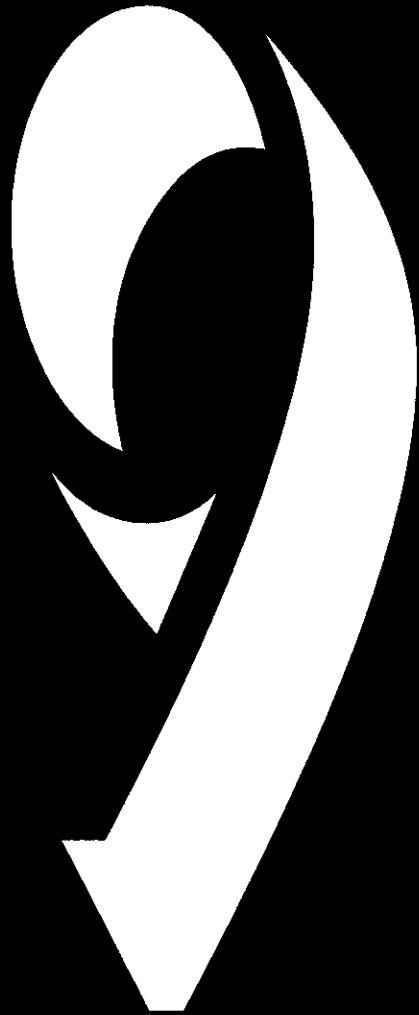


# BRÚ CHAOIMHÍN

*Cork Street, Dublin 8*



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## Annual Report



**EASTERN  
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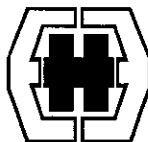
# BRÚ CHAOIMHÍN

Cork Street, Dublin 8

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**Annual Report**

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**EASTERN  
HEALTH  
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*Acute Hospitals  
and Services  
for the Elderly  
Committee Meeting  
21st January 1999*

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## Report on Services

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<b>Matron:</b>	Mrs. Jane Gormley
<b>Medical Officer:</b>	Dr. Sumanth Jeawon
<b>Hospital Manager:</b>	Mr. Pat Lane
<b>Engineering Officer:</b>	Mr. Michael Kinsella

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*Mr. Pat Lane,  
Hospital Manager.*



*Mrs. J. Gormley,  
Matron.*

## I. Historical Background

Brú Chaoimhín, formerly known as the House of Recovery and Fever Hospital, Cork Street, opened in May 1804 to provide treatment for patients with infectious diseases.

Following a sharp decline in the incidence of fever-related illness in the 1940's, the role of Brú Chaoimhín changed to that of a facility to cater for ill and dependent older persons.

In the intervening years the buildings have been upgraded to enable the hospital to provide a quality service for the residents. Services provided in the Home include:

- ⊗ Respite Care
- ⊗ Intermittent Care
- ⊗ Long Stay Care
- ⊗ Occupational Therapy
- ⊗ Diversional/Reminiscence Therapy
- ⊗ Physiotherapy
- ⊗ Chiropody
- ⊗ Meals-on-Wheels

Older persons in need of long-term residential or respite admission are referred to the Home by the Departments of Medicine for the Elderly in the various acute general hospitals, but particularly those at St. James's Hospital, the Meath Hospital and since June of 1998 the new Tallaght Hospital. Before referral, each person is medically assessed by a Consultant Physician in Medicine for the Elderly and their multi-disciplinary teams and a decision is then reached as to their long-term care plan.

Though every effort is made to maintain the older persons in their own home environment with appropriate support, those referred for long-term or respite care are admitted on a priority basis in accordance with their individual needs.

## 2. Current Services

The Home has a bed complement of 182. Patients are referred to the Home following assessment by the various Departments of Medicine for the Elderly in the acute hospitals. In conjunction with community-based services and to complement the community ward teams, the Home also provides a respite/intermittent care service which allows older persons remain in their home for as long as possible while affording a much valued break to the carer.

## 3. Bed Complement

Long Stay	180
Respite	2
<b>Total</b>	<b>182</b>





## 4. Patient Statistics

### AGE BREAKDOWN OF PATIENTS

Years	
65 - 75	44
75 - 85	76
85 - 95	46
95+	6
<b>Total</b>	<b>172</b>

### PATIENTS DEPENDENCY AS AT 31/12/98

Continent	39
Single Incontinent	55
Doubly Incontinent	78
Feed Themselves	124
Help With Feeding	48
Poor Hearing	50
Dress Themselves	76
Help With Dressing	96
Poor Sight	26
Totally Blind	2
Totally Deaf	4



**MOBILITY**

Mobile	86
Walking Aids	48
Immobile	38

**HOSPITAL ACTIVITY**

ADMISSIONS	1997	1998
Long Stay	72	71
Respite	39	46
<b>Total</b>	<b>111</b>	<b>117</b>
Deaths/Discharges	108	129

**BED OCCUPANCY**

Occupied Bed Days	62,560	62,401
% Occupancy	94.2%	94%

SOURCE OF ADMISSIONS	1997	1998
Home	39	46
St. James' Hospital	47	47
Meath Hospital	13	7
Tallaght Hospital	—	9
Other General Hospitals	3	1
Other EHB Homes	6	3
Private Nursing Homes	3	4
<b>Total</b>	<b>111</b>	<b>117</b>

#### 4. Budget 1998

Pay	2,930,000
Non-Pay	478,000
	<b>3,408,000</b>
Less Income	500,000
	<b>2,908,000</b>
Average Daily Cost (Gross )	Ir£54.61
Average Daily Cost (Net)	Ir£46.60





## 5. Service Details

### EXTENDED CARE - 180 BEDS

Patients who have been medically assessed by a Consultant Physician in Medicine for the Elderly and the multi-disciplined team in the appropriate Department of Medicine for the Elderly as being in need of long-term care are admitted to one of the extended care facilities in the Home.

### INTERMITTENT/RESPITE CARE - 2 BEDS

Patients wishing to avail of short-term or respite care are referred to Brú Chaoimhín by the appropriate Department of Medicine for the Elderly or the Community Care services as appropriate. This service gives carers an opportunity to avail of planned breaks, for social reasons, holidays or to offer regular intermittent care and results in elderly patients remaining in their own home for as long as possible. The service is also available to carers in emergency situations where they may be unable to care for an elderly relative due to unforeseen circumstances. It should be noted that the service has proved a very valuable service and is a tremendous support in maintaining the elderly at home. There is a flexible approach to the number of beds available for respite care at any given time.





## 6. Physiotherapy

A sessional physiotherapist attends the Home on a weekly basis. The provision of this service enables residents to retain their mobility for as long as possible and thereby enhancing their quality of life. All residents are reviewed on a monthly basis ensuring the continuity of an adequate care programme. The total number of treatments in 1997 and 1998 were as follows:

1997	1998
244	239

It is targeted to increase the Physiotherapist's presence on-site in 1999.

## 7. Chiropody Services

A sessional chiropody service which is flexible to meet demands is provided for patients at the Home. The provision of this service is a key element in the total rehabilitation process and helps residents retain their mobility. The Chiropodist attends for two three hour sessions each month. The total number of treatments carried out in 1997 and 1998 were as follows.

	1997	1998
	160	192

## 8. Diversional Therapy

A diversional therapy service is available in the Home and plays a vital role in patient orientation as well as providing a physically, socially and educationally stimulating environment for residents. Residents are encouraged to use their creative talents by making items such as soft toys and rugs.

## 9. Nutritional Adviser

The Home avails of the services of the Board's Nutritional Adviser for the Elderly. The Nutritional Adviser has visited the hospital and advised on the dietary needs of patients. Follow up visits are made to meet the ongoing requirements of the residents.

## 10. Meals-on-Wheels

Our main kitchen provides meals on wheels on behalf of community care on a five day week basis to Rialto Parish Centre and several residents in the area. The total number of these meals provided in 1997 and 1998 were as follows:

	1997	1998
	5,958	5,886

## 11. Fund-Raising

The Fund-Raising Committee at Brú Chaoimhín continued its good work over the past year. In 1998, in excess of £6,000 was raised through the annual Golf Classic, sponsorship from the Dublin City Marathon, a Sale of Work and a Cake Sale among others. These funds are utilised in the provision of additional comforts and facilities for our residents.

## 12. Community Involvement

Brú Chaoimhín is fortunate in so far as Guinness Ireland Ltd has always shown a keen interest in the Home and its patients, (many of whom are ex-employees) and the company has arranged parties and entertainment for the residents in the past year. The Garda Band also provided live music for the residents during the year.

## 13. Maintenance

A planned maintenance programme has been followed at the Home over the past number of years.

The following work/improvements were carried out in 1998:

- Painting of wards and day areas in Unit 3.

- The Church was re-decorated.

- Refurbishment of the Occupational Therapy Room.

- A fountain and patio was built between Units 1 & 2 with assistance from the Patient's Benefit Fund.

New facilities which were opened in 1998:

- Rest-room and changing facilities for nursing staff.

- New maintenance facilities.

- Larger linen storage.

- Additional toilets for patients in Unit 6.

During 1998 the following equipment was purchased:

- Patient hoists (2). All wards are now equipped with electric hoists.

- Dishwashers for Unit 3 and Staff Dining Room.

- Tumbler drier for the Laundry.

Routine maintenance continues to be carried out on a daily basis.

## 14. Service Needs

Service Requirements for 1999:

- Continuation of the bed replacement programme.

- Continuation of the painting programme.

- Refurbishment of the Laundry and replacement of a washing machine.

- Replacement of kitchen equipment.

- General improvements to the grounds.

## **15. Staff Development/Training**

Lifting and Manual Handling courses were held throughout the year and all staff have now received updated instruction in the correct methods to be used when lifting patients.

## **16. Presidential Visit**



On December 15th President Mary McAleese visited Brú Chaoimhín to mark the 100th birthday of Mrs. Christina O'Kelly. During the course of this visit the President met and spoke with many of the residents and later on met with all staff who were on duty .

Pat Lane  
Hospital Manager  
January 1999