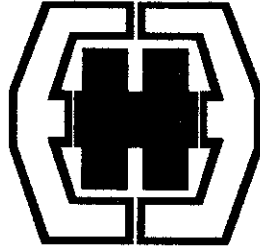


102132



REFERENCE
ONLY

REGIONAL LIBRARY AND
INFORMATION SERVICE

EASTERN HEALTH BOARD

SPECIAL HOSPITAL CARE PROGRAMME

PROFILE OF SERVICES

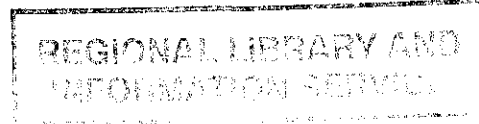
&

ACTIVITY DATA

**EASTERN HEALTH
SHARED SERVICES**

TABLE OF CONTENTS

	<u>Page</u>
1. ADULT PSYCHIATRY	2
2. PSYCHIATRY OF OLD AGE	22
3. CHILD PSYCHIATRIC SERVICES	24
4. PSYCHOLOGY & COUNSELLING SERVICES	31
5. COMMUNITY ALCOHOLISM SERVICES	33
6. SPECIALIST SERVICES	35
7. FORENSIC SERVICES	37



1. Adult Psychiatry

1.1 CATCHMENT AREA SERVICE: AREA 1

HOSPITAL ORDER OF ST. JOHN OF GOD

Catchment Area 1 serves Dun Laoghaire and South East Dublin. The population for the Area, as per the 1991 census, is 125,543

Area Services

The acute in-patient beds for Area 1 are located in St. John of God Hospital, Stillorgan. Out-patient clinics are held in one centre; there is one day hospital, one day centre, and six hostels, as listed below.

OUT-PATIENT CLINICS

Location	No. Clinics held	No. of yearly attendances	No. of 1st attendances
Cluain Mhuire	246	5418	483

DAY HOSPITAL

Location	No. of Patients	Average Daily Attendances	No. of yearly Attendances
Centenary House, York Rd	76	44	10,948

DAY CARE CENTRES

Location	No. of Patients	Average Daily Attendance	No. of yearly Attendances
Burton Hall	171	120	30,019

HOSTELS

Location	No. of Places	No of Residents	Level of Support
Brackenbrush	5	5	Low
Wyattville	5	5	Low
29 Ardmen Park, Blackrock	5	5	Low
Allen Park	5	5	Low
Avila	14	14	Medium
Ora Pesa (Belmont)	15	15	High

1.2 CATCHMENT AREA SERVICE: AREA 2**VERGEMOUNT HOSPITAL**

Catchment Area 2 serves Dublin South East. The population for the area, as per the 1991 census, is 118,530

Area Services

The acute in-patient beds for Area 2 are located in Vergemount Hospital with access also to beds in St. Brendan's Hospital. Out-patient clinics are held in two centres; there is one day hospital and day centre and three hostels.

OUT-PATIENT CLINICS

Location	No. Clinics held	No. of yearly attendances	No. of 1st attendances
Irishtown Health Centre	49	1065	18
Baggot Street Hospital	304	8074	146

DAY HOSPITALS

Location	No. of Patients	No. of yearly Attendances
Glenmalure, Milltown (incl. Biofeedback Unit)	208	4800

DAY CARE CENTRES

Location	No. of Patients	Attendances Daily average
Ringsend Day Centre	35	12

HOSTEL PROGRAMME

Location	No. of Places	No of Residents	Level of Support
Grosvenor Road	15	15	High
Grove Park	5	5	Low
157 Rathgar Road	14	12	Medium

VOCATIONAL TRAINING/SHELTERED EMPLOYMENT SERVICES

Location	No. of Places	Attendances Daily Average	Programme
Thomas Court Training Centre	34	30	Life/social skills Woodwork, Metal Work, Office Procedure Literacy, Intro.to Industry, Sewing/Knitting

1.3 CATCHMENT AREA SERVICE AREA 3

DUBLIN SOUTH CENTRAL

Catchment Area 3 services Dublin South Central with a population of 89,000.

The in-patient beds for Area 3 are located in St. James's Hospital; out-patient clinics are held in St. James's Hospital. The area has one day hospital and four hostels. Vocational training places are available on a shared basis with Area 2 in the Thomas Court Centre.

OUT-PATIENT CLINIC

Location	No. Clinics held	No. of yearly attendances	No. of 1st attendances
St. James's Hospital	409	7453	393

DAY HOSPITAL

Location	No. of patients	No. of Yearly attendances
St. James's Hospital	50	5123

HOSTEL PROGRAMME

Location	No. of places	No. of residents	Level of support
Rathmines Road	5	5	Low
Captain's Avenue	5	5	Low
St. Martha's	14	14	Medium
Weaver's Close	5	4	Low
25 Greenmount Rd - to open July 95	15		High

1.4 CATCHMENT AREA SERVICE: AREAS 4 & 5

ST. LOMAN'S HOSPITAL

Catchment Areas 4/5 serve the Dublin West region, a population of approximately 251,000.

Area Services

The in-patient beds for Areas 4/5 are located in St. Loman's Hospital; out-patient clinics are held in five centres; four day hospitals are available and two day care centres. There are nine hostels and vocational training/sheltered employment facilities available in seven centres.

OUT-PATIENT CLINICS

Location	No. of Clinics Held	No. of Yearly Attendances	No. of 1st Attendances
<i>Area 4</i>			
Curlew Road	244	8673	129
St. Columba's, Armagh Road	53	90	90
Millbrook Lawns	227	6913	238
<i>Area 5</i>			
Ballyfermot	146	5859	133
Clondalkin Clinic	126	2236	193

DAY HOSPITALS

Location	No. of Patients	No. of Yearly Attendances
<i>Area 4/5</i>		
Glen Abbey, Belgard Road	64	3688
St. Columba's, Armagh Road	56	-----
Ballyfermot Day Hospital	50	3065
Mental Health Centre, Clondalkin	16	1952

DAY CARE CENTRES

Location	No. of patients	Attendances Daily Average
<u>Areas 4/5</u>		
Glen Abbey, Belgard Road	12	3
Scout Hall, Clondalkin	33	18.1

HOSTEL PROGRAMME

Location	No. of Places	No. of Residents	Level of Support
<u>Areas 4/5</u>			
St. Columba's, Armagh Rd.	20	18	High
28/30 St. Finian's Avenue	8	7	Low
Ballyfermot Road	7	7	Low
The Manse, Lucan	9	9	Medium
St. Mary's Flats, Phoenix Park	19	19	Medium
Ballydowd House	8	7	High
Foxdene Park	6	3	Low
2 Greenfort Close	6	4	Low
45 Moorefield Ave., Clondalkin	7	5	Low
Grove House	14	14	High
Hazel Cottage, Celbridge	5	5	Low
Larine, Maynooth	16	16	High

1.5 CATCHMENT AREA SERVICE: AREA 6

Catchment Area 6 extends north from the Liffey to Arran Quay, to Glasnevin and Finglas West, to Castleknock and Blanchardstown, a population of approximately 122,488.

The Area is sectorised as follows: -

Sector	Population
Finglas	43,006
Cabra	22,782
Blanchardstown	56,700
Total	<u>122,488</u>

Area Services

The in-patient beds for Area 6 are located in James Connolly Memorial Hospital (Unit 9 Acute, Unit 10 Long Stay) and St. Brendan's Hospital; out-patient clinics are held in five centres; two day hospitals are available and three day care centres. There are twelve hostels and vocational training/sheltered employment facilities available in three centres (shared facilities with Area 7).

OUT-PATIENT CLINICS

Location	No. Clinics held	No. of yearly attendances	No. of 1st attendances
Ballygall Road	94	2738	212
Roselawn Health C.	89	1626	158
224 NCR	104	6318	100
224 NCR (Hostels)	49	1315	--
JCM	50	3972	242

DAY HOSPITALS

Location	No. of patients	No. of Yearly attendances
Wellmount Park, Finglas	183	1564
224 North Circular Road	10	1267

DAY CARE CENTRES

Location	No. of patients	Attendances daily average
230 N.C.Rd.	46	25
North Road	98	31
Roselawn Health Clinic	62	6

HOSTEL PROGRAMME

Location	No. of places	No. of residents	Level of support
Daneswood House, 5 Ballymun Road (Includes 4 crisis beds)	16	12	High
31-32 Claremount Lawns	10	7	Medium
88 Dromheath Avenue	5	4	Medium
24 & 25 Mountpelier Park	10	9	Low
Adelphi House	17	12	High
Ard na Greine	13	13	Medium
226 N.C.Rd.	12	11	Low
228 N.C.Rd	11	10	Low
36/37 Aughrim Street	12	10	Low
St. Elizabeth's Court	37	35	Medium
69 Beneavin Road	4	Nil	Medium

*Vocational/Sheltered Employment/Training Facilities**Area 6/7*

	No. of Places	Average Daily Attendance	Programmes
Tolco, North Road	75	69	Printing, Print Finishing, Light Assembly
Tolco, Cabra	50	45	Print Finishing, Assembly Work, Shrink Wrap/Mail Out
Goirtin	38	33	Cookery, Laundry, Office Procedure, Horticulture

1.6 CATCHMENT AREA SERVICE - AREA 7

DUBLIN NORTH CENTRAL

Catchment Area 7 serves a population of approximately 124,000 i.e. Community Care Area 7, together with the area north of the Liffey to the North Circular Road which is the immediate environs of the Mater Hospital. The Area is sectorised as follows: -

- (i) Phibsboro/Cabra
- (ii) Marino/East Wall
- (iii) Ballymun/Drumcondra
- (iv) Clontarf/Donnycarney

Area Services

The Eastern Health Board, as the statutory agent for the provision of health services, has overall responsibility for the delivery of psychiatric services in the area. The Board fulfils its statutory role with the co-operation and in conjunction with St. Vincent's Hospital, Fairview, and the Mater Hospital.

The in-patient beds for Area 7 are located in St. Vincent's Hospital and a fifteen bed unit at the Mater Hospital; out-patient clinics are held in seven centres; two day hospitals are available and three day centres. There are seven hostels together with boarding out facilities for nine clients. Vocational training/sheltered employment facilities are shared with Area 6 with access to three centres. Specialist services in Psychiatry of Old Age are established in Areas 6 and 7.

OUT-PATIENT CLINICS

Location	No of Clinics Held	No. of Yearly Attendances	No. of 1st Attendances
Strand House, Family Therapy Service	962 individuals, 165 couples, & 142 families		
Marino	96	3469	141
East Wall	38	558	7
North Strand	144	3473	162
Millmount Avenue	96	2685	107
Ballymun Health Centre	96	5659	155
St. Vincent's Hospital, Fairview	50	1416	19

DAY HOSPITALS

Location	No. of Patients	No. of Yearly Attendances
St. John's, Drumcondra	45	3867
Rose Cottage, St. Vincent's	64	1947

DAY CARE CENTRES

Location	No. of patients	Attendances Daily Average
87 St. Laurence's Road	48	20
Tus Nua, Ballymun	53	16
Tara House, 108 North Strand	94	24

HOSTEL PROGRAMME

Location	No. of Places	No. of Residents	Level of Support
87 St. Laurence's Rd.	9	9	Medium
15 & 17 Howth Road	15	15	High
102 & 103 Casino Park	9	7	Low
4/5 Gracepark Gardens	16	13	Medium
21 Convent Avenue	6	6	Low
Sunrise, Seaview Ave	4	3	Low
Mews 87 St. Laurence's Rd	14	3	(Sheltered Housing)

Boarding Out

	No. of Places	No. of Residents
3 Kincora Avenue	7	7
12 Blackheath Park	2	2

1.7 ST. BRENDAN'S HOSPITAL

In line with Board policy and the development of community and rehabilitation services the in-patient beds at St. Brendan's are being phased down. There are currently 250 beds with the following range of services:

- Acute in-patient services for Areas 2 & 6 in conjunction with the Psychiatric Unit, Vergemount and Unit 9, James Connolly Memorial Hospital respectively.
- Patients with challenging/disturbed behaviour - regional service (special care).
- Continuing care (new long stay) patients who require a continuing period of hospitalisation before embarking on rehabilitation and placement programmes.
- Rehabilitation Services
- Programme for the homeless

HOSTEL PROGRAMME

Location	No. of places	No. of residents	Level of support
1 Orchard View	5	4	Medium
2 Orchard View	3	3	Medium
3,4,5 Orchard View	10 + 1 respite	10	High
Adare House	10 + 1 respite	10	High
264/266 N.C.Rd.	18	18	High
1 Grangegorman Villas	2		Low
2 Grangegorman Villas	3	2	Low
3,4,5 Grangegorman Villas	10	10	High
26 Stanhope St.	3	3	Medium
27 Stanhope St.	4	4	Medium
28 Stanhope St.	3		Medium/Low
29 Stanhope Street	2		Low
San Remo	14	12	High

N.F.A. Services

Location	No. of places	No. of residents	Level of Support
30 Mt. Pleasant Square	10	10	High
Kilrock House, Howth	22	21	Medium
12 Castletimon Gardens	5	5	Low

N.F.A. Day Services

	No. of patients	Attendances daily average
NFA Unit 30 Mountpleasant Sq	21	14
NFA Unit, St. Brendan's	90	60

VOCATIONAL TRAINING/SHELTERED EMPLOYMENT SERVICES

Location	No. of Places	Average Daily Attendance	Programmes
Industrial Therapy	36	33	pre-packaging & pre-finishing
Occupational Therapy	36	35	Arts & Crafts Carpentry
Printing Department	12	10	Print collating Print finishing

1.7.1 ACTION PLAN FOR THE HOMELESS PROGRAMME

Day Facilities

The Plans are being finalised to move the day programme from St. Brendan's to two sites in the Centre City - Dublin Central Mission and Ushers Island - with separate programmes for persons with challenging behaviour and persons whose needs are social. This development will be put in place by early Summer and will facilitate closure of the existing day centre in St. Brendan's.

Assessment Unit

The Assessment Unit at St. Brendan's which caters for a wide variety of needs including the homeless will be re-orientated over the next few months towards providing a base for the homeless programme including a crisis outreach service and a crisis intervention/respite care service for both male and female. Crisis outreach service will operate on a 24 hour basis. Homeless female patients are admitted directly to St. Brendan's for their acute psychiatric needs. With the reorientation of the Assessment Unit, homeless females will become fully integrated with the specialist homeless services. There is already a separate in-patient unit for homeless males at St. Brendan's.

Social Welfare Payments

Consultation will take place with the Department of Social Welfare with a view to having welfare payments paid daily rather than weekly; a daily payment system will be put in place in our Board's community welfare services.

Outreach Services

Where practical, clinic/outreach services will be set up close to direct access hostels. Our Board has already deployed, through Stanhope Street, an alcoholism counsellor as an outreach worker; a review of her experience so far indicates that the service needs to be more flexible and be able to make contact with homeless alcoholics wherever and whenever they present; a second counsellor will be required to facilitate this development.

As already indicated, it will be necessary to deploy case workers with responsibility for vulnerable homeless persons. The case workers will respond to needs in all direct access hostels including hostel for the more difficult homeless person. The clinical and support staff in the homeless programme will also provide support to this particular hostel. We feel that three case workers should be deployed initially on a pilot project basis.

1.8 CATCHMENT AREA SERVICE: AREA 8**ST. ITA'S HOSPITAL**

Catchment Area 8 serves Dublin North County, and what was previously postal district no. 5 of Dublin City. The population for the Area as per 1991 census is 188,600.

Area Services

The in-patient beds for Area 8 are located in St. Ita's Hospital; Out-patient clinics are held in nine centres; three day hospitals are available and one day centre. There are eight hostels and a vocational training/sheltered workshop facility in Coolock.

OUT-PATIENT CLINICS

Location	No. of clinics held	No. of yr. attendances	No. of first attendance
Kilbarrack East	325	2502	60
Kilbarrack West	128	1437	86
Artane/Killester	233	1355	61
Coolock	401	4670	90
Vernon Avenue	102	888	4
Balbriggan	103	2245	113
Swords	51	1352	85
Rush	12	108	
Bymier Centre	132	608	

DAY HOSPITALS

Location	No. of Patients	No. of Yearly Attendances
St. Francis Day Hospital	42	5479
Swords	40	4620
Balbriggan	25	3947

DAY CARE CENTRES

Location	No. of Patients	Attendances daily average
Artane Day Care	23	14

HOSTEL PROGRAMME: PSYCHIATRIC

Location	No. of Places	No. of Residents	Level of Support
St. Ann's, [St. Ita's]	24	17	Low
House 100 [St. Ita's]	8	4	High
Woodview Lodge	8	8	Low
4 Maryfield Ave. Artane	8	5	Medium
374/376 Tonlegee Rd.	8	4	Training
2/4 Grange Park Grove	9	5	Low
62/64 Ferriggarrig Pk.	9	5	Medium
40 Castlefarm, Swords	7	7	Low

VOCATIONAL TRAINING EMPLOYMENT SERVICES

Location	No. of Places	Attendances daily average	Programme
Mahylock Training Centre	41	36	Woodwork, picture framing, catering, stone casting, personal development, horticulture

* community services will continue to develop in Area 8. The commissioning of a day hospital in Coolock was completed in early spring providing a more localised home support service for the Coolock/Artane sector. This development has been achieved by the redeployment of resources from the hospital, through the closure of a long stay unit

* the commissioning of the acute unit in Beaumont Hospital with 25 beds initially is progressing. This unit is expected to open in late 1995 and will serve the Coolock/Artane section of the catchment area. The appointment of a Professor of Psychiatry is associated with this development. The appointment will be on a joint basis between our Board, the Royal College of Surgeons in Ireland and Beaumont Hospital

1.9 CATCHMENT AREA SERVICE AREA 9

KILDARE PSYCHIATRIC SERVICE

The total catchment area has an overall population of over 135,000 and is operating on the basis of three sectors and a sub-sector of West Wicklow as follows:

North Kildare	44,000	
Mid Kildare	53,000	
South Kildare	26,000	(West Wicklow sub-sector 12,000)

Area Services

The in-patient beds for Area 9 are located in Lakeview Unit, Naas General Hospital; out-patient clinics are held in 12 locations; there are three day hospitals, 2 hostels and 2 vocational training/sheltered employment facilities.

OUT-PATIENT CLINICS

Location	No. of clinics held	No. of yearly attendances	No. of 1st attendances
Boycetown House, Kilcock	137	507	23
Celbridge	50	704	---
Carbury	24	255	4
Naas	48	1527	75
Newbridge	51	1792	70
Athy	50	1398	123
Monasterevin	23	324	6
Kilcullen	23	364	4
Leixlip - commenced March '94	50	77	77
Baltinglass	19	58	4
Dunlavin	12	91	4
Blessington	16	136	19

DAY HOSPITALS

Location	No. of Patients	No. of yearly Attendances
Kilcock [Boycetown]	58	3811
Tus Nua, Kildare	---	1391
Athy	---	1892

HOSTEL PROGRAMME

Location	No. of places	No. of residents	Level of support
119 Lakelands	6	6	Medium
Athy - Monawee ** 1 respite bed			
Sarney, Athy	7	7	Low

VOCATIONAL TRAINING/SHELTERED EMPLOYMENT SERVICES

Location	No. of Places	Average No. of Daily Attendances	Programmes
Larine Court, Maynooth	20	20	Garden Centre Horticulture, Arts & Crafts, Pottery/ Ceramics
Tus Nua Resource Centre	20	20	Horticulture, Woodwork, Computer, Art & Crafts

1.10 CATCHMENT AREA SERVICE AREA 10

CO. WICKLOW

Catchment Area 10 serves County Wicklow with a population of 97,245.

Area Services

The in-patient beds for Area 10 are located in Newcastle Hospital; out-patient clinics are held in 9 centres; there is one day hospital and four day centres. Eight hostels service the region with vocational training/sheltered employment facilities available in two centres.

OUT-PATIENT CLINICS

Location	No. of Clinics held	No. of Yearly Attendances	No. of 1st Attendances
Bray	51	1764	123
Greystones	51	670	72
Wicklow	24	387	26
Arklow	47	1773	48
Aughrim	24	96	4
Carnew	24	137	2
Rathdrum	12	166	8
Tinahely	24	183	11
Roundwood	12	88	9

DAY HOSPITAL

Location	No. of Patients	No. of yearly Attendances
Lincara	20	640

DAY CENTRES

Location	No. of Patients	Average daily Attendances
Lincara	60	48
Sonass, Arklow	13	13
Kilmullen	21	16
Carnew [mobile clinic]	20	10

HOSTEL PROGRAMME

Location	No. of places	No. of Residents	Level of Support
Eilerslie House	12	8	Low
Curam Enniskerry	8	7	Low
Aubury Park, Shankill	5	5	Low
Sonass, Arklow	10	9	Low
Newtownmountkennedy	2	2	Low
Vartry House	4	3	Low
Duncree House	10	9	Medium
Brandon House	5	3	Low

VOCATIONAL TRAINING/SHELTERED EMPLOYMENT

Location	No. of Places	Average Daily Attendance	Programmes
Lincara Centre	69	50	Wood/Assembly work
New Dawn, Bray	20	18	Office skills, Woodwork Life & Social Skills

2. PSYCHIATRY OF OLD AGE

Specialist services in the Psychiatry of Old Age are established in Area 3.

In-patient Facilities

St. James's Hospital	Assessment in Acute unit, General Hospital
St. Patrick's Day Hospital	27 Continuing care beds

Day Hospital Referrals - Martha Whitehead Unit, St. Patrick's Hospital = 196

Specialist services in the Psychiatry of Old Age are established in Areas 6 & 7.

AREAS 6/7

In-Patient Facilities

St. Vincent's Hospital, Fairview	6 beds
James Connolly Memorial Hospital	2 beds
Unit 3, James Connolly Memorial Hosp.	40 beds (continuing care disturbed elderly)

Acute Beds

No. of Admissions

St. Vincent's Hospital, Fairview	58
James Connolly Memorial Hospital	11

No. of Discharges

St. Vincent's Hospital, Fairview	63
James Connolly Memorial Hospital	11

Extended Care Beds - Respite

	No. of Beds	No. of Admissions	No. of Discharges
J.C.M.H.	40	40	36
- Extended Care	38	10	6
- Respite	2	30	30

Referrals

In 1994 there were 631 assessments [413 new referrals and 218 re-referrals]
This is an increase of 38% compared to referrals in 1993.

*Day Hospital Referrals:*New Admissions - 1994

St. Vincent's Hospital, Fairview	46
James Connolly Memorial Hospital	65

Total Attendances 1993

St. Vincent's Hospital, Fairview	= 1,169
James Connolly Memorial Hosp	= 1,619

Dementia Screening:

St. Vincent's Hospital, Fairview	= 32
James Connolly Memorial Hosp	= 56

Discharges:

St. Vincent's Hospital, Fairview	= 40
James Connolly Memorial Hosp	= 62

The activities of the community nurses attached to the North Dublin Old Age Psychiatric Service shows: -

New Referrals	325
Re-referrals	115
Home Visits	5592
Residential Home Visits	629
Arrange Respite	68
Discharges/R.I.P.s	213

3. CHILD PSYCHIATRIC SERVICES

1. Child and adolescent psychiatric services in the Eastern Health Board are provided by:

<i>The Eastern Health Board</i>	Part of Areas 3 and 4 - Inner City Areas 5, 6 and 9
<i>The Mater Child and Family Services</i>	Areas 7 and 8 Funded by the Eastern Health Board
<i>Hospitaller Order of St. John of God</i>	Areas 2, 3, 4 - excluding part inner city - directly funded by the Department of Health - and Areas 1 and 10 - funded by our Board

Services are co-ordinated through the Child Psychiatric Co-ordinating Committee.

2. Evaluation of Service Outcomes

The services have been research orientated over the years facilitating the continuous focusing on changing/priority needs as presenting together with ongoing integration with the primary care services and the paediatric hospitals.

3. Service Developments

HARCOURT STREET

Service restructuring/development is taking place with the filling of three vacant Consultant Child Psychiatrist posts. Each of the three posts has a sessional commitment to Harcourt Street Hospital. This development provides a significant liaison service to Harcourt Street Hospital and has the added advantage of integrating our Board's service with the new Tallaght Hospital when Harcourt Street Hospital is resited.

CO. KILDARE

The additional child care funding approved in 1994 is facilitating the further development of the Co. Kildare services and a new day programme for adolescents.

AUTISM

In 1994 Ballyowen Meadows Special School transferred to the Mary Immaculate School complex at Beechpark, Stillorgan, a modern fully equipped primary school, and it is proposed to transfer the James Connolly Special School to the same campus as early as possible this year. This development will allow a more focused service for persons with autism and will facilitate the development of a pre-school assessment/statementing service for children with special problems who require this additional specialist service; this latter development will be dependent on additional funding from the Department of Health.

Thirty day places were commissioned on the campus of St. Vincent's, Fairview, for adolescent autistics, together with 6 residential places. A further 6 places will be commissioned in 1995 subject to additional funding from the Department of Health.

VICTIMS OF ABUSE

Child care funds were also made available in 1994 to establish a treatment programme for victims of abuse following assessment and validation at St. Louis's Unit. This development is significant in the context of the difficulty experienced in Child and Family Centres in facilitating counselling programmes for victims of abuse post-validation in having sufficient numbers to form "like" groups.

CARE WORKERS

A grade of Care Worker is being established in the Child Psychiatric Service to form part of the multi-disciplinary teams catering for children with a wide range of disorders from severe language disorder, soiling, behavioural disruptive three year olds to fifteen year olds experiencing their first episode of schizophrenia.

The opportunity for further restructuring/development is restricted by the increasing demands on the services and the complexity of cases presenting. All service units require additional staff particularly at para-medical level - psychologists, speech therapists and social workers.

Co. WICKLOW

The services in Co. Wicklow have been functioning with an absolute minimum staff deployment. These services are a priority for development as child care monies become available.

4. Activity Data

Child & Family Centres	No. of yearly attendances	No. of 1st attendances	No. of Therapy Group Attendances
Castleknock	2638 +	219 +	1930
Ballyfermot	3265 +	145 +	1824
Cluain Mhuire	N/A	216	
East Wicklow	1411	131	

St. James's Hospital

New patients seen: 300

No. of subsequent individual treatment sessions: 2,935

Therapy Groups:

	No. of Persons per Group	Average Age in Years	Sessions per Week	Total No. Sessions	Total No. of Attendances per individual
Pre-school	6	4	4	48	288
Parenting Group	7	4	1	12	84
	5		1	5	25
	8		1	6	48
Bullying Group	7	11	1	7	49
	7	11	1	7	49
Social Skills Training Group	4	9	1	15	60
	6	7	1	15	90
	4	8	1	17	68
	4	7	1	10	40
	4	6	1	3	12
	1	11	1	10	10
	2	8	1	12	24
	4	11	1	19	76
	6	9	1	7	42
	3	10	1	9	27
	3	10	1	11	33
	6	10	1	3	18
Adolescent Support Group	6		1	6	36
Sexual Abuse	9	4 to 8	1	8	72
Parents of Above Group	9		1	8	72
Speech Therapy	4		1	6	24
	4		1	5	20
Parent Group	4		1	6	24
Total Individual Group Attendances					1,291

Number of Schools and Group Homes in Regular Contact:

17	Group Homes
21	Schools
8	Youth Projects
2	Drug Units

Special Montessori School Two Consultant Visits Per Week.

Home/School Liaison	Regular Meetings
Education Psychologist	Regular Meetings

Custody and Access Visit Supervisions: 52

Special Schools Daily	No of Places/ Clients	Average No. of Attendances
James Connolly House	20	20
Phoenix Park	24	14
Ballyowen Meadows	21	21
Warrenstown House	14	10

Residential Units	No. of Places	No. of admissions	No. of Discharges
Court Hall	8	10	10
James Connolly House	8	-	1
86 Dromheath Avenue	5	-	1
Warrenstown House	14	30	30

Kildare

Clinics: Athy, Maynooth, Kildare, Celbridge,
Naas, Newbridge, Kill
No. of Attendances 2594
No. first attendances 225

3.1 MATER HOSPITAL

Services provided at Mater Child Guidance Clinics in Ballymun and Mater Hospital

15,461 Attendances - 1994
708 First Attendances - 1994

3.2 ST. JOHN OF GODS

Services provided at Orwell Road, Rathgar; Wyattville House, Ballybrack; Cluain Mhuire, Blackrock; Old Blessington Road, Tallaght; Sessa House, Bray.

3.3 St. Richard's Residential Unit - 10 bed assessment and treatment unit

No. of Admissions - 34
Average length of stay - 63.2 days

3.4 St. Peter's Special National School

64 pupils attended plus 10 from St. Richard's Unit.

3.5 Tallaght Clinic

155 Referrals
N/A Attendances

3.6 Therapeutic Unit for Pre-School Children*Tallaght*

6 children - mornings
 4 -5 older children - afternoons

Orwell Road

8 children - mornings
 4 children - afternoons

3.7 National Children's Hospital

New Patients: 89

No. of Attendances: 318

3.8 Our Lady's Hospital for Sick Children (Dept. of Child Psychiatry)*New Referrals for Year Ending 1994:*

January	18
February	13
March	20
April	14
May	17
June	22
July	9
August	10
September	19
October	17
November	27
December	19
Total	205

Age Groups:

Children Aged 0 - 5 years	12
Children Aged 6 - 10 years	67
Children Aged 11 - 15 years	115
Children Aged 16 +	10
Age Not Known	1

Total	205
-------	-----

In-Patient/Out-Patient:

In-patient	148
Out-patient	57

Total	205
-------	-----

Male/Female:

Male	106
Female	99

Total	205
-------	-----

Area

(i) Dublin	125
(ii) Kildare, Wicklow, Meath	37
(iii) Other	43

Total	205
-------	-----

Reason For Referral:

(a) Behaviour Problems	22
(b) Educationally Related	0
(c) Unhappiness	42
(d) Anxiety	10
(e) Misc. Clinical	54
(f) Relationship & Family	0
(g) Abuse/Sex	0
(h) Communication & Personality	8
(i) Paediatric	47
(j) Residual	0

Not Recorded	22
--------------	----

Total	205
-------	-----

4. PSYCHOLOGY & COUNSELLING SERVICES

The Eastern Health Board's Psychology Service delivers comprehensive services which are:

1. Relevant to all three programmes of the health board
2. Community based
3. Responsive to local needs
4. Accessible to statutory and voluntary agencies
5. Involved in education, training and preventative programmes.

The allocation for central psychology and counselling services for 1995 is £.895m.

Staff are involved in the provision of a wide range of services including the following

1. Psychological assessment and therapy
2. Running of group programmes
3. Services to adult victims of child sexual abuse
4. Rehabilitation of long-stay hospital residents
5. Assessment and therapy with the elderly
6. Staff training and development
7. Public education
8. Mental health consultations
9. Parenting skills training
10. Research

A staff of 30 senior and basic grade psychologists with 9 trainees and 3 sessional psychologists provide services based in the following areas:-

- A. Psychology Department Headquarters,
St. Brendan's Hospital.
- B. Northside Psychology Team, St. Brendan's Hospital
Providing services to adults in Areas 6, 7 and 8
- C. Southside Team Headquarters
Baggot Street Hospital.
Providing services in Areas 1,2,3,4,5,9 and 10
- D. Child Team Headquarters:
Child & Family Centre,
Kill, Co. Kildare.
Providing services in Areas 4,5,6 and 9

5. COMMUNITY ALCOHOLISM SERVICES

The aims of the service are to

- (a) To provide a detoxification and counselling service to problem clients.
- (b) To foster and support a culture of responsible drinking patterns with "contracting" individuals.
- (c) To provide a support service to families of problem drinkers.
- (d) To provide a preventative and educational service.
- (e) To work with management in the private and public sector and through management to create an awareness of problems associated with alcohol abuse in the workforce; and the overall management and support of abusers.

Areas 1 + 2 + 3

Baggot Street Hospital

No. of clients on register	=	2327
New referrals	=	357
Total number of attendances	=	2153
Problem drinkers	=	256
Lectures incl. schools (monthly)	=	31

Areas 4 + 5 + 9

Tallaght Alcohol Treatment Unit

No. of clients on register	=	300
Total number of attendances in 1994	=	2023
New referrals	=	414
Problem drinkers	=	245

Areas 6 + 7 + 8*Stanhope Street Centre*

No. of clients on register	=	1280
Total number of attendances	=	11,576
New referrals	=	447
Problem drinkers	=	682

Area 10*Lincara Centre, Bray : Alcohol detox programme for 1994*

No. of clients on register	=	19
No. of attendances	=	114

Residential Service, Barrymore House, N.C.R.

No. of places	=	10
No. of admissions 1994	=	101

Barrymore House operates as a central resource for persons with social and other problems. Residential programmes [approx. 6 weeks] operate in conjunction with Stanhope Street [day services].

6. SPECIALIST SERVICES

Family Therapy Services

Family therapy services have been established in Area 7 for a number of years. These services have now been extended to Areas 2 and 4. Trained family therapists are also involved in our Board's mental handicap service.

An individual psychotherapy service has been established in Clontarf for the last 5 years and serves the whole of the Eastern Health Board.

Behavioural Therapy

Nurses specially trained in behavioural therapy are practising in most areas. This service continues to be developed with an annual intake of nurses to the post graduate training programme at St. Brendan's Hospital.

Adult Victims of Sexual Abuse Service

The specialist service for adult victims of sexual abuse is based in Clontarf, Tallaght and Connolly Norman House, North Circular Road. The service operates on a partnership basis with the Rape Crisis Centre with the Board's service concentrating on North Dublin, Tallaght, Clondalkin & Kildare and the Rape Crisis Centre focusing on South City & County and Co. Wicklow. The Rape Crisis Centre continues to provide a 24 hour crisis service and a volunteer telephone counselling service.

The primary aim of the service is to provide an extensive effective therapeutic service to adults who have been sexually abused. The service also aims to provide an assessment service for people with sexual difficulties; to disseminate information about sexual abuse in the community; to provide a training resource for health workers and a liaison service with agencies involved in sexual abuse services.

The service adopts a flexible eclectic approach to the therapeutic process in which specific approaches and techniques are individualised to the client rather than adhering to any one therapeutic process. Two counsellors are assigned to each of the location bases and with additional funding approved for 1995 it will be possible to operate on the basis of a three person team rather than a two person team and with an associated increase in the number of clients being counselled.

Activity Data

No. of referrals	239
No. of clients seen	168
No. of files closed	63

Parenting Skills Project

The focus of this programme is on the promotion of effective parenting and the prevention of child and family disturbance resulting from parenting failure. Evaluation procedures have been built into the programme from its commencement and results consistently show that the programme achieves significant health and social gain.

Activity Data

Number of courses from January to December 1994	21
Total number of participants	244
Average number of participants in each group	11.6
Percentage attendance	93.3

Psychiatric Services for the Deaf

A specialist clinic for the deaf is provided on a monthly basis for patients in the Eastern Health Board area with particular communication problems in consultation with the local service providers.

Agoraphobia Service

A counselling and support service based in Clontarf is provided for people suffering from agoraphobia, and has a client support group of 400.

Voluntary Organisations

The voluntary organisations who are in the field of advocacy and support for mental health sufferers and their families are an intrinsic part of the overall service and work very closely with our Board's professional and service managers. The main agents in this field are the Mental Health Association of Ireland, Schizophrenia Association of Ireland, A.W.A.R.E. and G.R.O.W. These organisations are supported financially by our Board and in addition our Board seconds 3 development officers whose remit is in the area of support for the various local associations and also in developing associations in areas not already served.

7. FORENSIC SERVICES

CENTRAL MENTAL HOSPITAL, DUNDRUM

1. The administration of the Central Mental Hospital transferred to the Eastern Health Board under the Health Act 1970 and Regulations 1971. In 1987 the Eastern Health Board, in line with "*Planning for the Future*", reviewed the ethos of the Central Mental Hospital and the Board adopted the report "*The Forensic Service - Changing the Ethos from Custodial to a more Therapeutic Environment*". In line with this policy, nursing staff were recruited and took up duty in Dundrum for the first time in September 1992 and the existing care officer staff were given the opportunity to train as registered psychiatric nurses. To date fourteen staff have undertaken this training.

At the moment the Central Mental Hospital is in a state of change with emphasis on introducing new therapy, training activities and developing a more wide ranging recreational, educational, and therapeutic philosophy.

2. Total no. of patients in Central Mental Hospital at 31/12/94: 80
(bed complement - 85)

Total no. of admissions during 1994: 332

Total no. of discharges during 1994: 328

3. **Specialist Services for Perpetrators of Abuse:**

Specialist multi-disciplinary clinics are provided for adult perpetrators of child abuse.

Specialist multi-disciplinary clinics are provided for adolescents who have been involved in the sexual abuse of children.