a substantial counselling element

The diploma course which you have successfully completed, or are due to complete shortly, must have counselling and psychotherapy at its core and be of 450 hours duration. We can arrange for you to take any modules that you have not yet covered in advance of entering the third year of the degree programme.

**Selection procedure**

Entry is by interview. Completion of the application and fulfilment of all of the conditions does not guarantee a place.

Interviews will be arranged for BSc upgrade students at a time to be agreed. At this interview you will discuss a plan of action comprising the steps that you need to take in order to complete the BSc in Addiction Counselling degree course. We will also

# C12

## BSC IN ADDICTION COUNSELLING FOR QUALIFIED COUNSELLORS / PSYCHOTHERAPISTS

evaluate your personal readiness to undertake this course.

Successful applicants will be notified in writing, provided with a customised Action Plan, and invited to attend an orientation day which will be held at Corrig House, Clondalkin.

### **Qualification**

Bachelor of Science Degree (BSc. Hons.) in Addiction Counselling

### **Assessment**

There are no formal written examinations. Most modules are assessed by essays. You can expect to be provided with advice and support concerning any learning difficulties that you may encounter. If you have a diagnosed learning difficulty, e.g. dyslexia, please note this in your application.

Please state your IT competence in your application. If you need training in email, web, or word processing this will be provided at a nominal cost.

Workshops including essay skills will be provided to assist with the practicalities of written work. These workshops are currently provided free and your attendance is optional. We can refer you to a mentor to receive private individual assistance with essay writing if you wish.

In years 3 and 4, as you become a more independent learner, tutorials, seminars, and career development sessions will be provided.

### **Accreditation**

Bachelor of Science Degree (BSc. Hons.) in Addiction Counselling validated by Middlesex University

### **Course start date**

October 2009

### **Course background**

This is the second year that this course will be offered.

### **Course location**

Clondalkin, Dublin

### **Application**

Application form available by email or on website – details above

### **Cost**

Successful applicants will be provided with a customised Action Plan and details of individualised costs. 30-hour modules €750

**Course provider**

PCI College

**Address**

Corrig House  
Old Naas Road  
Clondalkin  
Dublin 22

**Contact person**

Kelley Farrell

**Job title**

Enquiries

**Telephone**

01 464 2268

**Email**

info@pcicollege.ie

**Web address**

www.pcicollege.ie

**Course aims and objectives**

Our courses are designed for people who wish to become professional addiction counsellors or have an opportunity to use addiction counselling skills as part of their work (in either a paid or a voluntary capacity) or simply want to broaden their qualifications.

This 2-year part-time course will provide participants with the necessary academic qualifications to gain a Diploma in Addiction Counselling.

**Course content**

- Personal development
- Lifespan development
- Skills of counselling
- Strategies of counselling
- Theories of addiction
- Approaches to addiction
- Humanistic approaches
- Cognitive-behavioural approaches
- Personal development
- Advanced counselling skills
- Universal issues in counselling: (Loss)
- Universal issues in counselling: (Sexuality)
- Clinical placement

**Target group**

This course is designed for people who wish to become professional therapists or have an opportunity to use counselling skills as part of their work (in either a paid or a voluntary capacity) or simply want to broaden their qualifications. Many of our graduates enter the profession from diverse careers such as finance, engineering, and the wider world of business, as well as homemaking, nursing, teaching, and social work. It is of particular interest to people who have found counselling to be helpful.

**Entry requirement**

Applicants need to have successfully completed a foundation course in counselling skills or in-service training with a substantial counselling element.

**Selection procedure**

Entry is by interview. Completion of the application and fulfilment of all of the conditions does not guarantee a place.

Interviews will be arranged at a time to be agreed. We will also evaluate applicants' personal readiness to undertake this course.

Successful applicants will be notified in writing and invited to attend an orientation day.

**Qualification**

Diploma in Addiction Counselling awarded by PCI College

**Assessment**

There are no formal written examinations.  
Most modules are assessed by essays.

**Accreditation**

This diploma course meets the accreditation criteria of IAAAC (the Irish Association for Alcohol and Addiction Counselling). On completion of the course, graduates have the necessary educational basis to work towards accreditation as an addiction counsellor with IAAAC.

**Course start date**

October 2009

**Course background**

This is the third year that this course will be offered.

**Course location**

Clondalkin, Dublin

**Application**

Application form available by email or on website – details above

**Cost**

Year 1 €4,000

Year 2 €4,200

**Course provider**

PCI College

**Contact person**

Kelley Farrell

**Telephone**

01 464 2268

**Address**

Corrig House  
Old Naas Road  
Clondalkin  
Dublin 22

**Job title**

Enquiries

**Email**

info@pcicollege.ie

**Web address**

www.pcicollege.ie

**Course aims and objectives**

Our courses are designed for people who wish to become professional addiction counsellors or have an opportunity to use addiction counselling skills as part of their work (either in a paid or voluntary capacity) or simply want to broaden their qualifications.

This 2-year part-time course will provide counsellors with the necessary academic qualifications to work towards accreditation with the Irish Association for Alcohol and Addiction Counselling (IAAAC).

**Course content**

- Personal development
- Lifespan development
- Skills of counselling
- Strategies of counselling
- Theories of addiction
- Approaches to addiction
- Humanistic approaches
- Cognitive-behavioural approaches
- Personal development
- Advanced counselling skills
- Universal issues in counselling: (Loss)
- Universal issues in counselling: (Sexuality)
- Clinical placement

**Target group**

Qualified counsellors / psychotherapists who want to gain IAAAC accreditation

**Entry requirement**

Applicants need to have successfully completed a foundation course in counselling skills or in-service training with a substantial counselling element.

The diploma course which applicants have successfully completed, or are due to complete shortly, must have counselling and psychotherapy at its core and be of 450 hours duration.

**Selection procedure**

Please see course provider website for selection procedure

**Qualification**

PCI College Diploma in Addiction Counselling (2 years)

**Assessment**

There are no formal written examinations. Most modules are assessed by essays which fall due ten weeks after completion of the module.

# C14

## DIPLOMA IN ADDICTION COUNSELLING FOR QUALIFIED COUNSELLORS / PSYCHOTHERAPISTS

### **Accreditation**

Our Diploma in Addiction Counselling meets the accreditation criteria of IAAAC. On completion of the course, graduates have the necessary educational basis to work towards accreditation as an addiction counsellor with IAAAC.

### **Course start date**

October 2009

### **Course background**

This is the third year that this course will be offered.

### **Course location**

Clondalkin, Dublin

### **Application**

Application form available by email or on website – details above

### **Cost**

Successful applicants will be provided with customised Action Plan and details of individualised costs. 30-hour modules €750

# C15

## DIPLOMA IN ADDICTION STUDIES

**Course provider**

School of Social Work and  
Social Policy, TCD

**Address**

Room 3063  
Arts Building  
Trinity College  
Dublin 2

**Contact person**

Marguerite Woods

**Job title**

Course Co-ordinator –  
Diploma in Addiction Studies

**Telephone**

01 896 2878

**Email**

woodsma@tcd.ie or  
addiction.studies@tcd.ie

**Web address**

[www.tcd.ie/Social\\_Studies/](http://www.tcd.ie/Social_Studies/)

**Course aims and objectives**

The Diploma in Addiction Studies is a Level-7 special purpose award, typically taken by people already in service, which leads to enhanced professional competencies and specialised knowledge across a variety of areas. It attracts 60 credits under the European Credit Transfer System (ECTS). The successful completion of the course enables students to achieve the following learning objectives and outcomes:

- to examine in depth the theoretical and practical aspects of problem drug use and problem drinking;
- to develop critical awareness at a theoretical level in a range of addiction counselling models and approaches;
- to acquire skills and competency in practical training in a range of addiction counselling models and approaches;
- to acquire breadth of knowledge in the theory and practice of ethics, underlying principles, practice issues, knowledge and critical awareness of counselling, group work, outreach and client engagement;
- to develop skills and competency working in different environmental and agency contexts and with diverse client groups;
- to show clear, critical assessment and planning and demonstrate competent intervention and management of caseload;
- to acquire broadened in-depth knowledge base, both theoretical and practical, about contemporary issues pertaining to addiction and addiction counselling practice ;
- to acquire broadened basic knowledge base of disciplines relating to addiction – sociology, criminology, psychology, microbiology, pharmacology, family law and criminal law;
- to develop a critical awareness of evaluative research;
- to develop basic skills and competency at both a theoretical and practical level through conducting a small qualitative or quantitative research project;
- to examine public policy in relation to alcohol and drug problems with a detailed focus on how Irish and international public policy has evolved and to acquire broadened knowledge base about the social, political, cultural and historical impacts on the development of public policy;

- to develop a critical awareness of alcohol and drug policy and service provision;
- to acquire skills and competencies in the effective and convincing planning, preparation and presentation of material in public.

### Course content

The Diploma in Addiction Studies programme consists of five modules which have a cumulative credit weighting of 60 ECTS:

- Theory and practice of addiction counselling
- Addiction policy
- Addiction research
- Contemporary issues – disciplines
- Addiction practice and fieldwork placement

The content of the course is divided into two sections - academic studies and skills training.

Academic studies include teaching from a variety of subject areas relevant to addiction, including psychology, pharmacology, sociology, criminology, psychiatry, social policy, law and social work.

Skills training focuses particularly on the development of students' counselling and intervention skills in group work and individual and family counselling. It is based on classroom exercises using video equipment, on field experience, on placement briefings and debriefings, and on seminars and workshops.

### Target group

The course is aimed at those whose work brings them into contact with problem drug and alcohol users or those who are involved

in the administration of services or the formulation of policy in this area.

### Entry requirement

Criteria for selection include relevant experience in work with drug and alcohol issues and likely capacity to satisfy the academic requirements of the course. Garda vetting is required.

### Selection procedure

On the basis of written application, essay, interview and references. There is a maximum of 24 places each year.

### Qualification

Diploma in Addiction Studies (Level 7)

### Assessment

To complete the course successfully, a candidate must satisfy the examiners by:

- Submitting a major project at the end of the course
- Submitting a major practice study at the end of the placement
- Performing satisfactorily in the field work placement
- Continuous assessment

A student who has successfully completed the course will be eligible for the award of the Diploma in Addiction Studies.

### Accreditation

Trinity College Dublin

### **Course start date**

Full-time for 26 weeks from October to May. The duration of the course is equivalent to one academic year of 3 terms – two 8-week terms of college-based teaching, with a reading week at the end of week 4 of the first term and a 10-week full-time field placement in a specialist agency in the addiction field.

### **Course background**

This course was first offered in 1983 and is repeated annually.

### **Course location**

Trinity College Dublin

### **Application**

Application details and forms are available from:

The Executive Officer  
Diploma in Addiction Studies  
School of Social Policy and Social Work  
University of Dublin, Trinity College, Dublin 2

Tel: 01 896 1163, Fax: 01 671 2262

e-mail: [addiction.studies@tcd.ie](mailto:addiction.studies@tcd.ie)

[www.socialwork-socialpolicy.tcd.ie](http://www.socialwork-socialpolicy.tcd.ie)

### **Cost**

The fee for the 2009/2010 course has not yet been agreed by the College. Please contact Course Co-ordinator for further information.

# C16

## MSC IN DRUG AND ALCOHOL POLICY

**Course provider**

School of Social Work and  
Social Policy, TCD

**Address**

Trinity College  
Dublin 2

**Contact person**

Shane Butler

**Job title**

Senior Lecturer / Course  
Director

**Telephone**

01 896 2009

**Email**

sbutler@tcd.ie

**Web address**

www. www.socialwork-  
socialpolicy.tcd.ie

**Course aims and objectives**

To offer students a broad critical understanding of how society attempts to prevent or respond to problems associated with the use of licit and illicit drugs, as well as giving them a more specific opportunity to develop management and policy-making skills in this area

**Course content**

Six 40-hour modules:

- Alcohol and drugs: use and problem use
- National and international policy
- Research and evaluation
- Research seminars
- Therapeutic interventions into problem drug and alcohol use
- Public sector management

**Target group**

The course is aimed primarily at those who hold management or policy-making positions in any of the human service organisations which deal with drug and alcohol problems, but it also seeks to attract professionals who have a leadership role in addiction work within their own profession.

**Entry requirement**

Candidates are normally expected to have a recognised professional qualification in health, social care or other human service field (whether or not this qualification is linked to a primary degree), or a non-professional primary degree of at least 2.2 standard. Candidates who do not satisfy these criteria may be accepted on the course if they satisfy the Selection Committee that they have the ability to complete the course and are well placed to make good use of it; such candidates will be asked to present a portfolio of their work for the consideration of the Selection Committee.

**Selection procedure**

Selection is based primarily on submission of a written application (including a personal statement of interest in this programme), but the Selection Committee reserves the right to hold selection interviews.

**Qualification**

MSc in Drug and Alcohol Policy (This is Level 9 award which attracts 90 credits under the European Credit Transfer System – ECTS)

### **Assessment**

Continuous assessment: candidates must achieve a pass mark (50%) on all written requirements for the 6 modules, and carry out an appropriate research project, to be written up in thesis format (18,000–20,000 words) for the end of year 2.

### **Accreditation**

Trinity College Dublin

### **Course start date**

The next intake of students for this course will take place in September 2010, for a two-year programme which ends in June 2012.

### **Course background**

The course is based in the School of Social Work and Social Policy, TCD, which has been involved in specialist addiction teaching for more than twenty years. This course was started in 1998. Students attend college for a three-day block each month over a period of 2 years, with an intake every second year.

### **Course location**

Arts Building, TCD

### **Application**

Application forms are available from:

Addiction Studies  
School of Social Work and Social Policy  
TCD, Dublin 2

Email: [addiction.studies@tcd.ie](mailto:addiction.studies@tcd.ie)

Telephone: 01 896 1163

### **Cost**

For 2008, the EU Fee was €4,928 plus registration fee. (This is for year 1; fees are subject to annual increase.)

**Course provider**

The Shanty Education and Training Centre, An Cosán

**Address**

Kiltalown Village Centre  
Jobstown  
Tallaght  
Dublin 24

**Contact person**

Fiona Colclough

**Job title**

Education and Training  
Co-ordinator

**Telephone**

01 462 8488

**Email**

f.colclough@ancosan.com

**Web address**

www.ancosan.com

**Course aims and objectives**

n.a.

**Course content**

The course has been developed in keeping with the best principles of adult and community education. The modules on offer in the current course are:

- The nature and context of addiction
- Reflective practice
- Groupwork theory and practice
- Drug prevention, education and awareness
- Introduction to counselling
- Introduction to contemporary Irish social policy
- Drug use and drug and alcohol policy
- Approaches to treatment and rehabilitation
- Principles and practices of community development
- Motivational interviewing
- Community research methods
- Professional work practice

**Target group**

The course is aimed at those currently engaged in community drugs work or those

seeking to become involved in the profession.

**Entry requirement**

Applicants are required to have:

- Experience in addiction and / or community work
- A basic training in a related area, e.g. CASC course

Priority is given to those living and working in Tallaght.

**Selection procedure**

Selection is made on the basis of a written application and interview.

**Qualification**

Level 7, UCD Diploma in Community Drugs Work

**Assessment**

Assessment is on the basis of assignments set at the end of each module.

**Accreditation**

NUI (UCD) Level 7

**Course start date**

The next course will run from autumn 2010 to summer 2012.

# C17

## DIPLOMA IN COMMUNITY DRUGS WORK

### **Course background**

The first course ran from 2001 to 2003. We are now in the first year of our fourth course, due to finish in Autumn 2010.

### **Course location**

The Shanty Education and Training Centre,  
An Cosán

See also course C 19.

### **Application**

Contact the centre for information.

### **Cost**

Currently under review.

**Course provider**

University Of Limerick / HSE  
Addiction Services

**Address**

Bridge House  
Cherry Orchard Hospital  
Ballyfermot  
Dublin 10

**Contact person**

James Fletcher, Esther Wolfe  
or Brid Casey

**Job title**

HSE Education Officers

**Telephone**

01 620 6417

**Email**

james.fletcher@hse.ie

**Web address**

www.ul.ie

**Course aims and objectives**

The course aims to build upon participants' existing knowledge and skills, with a focus on developing theoretical and evidence-based knowledge and a range of practical skills to enable them to respond effectively and appropriately to drug and alcohol issues in their work setting.

**Course content**

Course content incorporates eight modules with a cumulative credit weighting of 60 ECTS; summary of content includes:

- Overview of different models of intervention in drug and alcohol work
- Experiential group work and group processes in the context of drug and alcohol work
- Reflective practice and work based research
- Community, social and policy perspectives of drug and alcohol use
- Substance use and mental health

**Target group**

Individuals working in community, voluntary, statutory and non-statutory organisations who are actively engaged in responding to

drug and alcohol issues, across the spectrum from prevention and education to treatment and rehabilitation.

**Entry requirement**

The Diploma is designed as a progression route for those who have completed a Certificate in Addiction Studies or a related area, or have an equivalent level of prior learning and experience. Applicants are expected to have a minimum of two years' experience of working in the area of drugs and alcohol or a related field.

**Selection procedure**

Prospective applicants will be required to complete an application form. Applicants will be short listed then required to attend an interview.

**Qualification**

Diploma in Drug and Alcohol Studies

**Assessment**

Assessment will use a variety of methods, including written assignments, oral presentations, case study, project work, and reflective portfolio.

**Accreditation**

University of Limerick: Level 7 HETAC  
National Framework of Qualifications

**Course start date**

September 2009. The course is run on a part-time basis, equivalent to one day a week, for one academic year (September to May).

**Course background**

The HSE in the West (Limerick and Donegal areas) and the Dublin Mid-Leinster regions have recognised an expressed need among individuals working in community, voluntary, statutory and non-statutory sectors for a locally based diploma programme in drug and alcohol studies.

**Course location**

Bridge House, Cherry Orchard Hospital  
See also course C 05.

**Application**

Contact: Education Officers at 01 620 6417,  
or email [james.fletcher@hse.ie](mailto:james.fletcher@hse.ie)

**Cost**

€1,950

**Course provider**

Urrús/Ballymun Youth Action  
Project in partnership with  
University College Dublin  
(UCD)

**Address**

Horizons Centre  
Balcurris Road  
Ballymun  
Dublin 11

**Contact person**

Dermot King

**Job title**

Training Centre Co-ordinator

**Telephone**

01 846 7980 / 842 5726

**Email**

urrus@iol.ie

**Web address**

n.a.

**Course aims and objectives**

This course provides a much-needed source of further training to those already involved in the drugs/addiction area.

**Course content**

Modules covered during the 2 years are:

- Nature and context of addiction
- Reflective practice
- Introduction to counselling/crisis intervention
- Groupwork theory and practice
- Motivational interviewing
- Introduction to contemporary Irish social policy
- Drug use and drug and alcohol policy
- Principles and practice of community development
- Drug prevention, education and awareness
- Approaches to treatment and rehabilitation
- Community research methods
- Professional work practice

**Target group**

People who wish to develop their knowledge and skills in the area of community drugs work.

**Entry requirement**

Aged 21 or over, and have completed the Community Addiction Studies Course (course B 20 in this directory) or equivalent

**Selection procedure**

Initially by application and then by interview

**Qualification**

Diploma in Community Drugs Work

**Assessment**

Assessment methods used include: written assignments; practical skill assessments; presentations; and a learning journal. Assessment is carried out throughout the course as individual modules are completed.

**Accreditation**

National University of Ireland (UCD)

This course also fulfils all of the education requirements (100 hours of education theory) for accredited membership of the IAAAC.

**Course start date**

This course is run over 2 years, one day a week during the academic year, with some additional course-related days. Next course will start in autumn 2010.

# C19

## DIPLOMA IN COMMUNITY DRUGS WORK

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**Course location**

Mainly in Ballymun, with some days in UCD.  
See also course C 17.

**Application**

Contact Urrús for application information.

**Cost**

Contact Urrús

**Course provider**

HOPE (Hands On Peer Education)

**Address**

15 North Strand Road  
Dublin 1

**Contact person**

Irene Crawley

**Job title**

Manager

**Telephone**

01 887 8404

**Email**

hopehandson@yahoo.ie

**Web address**

n.a.

**Course aims and objectives**

**Aim:** Training young people to facilitate drug and alcohol education to their peers

**Objectives:** For participants to become familiar with course content, and to empower youth to be peer leaders, and be comfortable with facilitation skills

**Course content**

- Introduction to basic concepts of addiction
- Information on drugs
- Information on alcohol
- Creative facilitation skills
- Role play
- Prevention with youth
- Delivery of presentations

**Target group**

Course is open to young people in the community who would have an interest in educating their peers on drug prevention.

**Entry requirement**

Aged 14–19, showing some leadership skills

**Selection procedure**

Application form and interview

**Qualification**

Certificate of attendance

**Assessment**

Group assessment at end of course

**Accreditation**

n.a.

**Course start date**

To be run three times in 2009

**Course background**

New content for 2009

**Course location**

HOPE office, 15 North Strand Road, or in-house if you have an already formed a group

**Application**

Telephone or email to above numbers for more information on upcoming courses.

**Cost**

Free; a small donation for supplies is requested from organisations.

**Course provider**

Le Chéile & Ragoon  
Youth Project

**Address**

Corrach Búí Community  
Centre  
Ragoon  
Galway

**Contact person**

Anne Pigott

**Job title**

Project Co-ordinator

**Telephone**

091 589 832

**Email**

annepigottinrahoon@eircom.  
net

**Web address:**

none

**Course aims and objectives**

- To increase knowledge and awareness of the effects of drugs/drug misuse
- To deliver information/supports which impact positively on development and well-being
- To build resilience

**Course content**

Preventative approach – i.e. awareness of: relevance of communication, relationships, confidence techniques, knowledge of drugs and alcohol, decision making and consequences, equality issues, bullying and strategies for developing resilience.

**Target group**

10–21-year-olds living in Ragoon area

**Entry requirement**

Project member in target age range living in Ragoon area

**Selection procedure**

Mandatory for all project participants. Participants, parents/guardians advised on joining project.

**Qualification**

Internal certificates of participation presented.

**Assessment**

Internal evaluation

**Accreditation**

no

**Course start date**

Ongoing programme of after-school diversionary activities designed to prevent misuse/early use of drugs and alcohol

**Course background**

Project participants frequently have little prior factual knowledge of the effects of drugs and alcohol but some experience of early misuse and the effects of dependency in their community.

**Course location**

Corrach Bui Community Centre

**Application**

All project members engaging with project participate in Drugs Awareness activities.

**Cost**

Free

**Course provider**

Sexual Health Centre

**Address**

16 Peter's Street  
Cork

**Contact person**

Johnny Houlihan

**Job title**

Peer Ed Facilitator

**Telephone**

086 606 1844 / 021 427 5837

**Email**

johnnyhoulihan@  
sexualhealthcentre.com

**Web address**

www.sexualhealthcentre.com

**Course aims and objectives**

Peer Education is about providing young people with the skills and training to inform their peers on issues that affect them. The initial 10-week training programme is designed to inform and examine the participants' knowledge and behaviour around sexual health and drugs. A further 10-week accredited training programme includes more in-depth training in group work and facilitation.

**Course content**

- Introduction
- Listening & communication
- Trust
- Relationships
- Discrimination
- Drugs
- Sexuality & pregnancy
- Sexually transmitted infections & contraception
- Decision making
- Evaluation

**Target group**

Someone who is between the age of 16 and 21.

Someone who cares about their friends and other young people.

Someone who can interact with others.

Someone who wants to be able to discuss issues around sexual health and drugs in a safe place and have a bit of fun while doing it!

Someone who just wants something different!

**Entry requirement**

Commitment from participants to all sessions

**Selection procedure**

Apply online or call in at the centre.

**Qualification**

Certificate for Level 2 course

**Assessment**

Work during each session is recorded for assessment.

**Accreditation**

Northern Ireland Open College Network (NIOCN)

**Course start date**

Ongoing throughout the year

**Course background**

The initial 20-hour training programme is designed to inform and examine the participants' knowledge and behaviour around sexual health and drugs. A further accredited training programme includes more in-depth training in the process of delivering the new knowledge learned through Peer Education. The Peer Educators are then provided with support and supervision to help them undertake their work.

**Course location**

The Sexual Health Centre

**Application**

Online or call in

**Cost**

Free

**Course provider**

Community Awareness of  
Drugs

**Address**

31 Central Hotel Chambers  
Dame Court  
Dublin 2

**Contact person**

Bernie Mc Donnell

**Job title**

Co-ordinator

**Telephone**

01 679 2681

**Email**

info@cadaboutdrugs.ie

**Web address**

www.cadaboutdrugs.ie

**Course aims and objectives**

- To respond to the needs of staff and volunteers in relation to drugs awareness
- To provide participants with a drugs awareness update
- To discuss a range of issues that may impact on individuals in the workplace or agency
- To provide reading materials that may be of benefit to participants
- To highlight where participants can access drugs helpline staff or volunteers
- To respond to any additional requests for information

**Course content**

Pharmacological update, patterns of drug use, signs and symptoms of drug use, drugs and mental health matters, drugs and sexual health matters, responding to drug use, getting along with young people, the wheel of change, risk and protective factors, where to go for help

**Target group**

Adults

**Entry requirement**

None

**Selection procedure**

None

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course start date**

By arrangement

**Course background**

Our workplace drug awareness seminars have been held in various locations since our establishment in 1983.

**Course location**

In the workplace or agency

**Application**

Contact the CAD Office.

**Cost**

Donation to CAD

**Course provider**

DAP Crosscare  
[DAP = Drug & Alcohol  
Programme]

**Address**

DAP Crosscare  
The Red House  
Clonliffe College  
Dublin 3

**Contact person**

Susan O'Neill

**Job title**

Development Officer

**Telephone**

(01) 836 0911

**Email**

susan@dap.ie

**Web address**

www.drugs.ie

**Course aims and objectives**

To enable parents and parish teams to understand and implement good practice in prevention of drug and alcohol problems

**Course content**

Seminars with inputs and discussion to develop knowledge, attitudes and skills.

**Target group**

Parents, parish teams

**Entry requirement**

None

**Selection procedure**

None

**Qualification**

No qualification awarded. Certificate of attendance can be given.

**Assessment**

None

**Accreditation**

Not accredited

**Course start date**

By arrangement

**Course background**

n.a.

**Course location**

Dublin – in group's own location

**Application**

Contact DAP to arrange dates and venue.

**Cost**

Donation to Crosscare – negotiable

### Course provider

South West Regional Drugs  
Task Force (SWRDTF)

### Address

C/o Foróige  
Tallaght Youth Service  
Main Road  
Tallaght  
Dublin 24

### Contact person

Aine O'Keeffe

### Job title

Co-ordinator, Drug  
Prevention & Education  
Initiative

### Telephone

01 427 5611 / 086 835 8884

### Email

aokeeffe@foroige.ie

### Web address

n.a.

### Course aims

- To facilitate drug education training for professionals working with young people; specifically in relation to drugs awareness and the development and implementation of drugs programmes
- To provide follow up consultancy and support services for professionals working with young people

### Course objectives

- That participants will be aware of drug-use trends locally and nationally
- That participants will be familiar with different types of drugs and their effects
- That participants will be able to use best-practice approaches in drug education and incorporate drug information into their work
- That participants know the drug services available locally and nationally and know how to make referrals to these services

### Course content

- Attitudes
- Trends in drug use/misuse
- Drug types and effects
- Risk and protective factors
- Best practice in drug education

- Activities and resources
- Drug services

### Target group

Professionals working with young people

### Entry requirement

n.a.

### Selection procedure

n.a.

### Qualification

n.a.

### Assessment

n.a.

### Accreditation

n.a.

### Course start date

This two-day training will be run several times during 2009.

### Course background

This training was first offered in 2006. It is advertised and run at various locations throughout the SWRDTF area (Kildare, West Wicklow, and South & West Dublin).

# E03

## DRUG AWARENESS, ACTIVITIES AND RESOURCES

### **Course location**

Various venues throughout the SWRDTF area (Blessington, Lucan, Maynooth, Naas, Newbridge, Kildare Town, Athy etc.)

### **Application**

Details of dates and venues available from contact person listed above.

### **Cost**

Free

# E04

## DEVELOPING A SUBSTANCE USE POLICY

**Course provider**

Waterford Substance Misuse Team

**Address**

Substance Misuse Team  
10a Waterside  
Waterford

**Contact person**

Andy Hargreaves

**Job title**

Drug Education Officer

**Telephone**

051 301 201

**Email**

andy.hargreaves@maila.hse.ie

**Web address**

n.a.

**Course aims**

- To provide a framework from which to develop a substance use policy
- To bring together all stakeholders to develop the policy

**Course objective**

- To develop a comprehensive substance use policy

**Course content**

- Development of substance use policy
- Drug facts
- Attitudinal activities
- Potential drug-related scenarios in the workplace and in voluntary work
- Information on potential referral agencies

**Target group**

Any agency, workplace or organisation

**Entry requirement**

n.a.

**Selection procedure**

n.a.

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course start date**

Various dates and times (daytime or evening). Course is usually 3 sessions of 2 hours each. A 2-hour evaluation will take place one year later.

**Course background**

This course has facilitated over 70 agencies, workplaces and organisations to develop a substance use policy.

**Course location**

Waterford city or county

**Application**

Apply to contact person listed above.

**Cost**

Free

# E05

## DRUG EDUCATION AND AWARENESS (FOR PROFESSIONALS AND OTHERS)

**Course provider**

Waterford Substance Misuse Team

**Address**

Substance Misuse Team  
10a Waterside  
Waterford

**Contact person**

Andy Hargreaves

**Job title**

Drug Education Officer

**Telephone**

051 301 201

**Email**

andy.hargreaves@maila.hse.ie

**Web address**

n.a.

**Course aims**

- To challenge attitudes towards drugs, addiction and other drug-related problems
- To raise awareness of drug-related issues
- To raise awareness of the dynamics of addiction

**Course objectives**

- For participants to recognise their own attitudes and prejudices towards various drugs and drug-users. To recognise how this affects their work and daily lives.
- Gain knowledge of drugs and their effects
- Gain knowledge of drug-related issues
- For participants to have a clearer understanding of addiction

**Course content**

- Drug facts
- Attitudinal activities
- Risk-taking behaviour
- Signs and symptoms
- Potential drug-related scenarios in the workplace and in voluntary work
- In-depth look at alcohol-related issues
- Information on potential referral agencies

- Information on how to find further resources and information
- Cycle of change
- A chance to view the drugs

**Target group**

Professionals and volunteers working in fields where drug-misuse is prevalent.

**Entry requirement**

A commitment to utilise relevant parts of the course content with their client base.

**Selection procedure**

Written application

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course start date**

Various dates and times (daytime or evening); the course consists of four 3-hour sessions.

# E05

## DRUG EDUCATION AND AWARENESS (FOR PROFESSIONALS AND OTHERS)

### **Course background**

This course has introduced over 200 workers and volunteers from the Waterford area to drug- related information and issues.

### **Course location**

Waterford city centre

### **Application**

Application form and details of dates and venues available from contact person listed above.

### **Cost**

Free

**Course provider**

Western Consultancy  
Services

**Address**

Cloghermore  
Claremorris  
Co Mayo

**Contact person**

Brendan Murphy

**Job title**

Director

**Telephone**

094 937 1934

**Email**

wcs@vodafone.ie

**Web address**

www.westernconsultancy.com

**Course aims and objectives**

To enable participants to practice motivational interviewing (MI) with their clients by helping them understand the theory and rehearse the skills of this model.

**Course content**

Day 1 Theory of MI

Day 2 Core skills of MI

Day 3 Change-talk techniques

Day 4 Dealing with resistance

**Target group**

Those helping clients to change health behaviours, e.g. drug/alcohol use, smoking etc.

**Entry requirement**

Openness to reflect on practice

**Selection procedure**

Staff who are in direct contact with service users

**Qualification**

Certificate of completion

**Assessment**

n.a.

**Accreditation**

Western Consultancy Services courses have been recognised by IAAAC/IACP/PSI as ongoing professional development for the purposes of re-accreditation.

**Course start date**

By arrangement. Two 2-day sessions, one month apart; 4 days in total.

**Course background**

This course is based on the work of Dr Stephen Rollnick and Dr William Miller and is widely regarded as one of the most accessible and useful ways of helping clients change health behaviours.

**Course location**

Delivered throughout the UK and Ireland by arrangement with the purchaser.

**Application**

Contact Western Consultancy Services.

**Cost**

Price on application

**Course provider**

Western Consultancy  
Services

**Address**

Cloghermore  
Claremorris  
Co Mayo

**Contact person**

Brendan Murphy

**Job title**

Director

**Telephone**

094 937 1934

**Email**

wcs@vodafone.ie

**Web address**

www.westernconsultancy.com

**Course aims and objectives**

To enable participants to practice the skills of solution-focused brief therapy (SFBT) with their clients by helping them understand the theory and rehearse the skills of this model.

**Course content**

Day 1 Theory of SFBT

Day 2 Core skills of SFBT

Day 3 Reinforcing change

Day 4 Advanced techniques

**Target group**

Those helping clients to change health behaviours, e.g. drug/alcohol use, smoking etc.

**Entry requirement**

Openness to reflect on practice

**Selection procedure**

Staff who are in direct contact with service users

**Qualification**

Certificate of completion

**Assessment**

n.a.

**Accreditation**

Western Consultancy Services courses have been recognised by IAAAC/IACP/PSI as ongoing professional development for the purposes of re-accreditation.

**Course start date**

By arrangement. Two 2-day sessions, one month apart: 4 days in total.

**Course background**

This course is based on the work of Dr Steve deShazer and Insoo Kim Berg and is widely regarded as a refreshing and invigorating approach for staff, where the strengths and abilities of clients are sought and harnessed to help create meaningful change.

**Course location**

Delivered throughout the UK and Ireland by arrangement with the purchaser.

**Application**

Contact Western Consultancy Services.

**Cost**

Price on application

**Course provider**

Western Consultancy  
Services

**Address**

Cloghermore  
Claremorris  
Co Mayo

**Contact person**

Brendan Murphy

**Job title**

Director

**Telephone**

094 937 1934

**Email**

wcs@vodafone.ie

**Web address**

www.westernconsultancy.com

**Course aims and objectives**

To enable supervisors to provide and supervisees to receive good quality supervision

**Course content**

Day 1 (for supervisors) Theories of supervision.

Day 2 (for supervisors) Core skills for providing supervision.

Day 3 (for supervisees) How to receive and use supervision

Day 4 (for supervisors) Dealing with new demands in supervision

Day 5 (for supervisors) Advanced supervision techniques

**Target group**

Supervisors and supervisees who are working in the drug/alcohol/social care/youth work areas

**Entry requirement**

Openness to reflect on practice

**Selection procedure**

Supervisors and supervisees who are in direct contact with service users

**Qualification**

Certificate of completion

**Assessment**

n.a.

**Accreditation**

Western Consultancy Services courses have been recognised by IAAAC/IACP/PSI as ongoing professional development for the purposes of re-accreditation.

**Course start date**

By arrangement. Five days in duration: 2 days for supervisors, followed by 1 day for supervisees, followed by 2 more days for supervisors one month later.

**Course background**

This course is based on the work of Tony Morrison and Jackie Knapman and draws on the skills of motivational interviewing. Providing good-quality supervision is essential to the smooth running of any organisation and past participants have found this course to be hugely beneficial to their work.

**Course location**

Delivered throughout the UK and Ireland by arrangement with the purchaser.

**Application**

Contact Western Consultancy Services.

**Cost**

Price on application

**Course provider**

Western Region Drugs Task Force

**Address**

Covers counties Galway, Mayo and Roscommon

**Contact person**

Sue Redmond

**Job title**

Regional Drug Education Support Worker

**Telephone**

094 962 2952 or  
086 810 2770

**Email**

Sue.redmond@foroige.ie

**Web address**

www.wrdtf.ie

**Course aims and objectives**

To challenge attitudes and increase knowledge and understanding of substance use.

**Course content**

To enhance the capacity of those working with young people of mixed abilities, parents or other community groups to deliver substance use programme.

The activities disseminate information and knowledge in an interactive and participatory way. To challenge attitudes through various mediums of debate and enhance the comfort and capacity of professionals and volunteers to address substance use issues with their client group.

Also includes information on access to services locally and nationally, and referral methods.

**Target group**

Professionals and volunteers who work with young people, parents or communities.

**Entry requirement**

Open to all

**Selection procedure**

Open to all

**Qualification**

Certificate of completion

**Assessment**

Deliver programme and evaluate

**Accreditation**

n.a

**Course start date**

2-day training sessions, by arrangement

**Course background**

Work with young people, communities and have an interest in delivering drugs education programme

**Course location**

Covers counties Galway, Mayo and Roscommon

**Application**

Please refer to contact details above.

**Cost**

Free; funded through the Western Region Drugs Task Force

### Course provider

ATI Training and Education

### Address

38 Lower Leeson Street  
Dublin 2

### Contact person

Shay Pegley

### Job title

General Manager

### Telephone

01 662 9737

### Email

shay@addiction.ie

### Web address

www.addiction.ie

### Course aims and objectives

The overall aim of this course is to provide participants with clear, accessible, up-to-date Information. This information will allow participants to gain insight into this area; it will challenge their attitudes; and it will stimulate greater understanding of addiction issues.

### Course content

#### Unit 1

Definitions and concepts of addiction:

- Information on types and impact of drug addiction, including inhalants, depressants, sedatives, alcohol, stimulants, amphetamines, 'club/recreational' drugs, hallucinogens, opiates and sport drugs
- Street names and terminology.
- The drug scene today.

#### Unit 2

Focusing on the major theories and models of addiction:

1. The moral model
2. The psychological model: psychoanalytic, behavioural, and cognitive
3. The medical/disease model: genetic, addictive personality, allergy, illness and biological

4. The socio-cultural model: modelling, national and cultural conditions, and family systems theory

#### Unit 3

- Pharmacotherapy: Antabuse, ibogaine, methadone and Detox-5
- The Minnesota Model: 12 Step and Alcoholics Anonymous
- Counselling and therapy: motivational interviewing and reality therapy
- Harm reduction model
- Treatments in practice

#### Unit 4

- Drug policies, legalisation and decriminalisation
- Community change, outreach, harm reduction or abstinence
- Alcohol and drug education
- Alcohol and drug-related issues in the workplace.

#### Unit 5

- Co-dependency, children of alcoholic families, parenting styles and family factors.
- Relapse for families, 'letting go', dependent attitudes and dependent behaviours

- Al-Anon
- The intervention approach.

### Unit 6

- Why be a helper? Motives and attitudes.
- Helper qualities and attitudes
- The art of accepting
- Counselling/helping skills. Helping the helpers.

### Target group

Those interested in developing an awareness and understanding of addiction

### Entry requirement

None

### Selection procedure

By application

### Qualification

Certificate in Addiction Studies

### Assessment

By units

### Accreditation

In-house

### Course start date

n.a.

### Course background

The course was designed to improve participants' knowledge, skills and attitudes

### Course location

Online

### Application

Application form

### Cost

€495

### Course provider

Eolach.ie

### Contact person

Fergus McGrath

### Telephone

085 714 0498

### Address

Clonmel  
Co Tipperary

### Job title

Director of Education

### Email

info@eolach.ie

### Web address

www.eolach.ie

### Course aims and objectives

To introduce participants to the psychological, sociological, biological and legal effects of psychoactive substances

### Course content

The human nervous system; introduction to psychopharmacology, stimulants, psychedelics, depressants, opioids, performance-enhancing drugs

### Target group

General public, parents, athletes, secondary school students and those whose job requires knowledge of the effects of drugs

### Entry requirement

None

### Selection procedure

n.a.

### Qualification

Certificate in Drugs and Behaviour

### Assessment

Online exam

### Accreditation

Eolach.ie

### Course start date

There are no start dates for this course. Each participant begins the course at a time of their convenience. Once registered, participants have unlimited online access to the course for a period of 8 months.

### Course background

The course was written by a psychologist and has been running since 2004. The content of the course has been reviewed and endorsed by the Substance Misuse Unit of the Health Service Executive (South East Region).

### Course location

Online

### Application

Visit [www.eolach.ie](http://www.eolach.ie) and follow instructions regarding enrollment.

### Cost

€100

## COURSE PROVIDERS

### Addiction Training Institute

29 Kildare Street, Dublin 2

Contact person: Shay Pegley

email: shay@addiction.ie

telephone: 01 662 9737

web: www.addiction.ie

Courses	Page
<b>B 01</b> Cognitive behavioural therapy	56
<b>B 02</b> Diploma in therapeutic group work	58
<b>C 01</b> Higher certificate in applied addiction studies / BA in applied addiction studies	90
<b>F 01</b> Certificate in addiction studies	143

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### Catholic Youth Care and Copping On

CYC Arran Quay, Dublin 7

Contact person: Louise Cadwell

email: lcadwell@cyc.ie

telephone: 01 872 5055

web: www.cyc.ie / www.coppingon.ie

Course	Page
<b>B 03</b> NUI certificate in youth justice	60

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### Centre for Adult Continuing Education (CACE) UCC

Cork City Partnership Ltd, Sunbeam Industrial, Millfield, Mallow Rd, Cork City

Contact person: Jacqueline Daly

email: jdaly@partnershipcork.ie

telephone: 021 430 2310

web: n.a

Course	Page
<b>C 02</b> Diploma in non-formal guidance	92

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### Community Awareness of Drugs

31 Central Hotel Chambers, Dame Court, Dublin 2

Contact person: Bernie McDonnell

email: communityawareness@eircom.net

telephone: 01 679 2681

web: www.cadaboutdrugs.ie

Courses	Page
<b>A 01</b> Understanding drug issues: A common sense approach	9
<b>A 02</b> The CAD 'Bi-annual update day'	10
<b>A 03</b> The CAD 'Drugs issues and experiences' education day	11
<b>A 04</b> The CAD 'Family focus' six-session drug education programme	12
<b>E 01</b> Workplace drugs awareness	128

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## COURSE PROVIDERS

### **DAP CROSSCARE Drug Awareness Programme**

#### **The Red House, Clonliffe College, Dublin 3**

Contact person: Marie Scally  
email: Marie.Scally@dap.ie

telephone: 01 836 0911  
web: www.dap.ie

<b>Courses</b>	<b>Page</b>
<b>A 05</b> Alcohol, drugs and addiction	13
<b>E 02</b> Preventing drug and alcohol problems	133

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### **DBS School of Arts**

#### **Dublin Business School, 13/14 Aungier Street, Dublin 2**

Contact person: Siobáin O'Donnell  
email: Siobain.odonnell@dbs.ie

telephone: 01 417 8736  
web: www.dbs.ie

<b>Courses</b>	<b>Page</b>
<b>C 03</b> Diploma in addiction studies	94
<b>C 04</b> Master of Arts (taught) in addiction studies	96

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### **Dublin AIDS Alliance**

#### **53 Parnell Square West, Dublin 1**

Contact person: Susan Donlon  
email: prevention@dublinaidalliance.com

telephone: 01 873 3799  
web: www.dublinaidalliance.com

<b>Course</b>	<b>Page</b>
<b>B 04</b> Sexual health & drug awareness: Training for trainers programme	63

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### **Dún Laoghaire Rathdown Local Drugs Task Force**

#### **DROP, 45 Upper Georges St, Dún Laoghaire, Co Dublin**

Contact person: Eamonn Gillen  
email: eamonngillen28@gmail.com

telephone: 01 280 3187  
web: www.dlrdrugtaskforce.ie

<b>Course</b>	<b>Page</b>
<b>A 06</b> 6-week certificate in community addiction studies	14
<b>B 05</b> Certificate in community addiction studies	64

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## COURSE PROVIDERS

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### **EAP Institute**

**143 Barrack Street, Waterford**

Contact person: Anita Furlong

email: anita@eapinstitute.com

telephone: 051 855 733

web: www.eapinstitute.com

#### **Course**

#### **Page**

<b>A 07</b> Drugs and alcohol at work – Complying with Section 13 of the Safety, Health and Welfare at Work Act 2005	15
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### **ECO-UNESCO**

**26 Clare Street, Dublin 2**

Contact person: Armin Krautgasser

email: training@ecounesco.ie

telephone: 01 662 5491

web: www.ecounesco.com

#### **Course**

#### **Page**

<b>A 08</b> ECO-CHOICES – an introduction to drug misuse prevention through environmental education	16
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### **Eolach.ie**

**Clonmel, Co Tipperary**

Contact person: Fergus McGrath

email: info@eolach.ie

telephone: 085 714 0498

web: www.eolach.ie

#### **Course**

#### **Page**

<b>F 02</b> Drugs and behaviour	145
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### **HOPE (Hands On Peer Education)**

**15 North Strand Road, Dublin 1**

Contact person: Irene Crawley

email: hopehandson@yahoo.ie

telephone: 01 887 8404

web: n.a.

#### **Courses**

#### **Page**

<b>A 09</b> Drug and alcohol awareness	18
<b>A 10</b> Drug and alcohol awareness talk for parents	19
<b>A 11</b> Holistics	20
<b>A 12</b> Parenting course – focus on drug prevention	21
<b>D 01</b> Peer education for youth: drugs and alcohol	128

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## COURSE PROVIDERS

### HSE and the Dún Laoghaire Rathdown Local Drugs Task Force

#### 35 York Road, Dún Laoghaire, Co Dublin

Contact person: Maeve Shanley  
email: maeve.shanley@hse.ie

telephone: 01 280 3335  
web: n.a.

Course	Page
<b>B 06</b> NUI certificate in addiction studies (Dublin)	65

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### HSE and Wiclow VEC

#### 35 York Road, Dún Laoghaire, Co Dublin

Contact person: Stephen Harding  
email: stephen.harding@hse.ie

telephone: 01 280 3335  
web: n.a.

Course	Page
<b>B 07</b> NUI certificate in addiction studies (Wicklow)	67

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### HSE West Donegal, Donegal VEC, NWRDTF, NWF Ltd, University of Limerick Donegal VEC, Ard O'Donnell, Letterkenny, Co Donegal

Contact persons: Christina Mc Eleney, Moira Mills or Sean O'Connor  
telephone: 087 936 9312 / 074 916 1508 / 074 912 8769 / 071 985 2000  
email: christinamceleney@donegalvec.ie / Moira.Mills@hse.ie / drugtaskforce@mailb.hse.ie  
web: www.donegalvec.ie / www.nwdrugtaskforce.ie

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<b>C 05</b> Diploma in drug and alcohol studies	98

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### IICP Education and Training

#### Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

Contact person: Marcella Finnerty or Norah Byrne

telephone: 01 466 4205  
086 260 9989

email: marcellafinnerty@eircom.net / norahbyrne@eircom.net

web: www.iicp.ie

Courses	Page
<b>A 13</b> Art therapy	22
<b>A 14</b> Beginning therapeutic work with children (weekend seminar)	23
<b>A 15</b> Bereavement, loss and grief and the therapeutic process	24

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<b>A 16</b>	Illness, terminal illness and the therapeutic process	26
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<b>A 18</b>	Motivational interviewing skills training (basic)	29
<b>A 19</b>	Motivational interviewing skills training (advanced)	31
<b>A 20</b>	Positive psychology and the therapeutic process	33
<b>A 21</b>	Project worker skills	35
<b>A 22</b>	Training for trainers	37
<b>B 08</b>	Basic intensive week in choice theory, reality therapy and lead management	69
<b>B 09</b>	Certificate in counselling and psychotherapy (daytime option: monthly)	71
<b>B 10</b>	Certificate in counselling and psychotherapy (evening option)	73
<b>C 06</b>	Diploma in counselling and psychotherapy	100

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### Independent Colleges

#### 60–63 Dawson St, Dublin 2

Contact person: Caroline Mellows

email: [Caroline.mellows@independentcolleges.ie](mailto:Caroline.mellows@independentcolleges.ie)

telephone: 01 672 5058

web: [www.independentcolleges.ie](http://www.independentcolleges.ie)

#### Course

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### Le Chéile & Ragoon Youth Project

#### Corrach Buí Community Centre, Ragoon, Galway

Contact person: Anne Pigott

email: [annepigottinrahoon@eircom.net](mailto:annepigottinrahoon@eircom.net)

telephone: 091 589 832

web: n.a.

#### Course

#### Page

<b>D 02</b>	Life skills & drug awareness	129
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### Leitrim Community Forum

#### C/o Leitrim Co Co Community & Enterprise, Carrick on Shannon

Contact person: Jim Penders

email: [jimpenders@eircom.net](mailto:jimpenders@eircom.net)

telephone: 086 194 3546

web: n.a.

#### Course

#### Page

<b>B 11</b>	NUI Maynooth Certificate in addiction studies	75
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## COURSE PROVIDERS

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### **Liberties College**

#### **Liberties College, Bull Alley Street, Patrick Street, Dublin 8**

Contact person: Brid Milliken

telephone: 01 454 0044

email: info@liberties.cdvec.ie

web: www.libertiescollege.ie

linda.mcdermott@liberties.cdvec.ie

#### **Course**

#### **Page**

**B 12** Addictions – foundation studies

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### **Local Steering Committee, Tallaght**

#### **C/o CARP Killinarden, Killinarden Way, Tallaght, Dublin 24**

Contact person: Liam O'Brien

telephone: 01 462 6033

email: Lob1947@gmail.com

web: n.a.

#### **Course**

#### **Page**

**B 13** Community addiction studies (Tallaght)

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### **Merchants Quay Ireland and University College Dublin (School of Applied Social Science)**

#### **Merchants Quay Ireland, (Sophia Housing) 25 Cork St, Dublin 8 or School of Applied Social Science, John Henry Newman Building, UCD, Belfield, Dublin, 4**

Contact person: Peter Kelly

telephone: 01 524 0936

email: Peter.Kelly@mqi.ie

web: www.mqi.ie

#### **Courses**

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**B 14** Certificate in drugs counselling theory and intervention skills

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**C 08** Diploma in drugs counselling theory and intervention skills

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### **NUI Maynooth**

#### **Department of Adult and Community Education, National University of Ireland, Maynooth, Co Kildare**

Contact person: Bernie Gildea

telephone: 01 708 3683

email: bernie.b.gildea@nuim.ie

web: http://adulteducation.nuim.ie

#### **Courses**

#### **Page**

**C 09** NUI Diploma in Arts: addiction studies

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## COURSE PROVIDERS

### PCI College

#### Corrig House, Old Naas Road, Clondalkin, Dublin 22

Contact person: Kelley Farrell

email: [info@pcicollege.ie](mailto:info@pcicollege.ie)

telephone: 01 464 2268

web: [www.pcicollege.ie](http://www.pcicollege.ie)

#### Courses

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<b>B 17</b> Manage life's challenges with cognitive behavioural therapy	84
<b>B 18</b> Professional certificate in cognitive behaviour therapy	85
<b>B 19</b> Substance addiction	87
<b>C 10</b> BSc in addiction counselling	107
<b>C 11</b> BSc in addiction counselling for qualified addiction counsellors	109
<b>C 12</b> BSc in addiction counselling for qualified counsellors / psychotherapists	111
<b>C 13</b> Diploma in addiction counselling	113
<b>C 14</b> Diploma in addiction counselling for qualified counsellors / psychotherapists	115

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### School of Social Work and Social Policy, Trinity College Dublin

#### School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2

Contact person: Marguerite Woods

email: [woodsma@tcd.ie](mailto:woodsma@tcd.ie) / [addiction.studies@tcd.ie](mailto:addiction.studies@tcd.ie)

telephone: 01 608 2878

[www.tcd.ie/Social\\_Studies/](http://www.tcd.ie/Social_Studies/)

#### Course web:

**C 15** Diploma in addiction studies

#### Page

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### School of Social Work and Social Policy, Trinity College Dublin TCD, Dublin 2

Contact person: Shane Butler

email: [sbutler@tcd.ie](mailto:sbutler@tcd.ie)

telephone: 01 608 2009

web: [www.tcd.ie/Social\\_Studies/](http://www.tcd.ie/Social_Studies/)

#### Course

**C 16** MSc in drug and alcohol policy

#### Page

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## COURSE PROVIDERS

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### **Sexual Health Centre**

#### **16 Peter's Street, Cork**

Contact person: Johnny Houlihan

telephone: 086 606 1844 / 021 427 5837

email: johnnyhoulihan@sexualhealthcentre.com

web: www.sexualhealthcentre.com

#### **Course**

#### **Page**

**D 03** Peer education

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### **South Meath Response Project**

#### **The Maudlins Centre, Trim, Co Meath**

Contact person: Cathy Whelan

telephone: 046 943 7245

email: smrproject@eircom.net

web: <http://community.meath.ie/smrproject>

#### **Course**

#### **Page**

**A 25** Parent to parent programme: peer awareness/education for parents/adults  
in community

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### **South West Regional Drugs Task Force**

#### **C/o Foróige, Tallaght Youth Service, Main Road, Tallaght, D. 24**

Contact person: Aine O'Keeffe

telephone: 01 630 1560 / 086 835 8884

email: aokeeffe@foroige.ie

web: n.a.

#### **Courses**

#### **Page**

**A 26** Drug awareness, activities and resources for voluntary youth leaders

43

**A 27** Drug awareness programme for parents

45

**E 03** Drug awareness, activities and resources

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### **The Shanty Education and Training Centre, An Cosán**

#### **Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24**

Contact person: Fiona Colclough

telephone: 01 462 8488

email: f.colclough@ancosan.com

web: www.ancosan.com

#### **Course**

#### **Page**

**C 17** Diploma in community drugs work

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## COURSE PROVIDERS

### **University of Limerick / HSE Addiction Services**

#### **Bridge House, Cherry Orchard Hospital, Ballyfermot, Dublin**

Contact person: James Fletcher, Esther Wolfe or Brid Casey  
email: james.fletcher@hse.ie

telephone: 01 620 6417  
web: www.ul.ie

<b>Course</b>	<b>Page</b>
<b>C 18</b> Diploma in drug and alcohol studies	124

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### **Urrús/The Ballymun Youth Action Project**

#### **Horizons Centre, Balcurris Road, Ballymun, Dublin 11**

Contact person: Gabrielle Gilligan  
email: urrus@iol.ie

telephone: 01 846 7980 / 01 842 5726.  
web: n.a.

<b>Courses</b>	<b>Page</b>
<b>A 28</b> Crack cocaine	47
<b>A 29</b> Crack cocaine & methamphetamine/crystal meth	48
<b>A 30</b> Drug awareness information day	49
<b>A 31</b> Homelessness and drugs	50
<b>A 32</b> Introduction to addiction studies	51
<b>A 33</b> Methamphetamine/crystal meth	52
<b>B 20</b> Community addiction studies course	89

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### **Urrús/The Ballymun Youth Action Project in partnership with University College Dublin (UCD)**

#### **Horizons Centre, Balcurris Road, Ballymun, Dublin 11**

Contact person: Dermot King  
email: urrus@iol.ie

telephone: 01 846 7980 / 01 842 5726  
web: n.a.

<b>Course</b>	<b>Page</b>
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## COURSE PROVIDERS

### **Waterford Substance Misuse Team**

#### **Substance Misuse Team, 10a Waterside, Waterford**

Contact person: Andy Hargreaves

telephone: 051 301 201

email: andy.hargreaves@maila.hse.ie

web: n.a.

#### **Courses**

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<b>E 04</b> Developing a substance use policy	136
<b>E 05</b> Drug education and awareness (for professionals and others)	137

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### **Western Consultancy Services**

#### **Cloghermore, Claremorris, Co Mayo**

Contact person: Brendan Murphy

telephone: 094 937 2705

email: wcs@vodafone.ie

web: [www.westernconsultancy.com](http://www.westernconsultancy.com)

#### **Courses**

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<b>E 06</b> Motivational interviewing	139
<b>E 07</b> Solution-focused brief therapy	140
<b>E 08</b> Supervision skills	141

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### **Western Region Drugs Task Force**

Contact person: Sue Redmond

telephone: 094 962 2952 or 086 810 2770

email: [Sue.redmond@foroige.ie](mailto:Sue.redmond@foroige.ie)

web: [www.wrdtf.ie](http://www.wrdtf.ie)

#### **Courses**

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<b>A 35</b> Programme for parents	55
<b>E 09</b> Training for professionals	142

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## DRUGS TASK FORCE EDUCATION BURSARIES

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### **Clondalkin Drugs Task Force**

#### **Education bursary**

The bursary fund is a grant made to members of the Clondalkin community to provide financial assistance for them to access 3rd level courses related to addiction.

#### Criteria

- The bursary is distributed once a year and applications are taken in May. No late applications will be considered.
- Applicants need to either live or work in Clondalkin.
- The course needs to be addiction related.

For an application form, please contact the task force at:

Clondalkin Drugs Task Force

Unit 5, Oakfield

Clondalkin, Dublin 22

Tel: 01 457 9445

Fax: 01 457 9422

Clondalkin LDTF website: [www.clondalkindrugtaskforce.ie/about.asp](http://www.clondalkindrugtaskforce.ie/about.asp)

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### **Dublin 12 Local Drugs Task Force**

#### **Education bursary grant scheme**

This scheme is open only to those living or working in the Dublin 12 area.

To be accepted, other criteria will need to be met.

Advertisements will go out the middle of May 2009.

For more information and an application form, contact Amy Carroll at:

Bridge House

Cherry Orchard Hospital

Ballyfermot, Dublin 10

01 620 6457

[amy.carroll@hse.ie](mailto:amy.carroll@hse.ie)

Dublin 12 LDTF website: [www.dublin12ldtf.ie](http://www.dublin12ldtf.ie)

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## DRUGS TASK FORCE EDUCATION BURSARIES

### **Dún Laoghaire Rathdown Local Drugs Task Force Education bursary**

#### Criteria

1. Support will take the form of a small grant which will be used toward the cost of fees.
2. This funding is only available to people currently living in the Dún Laoghaire Rathdown area or working with Drugs Task Force target groups.
3. Candidates who are funded this year are not guaranteed funding for successive years of their course, however, subject to successful completion of the term, a further year's funding may be offered subject to available funding.
4. Funding is available for accredited courses addressing issues relating to addiction, these may include addiction studies, youth work, community work, counselling etc. One or two day conferences or seminars will not be prioritised unless they are an integral part of broader training.
5. Decisions about each application will be based on information provided on the application form and an interview.
6. Grants to successful applicants will be paid directly to the educational institute upon receipt of an invoice.
7. Successful applicants may be funded up to 75% of total costs of their fees. The maximum amount is €1,500.

For an application form, please contact:

Eamonn Gillen  
DROP  
45 Upper Georges St  
Dún Laoghaire, Co Dublin  
01 280 3187

Dún Laoghaire Rathdown LDTF website: [www.dlrdrugtaskforce.ie/](http://www.dlrdrugtaskforce.ie/)

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## DRUGS TASK FORCE EDUCATION BURSARIES

### **Mid West Regional Drugs Task Force Education funding support**

The Mid West Regional Drugs Task Force has previously supported those residing or working in the Mid-West region to attend the University of Limerick Diploma in Drug & Alcohol studies, subject to certain criteria.

Because of budget constraints, this funding may not be available this year.

For further information and to check availability, see the task force website at [www.mwrdf.ie/index.php?page=education-bursary-2](http://www.mwrdf.ie/index.php?page=education-bursary-2)

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### **Tallaght Local Drugs Task Force Education / Training Grants**

#### Criteria

- This funding is only available to people currently living or working in the Tallaght Task Force area.
- Candidates who are funded this year or have been funded in previous years are not guaranteed funding for each year of their course.
- Applicants must be aged over 18 years.
- Decisions about each application will be based solely on the information provided on the application form.
- Funding cannot be guaranteed and level of support depends on the total amount available in the Task Force Development Fund.

#### Education/Training

Funding is available for:

- People in recovery who wish to progress their education and/or career prospects. Those making an application that fulfils these criteria are not limited to courses relating to increasing their knowledge of and skills relating to drugs. Priority will be given to this category of applicants.
- Certified/accredited courses addressing issues relating to addiction and community drug work.
- The level of grant allocation will be decided by the review sub-committee but will not exceed €2,000.
- Training or education must directly benefit the community of Tallaght.
- Grants to successful applicants will only be paid on submission of receipts/invoices relative to academic year for which they are applying for funding.

## DRUGS TASK FORCE EDUCATION BURSARIES

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These grants are usually advertised in June of each year and allocated annually.

For more information, please contact:

Administrator

Addiction Services

Bridge House, Cherry Orchard Hospital

Ballyfermot, Dublin 10

01 466 4243

Tallaght LDTF website: [www.tallaghtdf.ie/index.php](http://www.tallaghtdf.ie/index.php)



## RESOURCES

### **The National Documentation Centre on Drug Use**

Since 2002 the National Documentation Centre on Drug Use (NDC) has supported the work of those involved in increasing knowledge of drug-related issues. The NDC provides an information service to researchers, students, policy makers and people working in the fields of health, education, treatment provision and criminal justice.

#### **Visit the NDC website**

The information resources on the website are available to everyone.

- Search our database of Irish drugs research – an electronic library of full-text reports, journal articles, theses and conference papers.
- Read the latest news stories or search our archive of over 3,000 news items.
- Find out who is involved in research in Ireland and what research projects are being done.
- Read the national report on the drugs situation in Ireland and articles from *Drugnet Ireland* quarterly newsletter.
- Find out about upcoming conferences and other events.

[www.hrb.ie/ndc](http://www.hrb.ie/ndc)

#### **Drop in to the NDC library**

The NDC library is in the offices of the Health Research Board in Dublin. It is open to the public from Monday to Friday, 9.30 am to 4.45 pm (to 7.00 pm on Thursdays by appointment).

- Browse our collection of books, reports and conference proceedings.
- Select and read articles from our collection of specialist drug-related periodicals or from a range of other peer-reviewed health, epidemiological and medical journals.
- Search a number of online bibliographic databases covering the fields of health, psychology and the social sciences.
- Use the library workstations or connect your own laptop to our wireless network (Wi Fi).

#### **National Documentation Centre on Drug Use**

##### **Alcohol and Drug Research Unit**

##### **Health Research Board**

##### **Knockmaun House**

##### **42–47 Lower Mount Street**

##### **Dublin 2**

## RESOURCES

### Use the NDC query service

You can telephone the NDC with your query during library opening hours or email us at any time. Our query service makes it easy for you to:

- identify relevant recent Irish and international literature in your area of interest
- obtain research documentation
- receive journal articles from external sources
- get help in using NDC resources or registering on the website
- sign up for electronic services, such as the monthly newsletter and current awareness service
- obtain copies of Alcohol and Drug Research Unit publications, including *Drugnet Ireland*
- arrange for us to visit your workplace or place of study to show you what the NDC can do for you.

**Telephone: +353 1 2345175 Email: [ndc@hrb.ie](mailto:ndc@hrb.ie)**

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The NDC is part of the Alcohol and Drug Research Unit of the Health Research Board. It was established following a recommendation of the Interim Advisory Committee on Drugs. Funding is provided by the Department of Community, Rural and Gaeltacht Affairs under the National Development Plan 2007–2013.

### Alcohol and Drug Research Unit

The Alcohol and Drug Research Unit (ADRU) is a multi-disciplinary team of researchers and information specialists who provide objective, reliable and comparable information on the alcohol and drug situation, its consequences and responses in Ireland. The ADRU maintains two national drug-related surveillance systems and is the national focal point for the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA). The Unit also manages the National Documentation Centre on Drug Use. The ADRU disseminates research findings, information and news in Trend, Research and Overview series publications and in a quarterly newsletter, *Drugnet Ireland*. Through its activities, the ADRU aims to inform policy and practice in relation to alcohol and drug use.

### Health Research Board

The Health Research Board (HRB) is the lead agency in Ireland supporting and funding health research. We provide funding, maintain health information systems and conduct research linked to national health priorities. Our aim is to improve people's health, build health research capacity and make a significant contribution to Ireland's knowledge economy.

## RESOURCES

### Useful websites

CityWide: [www.citywide.ie/](http://www.citywide.ie/)

Department of Community, Rural and Gaeltacht Affairs: [www.pobail.ie/en/](http://www.pobail.ie/en/)

Department of Health and Children: [www.dohc.ie](http://www.dohc.ie)

Drug and Alcohol Information Ireland: [www.drugs.ie/](http://www.drugs.ie/)

DrugScope: [www.drugscope.org.uk/](http://www.drugscope.org.uk/)

European gateway on alcohol, drugs and addictions (Elisad): [www.elisad.uni-bremen.de/](http://www.elisad.uni-bremen.de/)

European Monitoring Centre for Drugs and Drug Addiction: [www.emcdda.eu.int/](http://www.emcdda.eu.int/)

Health Service Executive: [www.hse.ie/en/](http://www.hse.ie/en/)

Health Research Board: [www.hrb.ie](http://www.hrb.ie)

National Advisory Committee on Drugs (NACD): [www.nacd.ie](http://www.nacd.ie)

National Documentation Centre on Drug Use (NDC): [www.hrb.ie/ndc](http://www.hrb.ie/ndc)

### Drugs task force (DTF) websites

Clondalkin DTF: [www.clondalkindrugstaskforce.ie/](http://www.clondalkindrugstaskforce.ie/)

Cork Local DTF: [www.corkldtf.ie/content/index.html](http://www.corkldtf.ie/content/index.html)

Dublin 12 Local DTF: [www.dublin12ldtf.ie](http://www.dublin12ldtf.ie)

Dublin Northeast DTF: [www.dnedrugstaskforce.ie/](http://www.dnedrugstaskforce.ie/)

Mid West Regional DTF: [www.mwrdf.ie/](http://www.mwrdf.ie/)

North Dublin City and County Regional DTF [www.ndublinrdtf.ie/](http://www.ndublinrdtf.ie/)

North West Regional DTF: [www.nwdrugtaskforce.ie/](http://www.nwdrugtaskforce.ie/)

North Inner City DTF: [www.nicdtf.ie/](http://www.nicdtf.ie/)

Southern Regional DTF: (Bebo page) [www.bebo.com/Profile.jsp?MemberId=3867835663](http://www.bebo.com/Profile.jsp?MemberId=3867835663)

Tallaght DTF: [www.tallaghtdtf.ie/index.php](http://www.tallaghtdtf.ie/index.php)

Western Region DTF: [www.wrdtf.ie/](http://www.wrdtf.ie/)

