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REFERENCE
ONLY

CRUMLIN
PSYCHIATRIC
SERVICE

PROGRAMME MANAGER

12 APR 1995

SPECIAL HOSPITAL CARE
E.H.B.

ANNUAL REPORT 1995

EASTERN HEALTH
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CONTENTS

1. Introduction
2. Day Hospital
3. High Support Hostel
4. Community Psychiatric Nurses Report & Out-Patient Clinic Attendances
5. Cherryfield Resource Centre (Eve Holdings)
6. Social Worker Report
7. Psychologist's Report - not available
8. Present and Future Needs of the Crumlin Sector

Signed: Ben McDermott
Ben McDermott
Assistant Chief Nursing Officer

INTRODUCTION

The "Crumlin" area covers Crumlin, Drimnagh, Walkinstown, Kimmage and part of Dublin 6 and Dublin 6W. This area broadly corresponds to community care area 4.1

Population numbers have fallen since last census - now 87,000. The % of elderly recorded in population remains the same - 11%.

Area Mental Health Facilities:

These include Day Hospital, St. Columba's, Armagh Road, Out-Patient Clinics held in Curlew Road Health Centre and in Day Hospital and a Day Resource Centre managed by EVE Holdings. Also in the area is a high support hostel located at St. Columba's.

In-Patient services provided by beds in Unit E and Unit C in St. Loman's.

DAY HOSPITAL

St. Columba's Day Hospital is situated in Armagh Road.

Staffing:

The full-time staffing of the Day Hospital is as follows:

1. One Nursing Officer, Ms. Catherine Gormally.
2. Two Staff Nurses, Ms. M. Lambert and Mr. J. Taylor.
3. One full-time Senior Occupational Therapist, Ms. Anne Cole.
4. Two part-time Art Teachers. Job-sharing with T.J. Maher and Fiona Kerbey.
5. One Household Staff, Ms. F. Doyle.
6. One Receptionist/Secretary, Ms. M. Gilvarry.

This staff functions as part of a multi-disciplinary team which includes the following.

1. Two full time Consultants who are Dr. P. Keane and Dr. J. Corbett. One sessional Consultant Dr. B. McCormack.
2. Four Registrars who change around every 6 months.
3. One A.C.N.O., Mr. Ben McDermott.
4. One shared Psychologist, Mr. Gerard Perry.
5. One Psychiatric Social Worker on a sessional basis, Ms. Clare Tuohy.
6. Four C.P.N., Mr. T. Keogh, Mrs A. Kelliher, Mr. D. McManus and Mrs J. Sommers.
7. One Behaviour Therapist on a sessional basis, Mr. A. Lawlor.

Each Consultant holds a weekly clinical meeting in the day hospital to which the members of the multi-disciplinary team attend. The progress, the treatment and mental state of each consultants patients attending the day hospital is discussed at this meeting.

FUNCTIONS OF DAY HOSPITAL

1. To provide an alternative to hospitalisation for patients where feasible.
2. Reducing length of hospital stay by provision of Day Care support.
3. New patient assessment.
4. Providing a range of therapeutic options.
5. Support and involvement of patient's families.
6. Promotion of good mental health in community.
7. Liaising with other health care professionals.
8. On-going education and support for team members.

Staff at Day Hospital have evolved a mission statement as follows:-

Mission of the Day Hospital:

St. Columba's Day Hospital is a service within the community which is open between the hours of 9.00 a.m. - 5.00 p.m. daily (excluding Saturday).

It's ultimate concern is the care and support of the total person who is experiencing, psychiatric/psychological/emotional problems.

It offers help to those who need professional psychiatric care. This is accomplished by assessing, counselling, supervising, providing treatment in collaboration with other health care professionals and with individual's family.

These actions require substantial specialised judgement and skill, based on knowledge, research, and the application of biological, physical, psychological and ethical principles. This holistic approach allows treatment to take place, freedom to choose and encourages clients and families to become involved in their own treatment.

It educates people and their families about their particular problem promoting a positive healthy approach in dealing with such issues. The primary practice system provides support. Emphasis is placed on restoring the clients to as independent and normal a life as possible, to the family and clients, with care that is planned, continuous and directed by professional care workers.

This philosophy is carried out in a caring therapeutic environment where staff respect rights, confidentiality, individuality, dignity and spiritual needs of all clients.

Continuing education, ongoing staff developments and support, and participation in research are encouraged to enrich the professional care of staff and to assure optimal outcomes for the clients.

It involves an awareness on the part of the staff of budget constraints and the need to maximise use of available resources.

Referrals:

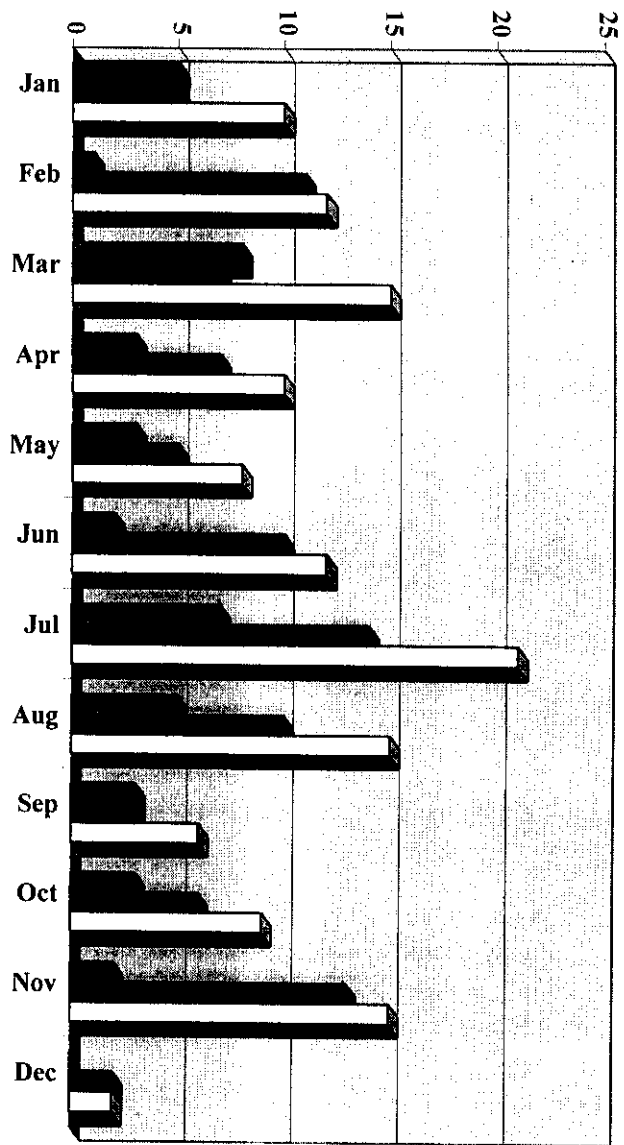
It is policy that all referrals are made by a Consultant Psychiatrist. Pending new referrals for Day Hospital should be discussed with staff at weekly clinical team meeting. All referrals must be accompanied by a referral form specifying the therapeutic intervention required. Individually referred patients remain under the care of the Consultant. It is the policy to keep the Consultant up to date on clients progress by having weekly team meeting.

Referrals are made on an appointment basis.

DAY HOSPITAL ATTENDANCE'S FIGURES 1995:

See following pages for breakdown of attendance's at Day Hospital.

No. of Admissions 1995



■ Male
 ■ Female
 □ Totals

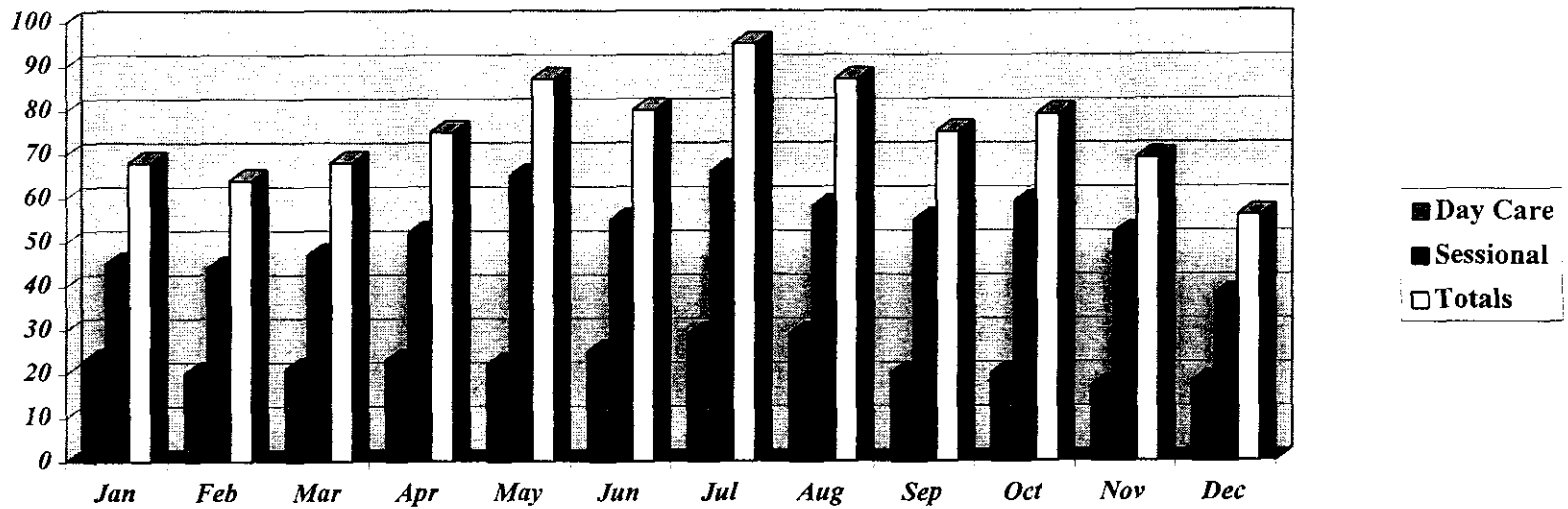
Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Male	5	1	8	3	3	2	7	5	3	3	2	0
Female	5	11	7	7	5	10	14	10	3	6	13	2
Totals	10	12	15	10	8	12	21	15	6	9	15	2

Total Number of Attendances = 3,267

Number Attending Daycare = 1,275

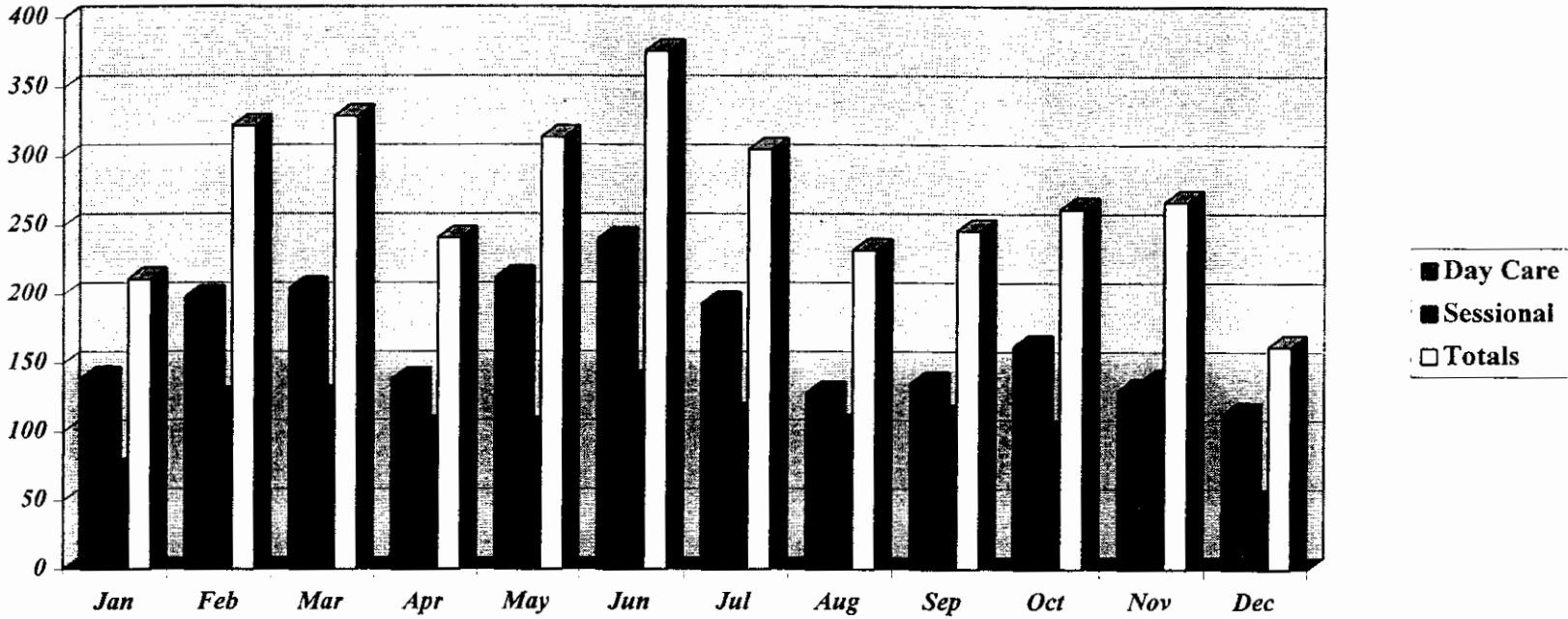
Number of Sessional = 1,992

Number of Patients Attending the Day Hospital 1995



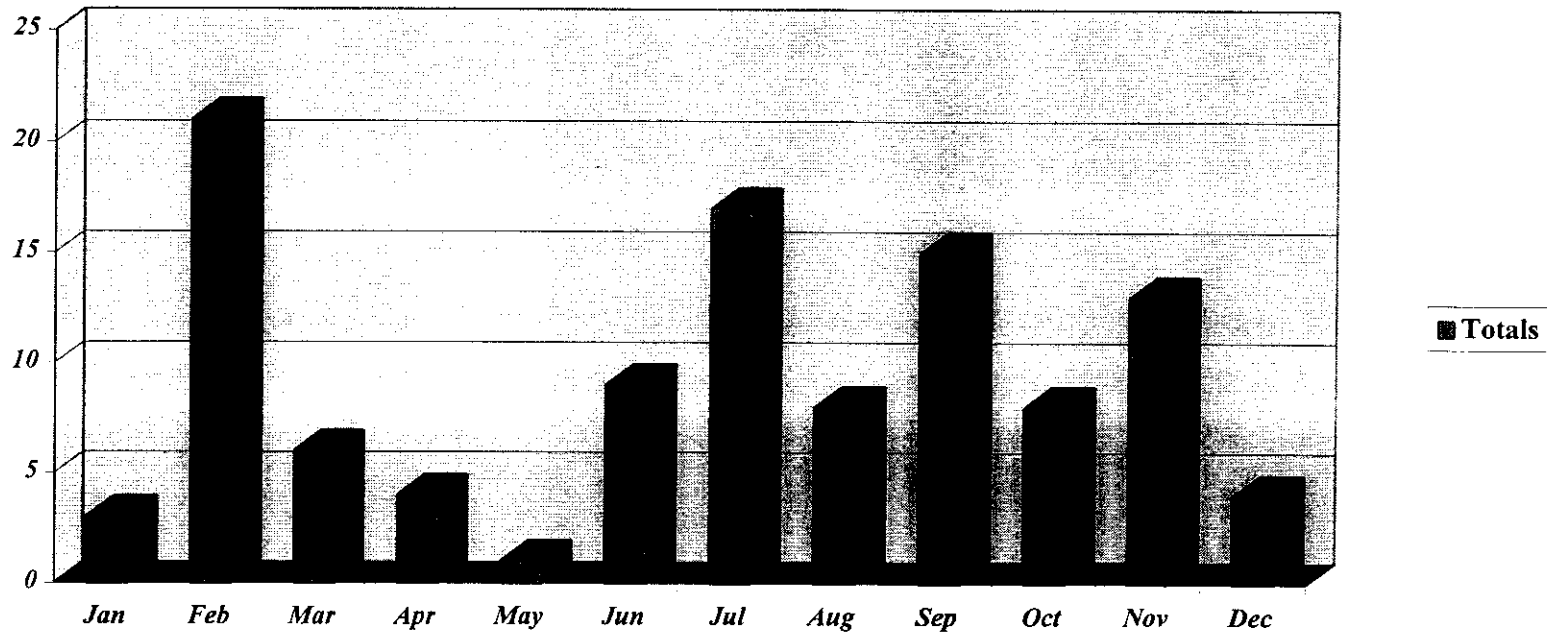
Month	Day Care	Sessional	Totals
Jan	23	45	68
Feb	20	44	64
Mar	21	47	68
Apr	23	52	75
May	22	65	87
Jun	25	55	80
Jul	29	66	95
Aug	29	58	87
Sep	20	55	75
Oct	20	59	79
Nov	17	52	69
Dec	18	38	56

Total Number of Attendances to Day Hospital 1995



	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Day Care	139	198	204	138	212	240	193	128	135	162	130	113
Sessional	72	124	125	103	102	136	112	104	111	100	137	49
Totals	211	322	329	241	314	376	305	232	246	262	267	162

Total Number of Discharges 1995



	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Totals	3	21	6	4	1	9	17	8	15	8	13	4

Total of Discharges in 1995 = 109

DAY CARE REPORT

In 1995 the Day Care Programme continued to be a valued and essential part of the Crumlin Mental Health service. The Day Care Programme provides a warm and friendly atmosphere where clients can be assessed and treatment programmes implemented. The focus is on maintaining a level of optimum functioning and to develop same where necessary.

From 1993 - 1995 this service had been provided mainly by 2 staff. It was felt to ensure Quality Assurance that the roles of the staff in the Day Hospital would be revised to facilitate the introduction of Individual Care Plans and the greater time input that these require. The permanent staff assigned to the Day Care Programme now consists of 2 staff nurses and a senior occupational therapist. The optimum capacity for the Day Care Programme is 21 people, which means an allocation of 7 people to each Key Worker.

The Key Worker is responsible for individual contact with their clients, for maintaining Care Plans and being the liaison person with other team members. The client's needs are as varied and diverse as the number of attenders. Their ages range from late teens to early 80's with a broad span of psychiatric and social conditions.

The Day Care Programme itself is worked generally around group sessions. Through these the clients are given the opportunity to develop their confidence, and gain an understanding of themselves and their illness. The programme also has the facility of a part-time Art Teacher. At this point this post is being job-shared, which gives variety and versatility to the art activities available.

PSYCHOTHERAPEUTIC FACILITIES

1. Behavioural Psychotherapy.

Behavioural Psychotherapy is provided on a sessional basis by a qualified Behaviour Psychotherapist Ms. C. Gormally and also by Mr. Aidan Lawlor on a part time basis.

2. Family and Marital Therapy.

3. Anxiety Management.

An eight week anxiety and phobic management course is provided on an ongoing basis, by nurses suitably trained.

Relaxation Therapy.

Group relaxation is provided on a daily basis and where necessary arrangements are made for individual sessions. Clients are encouraged to use relaxation techniques to them.

4. Individual Psychotherapy/Counselling.

Where deemed necessary individual psychotherapy and counselling is provided for clients by the appropriate member of the multi-disciplinary team. Staff supervision is provided.

5. Bereavement Support.

This service is provided by S/N Margaret Lambert who has been trained in this area.

6. Psychological Service.

Psychological services and psychotherapy are provided on an appointment/seasonal basis by Mr. Gerard Perry.

FAMILY THERAPISTS REPORT 1995

Individual Sessions.

33 clients were seen for individual therapy with sessions amounting to 164 in total. In some of the sessions with certain individual a relative or significant other was seen with the client for one or more sessions.

Couples Therapy.

Five couples were in therapy with the combined total of sessions amounting to 45.

Co-therapy Work.

I acted as co-therapist to five other therapists who were seeing couples, the number of sessions amounted to 28.

During 1995 I was co-therapist with the Family Therapist in Glen Abbey, Tallaght, every second Wednesday afternoon and she attended here on alternative Wednesday afternoons.

Anxiety Management Group.

I was responsible for running an eight week anxiety management course in which 8 clients completed the course. Some of these clients needed individual sessions

Day Care Programme.

Every third Wednesday I was involved with the Day Care Programme.

Jim McGonigle

Statistics for Day Care Programme 1995

	<i>Jan</i>	<i>Feb</i>	<i>Mar</i>	<i>Apr</i>	<i>May</i>	<i>Jun</i>	<i>Jul</i>	<i>Aug</i>	<i>Sep</i>	<i>Oct</i>	<i>Nov</i>	<i>Dec</i>
No. of Individuals	23	20	21	23	22	25	29	29	20	20	17	18
Maximum Daily Attendance	10	14	15	12	15	16	13	11	8	13	10	12
Average Daily Attendance	7	10	10	8	13	11	5	8	5	4	7	9
Total Attendance for Month	139	198	204	138	212	240	193	128	135	102	130	113

Total Number of Attendances for Year

1,275

ST. COLUMBA'S

HIGH SUPPORT HOSTEL

MISSION STATEMENT

The hostel seeks to treat the residents as people rather than as patients. We aim to promote the notion of independence above that of dependence by encouraging normal standards and self reliance. We respect the personal rights of the residents and expect them in turn to be aware of their responsibilities

ST. COLUMBA'S HIGH SUPPORT HOSTEL

St. Columba's is a 20 bedded high support hostel situated in Armagh Road, Crumlin.

Staff Levels:

1 Nursing Officer
4 Staff Nurses
2 Hospital Attendants
1 Domestic

Referrals:

Residents admitted are those who have been hospitalised for many years and some with multiple hospital admissions. The principle exclusion criteria was that of age - those over 55 years, because of double stairs and no lift in the hostel. However, at this stage 40% of the residents are now over 55 years. Although the last female admission was 71 years.

Present Occupancy:

9 Male - 45%
11 Female - 55%

Diagnosis:

	Male	Female
Schizophrenia	8	9
Mental Handicap	0	1
Other	1	1

Admissions: 1995

Male	Female
3	2

Discharges: 1995

Male	Female
1	2

Admissions to St. Loman's: 1995

Male	Female
1	0

Length of Stay:

Less than one year = 5
1 - 2 years = 0
2 years of more = 15

Residents Ages:

20 - 30 years = 1
30 - 45 years = 6
46 - 55 years = 6
56 years + = 7

51% over 50 years = 72 years
49% over 20 years = 49 years

Age Profile:

	Male	Female
20 - 35 years	2	0
36 - 50 years	3	4
51 - 65 years	4	6
over 65 years	0	1

FUNCTION OF HOSTEL:

The function of the hostel is two-fold, to provide sheltered housing care for those in need of it, in a more "normal" surroundings and with a greater degree of self sufficiency and independence than possible in hospital ward surroundings. Secondly, continuation of on-going programmes of rehabilitation where appropriate. It would be hoped that a small % of residents could in the future move to less sheltered accommodation - e.g. medium support hostel.

DAY CENTRES:

St. Damians	=	17
Chapelizod Industries	=	1
Ushers Island	=	0
St. Columba's Day Hospital	=	0
West Point	=	1
No Centre	=	1

OUT-PATIENT CLINICS:

All residents attend their doctor at out-patient clinics in Curlew Road.

G.P.:

Dr. Hooper attends to residents physical ailments.

INCOME:

High support hostel aims to be self-sufficient as possible. Residents all contribute per week towards running costs, and are of course trained in overall budget management.

RESIDENT'S INCOMES:

These vary from D.P.M.A., O.A.P., Disability/Invalidity Pension, Hospital Payments.

REHABILITATION PROGRAMME:

Overall programme consists of assessment, training and evaluation and is individualised. A behaviour modification programme is in operation.

COMMUNITY LINKS:

The High Support Hostel is not run on restrictive lines. Residents are encouraged to be "out and about" and make their visitors all welcome. The local branch of the Order of Malta in particular, have been helpful in encouraging day-trips, swimming classes etc. Residents are now more self motivated after settling in the Crumlin area, and use a lot of the local facilities without prompting.

PROBLEMS TO DATE:**1. Security:**

Security remains an ongoing concern particularly at night and is under contact review.

2. Level of Staffing:

Level of night-staffing has continued to be a cause for concern.

3. Income Level of Residents:

The six residents receiving Hospital Payments have a much lower income than residents receiving official payments from the Department of Social Welfare.

4. Hostel Decor:

Hostel is in urgent need of re-decoration and re-plastering after recent rewiring of building.

5. Fire Safety:

Need for more fire information detail from fire panel book e.g. there is no information given on panel as to what part of the hostel alarm has been activated e.g. left or right of corridor.

COMMUNITY PSYCHIATRIC NURSE REPORT 1995.

Drimnagh - Dr. Brendan McCormack. C.P.N. Dave McManus

Patients:

Male = 280

Female = 878

New Patients:

Male = 30

Female = 30

TOTAL = 1218

Seen by Nurse:

Male = 85

Female = 485

TOTAL = 620

Discharge to G.P. = 9

Deaths = 3

Admissions to St. Loman's from clinic = 7

ANNUAL REPORT 1995

Area of Crumlin covered by Dr. J. Corbett and team.

Community Psychiatric Nurses: Tom Keogh and Judy Somers.

Currently attending = 370

Number of clinics = 2 per week - total 97

Number on Depot = 78

Attending for Depot = 72

Monday Clinic:

Seen by Doctor:

Male = 1,103

Female = 172

New Patients:

Male = 17

Female = 12

Referred to Hospital = 12

Deceased = 3

Seen by Nurse:

Male = 469

Female = 18

TOTAL = 1,304

Thursday Clinic:

Seen by Doctor:

Male = 1,013

Female = 159

New Patients:

Male = 22

Female = 20

Referred to Hospital = 8

Discharged = 2

Seen By Nurse:

Male = 372

Female = 23

TOTAL = 1,214

CURLEW ROAD CLINIC

TUESDAY MORNING CLINIC - DR. KEANE

	DOCTOR			NURSE			GRAND TOTAL	ADM TO ST. LOM	DIS	RIP
	M	F	TOTAL	M	F	TOTAL				
JAN	16	106	112	7	34	41	153	1	1F	
FEB	5	99	104	-	41	41	145	1F	NIL	
MAR	2	108	110	-	27	27	137	1F	2F	
APR	2	94	96	3	47	50	146	1F	1F	
MAY	5	110	117	7	39	46	163	1F	NIL	
JUN	8	98	108	8	29	37	145	1F	1F	
JUL	8	76	84	1	29	30	114	1F	NIL	
AUG	9	110	119	28	2	30	149	NIL	1	
SEPT	4	79	83	1	29	30	113	NIL	1	
OCT	7	99	106	3	34	37	143	NIL	NIL	
NOV	4	71	75	1	29	30	105	1	1	
DEC	6	76	82	2	22	24	106	1F	2F	
TOTAL	66	1126	1196	61	362	423	1619	9	10	

THURSDAY MORNING CLINIC

	N.P.	DOCTOR			NURSE			GRAND TOTAL	ADM TO ST. L	DIS	RIP
		M	F	TOTAL	M	F	TOTAL				
JAN		5	97	102	5	46	51	153	1	1	1F
FEB	1M	5	89	95	6	49	55	150	1F	NIL	
MAR	IF	7	103	111	4	54	58	169	NIL	2	
APR		4	99	103	4	60	64	167	1F	NIL	
MAY		7	95	102	6	57	63	165	1F	1F	
JUN	1M	6	126	133	8	67	75	208	NIL	2F	
JUL		5	101	106	5	60	65	171	1F	1F	
AUG		7	104	111	10	66	76	181	1F	NIL	
SEPT		4	100	104	5	46	51	155	1F	NIL	
OCT		4	77	81	5	49	54	135	NIL	1	
NOV		10	111	121	12	63	75	196	1	1	
DEC	1F	2	96	99	1	49	50	148	1	1	1M
TOTAL	4	66	1198	1268	71	666	737	2004	9	11	2

TOTAL ATTENDANCES = 3623

TOTAL NURSE = 1160

ARMAGH ROAD
WEDNESDAY MORNING CLINIC.
(Dr. Keane)

From January - December 1995

Total number of New Patients seen	86
Male	34
Female	52
Discharged from treatment	33
Dropped out	7
In Care	46

CHERRYFIELD RESOURCE CENTRE

Cherryfield Resource Centre is located in the west wing of St. Damiens School, Walkinstown. It is managed by Mr. Gerry Mangan N/O on behalf of EVE Holdings Limited (Eastern Health Board Vocational Enterprises). The staff comprise of two R.P.N's, three Instructors/Supervisors and one Chef/Supervisor.

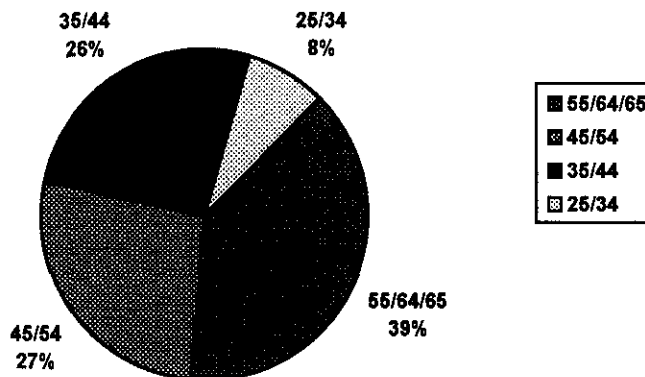
There are presently 99 people on the register, 18 of these "started" during 1995. (All of whom were referred through the St. Lomans/Crumlin Mental Health Team). There were 15 people who left during 1995.

Of these: 3 died (of normal causes) 3 went on to Level 1 Training
 2 moved residence 7 discontinued

The daily attendance varies from Low 70's on "clinic days" to 80 plus on Fridays. The average being 76.

The present demographic analysis reads

		<u>25</u>	<u>25/34</u>	<u>35/44</u>	<u>45/54</u>	<u>55/64</u>	<u>65</u>
MALES	55	NIL	6	14	14	17	4
FEMAL	44	NIL	2	12	13	12	5
ES							
TOTAL	99		(8)	(26)	(27)	(29)	(9)



Cherryfield offers a variety of "contract work and other activities which are geared to meeting the individual needs of the service consumers.

Creative arts and crafts - Clay moulding and plaster work - chess sets

Needle craft - Beanbags, repairs, alterations.

Woodwork - Garden furniture is planned for development in 1996.

Contract work - Print finishing, mail processing, Lyons Minstrels, collating. Catering - 80/90 dinners prepared, cooked and served daily.

(The centre has been successfully self catering since 1993)

There are also daily relaxation classes and occasional day trips all of which compliment the overall ethos of Cherryfield, which is primarily of a Social and Stress free nature.

Further information may be obtained by phoning 450 0029

SOCIAL WORK SERVICE REPORT
SECTOR 4.1 (CRUMLIN)

YEAR ENDING 31/12/1995.

Staffing:

From January to July, 1995 one social worker covered both Sectors 4.1 and 4.2. With the very welcome addition of one social worker appointed to the Tallaght area in July, 1995 social worker has been able to offer a more comprehensive social work service to the Crumlin Sector.

Out-Patient/Community Service:

Social Worker is available on Monday and Thursday mornings at Curlew Road Health Centre. Clients can be seen without a prior appointment and are also seen by appointment in Armagh Road Day Hospital.

Social Worker attends Day Hospital for new patients assessments on a Wednesday morning. Also attend sector meetings on a regular basis.

In-Patient Service:

Attends team ward meetings on Monday, Tuesday and Friday mornings and in-patients are seen on a Monday afternoon and a Friday morning.

Referrals:

The majority of referrals come from the Multidisciplinary Team with a smaller proportion of self-referrals from users of the service. A very small number of referrals come directly from GP's or from clients prior to their contact with the psychiatric service.

Number and Types of Referrals January to December, 1995:

1.	Residential Accommodation including nursing home placement and alternative placement for long term mentally ill.	22
2.	Homelessness, emergency accommodation and housing problems.	25
3.	Individual and family counselling.	59
4.	Advocacy/information re. community resources, Social Welfare entitlements.	53
5.	Social assessment and re-referral.	<u>23</u>
	Total	181

Closed Cases	118	
Open Cases		40
Re-Referral		23

Other Activities:

Apart from direct service to mental health users, Social Worker is also involved in the Welfare Fund and Rehabilitation Committees. Member of Eastern Health Board Committee on Homeless Mentally Ill.

Continues as a member of H.A.I.L. voluntary housing association and at present attends meetings of their Housing Sub-committee and Development Committee. The Development Committee is presently finalising plans for a project in the Clondalkin area which would provide single accommodation for mental health users.

As EHB alternative representative on the Kimmage/Crumlin/Walkinstown partnership attended a number of meetings throughout the year.

**SUBMISSION FROM CRUMLIN & DISTRICT
MENTAL HEALTH ASSOCIATION OF IRELAND
ANNUAL REPORT OF ST. COLUMBA'S DAY HOSPITAL
1994 - 1995**

MISSION STATEMENT

The Crumlin & District Mental Health Association aims to support persons with mental illness in our community and to promote positive mental health.

In supporting clients within the community known to our service catchment we were very pleased to provide funds at Christmas time and when special circumstances arise, for example:-

- Unit C. St. Lomans Hospital Patient Comfort Fund
- Day Hospital Christmas Party
- Club Christmas Party and High Support Hostel
- Holidays to Mornington
- The C.P.N>/Social Workers hamper fund
- Individual special requests
- Social days out for clients

In addition, funds have been made available for home maintenance and upkeep.

We decided to provide a small grant to enable a client to return to night-time education.

THE CLUB

The Club is held in the dining-room each Wednesday 7pm to 9pm. It is open to all who reside upstairs in the High Support Hostel and some members of Cherryfield and E.V.E. Holdings. Teas, coffee and biscuits provided. The most satisfactory and popular activity to date has been bingo and a monthly video. The club is held under the supervision of volunteer members of the Association.

EDUCATION

The Promotion of Positive Mental Health

There has been a series of Public Talks held in the Drimnagh area over the past months. The daytime talks were held in Mourne Road Schools for parents on Wednesday mornings through November - December 1995. Continuing on this theme, evening talks were held in Mother McAuley Centre, Drimnagh on Tuesday evenings 7.30p.m. to 9p.m.

- Topics covered were:
1. Alcohol and Mental Health
 2. Stress and Coping
 3. Depression
 4. Women and Mental Health.

The talks were very popular and were well supported by the people in the area.

As a follow-up to the Good Practices, we published three leaflets listing a selection of some organisations available offering support to family members coping with the problems of family life!

These leaflets have been distributed to G.P.'s of the area who will make them available in waiting rooms for general public information.

Information days were held in local shopping centres where Mental Health Association of Ireland leaflets were distributed and displayed.

Another very beneficial aspect of promoting mental health issues and work of Mental Health Association of Ireland with young people took place through their participation of the 15th National Public Speaking Project.

8 Post Primary schools from this area participated. Students visited St. Columba's as part of their preparation. Congratulations to Presentation School, Terenure who represented this area in the regional round.

Crumlin & District Mental Health Association are pleased to be involved in a supportive role in the development of the Crumlin Partnership.

The Partnership's aim is to work towards improving the Self Esteem of this area by the setting up of community development projects.

WORLD FEDERATION FOR MENTAL HEALTH

Crumlin & District was represented at this World Conference held in Trinity College during August. The Conference was attended and enjoyed by all. In addition, Crumlin & District hosted the hospitality evening for visiting delegates in the Garda Club, Harrington Street.

Mindful of Art - as part of the conference clients from our area exhibited their work in a lead-up to the conference exhibition Reflecting Through Art.

FUND RAISING ACTIVITIES

We have had a good year with our fund-raising ventures. The very popular pub quizzes, coffee mornings with raffle, church gate collection at St. Agnes Parish Church and Mourne Road Church and a grocery collection at local Superquinn enabled us to have a sale of work in the Parish Hall.

We had an evening of Music in the National Concert Hall last February which was not as successful as we hoped. The most single successful event of the year was due to the work of one of our members who with some local ladies participated in Dublin City Marathon and raised £900.00 for the fund.

We continue to operate a mini bus shared jointly with Tallaght Mental Health Association.

We were provided with a Secretary through FAS Community Project. Rosalyn has been a great addition in the administration running of the association.

PLAN FOR YEAR AHEAD

We hope to maintain and continue current levels, regarding Education and Promoting Mental Health Issues.

We would like to see the Wednesday Social Club develop and encourage more new members.

Some issues for discussion and investigation will be to identify a room or alternative premises where facilities may be developed and utilised.

We will be looking at ways to recruit new volunteer members to assist in the running of Social Club/Leisure Activities.

WORD OF THANKS

We wish to thank the help and advice of our Development Officer from Mental Health Association of Ireland - Mr. Michael Cummins for his support and help throughout the year, in particularly the setting up of the public talks and lectures.

On behalf of the Association, I would like to thank the staff of St. Columba's, Armagh Road and the E.H.B. for their support and use of facilities for all our activities.

Meetings are held monthly 1st Wednesday of every month at 5.45 p.m.

New members will be very welcome!

Current Members:-

Brendan Madden	Chairperson
Frank Curtis	Assist. Chairperson
Margaret Lambert	Hon. Secretary
Catherine Lynch	Treasurer
Ann Carberry	Assist. Treasurer
Michael Cummins	Mental Health Association of Ireland
Martin Curtis	
May Pidgeon	
Ann Dolan	
Albert Fahy	
Rosalyn Mulraney	Minutes Secretary

Margaret Lambert

PRESENT NEEDS FOR DAY HOSPITAL

1. The present activities room is to be retained as an activity room and a sink and shelves to be installed.

Also the present sitting/group room to be retained.

2. A domestic flatlet with kitchen, sitting room, toilet and shower is needed for social skills training.

Kitchen area - 8' x 8'

Sitting room area - 12' x 10'

Toilet & shower area - standard size

3. Therapy rooms x 6, 10' x 8' (including 1 Consultant's office, 1 Registrars office, and Nursing Officers office)
4. Time out room for day programme clients, area 12' x 20'
5. Time out room for staff (to be located in staff room (general)).
6. Household staff station, area 12' x 10'
7. Staff office - daycare, area 12' x 10'
8. Staff lockers x 10
9. Toilets to be upgraded and painted
10. Records room, area 16' x 12'
11. New switchboard plus 5 more extensions
12. New computer plus word processor
13. All interior of day hospital needs painting
14. Six extra staff (including 1 Receptionist and 1 full-time Psychologist)

PRESENT NEEDS OF HIGH SUPPORT HOSTEL

1. Total interior to be redecorated.
2. Upgrading of toilets and bathroom
3. Upgrading and revamping of kitchen area
4. New windows
5. Hot water during night (when heating is switched off during the night, there is no hot water)
6. Electric shower x 2
7. Carpet on corridor to be removed
8. Security monitor for front door
9. One extra staff member at night - isolation, security, heavier workload
10. Better response from maintenance staff
11. Replacement of present security pendant worn around neck to unit to be carried in pocket

PRESENT NEEDS OF CURLEW ROAD CLINIC

1. Safety upgrading advised by Mr. T. Merriman, Safety Officer to bed one immediately - started but not completed.
2. Records room to be provided to accommodate 20 filing cabinets.
3. Pharmacy service to continue.
- * At present, there is also a need for a medium hostel that will accommodate 8-12 people and a drop-in centre/outreach programme for 45 identified mentally ill people in the Crumlin area.

FUTURE NEEDS OF THE CRUMLIN SECTOR

1. New high support hostel - vacate upstairs to make extra space available for sector headquarters.
2. Armagh Road to be used for sector headquarters and day care facility.
3. Offices (area 22 x 10) x 8 - to facilitate extra staff coming out to community.
4. Educational needs - funding and leave to attend courses.
5. Access to library facilities.
6. (a) Microfilming for medical records.
(b) Computerised out-patient needs assessment and care plan.