

Leisure and Recreational Activities

for

People with Disabilities

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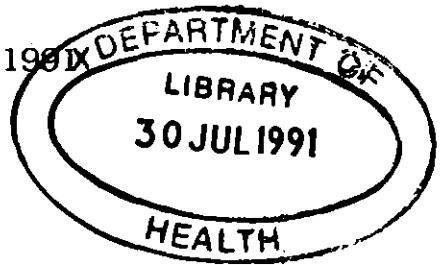
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People with Disabilities

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Sport for All...

The Government's View

Mr Frank Fahey T.D., Minister for State at the Department of Education

I am pleased to have this opportunity to outline the Government's policy with regard to leisure and sports facilities for people with disabilities. The promotion and development of sport for people with disabilities is an important part of improving the quality of their life as well as contributing to their rehabilitation and integration into society. I consider that the Sport for All policy is central to sport itself. Sport for All means participation at all levels and by all people including those with disabilities. There are a number of important reasons for promoting Sport for All for people with disabilities:

1. The overall participation rates for people with disabilities is much lower than for able-bodied people.
2. Sport adds to the quality of life of all those who participate.
3. The determination of those competing show that they can attain the highest levels. In some sports such as archery they can compete on an even basis as able-bodied people. The marathons all over the world have also proven the possibility of integration.
4. Sport is a necessary part to the reintegration of people with disabilities into all parts of society.

The task of Government is to ensure that as far as possible their implementation. To ensure that every person has an opportunity to take part in sport at the level he or she would like.

To this end Government supports the provision of a wide variety of sports facilities throughout the country at National,





Regional, and Local level. The expansion of sporting facilities throughout the country will help to ensure that the facilities will be there for those who wish to partake in sporting activity.

Such facilities in the past were not planned with the needs of people with disabilities in mind. In many cases it is not possible for some people to pursue their chosen activity because of lack of proper planning. Nowadays, I am happy to say that through legislation and the greater awareness of planners, the special planning requirements of the people with disabilities is ensured and implemented.

On an annual basis, my Department provides funding to the Irish Wheelchair Association, Ireland Special Olympics, Cerebral Palsy Sport Ireland, Irish Blindsports and the Irish Deaf Sports Association from the allocation to sport from the proceeds of the National Lottery. This funding, which is provided to assist towards the costs of coaching, administration, equipment and special projects, is designed to increase participation and improve standards.

In addition there is also funding available for the employment of full-time personnel and both the Special Olympics and the Wheelchair Association have benefitted under this scheme. These appointments have served to professionalise these organisations and thereby improve its service to both its members and the public. Furthermore my Department also provides financial assistance to enable these organisations to host or to send representatives to participate in major international events.

Funding is also available to assist the Elite Sportspersons of these organisations in the costs of their training and competition in an effort to allow them to compete with their international contemporaries. The Government, through my Department's funding from the proceeds of the National Lottery, provides the framework to enable these organisations to administer sport for people with disabilities.



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Leisure and Recreational Activities for People with Disabilities

Research carried out in Ireland and elsewhere in recent years shows that many people with disabilities, although living in the community, do not take part in community life as much as they would like to - that they are isolated from the 'community' in its widest sense. Some of this is due to the fact that, during the day, they attend special schools, or rehabilitation centres in which they have little opportunity to meet and mix with people of their age who are not disabled. Another reason is that opportunities for them to attend clubs, go to theatres or play sports are limited, unless someone helps them to do so. Yet to take part in the arts, in sporting activities, in clubs and associations is centrally important in helping people to get to know people in their communities and to integrate into the social life of their locality.

In recent years, opportunities have opened up in Ireland to assist people with disabilities to take part in local leisure and recreational activities. The activities and programmes listed in this brochure are a sample of the type of activity available, and of the type of initiative which could be started up elsewhere, to the benefit, not only of people with disabilities but also of the community as a whole. Some of these activities are provided by service agencies, while others have arisen through schemes and initiatives which involve both people with disabilities and able-bodied people in a variety of activities. While progress has been made, however, it must be recognised that there is still a long way to go.

The information presented in this brochure was compiled in consultation with service providers throughout the country. If any club, group, association or other initiative involved in leisure and recreational activities for people with disabilities has been inadvertently omitted, the compilers would be grateful if this were brought to their attention.

Leisure and Recreational Activities

Eastern Health Board Area

Facilities for People with Mental Handicap

Cill Dara Social Club

St. Anne's School,

The Curragh,

Co. Kildare

Contact: Angela Newnham/Edmond

Behan

Tel: (045)41494

Activities: Social club

Ballymun:

420 Griffith Ave.,

Dublin 9

Blanchardstown:

4 Hadleigh Green,

Castleknock,

Dublin 15

Irish Association of the Sovereign Military Order of Malta

St. John's House,

32 Clyde Rd.,

Ballsbridge,

Dublin 4

Contact: Comdt. Hearne.

Tel: (01)684891/685768.

Activities: Provision of transport.

Booterstown:

64 St. Mary's Pk.,

Walkinstown

Cabra:

62 St. Eithnes Rd.,

Cabra,

Dublin 7

Irish Girl Guides

27 Pembroke Park,

Dublin 4

Contact: Kitty Richardson.

Tel: (01)683898.

Activities: Guiding.

Clontarf:

114 Kincora Grove,

Dublin 3

Dundrum:

74 Meadow Grove,

Dublin 16

Dundrum Junior:

116 Barton Rd. East,

Dublin 14

National Federation of ARCH Clubs

74 Meadow Grove

Dublin 16

Contact: Geraldine Birthistle

Tel: (01)951081

Finglas:

20 Wellmount Pk.,

Finglas West

Local ARCH Clubs

Ballyfermot:

7 Windsor Tce.,

Portobello,

Dublin 8

Kilmore West:

1 Adrian Walk,

Coolock,

Dublin 5

Leixlip:
24 Leixlip Pk.,
Leixlip,
Co. Kildare

Navan Road:
151 Navan Rd.
Dublin 7

**St. Michaels Hse. Summer
Project:**
2 Beechdale Mews,
Dublin 6

Tallaght:
37 Watergate,
Tallaght

The Liberties:
3 Molra Villas,
Meath St.,
Dublin 8

Activities: Arts, crafts, games, sing-
song, dancing, disco, outings.

St. John of God Brothers
Islandbridge,
Dublin 8

Contact: Liz Callery

Tel: (01)774022/778593/774821.

Activities: Athletics, gymnastics,
bowling, swimming, basketball,
soccer, horse riding, table
tennis.

St. John of God Brothers
Ballyfermot

Contact: Br. Joseph Moylan/Mr. Joe
Tracey.

Tel: (01)6265589

Activities: Social/recreation club.

St. John of God Brothers
St. Raphaels,
Celbridge,
Co. Kildare
(residents only)

Contact: Mr. John Fox

Tel: (01)6288161

Activities: Coachman's Club, Camp
Rainbow (integrated summer
camp), Holidays, Social club,
games.

St. Michael's House
Ballymun ARCH Club

Contact: Mr. Liam Keogh

Tel: (01)375171

Activities: Club meetings, cinema,
pool.

Special Olympics Ireland
House of Sport,
Longmile Rd.,
Dublin 12

Contact: Sandra O'Brien

Tel: (01)501633

Activities: Athletics, basketball,
soccer, table tennis, floor
hockey, aquatics, gymnastics,
bowling, equestrian, motor
activities.

The Wilderness Adventure
Mountaineering Club - (W.A.M.C.)
c/o St. Michael's Hse.
Ballymun Rd.,
Dublin 9.

Contact: Marie Nolan

Tel: (01)375171

Activities: Hillwalking, canoeing,
trips, hostelling, camping,
tenpin bowling

Facilities for People with Mental Illness

Aware

St. Patricks Hospital,
James St.,
Dublin 8.

Contact: Margaret Costigan
Tel: (01)775423, Ext.429.
Activities: Support group

GROW

50 Middle Abbey St.,
Dublin 1

Office - (01) 734029
Contact: Ann Connolly.
Activities: Community weekends, self
development courses.

Mental Health Association of Ireland

Mensane Hse.,
6 Adelaide St.,
Dun Laoghaire.

Contact: Barbara Davis
Tel: (01)841166

Activities: Local outings/holidays.

St Paul's Hospital/Special School for Autistic and Emotionally Disturbed Children

Beaumont,
Dublin 9.

Contact: Edel Manning
Tel: (01)377673.

Activities: Swimming, horse riding,
hikes/hill walking, mobility
programme.

Schizophrenia Association of Ireland

4 Fitzwilliam Pl.,
Dublin 2

Contact: Pam McHugh.
Tel: (01)761988

Activities: Support group.

245 Club

245 North Circular Rd.,
Phibsboro,
Dublin 7.

Contact: Br. Frank
Tel: (01)301516

Activities: Stress reduction,
relaxation, art, music, creative
writing, discussion, snooker,
board games, dances, table
tennis, photography.

Facilities for People with Physical Handicap (including visual and hearing impairment)

The Art and Cultural Society of the Deaf

Irish Deaf Society,
Carmichael House,
North Brunswick Street,
Dublin 7.

Contact: Josephine O'Leary
Tel: (01)594932.

Activities: Arts, drama, international
festivals.

Asthma Society of Ireland

24 Anglesea St
Dublin 2.

Contact: Órán Ó Muire.
Tel: (01)716551.

Secretaries

Arklow:
Chris Shalles,
1 School Place,
Arklow.
Tel: (0402)32851

Dublin:

Angela McLoughlin,
29 Wheatfield Grove,
Clondalkin,
Dublin 22
Tel: (01)236116.

Leixlip:

Veronica Freaney
24 Leixlip Park,
Leixlip
Tel: (01)6244806

Wicklow:

Veronica Leonard,
23 Seafield,
Wicklow
Tel: (0404)69512

Activities: Swimming.

Cerebral Palsy Ireland

Sandymount Ave.,
Dublin 4

Contact: Claire Dennehy (Adm.)
Tel: (01)695355

Activities: Swimming pool, sports
field.

Cerebral Palsy Sports (Irl.)

Sandymount Avenue,
Dublin 4.

Contact: Mrs. Brenda Greene
Tel: (01)2695355.

Activities: Swimming, track and field,
football, boccea(skittles), fitness
training, table tennis.

**Cystic Fibrosis Association of
Ireland**

24 Lower Rathmines Rd.,
Dublin 6.

Contact: Bridie McGuire.
Tel: (01)962433/962186

Activities: Swimming, holiday camp.

Disabled Drivers Association

Carmichael House,
4 Nth Brunswick St.,
Dublin 7.

(01)721233

Contact: Ms. Rosemary Halton

Tel: (01)721671

Activities: Social evenings, holidays.

Dublin Theatre of the Deaf

Contact: Josephine O'Leary,
33 Monksfield Lawns,
Clondalkin,

Dublin 22.

Tel: (01)594932.

Activities: Drama, mime.

Friedrich's Ataxia Association

Mart Lane,

Foxrock,

Dublin 18.

Contact: Claire Creedon.

Tel: : (01)894788.

Activities: Annual holiday, social
events.

**Irish Association for Spina
Bifida and Hydrocephalus**

Old Nangor Road,

Clondalkin

Dublin 22

Contact: Mary Doyle.

Tel: (01)572326

Secretaries

Dublin Secretary

Ms Mary Edwards
8 Hazelwood Ave.,
Clonsilla

Kildare Secretary

Ms Breda Bell
Broadleas,
Ballymore Est.
Kildare

Wicklow Secretary
Ms. Patricia Devlin
354 Meadow Brook
Kilcoole
Co. Wicklow.

Activities: Independence Training,
Camping

Irish Blind Sports

23 The Strand,
Donabate,
Co. Dublin.
Contact: Mary Keena
Tel: (01)731188.

Activities: Athletics, swimming, golf,
ten pin bowling, lawn bowls.

Irish Deaf Sports Association

c/o Deaf Centre,
40 Lower Drumcondra Rd.,
Dublin 7.

Contact: Connie Doran.
Tel: No: (01)305744.

Activities: Soccer, table tennis,
snooker, basketball, swimming,
Bowling, Badminton

Irish Epilepsy Association

249 Crumlin Rd.,
Dublin 12
Contact: Ms. Anne Byrne.
Tel: (01)557500

Activities: Social Club monthly.

Irish Haemophilia Society

4/5 Eustace St.,
Dublin 2.
Contact: Margaret Dunne
Tel: (01)778529

Activities: Christmas party, pool,
bowling, annual holidays,
hospital/home visits.

The Mended Hearts

166 Botanic Road,
Dublin 9
Contact: Mr. Sean Ingoldsby
Tel: (01)305242.

Activities: Support group,
hospital/home visits, meetings.

Mount St. Day Activity Centre

Mount Street,
Dublin 2
Contact: Helen Lee
Tel: (01)616183
Activities: Weekly club.

M.S. Ireland

2 Sandymount Green,
Dublin 4
Contact: Vici Lloyd
Tel: (01)694599
Activities: Socials, weekends, outings

M.S. Care Centre

65 Bushy Park Road,
Dublin 6
Contact: Aine Casey
Tel: (01)906234
Activities: Holidays/crisis relief.

National Association for the Deaf

NAD House,
c/o St. Joseph's School,
Cabra,
Dublin 7
Contact: Connie Doran
Tel: (01)388124/388129/388131
Activities: Annual Summer Camp, art
competition.

National Council for the Blind

P V Doyle Hse.,
45 Whitworth Rd.,
Drumcondra,
Dublin 9.

Contact: Treasa Loftus
Tel: (01)307033

Activities: Yoga, movement and relaxation, clay modelling, drama, Irish language classes, choral group.

National League of the Blind

35 Gardiner Place,
Dublin 1

Contact: Oliver Mooney
Tel: (01)383666

Activities: Outings, lectures, poetry readings, social events, boating trips.

St. Lukes Social Services Centre

Kilbarron Pk.
Kilmore West
Dublin 5

Disability Type:
Contact: Sr. Margaret
Tel: (01)472307

Activities: Weekly club.

Scout Association of Ireland

7 Anglesea St.,
Dublin 2.

Contact: Rosemarie Reid.
Tel: (01)711244

Branches:

46th. Dublin
Blackheath Drive,
Clontarf,
Dublin 3.
(01)318279.

Contact: Michael Redmond,
32 Park Lane,
Dublin 5.

Activities: Camping, hiking games.

Volunteer Stroke Scheme

249 Crumlin Rd.,
Dublin 12

Contact: Theo Davis
Tel: (01)557455, Ext. 10.
FAX: 557013.

Activities: Outings, family support, home visits.

Facilities for People with different disabilities (including mental handicap, physical handicap and mental illness)**Action for Mobility**

12 Roselawn Rd.,
Castleknock

Contact: Mr Colm Nolan.
Tel: (01)210321.

Activities: Informal social activities, using public transport where possible.

Association for Adventure Sports

The House of Sport
Longmile Rd.
Walkinstown,
Dublin 12.

Contact: Finola O'Donoghue,
Tel: (01)509845

Additional Contact: Jacqui Joynt
Tiglin National Adventure Centre
Ashford, Co. Wicklow.
Tel: (0404)40169

Activities: Orienteering, Hill-climbing, Rock Climbing, Canoeing.

Catholic Boy Scouts of Ireland
19 Herbert Place,
Dublin 2.
Contact: Brendan Bohan
Tel: (01)761598
Activities: Scouting

Catholic Youth Council
20/23 Arran Quay,
Dublin 7
Contact: Mr. Paul Duffy
Tel: (01)725055
Activities: Swimming, canoeing,
 orienteering, rock climbing,
 hill walking, hostelling.

C.A.S.A.
Carmichael House,
Nth Brunswick St.,
Dublin 7
Contact: Anne Crowe.
Tel: (01)7253700/725300/721233
Activities: CASA Breakhouses,
 holidays, trips, wheelchair
 push.

Comhairle Le Leas Oige
(City of Dublin Youth Service),
VEC - 70 Morehampton Road,
Donnybrook,
Dublin 4.
Contact: Michael McGee
Tel: (01)683198
FAX (01)-683342
Activities: Support services
 organisation

Cospoir*(The National Sports*
Council)
Hawkins House,
Dublin 2.
Contact: Breda Connaughton
Tel: (01)734700
Activities:

Grange-Kildonagh Integration
c/o 7 Grange Pk. Green,
Raheny,
Dublin 5
Contact: Jean Spain
Tel: (01)481275
Activities: Football, swimming,
 table tennis, trips.

Irish Handicapped Children's
Pilgrimage Trust
49 Windsor Park,
Monkstown
Contact: Ms. Moyna Trodden
Tel: (01)803456.
Activities: Trip to Lourdes/holiday.

Irish Kidney Association
Donor House,
156 Pembroke Rd.,
Ballsbridge,
Dublin 4
Tel: (01)689788/689789.
Activities: National Sports
 weekends, World Transplant
 Games, track and field,
 cycling, golf.

Irish Wheelchair Association
Blackheath Drive,
Clontarf,
Dublin 3.
Contact: Mr. Jimmy Byrne
Tel: (01)338241.
Activities: Track, road running,
 discus, table tennis, snooker,
 archery, rifle shooting, sailing.

Joy
Whites Community Hall,
City Quay,
Dublin 2.
Contact: Helen Forde.
Tel: (01)512244, Ext.229(work),
(01)505543.
Also: David Kavanagh (01)300279
Activities: Games, dancing,
 painting, music, singing,
 outings.

**National Children's Day
Association**

25 Molesworth St.,
Dublin 2.

Contact: Mrs. Tony Barry

Tel: (01)956971

Activities: June Parade, Children of
Ireland Awards.

**National Youth Council of
Ireland**

3 Montague Street,
off Harcourt Street,
Dublin 2.

Contact: Deldre Farrell

Tel: (01)784122

Activities: Umbrella organization.

**Riding for The Disabled -
Ireland**

St Annea School,
Curragh,

Co. Kildare

Contact: Mrs. Shirley
MacDermott.

Tel: (045) 41494

Activities: Horse riding

28 Castlepark Rd.,
Sandycove

Contact: Niamh Kingston

Tel: (01)857428

Activities: Horse riding.

Southern Health Board Area

Facilities for People with Mental Handicap

Brother of Charity Services

Lota,

Glanmire,

Cork.

Contact: Cathy O'Connor.

Tel: (021)821012.

Activities: swimming.

Calrde Youth Club

Killarney,

Co. Kerry.

Contact: Jim Power

Tel: (064) 31748

Activities: Meetings.

Cope Foundation

Social/Recreation Centre

Glasheen,

Cork City

Contact: Ms. Una Brennan

Tel: (021) 342101

Activities: Swimming, discos, singing, outings, fitness club, mat bowling, basketball, table tennis, soccer.

Irish Girl Guides

Contact: Regional Commissioner

Mrs. May O'Callaghan,

8 Westside Estate,

Togher,

Cork

Tel: (021)964081.

Activities: Guiding.

Kerry Parents and Friends of the Mentally Handicapped

The Pastoral Centre,

Rock Rd.,

Killarney

Contact: Tony Darmody.

Tel: (064)32742.

Activities: Outdoor activities.

Special Olympics Ireland

Contact: Mr. Tony Murphy,

Tel: Mr. Murphy: (061)42288.

Activities: Athletics, basketball, soccer, table tennis, floor hockey, aquatics, gymnastics, bowling, equestrian, motor activities.

Facilities for People with Mental Illness

GROW

11 Liberty Street,

Cork

Contact: Paul O'Dea.

Tel: (021)277520.

Activities: Community work, cinema, bowling.

Facilities for People with Physical Handicap (including visual and hearing impairment)

Abode Hostel/Day Centre

Mahon,

Cork.

Contact: Ptk. O'Malley/Claire Brazil.

Tel: (021)357119/(021)357606.

Activities: Holidays, trips, craftwork, quiztime, art, self expression, swimming, horse riding.

Asthma Society of Ireland

Secretaries at:

Charleville

Angeline Bridgman

39 Harrison Place,

Charleville

Tel: (063) 89621

Cork

Geraldine Condon,

4 Palm Grove,

Ashdale Pk.,

South Douglas Rd.,

Cork

Tel: (021)361430

Activities: Support Group

Cork Association for the Deaf

5 Maccurtain Street,

Cork City

Contact:

Tel: (021) 505944 (a.m only)

Activities: Club, table tennis, darts, snooker, gym workout.

Cystic Fibrosis of Ireland

Contact: Cathy Carlton.

Tel: (021)870675.

Activities: Swimming.

Disabled Drivers Association

Contact: Ms. Sheila O'Donoghue

Tel: (021) 313033

Activities: Swimming.

Getaway Youth Club

Vocational Training Centre,

Bonnington,

Montenotte,

Cork City

Contact: Ms. Judy O'Connor

Tel: (021)507131.

Activities: Summer holiday, bowling, snooker, cinema, discos, dinner dances.

Irish Kidney Association

Contact: Miriam Murphy

Tel: (021)294874

Activities: Meetings, sponsored/donor walk, schools visit, Christmas party.

Irish Wheelchair Association

Cork Office,

Sawmill Street,

Cork City

Contact: Eoghan Allen

Tel: (021)966350

Activities: Holidays, swimming, outings/ socials, basketball, archery, shot, javelin, discus.

The Mended Hearts

106 Leesdale,

Modelfarm Road,

Cork.

Contact: Raymond Dennehy

Tel: (021)343571.

Activities: Support group, hospital/home visits.

M.S Ireland

St. Vincents,

Sundays Well,

Cork

Contact: Michael Shemeld

Tel: (021)300001.

Activities: Yoga, swimming, outings, self-help classes, Christmas party.

National Council for the Blind

White St.

Cork.

Contact: Brenda O'Donovan**Tel:** (021)962836.**Activities:** Tape library/magazine,
radio show, aids/games, bingo,
parties/outings.**Volunteer Stroke Scheme**

Douglas,

Co. Cork.

Contact: Lorna Barret**Tel:** (021)364130**Activities:** Support Organisation**Facilities for People with different disabilities (including
mental handicap, physical handicap and mental illness)****BALANCE****Contact:** Mr. Jim Hyland,

Ballincollig,

Co. Cork

Tel: (021) 313131**Activities:** Swimming, discos,
outings/trips.**St. Joseph's Community
Workshop**

Bantry,

Co. Cork

Contact: Ms. Rosemarie Murray.**Tel:** (027)50114**Activities:** Swimming, yoga, social
evenings, PE.**Cara Youth Club**

Tralee.

Contact: Gemma O'Brien.**Tel:** (066)21674.**Activities:** Arts, crafts, Music,
Drama, Debates**Tralee Youth Centre**

Tralee,

Co. Kerry.

Contact: Ms. Anne O'Dwyer.**Tel:** (066)21674.**Activities:** Meetings, sports, drama.**National Youth Federation**

Cork Youth Federation,

10 Church Street,

Cork.

Contact: Des White.**Tel:** (021)270423.**Activities:** Youth clubs.**OORA**

20 Patrick's Hill,

Cork.

Contact: Veronica O'Donoghue.**Tel:** (021)504116.**Activities:** Pool, snooker, soccer,
basketball.

Midland Health Board Area

Facilities for People with Mental Handicap

Irish Girl Guides Contacts:

Regional Commissioner Mrs.
Judie Pearse
49 Sefton Green
Rochestown Ave.
Dun Laoghaire
Tel: (01)2859153

Regional Commissioner Ms.
Irene Reale
2 Western Villas
Cabra Rd.,
Thurles
Tel: (0504)21143

Activities: Guiding.

National Association of ARCH Clubs

Tullamore A.R.C.H. Club,
c/o Rehabilitation Institute,
Tanyard,
Tullamore,
Co. Offaly.
Contact: Ms. Jackie Allen.
Tel: (0506)51166

Activities: Horse riding, arts,
crafts, swimming, woodwork

Facilities for People with Mental Illness

GROW

Community Health Centre,
Bury Quay,
Tullamore,
Co. Offaly.
Contact: Helen Meehan.
Tel: (0506)51019.
Activities: Weekly meeting, tours,
Christmas party.

Special Olympic Ireland

Contact: Sandra O'Brien.(Dublin
Office.)
Tel: (01)501633/501992.
Activities: athletics, basketball,
soccer, table tennis, floor
hockey, aquatics, gymnastics,
bowling, equestrianism, motor
activities.

Facilities for People with Physical Handicap (including visual and hearing impairment)

Asthma Society of Ireland

Contacts:

Longford:
Mrs. Eithne Maguire,
44 Templemichael Tce,
Longford.
Tel: (043)45369

Portlaoise:
Moya Cooney,
Mountrath Rd.,
Portlaoise
Co. Laois
Tel: (0502)21221

Activities: Swimming(Longford.)

Irish Association for Spina Bifida and Hydrocephalus
Ballymore,
Kiltoom,
Athlone,
Co. Westmeath
Contact: Mr. Eamonn Higgins
Tel: (0902) 94621.
Activities: Meetings, Social Activities

Irish Kidney Association

Contacts:

Mr. Richard Young,
Rathline,
Mt. Bolus,
Co. Offaly.
Tel: (0506) 54917.

Mr. Laurence Fagan,
11 West Lodge,
Athlone,
Co. Westmeath.
Tel: (0902) 94185.

Activities: Meetings, Social Activities

Irish Wheelchair Association

Contact: Mr. Peter Stokes.
Tel: (01) 338241/335366.
Activities: Visits, Social Activities,
Meetings

National Council of the Blind
St. Francis Medical Centre,
Ballinderry,
Mullingar,
Co. Westmeath.
Contact: Ms. Catherine Guinn
Tel: (044) 41500.
Activities: Meetings

Volunteer Stroke Scheme

Athlone
St. Mary's Church,
Athlone
Contact: Ms. Mary Redmond,
Deans Curragh,
Longford.
Tel: (043) 46525

Longford
Teach Iosa Community Centre,
Longford,
Co. Westmeath
Contact: Ms. Mary Redmond,
Deans Curragh,
Longford.
Tel: (043) 46525

Mullingar
Community Centre,
Mullingar
Contact: Ms. Mary Mahon,
Ballymore,
Mullingar
Tel: (044) 56216

Activities: Support Organisation

Facilities for People with different disabilities (including mental handicap, physical handicap and mental illness)

C.A.S.A.

Contact: Anne Creed.
Tel: (043) 25124.
Activities: Monthly social, dancing
and singsong, visits/travel to
breakhouse, holidays.

Coolure House

Cooile,
Co. Westmeath.
Contact: Kristos Kanpert
Tel: (044) 61251.
Activities: Holidays, outdoor
pursuits.

Western Health Board Area

Facilities for People with Mental Handicap

Brothers of Charity Services

Contact: Br. Dermot Manning.

Tel: (091)96106.

Activities: Meetings

Galway County Association for Mentally Handicapped Children

Snipe Industries Workers

Committee,

Snipe Avenue,

Newcastle,

Galway

Contact: Orla Kearns .

Tel: (091)21926.(O.Kearns.)

(091)67291.(Galway Co. Association)

Activities: Monthly disco.

Irish Girl Guides

Contact: Mrs. Judie Pearse,

49 Sefton Green,

Rochestown Ave.,

Dun Laoghaire

Co. Dublin

Tel: (01)2859153.

Activities: Guiding.

National Federation of ARCH Clubs

Ballina A.R.C.H. Club

Parochial Hall

Ballina

Co. Mayo

Contact: Ms. Sinead Fitzpatrick.

Tel: (096)22076.

Ballinrobe A.R.C.H. Club

Claremorris Rd.,

Ballinrobe,

Co. Mayo

Contact: Mrs. Mae Langan.

Tel: (092)41366.

Kiltmogh A.R.C.H. Club

James Street

Kiltmogh,

Co. Mayo

Westport A.R.C.H. Club,

3 New Road Demense,

Westport

Co. Mayo

Activities: Meetings, Board games, music, badminton, writing, football, walking.

Special Olympics Ireland

Brothers of Charity,

Bruagh na Mara,

Casla,

Co. na Gaillimhe.

Contact: Johanna Cooney

Tel: (091)72145.

Activities: Track and field, athletics, swimming, table tennis, basketball, soccer, bowling.

Facilities for People with Mental Illness

GROW

"Linden Lodge",
Clybawn,
Galway
Contact: Bridie O'Grady
Tel: (091)23817.
Activities: Meetings.

Schizophrenia Association

Contact: Eilleen Dunne.
Tel: (091)24222.
Activities: Outings, dinners.

Mental Health Association

55 Cruachan Park,
Rahoon,
Co. Galway.
Contact: Ms. A O'Laoghaire
Tel: (091)21690.
Activities: Visits, Meetings, Social
Activities

Facilities for People with Physical Handicap (including visual and hearing impairment)

Asthma Society of Ireland

3 Chestnut Close,
Renmore,
Galway.
Contact: Rosaleen Heneghan,
Tel: (091)57548.
Activities: Support Organisation

Irish Kidney Association

Contacts:

Galway
Mrs. Mary Ryan
Tel: (091)25657

Disabled Drivers Association

Ballindyne,
Co. Mayo
Contact: Derek Farrell
Tel: (094)64054
FAX: (094)64336, (094)64266.
Activities: Social evenings, holidays.

Mayo
Mrs. Ann Ivers
Tel: (094)81625

Roscommon
Mr. John Cormican
Tel: (0903)22277

Irish Association for Spina Bifida and Hydrocephalus

Cooltigue,
Fourmile House,
Roscommon
Contact: Iris Allen
Tel: (0903) 29545
Activities: Social Activities, Meetings

Activities: Meetings/Social Events

Irish Wheelchair Association

Ruxton House,
35-37 Dominick St.,
Galway
Contact: Helen Martyn
Tel: (091)65598.
Activities: Social, Visits, Meetings

M.S Ireland
35-37 Lower Dominick St,
Galway
Contact: Anne O'Reilly
Tel: (091)62737.
Activities: Personal development,
yoga, meetings, *swimming*.

**Irish Disabled Fly Fishing
Association.**
St. Teresa's,
Kilmaine,
Co. Mayo.
Contact: J.J. Duffy
Tel: (093)33318.
Activities: Fishing.

Facilities for People with different disabilities (including mental handicap, physical handicap and mental illness)

Western Care Association
St. John's,
Ballinamore,
Kiltimagh
Co. Mayo.
Contact: Dave Joyce.
Tel: (094)81371.
Activities: Outings, holidays,
swimming, horseriding,
bowling.

North Western Health Board Area

Facilities for People with Mental Handicap

Irish Girl Guides

4 Hillcrest,

Leck,

Letterkenny

Contact: Mrs. Margaret Hartle

Tel: (074)21858.

Activities: Guiding.

Special Olympics Ireland

St. Michael's School,

Castlerea,

Co. Roscommon.

Contact: Sr. Jacinta

Tel: (0907)20523.

Activities: Track and field, athletics, swimming, table tennis, basketball, soccer, bowling.

Facilities for People with Mental Illness

GROW

"Linden Lodge",

Clybawn,

Galway

Contact: Bridle O'Grady

Tel: (021)277520.

Activities: Meetings.

St. Conal's Hospital

Letterkenny,

Co. Donegal

Contact: Hugh McClafferty/Fergus

Cleary

Tel: (074)21022.

Activities: Holidays, swimming, outings, Christmas party, bingo, card games, board games, dancing, keep fit/ art classes.

Mental Health Association

St Columba's Hospital,

Sligo

Contact: John McGoldrick

Tel: (071)42111

Activities: Meetings, Social Activities

Facilities for People with Physical Handicap (including visual and hearing impairment)

Irish Association for Spina Bifida and Hydrocephalus

Contacts:

Mr. Michael Fleming,

Carrow Reath,

Cooper,

Tubbercurry

Co. Sligo

Tel: (071)85466 (W)

Iris Allen

Cooltigue

Fourmile House

Co. Roscommon.

Tel: (0903)29545.

Activities: Swimming, Christmas party.

Irish Kidney Association
"St. Catherine's",
Fintra Rd,
Killybegs,
Co. Donegal.
Contact: Mrs. Mary Melly
Tel: (073)31177
Activities: Meetings, Social Events

Irish Wheelchair Association
Contact: Rosemarie Dillon.
Tel: (072)41765.
Activities: Visits, Social Events,
Meetings

The Mended Hearts
2a Knappagh Road,
Sligo.
Contact: Robert Dowling Long
Tel: (071)69196.
Activities: Mutual support group

M.S Ireland
Teagasc,
Carnamuggadh,
Letterkenny,
Co. Donegal.
Contact: Josephine Tinneny
Tel: (074)25017.
Activities: Meetings.

National Council for the Blind
Contact: Ms. Marie Stephenson.
Tel: (077)61500.(10.30 - 4.00)
Activities: Horse riding, swimming,
wind-surfing(when possible.)

Volunteer Stroke Scheme
Contact: Ms Jean McNamara/Ms
Patricia Mc Loughlin.
Tel: (078) 20040.
Activities: Patient visits, day trips,
holiday, Christmas party, card
games.

Facilities for People with different disabilities (including mental handicap, physical handicap and mental illness)

Riding for the Disabled
Annaghmore,
Cooloney
Co. Sligo
Contact: Mrs Rosemary O'Hara
Tel: (071)67182.
Activities: Horse riding, outings,
Christmas party.

North Eastern Health Board Area

Facilities for People with Mental Handicap

5th. Louth (2nd. Dundalk) Scouts

83 Marian Park,
Dundalk,
Co. Louth.

Contact: Ms. Catherine Donnelly
Tel: (042)34162.

Activities: Scouting.

Irish Girl Guides

30 Greenwood Drive,
Redbarns,
Dundalk,
Co. Louth

Contact: Mrs Maureen Brannigan
Tel: (042)31865.

Activities: Guiding

National Federation of A.R.C.H. Clubs

Contacts:

Ardee:

Ms Lorraine Kenny,
Rathbrist,
Tallanstown,
Dundalk,
Co. Louth

Carrickmacross:

Ms. Catherine McHugh,
2 Ross Drive,
Maheross,
Carrickmacross,
Co. Monaghan
Tel: (042)61047(H)/31195(W)

Clones:

Ms.Hildegard McCarville,
Clondergole,
Clones,
Co. Monaghan

Drogheda:

Ms. Carol Byrne,
226 Martin Park,
Drogheda,
Co. Louth
Tel: (041)31401(after 5pm.)

Dundalk:

Mr. Colin Coogan,
18 McDermotts Terrace,
Carrick Road,
Dundalk,
Co. Louth
Tel: (042)34534(W).

Monaghan:

Ms.Melissa Howard,
28 Fairview Crescent,
Killygohan,
Monaghan.
Tel:

Navan:

Mrs. Helen Davis,
114 Abbeygrove,
Navan,
Co. Meath
Tel: (046)29597

Activities: Social evenings.

Special Olympics
KARE Office,
Moorefield,
Newbridge,
Co. Kildare.

Contact: Mr. Edmond Behan
Tel: (045)31544.
Activities: Track and field, athletics,
swimming, table tennis,
basketball, soccer, bowling.

Facilities for People with Mental Illness

No known facilities

Facilities for People with Physical Handicap (including visual and hearing impairment)

Asthma Society of Ireland

Contacts:

Slobhan Finglas
2 Glenview,
Drogheda
Co. Louth
Tel: (041)31363(W)/33307(H).

Marie Hughes
15 Beechgrove Lawns
Monaghan
Tel: (047)82541.

Activities: Swimming, meetings,
dance.

The Drogheda Wheelchair Sports Club

8 Trinity Gardens,
Drogheda,
Co. Louth.

Contact: Mr. James Gradwell
Tel: (041)33594.

Activities: General Sports

Irish Association for Spina Bifida and Hydrocephalus

Contacts:

Mrs Teresa Tierney
Kilcully
Ballyjamesduff
Co. Cavan.
Tel: (049)44702

Mrs Maidie Kelloway
182 Ballsgrove,
Drogheda
Co. Louth
Tel: (041)34691.

Activities: Meetings.

Irish Kidney Association

Contacts:

Cavan: Mairéad McMeel,
Coragh,
Emyvale,
Co. Monaghan.
Tel: (047)87603(H).

Louth: Joan Kerley,
"Olwen",
Ave. Rd,
Dundalk,
Co.Louth.
Tel: (042)32920(H).

Activities: Support, counselling.

Irish Wheelchair Association

Castletown Road,
Dundalk,
Co. Louth.

Contact: Mr. Owen Rice

Tel: (042)34975.

Activities: Swimming, sports.

**National Council for the Blind of
Ireland**

Community Service Centre,
15 Clanbrassil Street,
Dundalk,
Co. Louth.

Contact: Ms. Mary Flaherty

Tel: (042)35371(9.45-11.00.)

Activities: Craft classes, club, outings,
tandem-cycling.

**National Council for the Blind
Dundalk Office**

Contact: Mary Flaherty.

Tel: (044) 75346: 9.30-11am

Activities: Meetings

**Facilities for People with different disabilities (including
mental handicap, physical handicap and mental illness)**

No known facilities

South Eastern Health Board Area

Facilities for People with Mental Handicap

Irish Girl Guides
Silver Springs,
Ballyanne,
New Ross,
Co. Wexford
Contact: Mrs Carmel Kirwan
Tel: (051)21876.
Activities: Guiding.

Loughmore Castle Youth Club
Nr. Nenagh,
Co. Tipperary.
Contact: Michael Camplon
Tel: (0504)31433.
Activities: Soccer, Basketball,
Volleyball, Tennis.

Facilities for People with Mental Illness

GROW,
Ormonde Home,
Barrack Street,
Kilkenny.
Contact: Mike Watts/Eileen Watson.
Tel: (056)61624.
Activities: Meetings, sports,
hospital/school visits, football,
art, writing, drama, music, walks.

Facilities for People with Physical Handicap (including visual and hearing impairment)

Asthma Society of Ireland

Contacts:

Carlow:
Nellie Delaney
Tel: (0503)31273.

Enniscorthy:
Teresa Dobbs
Tel: (054)34191

Corey:
Sheila Fitzpatrick
Tel: (055)21562

Activities: Swimming, outings,
Christmas party.

Cashel/Rosegreen Youth Club

Friar St,
Cashel,

Co. Tipperary.

Contact: Fr. James Egan

Tel: (062)61127.

Activities: Badminton, Bsketball,
Drama, Outings, Soccer, Rounders,
Tabletennis, Volleyball

Cystic Fibrosis Association of Ireland

San Martino,
Mart Lane,
Foxrock,
Dublin 18

Contact: Michelle Fleming
Tel: (01)962433/962186.
Activities: Meetings

Friedrichs Ataxia Association

Contact: Clare Creedon
Tel: (01)2894788.
Activities: Functions

Irish Association for Spina Bifida and Hydrocephalus

c/o New Albatross,
New Ross,

Co. Wexford

Contact: Mr. Patrick Furlong
Tel: (051)21400

Activities: Independence training,
track and field, fashion, music,
youth exchange, swimming.

Irish Kidney Association

Contact: Mrs. Ann Egan.
Tel: (0503)41368.

Activities: Meetings/Social Events

Irish Wheelchair Association,

Parnell Street,
Kilkenny

Contact: Edel Logan.
Tel: (056)62775.

Activities: Visits, Social Activities,
Meetings

The Mended Hearts

40 Sallypark,
Waterford.

Contact: Michael Scanlan
Tel: (051)78328.

Activities: Hospital/home visits.

National Association for the Deaf

Deaf Club,

Wexford Town

Contact: Pat Whelan,

North Main St.,

Enniscorthy.

Tel: (01)388124/388129/388131

Activities: Meetings.

Volunteer Stroke Scheme

Clonmel

Carol Moore,

Clonmel.

Tel: (052)24144.

Dungarvan Stroke Club

Contact: Ms. Margaret Brown,

St. Josephs Hospital,

Dungarvan,

Co. Waterford

Tel: (058)41003(H)/

42199(Hospital.)

Waterford Stroke Club

Contact: Ms. Bridie Kehoe,

c/o Speech Therapy Dept.,

St. Patricks Hospital,

Johns Hill,

Waterford

Tel: (051)76111

Wexford

Eleanor White,

Wexford.

Tel: (053)23522.

Activities: Home/hospital visits.

Waterford Viking Swimming Club

24 Glencarra,

Ballybeg,

Waterford.

Contact: Jim Daly

Tel: (051)72715.

Activities: Swimming.

Facilities for People with different disabilities (including mental handicap, physical handicap and mental illness)

Abled/Disabled Club

53 Ashfield Drive,
Coolcotts,
Wexford Town
(Wexford Presentation Convent.)
Contact: David Clancy
Tel: (053)22504 (Convent.)
Activities: Meetings.

C.A.S.A

Hospital,
Co. Limerick.
Contact: Mary Magner
Tel: (061)83193.
Activities: Day Centre.

Enniscorthy Community Workshop

Contacts:

Ms. Mary O'Donovan
Tel: (053) 23522

Maureen O'Dwyer.
Tel: (054)33069

Activities: Holidays, swimming, horse riding, track and field, darts, table tennis, pool, soccer, volley ball, bowling, draughts, cards, games, fun days, dances, table quiz.

National Federation of ARCH Clubs

Enniscorthy A.R.C.H. Club
Ms. Marie Fenlon(Sec.),
31 Belfield Road,
Enniscorthy,
Co. Wexford.
Tel: (054)33285.

Kilkenny A.R.C.H Club
Ms. Margaret Gibbons,
S.O.S Kilkenny Ltd.,
Callan Rd.,
Kilkenny

New Ross A.R.C.H. Club
Ms. Monica Byrne(Sec.),
8 Tower Grove,
New Ross,
Co. Wexford.
Tel: 051)21849.

Wexford A.R.C.H. Club
Mrs. Michelle Goff(Sec.),
106 Bishopswater,
Wexford.

Activities:Social Evenings

Riding for the Disabled Association of Ireland

Thomastown Branch,
Thomastown Voc. School,
Thomastown,
Co. Kilkenny.
Contact: Ms. Brigitte McCarthy
Tel: (056)24511.
Activities: Horse riding.

Wexford Able-Disabled Club

53 Ashfield Drive,
Coolcotts
Wexford.
Contact: Mr. David Clancy
Tel
Activities: Basketball, table tennis, pool, outings, trips.

Mid-Western Health Board Area

Facilities for People with Mental Handicap

Brothers of Charity Services

Contact: Terry Cullmore.

Tel: (061)42288.

Activities: Swimming, gymnasium,
track and field, soccer.

Irish Girl Guides

2 Western Villas,

Cabra Rd.,

Thurles,

Tipperary

Contact: Ms. Irene Reale

Tel: (0504)21143.

Activities: Guiding

Special Olympics Ireland

Contacts:

Mr. Tony Murphy (Limerick).

Tel: (061)42288.

Mr. Martin Carney (Roscrea).

Tel: (0505)21426

Activities: P.T., swimming, indoor
soccer, ten-pin bowling, jogging,
Special water Festival, camping.

Facilities for People with Mental Illness

GROW

27 Mallow St.,

Limerick.

Contact: Ann Fitzgerald

Tel: (061)318813.

Activities: Meetings.

Facilities for People with Physical Handicap (including visual and hearing impairment)

Asthma Society of Ireland

17 Vartry Close,

Raheen Heights,

Limerick

Contact: Alice McElligott

Tel: (061)27093.

Activities: Swimming.

Cystic Fibrosis Association of Ireland

14 Castletroy View,

Childers Road,

Limerick.

Contact: Mrs. Mary Kennedy

Tel:

Activities: Meetings

Brainwave (Irish Epilepsy Association)

c/o Social Service Centre,

Henry Street,

Limerick.

Contact: Carmel Coughlan

Tel: 338486

Irish Kidney Association

Contacts:

Mr. G. Clohessy,
99 Shanbooly Rd,
Ballynanty Beg,
Limerick
Tel: (061)52916(H).

Mrs Peggy Eustace
Tel: (065) 28121

Activities: Meetings, Social Events.

Irish Wheelchair Association,
c/o Limerick Social Service Centre,
Henry St.,
Limerick

Contact: Jo Fitzgibbon
Tel: (061)313691.

Activities: Holidays, outings/socials,
swimming, basketball, archery,
shot, javelin and discus.

The Mended Hearts

Contact: Mary Imelda Quinn,
25 Kilmurry Court,
Garryowen,
Limerick.

Tel: (061)312142.

Activities: Hospital/home visits.

Facilities for People with different disabilities (including mental handicap, physical handicap and mental illness)

C.A.S.A.

Hospital,
Co.Limerick.

Contact: Mary Magner.

Tel: (061)83193.

Activities: Monthly social, holidays, outings.

M.S Ireland

Contact: Mary Leonard,
Social Services Centre,
Henry Street,
Limerick

Tel: (061)45035.

Activities: Holidays, outings, social
gatherings.

St. Paul's,

Dooradoyle,
Limerick.

Contact: Ann Long

Tel: (061)301830.

Activities: Organised competitions.

Spina Bifida and Hydrocephalus Association,

7 Sexton Street,
Limerick,

Contact: Kay Bolger

Tel: (061)311637/377570(H).

Activities: Holidays, swimming, local
competitions.

