

**Cherry  
Orchard  
Hospital**  
annual  
**report**  
1998-1999



**EASTERN  
HEALTH  
BOARD**

BORD  
SLAINTE



# Cherry Orchard Hospital

## ANNUAL REPORT 1998/99

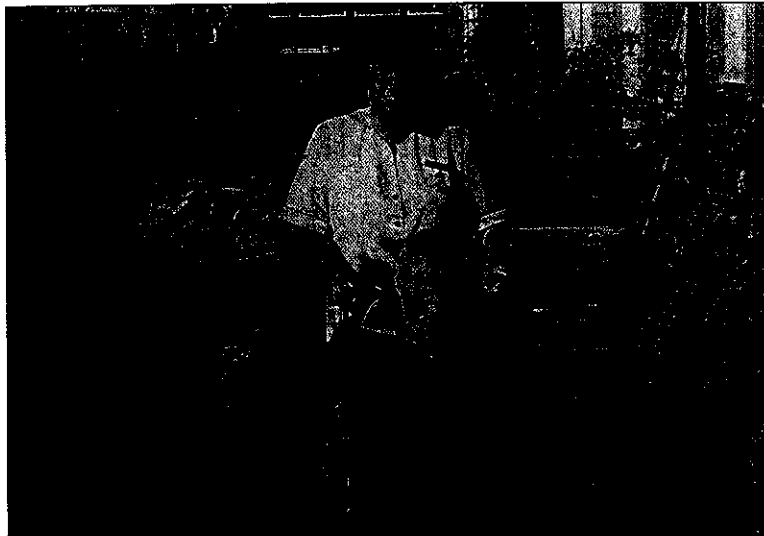
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### HOSPITAL MANAGEMENT

<b>Matron:</b>	Mrs. T.P. O'Mahoney
<b>A/Medical Superintendent:</b>	Dr. S. O'Dea
<b>Area Manager:</b>	Mr. G. Hanley
<b>Hospital Manager:</b>	Ms. P. Kelly
<b>Engineering Officer:</b>	Mr. A. Quinn
<b>Nursing Administration:</b>	Mrs. P. Rennick Ms. H. O'Hara Sr. B. Collins

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*Ward 6 - Care of the Elderly.*

## **HIV/AIDS**

Convalescent, respite and terminal care for persons suffering from HIV/AIDS is provided in the 18 bed Rowan Ward. Referrals to the unit come from General Practitioners, HIV/Satellite Clinics and also through the Consultant in Infectious Diseases attached to the Mater/Beaumont and Cherry Orchard Hospitals. Services in the unit are monitored and controlled by a Steering Committee comprising representatives from Cherry Orchard Hospital and the Department of Genito-Urinary Medicine, St. James's Hospital.

"Friends for Friends", a support group for HIV/AIDS sufferers, continues to support the unit through fund raising activities and visitations.

## **SERVICES FOR DRUG MISUSERS**

Clinical responsibility for this service is provided by the Programme responsible for all AIDS/Drugs services.

### **1. Detoxification Services:**

A 17 bed unit, Cuan Dara, provides residential detoxification and rehabilitation places for drug misusers. The treatment programme runs for a period of six weeks, incorporating two weeks detoxification and four weeks counselling. Referrals to this service are co-ordinated through the AIDS/Drugs service and the satellite drug clinics.

**2. Aisling Centre and Fortune House:**

The Aisling Centre operates as a satellite clinic to provide a HIV preventative programme as well as a service for patients with HIV and AIDS. Services provided include general practitioner, nursing, counselling, social work, needle exchange and methadone maintenance. This clinic is operated as a satellite to the AIDS Resource Centre in Baggot Street Hospital and caters mainly for patients from Community Care Area 5. Approximately 200 persons avail of the service daily.

A 12 week detoxification programme operates from Fortune House. This programme focuses on younger drug misusers and has approximately 40 attendees daily.

**3. Stabilisation Unit:**

The former Nurses Home has been adapted by the Board's Drug Services for use as an in-patient stabilisation and emergency unit.



*Cuan Dara.*

### **PUBLIC HEALTH LABORATORY**

The Public Health Laboratory provides the following services:

- Clinical Diagnostic Microbiology for a number of Hospitals, Long-stay Homes, Health Centres and General Practitioners in the Eastern Health Board area.
- Reference facilities for Mycobacteria in Eastern Health Board and for some hospitals elsewhere in the country.
- Public Health Microbiology.

The laboratory has been accredited by the National Accreditation Board for food and water testing methods under the Control of Food Regulations.

The laboratory under the clinical directorship of Dr. Eleanor McNamara, Consultant Microbiologist, works closely with our Board's Department of Public Health and the Environmental Health Services in the prevention, detection and control of food borne outbreaks.

Details of the workload of the laboratory are as follows:

	<b>1998</b>	<b>Year to 31.8.99</b>
No. of tests:	116,370	75,322



*Public Health Laboratory.*

## 2. HOSPITAL ACTIVITY

<b>Bed Complement/Activity</b>	<b>31.08.99</b>
Infectious Diseases	99
AIDS/HIV	18
Psychogeriatric Care	25
Extended Care/Elderly	86
Detoxification Service	17
Young Disabled Adult	24
<b>Total</b>	<b>269</b>



*Ward 2 – Care of the Elderly.*

## HOSPITAL ACTIVITY REPORT

<b>Admissions</b>	<i>1.9.97 - 31.8.98</i>	<i>1.9.98 - 31.8.99</i>
Infectious Diseases	2,096	1,982
AIDS/HIV	333	290
Extended Care Elderly	56	17
Young Disabled Adult Unit	19	23
Drug Detoxification	139	186
<b>Total</b>	<b>2,643</b>	<b>2,498</b>

### Source of Admissions

Home (G.P. Referrals)	1,800	1,464
Other Hospitals	843	1,034
<b>Total</b>	<b>2,643</b>	<b>2,498</b>

<b>Age Breakdown of Admissions</b>	<i>1.9.97 - 31.8.98</i>	<i>1.9.98 - 31.8.99</i>
Under 1	289	178
1 - 14	797	713
15 - 64	1,374	1,440
65 plus	183	167
<b>Total</b>	<b>2,643</b>	<b>2,498</b>

<b>Geographical Classification of Admissions</b>	<i>1.9.99 - 31.8.98</i>	<i>1.9.98 - 31.8.99</i>
Dublin	2,073	1,967
Kildare	224	247
Wicklow	127	115
<b>Eastern Health Board Total</b>	<b>2,424</b>	<b>2,329</b>
Rest of Ireland	183	148
Northern Ireland	3	1
Other	33	20
<b>Total</b>	<b>2,643</b>	<b>2,498</b>

<b>Discharges/Deaths</b>	<i>1.9.97 - 31.8.98</i>		<i>1.9.98 - 31.8.99</i>	
	<i>Deaths</i>	<i>Discharges</i>	<i>Deaths</i>	<i>Discharges</i>
Infectious Diseases	6	2,102	11	1,961
HIV/AIDS	4	331	–	287
Extended Care/Elderly	20	40	23	1
Drug Detoxification	–	138	–	184
Young Disabled Adult Unit	1	18	–	24
<b>Total</b>	<b>31</b>	<b>2,629</b>	<b>34</b>	<b>2,457</b>



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CHERRY ORCHARD HOSPITAL ANNUAL REPORT 1998-99

<b>Bed Days</b>	<i>1997/98</i>	<i>1998/99</i>
Infectious Diseases	10,362	9,321
HIV/AIDS	4,139	4,508
Extended Care/Elderly	33,686	25,173
Drug Detoxification	3,624	4,208
Young Disabled Adult Unit	8,583	8,642
<b>Total</b>	<b>60,394</b>	<b>51,852</b>

<b>Average Duration of Stay (Days)</b>	<i>1997/98</i>	<i>1998/99</i>
<i>Infectious Diseases</i>	4.91	4.73
HIV/AIDS	12.36	15.71
Extended Care/Elderly	207.46	286.06
Drug Detoxification	26.27	22.87
Young Disabled Adult Unit	199.60	183.87

### 3. FINANCIAL REPORT

	1999 £	1998 £
Pay	7,356,000	6,967,000
Non-Pay	1,902,000	1,863,000
Gross	9,258,000	8,830,000
Income	459,000	356,000
Nett	8,799,000	8,474,000



*Patricia Kelly, Hospital Manager; T.P. O'Mahoney, Matron; Seamus O'Dea, A/Medical Superintendent.*

## 4. NURSING REPORT

### NURSING ADMINISTRATION

Philomena O'Mahoney, *Matron*

Helen O'Hara, *Assistant Matron*

Philomena Rennick, *Assistant Matron*

Sheila Fitzgerald, *Night Superintendent*

Kevin McKenna, *Night Superintendent*  
(resigned 30th May 1999)

Breda Collins, *A/Administration Sister*

Grainne Pardy, *Education/Risk Management*

### WARD SISTERS/MANAGERS

Abigail O'Callaghan

Julie Wemyss

Brid O'Toole

Marion Carroll

Patricia Conway

Mary Cunneen

Bernadette Dunne

Caroline Byrne

### STAFF DEVELOPMENT AND TRAINING

The nursing department of Cherry Orchard Hospital is committed to the ongoing professional development of the nursing staff and the provision of high quality in-service education.

The education plan within the hospital during the past twelve months has been twofold. Firstly was the provision of study days devoted to CPR instruction, Manual Handling Instruction and training in Non-Violent Crisis Intervention. The second element was the provision of weekly in-service presentations pertinent to care delivery needs of the patient population within the hospital. The topics for presentation were determined through the educational needs assessment of staff undertaken by Mr. Kevin McKenna. Kevin has resigned to take up an Assistant Matrons post. I would like to thank him for his enormous contribution to setting up this educational programme. Grainne Pardy, Ward Sister, will continue this role. The current plan is to educate a number of Manual Handling and CPR Instructors in order to provide weekly training to all care staff.

■ **S.E.N./R.G.N. Conversion Course – Arrowe Park Hospital, Liverpool**

One State Enrolled Nurse has successfully completed this course, and has re-joined the staff.

■ **Addiction Studies Course – Trinity College**

Two Staff Nurses from Cuan Dara have successfully completed this course and another nurse is being accommodated to attend the course this year.

Individual nurses have been accommodated to attend the following higher level courses:

- NUI Certificate in Addiction Studies
- Hospital Based CPR Instruction
- Professional Development – A.I.N.M.
- Addiction and Drug Use, Trinity Court
- Seminar on Huntingtons Disease, Belfast City Hospital
- Critical Incident Stress Management
- Quality Initiatives in Health Care
- Integrating Care
- Polio in the 21st Century
- Giving Evidence in Court
- Open Learning – SEN Conversion Course
- Palliative Care
- Certificate in Counselling Skills – NUI
- Wound Management
- Regional Infection Control Conference
- Ethics

**Eastern Health Board Courses**

- Selection Interviewing
- Brief Intervention for Behaviour Change
- Computer Study Days
- Effective Meetings

- Presentation Skills
- Effective Report Writing
- Writing Skills Study Day
- Supervisory Management Programme
- I.V. Study Days, James Connolly Memorial Hospital, Blanchardstown.

### INFECTION CONTROL

The Eastern Health Board Infection Control Committee continues to meet on a regular basis in this hospital. The current project is to look at, and continue to develop, the Infection Control Programme in the Eastern Health Board. Ms. Jane Murphy and Ms. Rosaleen Cashman, Infection Control Sisters have produced an excellent Infection Control Manual for use in the General Hospital Service. Ms. Jane Murphy has also attended the Infection Control Annual Conference in Torquay.

### STUDENT EDUCATION/TRAINING

We continue to work with the local Secondary Schools for work placement during the Transition Year. Following the successful placement of a Project 2000 student last year the hospital is now facilitating student nurses from Beaumont Hospital for placement in HIV/AIDS and Drug Detoxification Units and from the Mater Hospital in the Young Adult Disabled Unit.

### RECRUITMENT OF NURSING STAFF

The past year has been a difficult period for recruitment and retention of nursing staff. The initiative of 1998 in recruiting in the United Kingdom has been continued. A combined interview process involving the Personnel Department, Directors of Nursing from General, Psychiatry and Mental Handicap was undertaken in London in August. It is hoped that 55 nurses from this recruitment drive will join the Eastern Health Board. As a member of this group I continue to work closely with the Personnel Department on new initiatives for recruitment.

*J. P. O Mahoney*

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**Mrs. T.P. O'Mahoney**

Matron

## 5. MEDICAL REPORT

The medical services provided in Cherry Orchard Hospital remained relatively unchanged in the twelve month period under review. There were no major new developments.

The hospital has a total complement of eleven wards, not including Cuan Dara, the drug treatment ward and the other drug treatment facilities located within the hospital campus. Each ward has a complement of around 20 beds. There are four wards designated for acute infectious diseases. There are four Care of the Elderly wards, one Psychogeriatric ward, a HIV Respite ward (Rowan Ward) and our Young Disabled Adult ward (Lisbrí).

There was a decline of 8% in total numbers of patients admitted as compared with the previous twelve month period. Admissions to the acute infectious diseases wards came through GPs and the A&E departments of the general hospitals. There was a significant (23%) fall in the numbers admitted with infantile gastroenteritis. The numbers of patients admitted with gastroenteritis outside this age group was marginally increased although the numbers of patients with Salmonella was less than the previous year. Hepatitis A admissions showed a significant decline whereas there was a marked increase in Hepatitis B and C admissions. Admissions with vaccine preventable childhood diseases such as Pertussis, Measles, Mumps and Rubella continued their decline.

There were 11 deaths in patients admitted to the acute infectious diseases wards. For the most part these were elderly patients presenting with diarrhoea who had other medical problems. The average age at the time of death was 84.6 years. We are grateful to our medical colleagues in the general hospitals particularly St James's for accepting patients whom we felt required more intensive treatment or diagnostic facilities, which we could not provide in Cherry Orchard.

Admissions to the HIV respite ward (Rowan Ward) remained at the same level as the previous twelve month period. Referrals continue to come from GPs, the Drug Treatment Centres and Satellite Clinics, the GUM clinic in St James's and the Infectious Disease Clinics in the Mater and Beaumont. From mid September 1998 the drug treatment psychiatrists and their teams became formally involved in managing the patients there. Their help in the stabilisation of the more chaotic drug users and in the treatment of depression in many of the patients has been invaluable. Ward policies and procedures have been reviewed to the benefit of both staff and patients. There are

currently three long-stay patients on the ward who are suffering from HIV encephalopathy. Despite a decline in morbidity from HIV infection demand for beds remains high.

The support and assistance of Dr Fiona Mulcahy and Dr Gerard Sheehan and their teams in reviewing patients from Rowan Ward on request is gratefully acknowledged.

The care of the elderly wards continue to provide much needed long stay beds for dependent elderly people. Admissions are arranged through the geriatric services and patients come mainly from St James's and the acute general hospitals. Patients have regular medical review and physiotherapy and diversional therapy is available. Other services available on request include chiropody, nutritional advice, dental care and eye testing. There were 23 deaths in the care of the elderly wards in the twelve months under review.

The unit for young disabled adults (Lisbrí) is now in its fourth year. Residents have varying degrees of dependency. Active rehabilitation is undertaken whenever indicated to try and maximise the potential of each resident. One bed is available on the 24 bed unit for respite care. Demand for this respite bed remains at a high level. Turn over of patients is slow. There was one discharge from the unit and no deaths over the last twelve month period.

The psychogeriatric unit and Cuan Dara, the in-patient drug detoxification unit, are staffed from the Psychiatric Service and the Drug Treatment Services respectively. Emergency medical cover is provided by our own medical staff around the clock.

The complement of full time resident medical staff in Cherry Orchard Hospital is eight N.C.H.D.s working under the direction of the Medical Superintendent. Visiting Consultant Paediatricians, Dr Rosemarie Manning and Dr Mervyn Taylor continue to provide an excellent service to our paediatric patients both when they are in-patients in Cherry Orchard and also, when required, through their Out-Patient Clinics at National Children's Hospital in Tallaght.

Other visiting consultants who continue to provide outstanding service to our patients include Prof. Colm O'Moráin in Gastroenterology, Dr Geraldine Morrow in Dermatology and Dr Anne O'Grady Walshe in Psychiatry.

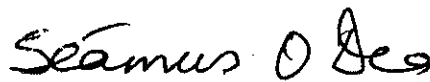
Dr Martin Molloy, Consultant Radiologist in St James's Hospital provides a prompt and efficient service in reporting our X-rays as well as permitting us some access to the diagnostic services in the ultrasound and CT departments in St James's.



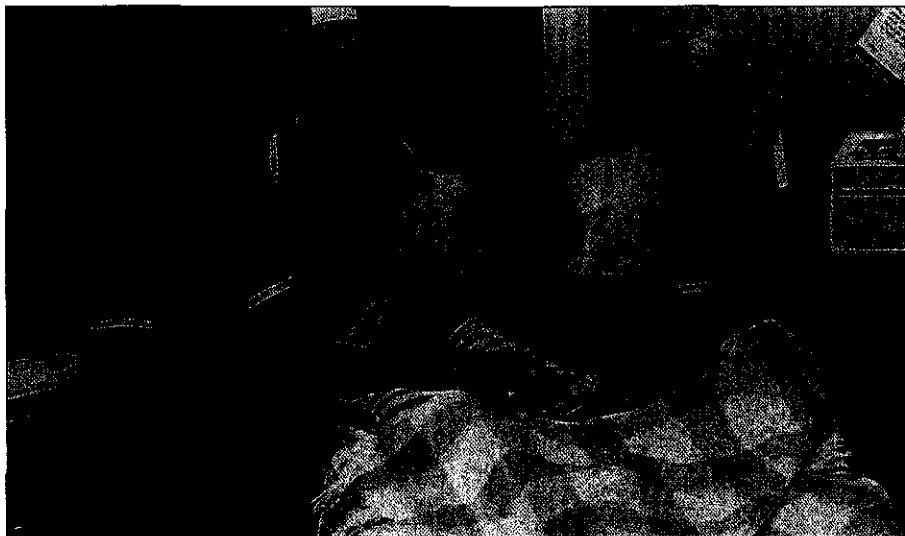
Dr Eleanor McNamara, Consultant Microbiologist and Director of the Public Health Laboratory located in the Cherry Orchard campus, has been an invaluable asset not only in the provision of an excellent laboratory service but also for her advice particularly in relation to antibiotic usage and for her input into medical teaching sessions and the newly formed Hospital Infection Control Committee.

Dr Colm Bergin was recently appointed as Consultant in Infectious Diseases to the Eastern Health Board and St James's Hospital. He is due to take up duty in the near future. His appointment is greatly welcomed, as he will be undertaking a number of sessions each week in Cherry Orchard.

In conclusion, the last decade of the Millennium has seen major changes in the role of Cherry Orchard Hospital. It is hoped that in the coming years the hospital will be able to adapt to whatever changes are required to meet the needs of the community as a quality healthcare provider.



**Dr. Séamus O'Dea**  
Acting Medical Superintendent



*Ward 6 - Care of the Elderly.*

## 6. GENERAL SUPPORT SERVICES

### CATERING SERVICE

The Catering Department caters for the nutritional needs of both patients and staff and also provides a meals on wheels service to the Ballyfermot/Palmerstown community. In 1998 the department provided a total of 198,000 meals to patients and staff and 15,240 for the meals on wheels service.

During 1998 the Department commenced the development of a Food Safety System – H.A.C.C.P.

This is a proven systematic approach to ensure food safety. It is planned to continue to work vigorously on this system throughout 1999.

The catering staff continued to develop their skills in food handling and food hygiene. In 1999 it is planned to hold in-house hygiene and first aid courses.

### MAINTENANCE

The Cherry Orchard Engineering Base is located in the hospital under the control of an Engineering Officer who is responsible for the provision of engineering and maintenance services to Health Board properties in west Dublin, Kildare and west Wicklow.

A planned maintenance programme is in place in Cherry Orchard Hospital in order to maintain the fabric of the hospital. In the past year the Maintenance Services completed the following works in the hospital:

#### ***Decoration***

- Doctors' Residence and 1st Floor Administration
- Exterior of CCA5
- Gate Lodge
- Section of Cuan Dara.

#### ***Mechanical/Electrical***

- Installation of a call bell system in Ward 11
- Rewiring Ward 9
- Installation of main heat exchanger in Boiler House
- Installation of new gas burner to main boiler.

### ***Renovations/Alterations***

- Creation of Doctors office in Ward 3
- Renovation of old Nurses Home as Drug Stabilisation Unit (Bridge House)
- Creation of smoking area in Cuan Dara.

Costing of all aspects of maintenance services is carried out using a computerised maintenance costing system originally implemented in the Engineering Base in 1991.

## **CHAPLAINCY SERVICE**

Father Hugh Fagan, the resident hospital chaplain co-ordinates the Roman Catholic religious services in the hospital. Reverend Paul Houston visits the Church of Ireland residents on a weekly basis. The department supplies a full pastoral service to patients, their families and staff on a 24 hour basis. This service involves spiritual support through the provision of the sacraments, counselling and grief therapy in times of trauma for families and support for all hospital staff in providing care for their patients.

## **OTHER SERVICES**

### **COMMUNITY EMPLOYMENT SCHEME**

A community employment project sponsored by FAS commenced in Cherry Orchard Hospital on 27 June 1994.

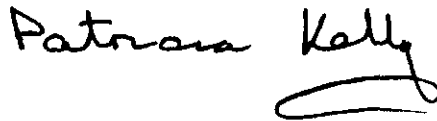
The project covers maintenance of grounds, planting flower beds, containers and patio areas, thus enhancing the aesthetic value of the hospital for patients and visitors alike. There are nine participants on the scheme, which provides usable job skills and also provides opportunities for reintegration into the job market and training opportunities for all.

### **SHOP**

The hospital shop which opened in 1992 continues to operate by licence agreement with the Board. The introduction of this facility has proved very beneficial to patients, visitors and staff.

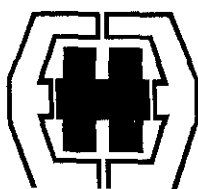
### FUND-RAISING

The Patient Benefit Fund Committee which comprises staff members, relatives and friends of patients, continues to raise funds to provide additional comforts for the residents through varied activities and events organised throughout the year. Events organised by the committee each year include an annual marathon cycle, quizzes, barbecues, fashion shows, etc.

A handwritten signature in black ink that reads "Patricia Kelly". The signature is written in a cursive style with a large, sweeping underline at the end.

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**Patricia Kelly**  
Hospital Manager  
September 1999



**EASTERN  
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