

CONTACTS

Volume 18, No. 2 Autumn 1992

We're Open!



Attending the Official Opening of our new headquarters at Dr Steevens' Hospital were (l-r) Mr Chris Flood TD, Minister for State, Department of Health; Cllr Ivor Callely TD, former Chairman, Eastern Health Board; Dr John O'Connell TD, Minister for Health; Mr Kieran Hickey, Chief Executive Officer, Eastern Health Board.



The two century old tradition of health care at Dr Steevens' Hospital was guaranteed well into the next century when Dr John O'Connell TD, Minister for Health, officially opened the building as our new headquarters on 1 July last.

Not only will the centralised accommodation ensure greater efficiency in the delivery of services, but the tradition of Dr Steevens' Hospital will be maintained by its continuing to play a major role in the delivery of health care services to the 1.3 million people in the Eastern Health Board's area for years to come.

The main building is listed and is of immense architectural importance. It was designed by Thomas Burgh who also designed the library at Trinity College. The design is said to be based on that of the Royal Hospital at nearby Kilmainham.

The hospital library, financed by Edward Worth.

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EDITORIAL COMMITTEE: Matt O'Connor (Editor), Patricia Genochi (Dep. Editor), Eddie Matthews (Sports Editor), Joe Cahill, Kay Dolan, John Golden, Mary Gorry, Fred Hegarty, Terry Murphy, J F Reynolds.



Dr John O'Connell TD, Minister for Health, Mrs Groome and Cllr Ivor Callely, former Chairman, Eastern Health Board at the dedication ceremony of the new roof garden in Naas General Hospital to the memory of the late Cllr Austin Groome.



At the official opening of Tús Nua were Cllr F Hynes, former Vice-Chairman, Eastern Health Board; Dr John O'Connell TD, Minister for Health; Cllr R Roche TD; Mr Alan Dukes TD; Mr Kieran Hickey, Chief Executive Officer, Eastern Health Board.

COMMUNITY PSYCHIATRY Kildare style

On 8 June last, Dr John O'Connell TD, Minister for Health, officially opened the community and hospital-based Psychiatric Services which will serve the people of Kildare and West Wick' for years to come. Up to then the Psychiatric Service in Kildare was provided on an age basis by the South Eastern Health Board and by St Loman's Hospital.

The first event of the day was the official opening of *Tús Nua* which is the new headquarters of the Psychiatric Services in mid-Kildare. Later on in the day a new 30-bed acute unit (Lakeview Unit) and day hospital were officially opened at Naas Hospital. Prior to this, however, a new roof garden was dedicated to the memory of the late Cllr Austin Groome, a former member and Chairman of the Eastern Health Board.

At the official opening of Tús Nua were (l-r) Seamus Murphy and Carmel Kelly (Special Hospital Care), Nora Greene (Community Care), Sr Catherine Mulligan, and Violet Harford (Special Hospital Care)



(Below left) At the opening of the Lakeview Unit in Naas General Hospital were Cllr Ivor Callely, former Chairman, Eastern Health Board; Mr E Matthews, Administrator and Ms B Brislane, Maon, Naas General Hospital; Dr John O'Connell TD, Minister for Health; Mr T Kelleher, Chief Nursing Officer.

(Below right) The new mental health headquarters for mid-Kildare — Tús Nua.

The new psychiatric service in Kildare is an exciting and innovative approach to treating people with a psychiatric problem.

The service objective is to have the patient seen quickly; to have the problem identified and help provided — as far as possible without moving the patient from his usual environment to hospital.

The service is provided by a multi-disciplinary team comprising medical, nursing, social worker and occupational therapy staff. The team provide a crisis intervention service offering access to psychiatric help.

The team is involved in regular family visiting providing long-term support and care to patients and their families, thereby minimising relapses and risk of crises.

The psychiatric services in Co Kildare are delivered through three sectors with the mental health centres' headquarters as follows: Boycetown House, Kilcock, serving North Kildare; *Tús Nua*, Kildare, serving Mid-Kildare; Abbeyville, Castledermot, serving South Kildare.

Community residences with varying levels of support are

(Cont. page 4)





Campaign – Good Neighbour!

TO ALERT THE GENERAL PUBLIC TO THE NEEDS OF OLD OR VULNERABLE PEOPLE WHO LIVE ALONE

For a number of years, staff in the Eastern Health board and in the Social Work Section of Dublin Corporation, have been concerned about the safety and well-being of vulnerable people who live alone.

We have been shocked at the tragedies of old people found dead or dying, alone and forgotten, and of others who are the victims of thugs, burglars and 'con' men.

Social workers, nurses, doctors and the Gardaí cannot be on hand 24 hours each day, seven days a week to ensure that old and vulnerable people are safe and well.

The co-operation of neighbours and relatives is, therefore, very important in helping to prevent future tragedies.

In order to heighten public concern for vulnerable people who live alone, and to encourage neighbours to help where appropriate, Dublin Corporation, the Eastern Health Board and the Department of Health, are launching a major publicity campaign on 1 October which is designated

INTERNATIONAL DAY OF THE ELDERLY

The campaign will be launched by the Lord Mayor and by the Chairman of the Eastern Health Board and will include a poster campaign, radio and television coverage, information leaflets on '*Hypothermia*', '*Safety and Security in the Home*' and '*Be a Good Neighbour*', as well as press coverage.

The commercial sector is giving its whole-hearted support to this campaign. Premier Dairies will carry a large message on its milk cartons and will distribute a leaflet on being a good neighbour to their customers. Dublin Bus will carry an advertisement on its buses. The DART stations will also carry posters to remind passengers about the campaign. The ESB will send out an invitation to their customers to befriend and help a vulnerable neighbour who lives alone. (The ESB tell us that their message will reach over 1.3 million households in the country.) Bórd Gáis will prepare and distribute to their customers, a special leaflet on being a good neighbour and make other leaflets related to the campaign available in their numerous shops. The Churches and the Garda Authorities have also pledged their support, while a circular has been sent to over 400 schools in the Dublin area requesting school principals to include the subject on the school agenda. The City and County libraries will be actively involved in bringing the message of the campaign to the attention of the general public.

For further information, contact:

Michael Kelly, Chief Welfare Officer, Dublin Corporation, Capel Buildings, Dublin 1. Tel. 727666

EASTERN HEALTH BOARD

Election of members to the Board by Professions

The following persons have been elected/appointed as members of the Eastern Health Board for the period 1 July 1992 to 30 June 1997:

CONSULTANT IN A GENERAL HOSPITAL

Dr John Fennell, St Columcille's Hospital, Loughlinstown.

CONSULTANT PSYCHIATRIST

Dr Charles G Smith, Central Mental Hospital, Dundrum.

GENERAL MEDICAL PRACTITIONERS

Dr Ray Hawkins, 2 Duncairn Tce, Bray, Co Wicklow.

Dr James Reilly, Fingal House, Lusk, Co Dublin.

MEDICAL PRACTITIONER WITH SPECIAL KNOWLEDGE OF OR EXPERIENCE IN PREVENTIVE MEDICINE

Dr Brian O'Herlihy, Cromcastle Road Health Centre, Coolock.

REGISTERED MEDICAL PRACTITIONERS

Dr Rosaleen Corcoran, Poplar House, Naas, Co Kildare.

Dr Richard Whitty, St Brendan's Hospital, Dublin 7.

Dr Margo Wrigley, James Connolly Memorial Hospital, Dn 15.

REGISTERED DENTIST

Dr D I Keane, Old County Road Health Centre, Crumlin.

REGISTERED NURSE

Ms Margaret Nealon, St Mary's Hospital, Chapelizod.

REGISTERED PSYCHIATRIC NURSE

Mr Gerry McGuire, St Ita's Hospital, Portrane, Co Dublin.

REGISTERED PHARMACEUTICAL CHEMIST

Mrs B Bonar, Farmer's Pharmacy, Dundrum Shopping Centre.

The following persons have been appointed by the Minister for Health as members of our Board for the same period:

Cllr Liam Creaven, 43 St Fintan's Park, Sutton, Dublin 13.

Mr Joe Jacob TD, Dáil Eireann, Dublin 2.

Mr D Roche TD, Dáil Eireann, Dublin 2.

Mr P Aspell, 61 College Park, Newbridge, Co Kildare.



Michael O'Connor RIP

We were all shocked on hearing of the sudden death of Michael O'Connor, former Maintenance Officer, Kildare/West Wicklow. Michael's passing to his Eternal reward has left his many friends and working colleagues coping with a deep sense of loss.

As someone who has had the pleasure of having Michael in charge of Naas Hospital maintenance for almost twenty years, I feel I am in a position to know the contribution he made to the welfare of everyone in the Hospital. Relying on his mature and expert advice which never failed, Michael solved the mechanical, electrical and repair needs of the Hospital as they arose — be it day or night. In an era of cost-cutting and saving Michael repaired and re-used in every way possible. I always knew if I had Michael on my side whatever the job was it would be done.

I commend his precious soul to God and may he enjoy a rich reward in Heaven. To Mrs O'Connor and family our prayers and sympathy in their loss.

Sr Antonette



Brian Burke, the Board's Computer Auditor, being presented with the International Institute of Internal Auditors Qualification in Computer Audit by Dublin's Lord Mayor, Deputy Gay Mitchell TD.

Brian is the first person in the Public Service and only the second person in Ireland to achieve this specialist qualification. We congratulate Brian on this great achievement.

We're Open!

(Cont. from page 1)

a trustee and governor of the hospital who died in 1733 is of great importance. The Eastern Health Board plans to fully restore this room.

Speaking at the opening ceremony, Mr Kieran Hickey, Chief Executive Officer, Eastern Health Board, said that the building will house a small public museum devoted to the history of the hospital and to Irish medical history. 'We expect a lot of people will be interested in paying a visit to the new Dr Steevens'. It is a building of outstanding architectural interest and we are proud to be in a position to protect it for future generations', Mr Hickey concluded.

The restoration recently received a prestigious award from the Commission of the European Communities as a pilot project in the scheme to conserve European Architectural Heritage.

The new 'one stop shop', which will be located at the front entrance to Dr Steevens', will provide information and answers to specific queries relating to all Eastern Health Board areas and services. The new facility will be fully staffed, with on-line computers linking it with all the various Eastern Health Board departments. ◇

PSYCHIATRIC SERVICE — Kildare style

(Cont. from page 2)

provided for people who require rehabilitation or longer term care and these are located in towns throughout the County.

Skill-based training programmes are another feature of the service and centres are being run by EVE Holdings Ltd in Kildare town and Maynooth.

A small number of patients do require in-patient care and this is provided in the ultra-modern acute unit in Naas General Hospital. This new unit is a very prestigious development which has won several architectural awards.

A novel approach to the administration of the Kildare service was adopted by the Board in as much as the Chief Nursing Officer for Kildare is responsible for the management of the community nursing services and acts in a functional capacity in the in-patient unit, whilst at the same time the unit is under the administrative control of the Hospital Matron. The alignment with the General Hospital Programme is further enhanced by the Hospital Administrator acting as administrator for the Unit.

Administration of the community services is vested in the Administrator for Community Care, thus all three programmes are involved in this new approach to the delivery of a community-based psychiatry service. ◇

Helping people to *help* themselves

The Community Alcohol Service was established in January '91. The provision of this Service was in line with the recommendations in *Planning for the Future* and formed part of the re-arrangement to services for problem drinkers within the Eastern Health Board area.

The Dublin region is now catered for by three services: Stanhope Street Counselling Centre serving all of Dublin north of the Liffey; Baggot Street Alcohol Treatment Unit serving Areas 1, 2, and 3 of the Health Board and the Community Alcohol Service in Belgard Road, Tallaght, serving Areas 4, 5 and 9.

The Service in Belgard Road operates from Tallaght Day Hospital which is about 15 minutes walk from The Square. We started in 1991 with two counsellors which has since increased to five.

Purpose and philosophy

The purpose of the service is to provide a range of community-based services which will impact positively upon individual, family and community alcohol problems within available resources.

Over the past number of years a major change has taken place in the way experts understand the nature of alcohol-related problems. It is now recognised that there is not just a large group of harmless social drinkers and a helpless minority of pathologically uncontrolled problem drinkers or 'alcoholics'. There exists a great variation both in types and severities of alcohol-related harm, hence the community-based approach to assist intervention at the earliest possible stage of harm.

Aims

The Community Alcohol Service aims to provide information, advice and counselling to all those whose lives have been and are being affected by alcohol-related problems i.e. the problem drinker, spouse/partner, adult children (16+), mother/father.

Programmes

In order to achieve the above aims a number of particular programmes have been devised to facilitate individuals and families to change. The development of personal growth is central to all programmes, the purpose of which is the building-up of the capacity of each individual to cope adequately and appropriately with life situations, where alcohol has been a problem. Furthermore, the family programmes are aimed at helping individual members gain an understanding of addiction therapy helping them to develop new responses to the family situation.

The following programmes are provided:

— *Intervention Training*: to provide intervention skills to concerned persons who are closely involved with an active alcohol problem.

— *Introduction to Community Alcohol Problems*: to expand knowledge and awareness of alcohol-related problems within the community to primary care workers.

— *Concerned Persons' Group*: to help concerned persons to develop new responses to the alcohol family system.

— *Problem Drinkers' Awareness Group*: to help problem drinkers to face the full impact of the harmful consequences of their drinking on themselves and family relationships.

— *Adult Children of Alcoholics Group*: to enable persons aged 18 upwards, who are displaying emotional, social and behavioural problems arising from their experiences in a family where drinking was or is a problem, to initiate change.

— *Information Service*:
(a) for any member of the public who wishes to obtain information on alcohol and safe drinking levels;
(b) advice and information to

employers, unions, regarding drink-related problems at work.

With regard to (b), the response to this particular programme has been excellent. Directors of Community Care in areas 4, 5 and 9 have been releasing staff from all disciplines to attend this course. One of the main priorities of the course and the service is to assist primary care workers to deal themselves with clients who present with alcohol problems as five counsellors alone working in an area of 350,000 can only exert a minimal influence on such problems.

Based on research conducted in an average Health District in Britain and adjusting that research to our population area of 350,000 (Area 4, 5 and 9 of EHB), the likely prevalence of heavy and

problem-drinking is:

31,500 drinking heavily
(above safe limit)
10,500 admit to problem
1,750 known to agencies
175 admitted to
psychiatric hospitals

(*Helping the Problem Drinker New Initiatives in Community Care*, edited by Tim Stockwell, Sue Clement).

Referrals are accepted from a wide range of sources including companies, courts, general practitioners and community services. We also accept self-referrals. A counsellor will usually see a client for up to 3 sessions prior to admission to programme. Clients are seen by appointment only and it is preferred that the client makes the appointment him/herself.

SAI

**SCHIZOPHRENIA
ASSOCIATION
OF IRELAND**

4 FITZWILLIAM PLACE DUBLIN 2
Telephone (01) 761988. Fax (01) 761705

ONE-DAY NATIONAL CONFERENCE

**Schizophrenia: any answers?
An international update on treatment
and research in the context of
comprehensive community care**

FRIDAY 16 OCTOBER '92
JURY'S HOTEL, DUBLIN
9.30 am to 4.30 pm

Speakers include: Dr E Fuller Torrey, Twin Studies Unit, National Institute for Mental Health, Washington DC; Professor Robin Murray, Institute of Psychiatry, London; Dr Dermot Walsh, St Loman's Hospital, Dublin; Dr Eadhuard O'Callaghan, Cluain Mhuire Family Centre, Blackrock; Dr Máire Horgan, Eastern Health Board.

Further details available from SAI.

Translating disability into ability

Q. How did General Health Information Services Ltd come into being?

A. General Health Information Services Ltd. (GHIS) is a subsidiary company of the Eastern Health Board formed in 1987 to provide computer bureau facilities for the Board and at the same time provide training and employment opportunities for our workshop clients. The setting-up of GHIS was, in large measure, due to the vision of our then Management Services Officer, the late Noel McNee.

In 1987, our Management Team became conscious of shortcomings in using outside commercial computer bureaux, particularly with regard to the accuracy levels achieved in input data processing. Around the same time, the Board was also facing difficulties in providing worthwhile training opportunities for some of our clients who were then employed on relatively menial tasks within our workshop facilities with little hope of progress to any meaningful future employment activity. Noel McNee saw that the difficulties we faced could be changed into an opportunity to pioneer an innovative training programme for persons with learning disability thus harnessing the potential of information technology as a means of translating disability into ability.

Q. From where did you select your first trainees?

A. Eight persons with learning disabilities were selected for

training from amongst those attending our workshops. An intensive ten weeks training course followed in basic keyboard skills and the use of computer terminals.

Subsequently, on-the-job training was provided in key-punching live data directly to our Board's computer system. By 1989, as the trainees became fully competent, we were in a position to dispense with the services of outside commercial businesses for key-punching services. I am also pleased to state that the level of accuracy that has been achieved now by the trainees is higher than obtained under the previous commercial arrangements.

Q. Did the group acquire any knowledge of office activities during training?

A. In addition to the key input activities the group have now been trained to handle normal office activities relating to their work including:

- booking and logging data for key-punching
- text-processing, copy-typing and editing
- completion of control information on batch headers accompanying input data
- validation of key-punching

Q. Does GHIS Ltd do work only for the Health Board or does it take on outside work?

A. Since 1990 more extensive training has allowed GHIS to take in more work from outside agencies including:
— questionnaire response

- key-punching
- production of curriculum vitae for customers
- word processing
- maintenance of a database on the history of *Irish Family Names*

Q. Do trainees have to achieve set targets?

A. The trainees have a specific charter of rules to follow and daily targets to achieve. This approach is necessary for the next stage of their development and placement in real occupations in outside agencies. To date, one trainee has been placed from GHIS in full-time employment in our Board's Computer Department.

A comprehensive personal development programme was also organised for each trainee. Social and literacy skills have been provided using computer-based learning aids. Telephone switch duties are now shared amongst trainees.

Q. Could you describe the involvement of the physically disabled in the programme?

A. Following the initial success of GHIS it was decided to extend the company's activities into a more advanced information technology area aimed at helping the physically disabled, again an innovative solution to a particular problem i.e. a shortage of qualified programmers. An initial group of seven physically disabled persons were selected following an interview and psychology test. (The disabilities included multiple sclerosis, polio, muscular dystrophy, hearing impediment, multiple injuries from a car accident.)

Training courses were provided which included:

- programming
- computer-based information retrieval and manipulation
- micro-computer skills
- mainframe computer applications

Q. Could you outline the extent to which GHIS

has successfully achieved its objective of providing services to other health agencies?

A. Since completion of their training programmes, the trainees have to date produced the following systems for various health agencies:

- mammography screening database system
- workshop management system
- staff rostering system
- foster care system
- drug refund system
- medical card system
- wheelchairs management and control system.

Q. Have many trainees been placed in employment?

A. To date all seven of the original trainees involved in the second phase of GHIS have been placed in suitable employment including one who received a USA work visa and is now in employment there.

The number of trainees in this sector of GHIS has been increased to 18, undergoing a two-year training programme. At this juncture the Board is intent on developing further ways and means of identifying potential employers for those who can graduate from GHIS into open or sheltered employment. A framework and protocol for potential employers will provide the support mechanism necessary

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Martin Gallagher, Finance/Management Services Officer



RETIREMENTS

Best wishes to our newly retired staff

Patrick P Markey, Maintenance Officer, St Ita's Hospital	Bernard Shea, Clinical Dental Surgeon — Grade II
Bridget McGloin, Ward Sister JCM Hospital, Blanchardstown	John Fagan, Porter Cherry Orchard Hospital
Margaret McNamee, SEN St Mary's Hospital	Mary Ryan-Murray, Domestic St Brendan's Hospital
Evelyn C Allen, Attendant St Ita's Hospital	Catherine P Mangan, Ward Sister JCM Hospital, Blanchardstown
Sheila Lambe, Laundry Worker St Brendan's Hospital	Anne J O'Connor, Grade II St Columcille's Hospital
Mary Blake, Laundry Worker St Brendan's Hospital	Norah McGuire, Domestic St Mary's Hospital
Kathleen Walsh, Staff Nurse Naas General Hospital	Kevin Healy, Supplies Officer — Grade B, St Brendan's Hospital
Joan A Egan, Ward Sister St Brendan's Hospital	Michael D Cummins, Grade VI General Hospital Services
Mary B Bennett, Staff Nurse St Vincent's Hospital, Athy	Ann Conyard, Domestic St Colman's Hospital
Margaret O'Toole, CPN St Brendan's Hospital	Dr Sylvia Finley, Con. Psychiatrist Special Hospital Care
Catherine Herd, Attendant Brú Chaoimhin	Bridget McCarthy, Asst. Matron St Mary's Hospital
Bernard O'Connor, Attendant Brú Chaoimhin	Susan Melville, Attendant St Clare's Home
Anne V Cooke, Grade V Receipts Unit	Bridget Dunlea, Ward Sister Clonskeagh Hospital
Thomas U Murnane, Clinical Dental Surgeon — Grade II	Dominic McEvoy, Supplies Off. Grade D, St Brendan's Hospital
Cynthia Gleeson, Sen Social Worker, St Mary's Hospital	Mary T Donnellan, Night Supt. JCM Hospital, Blanchardstown
Ita T Whelan, CPN St Brendan's Hospital	William Gunning, General Operative, St Brendan's Hosp.
Ethel McGuinness, Domestic St Clare's Home	Ann Doyle, Staff Nurse St Loman's Hospital
Eileen Ogle, Domestic Cherry Orchard Hospital	Bridget Nolan, Domestic Central Mental Hospital
Mary Kelly, Attendant St Mary's Hospital	Mary A Connelly, Nursing Officer, St Loman's Hospital
Mary Clarke, Domestic St Ita's Hospital	Michael Campion, Senior Operative, Disinfecting Depot
Norah E Burke, Ward Sister St Clare's Home	

Assistant Matron retires from St Mary's

Miss B McCarthy retired as Assistant Matron from St Mary's Hospital on 10 July last after 40 years' service to the hospital.

Breda began her long and dedicated nursing career in 1952 after her training in St Vincent's Hospital, Elm Park, and the Coombe School of Midwifery.

She came to St Mary's Hospital at a time when TB was rampant in Ireland. St Mary's was then one of the

leading chest hospitals in the country. As the need for a TB service diminished, St Mary's became an institution for the Services for the Elderly.

Breda's career developed in tandem with the hospital. She became a Ward Sister in the 1970s and was later appointed as Assistant Matron. Breda was very popular with staff and patients alike and her presence will be missed by all those associated with the hospital.

INTERHOSPITAL SOCIAL CLUB

AUSTRALIA '93

Proposed Itinerary

DEPART **Dublin 13 JUNE (Sun)**

RETURN **2 JULY (Fri)**

COST **£1,795** DEPOSIT **£50**

INCLUDES*

- All flights Dublin-London-Singapore-Perth-Sydney-Cairns-Bangkok-London-Dublin *AerLingus/Quantas*
- 1 night bed/breakfast - Singapore (outbound)
- 4 nights half-board Perth
- 2 nights b/b Sydney
- 8 nights half/b Cairns
- 2 nights b/b Bangkok

* *Extras - Govt taxes & insurance*

PARIS in the Spring

DEPART **Thurs 18 FEB (no time yet)**

RETURN **Sun 21 FEB (late)**

COST **£199 approx** Deposit **£20**

Includes - Return flights 3 nights b & b Transfers. NOT incl - Insurance & Govt tax.

A FULL DAY TRIP WILL BE ORGANISED TO EURO-DISNEY FOR THOSE WISHING TO GO

Contact **JIMMY 744545 or 562201 after 9 pm**



CATERING BY MUG 'N' MUFFIN

You work hard enough , let us do the Catering.....

Parties - Business Meetings - Christenings
Anniversaries - Special Occasions

Menu 1 (for a cosy get-together)

Pate/Cream cheese *vol au vents*.
Cocktail sticks savoury/sweet.
Finger sandwiches.
Cocktail sausages with hot mexican dip.
Cheesecake fingers.
£2.75 per person.

Menu 2 (out to impress!)

Smoked salmon on brown bread.
Cream Cheese & Dill *vol au vents*.
Lamb shish kebabs.
Dressed sandwiches.
Vegetable dip.
Profiteroles with chocolate sauce..
£3.50 per person.

Menu 3 (Christenings, 21st, Anniversary buffet)

Ham/Turkey/Beef/Quiche cold sliced.
Coleslaw/Potato Salad with corn.
Pasta Salad in vinaigrette.
Mushrooms in garlic and mayonnaise.
Bean and hazelnut salad.
Greek/Waldorf salad.
Selection of 4 salads & choice of breads.
Profiteroles/Cheesecake.
£4.25 per person.

MUG 'N' MUFFIN IS PART OF THE IRISH SOCIAL FIRMS INITIATIVE AND HAS BEEN TRADING SUCCESSFULLY FOR THE LAST THREE YEARS.
CONTACT: JACQUIE : (01) 751330 50 PLEASANTS STREET.



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5

NEW HQ – OFFICIAL OPENING OF DR STEEV

Attending the celebration

1 JULY 1992

1. Richard Bruton, Terry Myers, Jim Kearney, Hardiman, Bridget Brady, Kathleen D'Arcy, Lily Dowling
 3. Benadette Mooney, Joe McEvoy, Lily McGovern, Smith
 4. Gerry McNamee, Liam Doran, E. Baker
 5. Gerry Hanley, Barry White, Ann
 6. Cllr Frank Hynes, Michael Walsh, Prof. Stephen Zachary Johnson, Kathleen D'Arcy, Patricia C. Dymona Lally, Barbara Haslam, Jane Morgan
 9. Brady, Cllr Dr. Bill O'Connell
 10. Margaret
 Maureen Windle, Martin Gallagher
 11. John L. Forde
 12. Claude Delaney, John O'Sullivan
 13. Cora Bolger, Emer Bolger-Murphy, Niamh Marie Deasy, Eithne McQuillan, Mary McAndrew



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13



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Curran, 2. Imelda
Mary Kelly, Frank Barry,
Des Matthews, Sheila
Matthews, Brendan
on, Robbie Dunne,
John Doyle, 7. Dr
8. Patsy Curtin,
ran Hickey, Cllr Gerry
ern, Barry Segrave,
Miriam King, Mary
mmins, Paul Peake,
14. Marie Mooney.

Coinciding with the official opening of Dr Stevens' was the introduction of Doctor Stevens' Hospital - A Brief History by Professor Davis Coakley (See review page 10) Pictured here are (l-r) Ms Edel Bates, Dr Noel Browne, Professor J Feely and Professor Coakley.



Educational and Training Opportunities 1992/93

Courses available in the areas of health and social welfare

- DIPLOMA COURSES
- SHORT COURSES
- STUDY PACKS

An Ageing Society
Caring for Children and Young People
Child Abuse and Neglect: An Introduction
Children Act 1989: Putting it into Practice
Community Care
Coronary Heart Disease: Reducing the Risk
Death and Dying
Diploma in Health and Social Welfare Resource Pack
Disability — Changing Practice
Disability — Identity, Sexuality and Relationships
The Disabling Society
Drug Use and Misuse
Good Study Guide (an OU handbook)
Health and Disease
Health and Well-being
Issues in Deafness
Learning for All
Living in a Changing Society
Managing Health Services
Managing Voluntary and Non-Profit Enterprises
Mental Handicap: Changing Perspectives
Mental Handicap: Patterns for Living
Mental Health Problems in Old Age
Patterns for Living: Working Together
Reducing the Risk of Cancers
Roles and Relationships
Social Problems and Social Welfare
Systematic Approach to Nursing Care: An Introduction
Working with Children and Young People (course/pack)
Working with Children and Young People
(tuition and assessment option)
Working with Older People
Working with Under-Fives

Further information from:

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BOOK REVIEW

by J McEvoy

Doctor Steevens' Hospital — A Brief History

by Professor Davis Coakley.

Published by Dr Steevens' Historical Centre.

Reading this beautifully produced volume was a delight, and I certainly recommend it to all the staff now working in Dr Steevens' Hospital. (Indeed, the building was described recently in the Irish Times as now looking like a minor Hapsburg palace.)

Early history: Dr Richard Steevens, President of the Royal College of Physicians, who died in 1710, stipulated in his will that his unmarried sister Grizel was to have the benefit of his property during her lifetime. After her death the proceeds were to be used to provide 'one proper place or building . . . for a hospital for maintaining and curing . . . such sick and wounded persons whose distemper and wounds are curable.' Grizel Steevens, in fact, decided to carry out the building of the hospital during her lifetime.

During her lifetime, Madam Steevens gave donated almost £15,000 to the hospital, a very considerable fortune at that time. She lived in rooms on the ground floor and some years after her death her coffin was placed in a vault in the original chapel of the hospital.

The Worth Library: Professor Coakley describes the imposing room, essentially unchanged since 1742, designed by Edward Lovett Pearce, to receive the books of Edward Worth (1678—1733) who played an active part on the Board of Governors of Dr Steevens' Hospital but, unfortunately, died before the hospital was opened.

The Worth Library Collection contains over 4,500 books on many subjects, including surgery, chemistry, botany, history, topography, the classics and theology. A keen bibliophile, Worth bought books at the auctions of a number of French Libraries and his library has books by Montaigne, Racine and Voltaire, as well as works by Italian authors including Dante, Petrarch and Boccaccio. It is hoped that the books, now in Trinity College, Dublin, will again be housed in the Worth Library room in Dr Steevens' Hospital, providing a dispute with Trinity College regarding their guardianship can be sorted out.

A celebration of medicine: Professor Coakley's book is above all a celebration of medicine at Dr Steevens' over the last 260 years. Richard Helsham and his bizarre funeral arrangements are mentioned and Bryan Robinson who became well known for his book *Animal Economy*. The collaboration and work of William Stephens (1696—1760) and Samuel Clossy is outlined, as is the life of the outstanding surgeon Abraham Colles. There is an account of the unusual bed-side teaching of William Cusack in the early part of the last century: Cusack was actually in the bed when he taught his students. In the early years of this century Walter Clegg Stevenson (1877—1931) became a pioneer in the use of radium for cancer treatment.

A remarkable woman, Alice Reeves, took over the management of nurse training in 1918 and introduced many reforms. Alice Reeves was the first Irish nurse to be awarded the Florence Nightingale Medal by the International Red Cross. She retired in 1947 and received the degree of MA *honoris causa* from Trinity College, Dublin

Other medical men discussed include Dr Percy Kirkpatrick who served the hospital for 55 years and Dr Thomas George Wilson (1901—1969), specialist in ENT surgery, who worked for the Hospital from the 1920s.

Bringing the reader right up to date, the very successful plastic surgery unit developed by Mr Brendan Prendiville is mentioned and tribute is paid to the heroic work carried out by the burns unit following the Stardust tragedy in 1981.

I think this history of Dr Steevens' Hospital is destined to become quite valuable, and suggest the reader acquire a copy before it becomes a collector's item.

An alarm system for the elderly in the South Inner City of Dublin was launched recently by Cllr Frank Hynes, Chairman, Eastern Health Board. The launch took place at the EHB Ambulance Control Centre.

The purpose of providing such alarm systems is to ensure that elderly persons living alone and considered to be most at risk, can have the facility of making immediate contact with a third party in the event of an accident or some other trauma taking place.

The alarm system was a joint venture between the Eastern Health Board and the South Inner City Community Development Association (commonly known as SICCCA). The group is a voluntary organisation working in the Liberties area whose aims are to promote and ensure, through the community, the total development of the area and its people.

The new Edenmore Health Centre was officially opened in May by Cllr Ivor Callery TD, former Chairman, Eastern Health Board.

Services for the district were originally provided from a prefabricated building on a nearby site. The new health centre goes some way towards improving the quality of the facilities and the service for residents in the area.

A recent addition to the staff in Edenmore has been the appointment of an addiction counsellor, based in Edenmore, but serving the whole CCA 8.

Products from training workshops exhibited

EVE Holdings Ltd (Eastern Health Board Vocational Enterprises) is a company set up by the Board under the Special Hospital Care Programme to co-ordinate the rehabilitation services of people with special needs. Recently, EVE went to Birmingham to exhibit some of the range of products produced by their training workshops in the Garden & Leisure Exhibition (GLEE) which was held at the National Exhibition Centre there. This is one of the largest garden and leisure exhibitions held worldwide. The EVE stand attracted much attention with its *Pot in Boots*, *Blooming Breeches* and *Snorkling Lady in the Pond*.

During the exhibition, held



Pictured on the EVE Holdings stand at the Garden & Leisure Exhibition held recently in Birmingham were (l-r) Tony Newman, Financial Controller, EVE Holdings; Dermot Garrett and Gregory Cox (sitting), EVE Holdings.

over three days, a daily newspaper was published and we reprint below their article on EVE.

'THESE BOOTS ARE MADE FOR WALKING

Would you plant flowers in your wellies? EVE Holdings of Dublin, a newcomer to GLEE, has come up with this strange but fun idea, which they just couldn't resist calling Pot in Boots (groan!).

Dermot, Tony and Greg are the bunch behind this crazy product and others (ask them about the one with trousers round its ankles). They say they are looking for agents in

the UK for their unusual range of stoneware.

But will anyone dare come forward, knowing that there's 'something strange in the swimming pool', as they admitted to Daily Glee yesterday?

'It has to be seen to be believed,' said Dermot, adding that they've called it Budding Conversations.

Presumably it's made from Blarney stone, and it talks Irish.

These products are on sale at Garden World Sales at Blake's Cross, North Co Dublin, and would make an attractive Christmas present.



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It was not the Spain of the tourism brochures. We were trudging in single file across a broad plain, the rain falling steadily, or walking through yet another half-ruined village, the smell of cow dung stinging the nostrils.

No, it was not a Spain tourists would recognise, but then we were not tourists in the ordinary sense. We were pilgrims of a sort; 60 unlikely individuals doing a 200-mile sponsored walk in aid of the Multiple Sclerosis Society of Ireland.

Our route was the old pilgrimage one across the Pyrennees and northern Spain to the supposed tomb of St James at Santiago de Compestela.

Not that the true pilgrims, who for centuries had traversed the area, would have felt affinity with our group. Unlike them we were not accustomed to the hardship of walking over 20 miles a day (although we had done quite an amount of training beforehand); we were well equipped with suitable clothes, boots, water and food, and had the advantage of a great physiotherapist on our support bus to salve blisters and render first aid.

If all of this removed us somewhat from the old pilgrims, we still had a sense of continuance and what started out as a novel experience (a chance to see part of the real Spain while doing some good), became a deeply moving one.

You often hear it said about an experience that you had to be there to appreciate it and this is true of our walk. It consisted of ten days walking about 20 miles per day. The terrain varied from long stretches of plain (the Meseta) where the rain fell continuously (proving the truth of the old saying 'the rain in Spain etc'), to mountainous regions. We came upon almost abandoned villages, more primitive than any here. There were the towns where we stopped each night — Pamplona, Logrono, Burgos, Leon, Pontferrado, Lugo and finally Santiago itself. (This flat recital does not, however, describe the flavour of it all, or the ways in which we got to know

If you're fond of walking, read on!



and learn about each other and ourselves too as the days passed.)

Some memories stand out. The first rainy day found us strung out behind each other marching steadily for hours through the chalk mud. No one complained or contemplated staying on the bus after our lunch-break — even when offered that opportunity through sore feet or stomach bugs.

Another memory is Sunday Mass at a dingy village playground among the children's swings with a gale blowing. Our fellow walker Fr Jack Lynch from Coolock, celebrated a ceremony which many found moving, even the non-religious in the group. The plastic bottle holding the flowers and the rickety trestle table altar seemed, in their simplicity, closer to whatever religion is about than the crushing grandeur and pomp of Burgos' great Cathedral.

Later on, a Mass held in a small chapel in Santiago's Cathedral

was a fitting conclusion to our hike. There, the lesson was movingly read by one of the non-Catholic walkers and the millions of written and spoken words about doctrinal differences seemed absurd in the shared feeling of togetherness.

For most of us, however, the emotional high point of the walk was when we arrived at the so called 'Iron Cross'. This is a place where for centuries pilgrims have placed stones, brought from their own homes. Along with my colleagues I put down the two my children had gathered from the wide choice available in our back garden. Fr Lynch then spoke, asking us to remember those at home who were ill, whether through multiple sclerosis or whatever. Silence fell and suddenly people were weeping in each other's arms. It felt somehow as if they were crying not just for this relation or that friend, but for all of humanity with its countless tragedies and sorrows. It was right

too that this grief be given release at the cross which, high above on its hill of stones, seemed emblematic of suffering humanity.

All of this might make the trip sound a joyless, serious affair, It wasn't. It was filled with laughter, stories, songs, camaraderie to say nothing of the good food and drink. In the villages people waved and shouted greetings to us as we moved through. We spent hours in a village on the Sunday entertaining (we hoped) the local people with our repertoire of songs. On another memorable day we had a colossal lunch washed down with copious quantities of 1986 Reserva wine in the Cunha bodega (winery) in the heart of Rioja country. It was quite an effort to walk a further 10 miles after that meal.

When finally we came into Santiago in the rain there was exhilaration mixed with a certain sadness. We had done our 200 miles, fulfilled our pledges and we knew that our break-up as a group was imminent. Yet there was a feeling of a link forged between us all: maybe in a year or two you might bump into somebody in O'Connell Street and the murmured apology would turn into 'Hey! you were on the walk in Spain'.

At the end of the day what was it all about? Obviously for the MS Society the object was to raise money and this we did to the tune of approx. £90,000, enabling them to extend their activities.

For the walkers, the benefits were that those of us who had previously been sedentary individuals (unwilling to walk anywhere we could drive) had become very fit. We had also seen some of the real Spain. There was too, a feeling — or at least a hope — that we had emerged a little bit wiser if sadder: a little changed for the better by the experience.

To those colleagues and friends (both inside and outside the Health Board) who were harassed and cajoled into giving sponsorship money; to those who organised, sorted out and brought comfort; to Bert who lead and above all to those who walked with me I can only say 'Muchos, muchos gracias'. ◇

JESUIT VOLUNTEER COMMUNITIES

A new challenge for young people

JVC (Jesuit Volunteer Communities) was set up to respond to the generosity of young people (20+) who wish to do voluntary work full-time in Ireland for one year.

Volunteers work with homeless people, handicapped people, travellers, people with HIV, young people at risk and others in need. Volunteers make a one-year commitment to explore the four values of JVC — social justice, simple lifestyle, community and spirituality. JVC has been described as 'an enormous challenge', 'a frightening privilege', 'an experience which has changed my views on everything'.

Alan, who worked with handicapped children says:

'I truly entered another world and in doing so was being taught by these people about life and how little we appreciate it as a gift. My ability to enjoy the simple things in life grew and I began to really live . . .'

Jean, who works with Simon says:

'My experience in Simon has very much been about receiving more than I can give . . .'

The volunteers live together in mixed communities — at present there are two communities in Dublin, one in Ballymun and another in Stanhope Street in the north inner city. In 1992, JVC hopes to set up another community in Galway.

JVC is open to both men and women who are over 20 years of age. Volunteers should have good health, a Christian motivation and wish to work with poor and marginalised people while living in community with other JVC volunteers.

JVC is: working full-time with homeless, handicapped, victims of violence, people with HIV, drug users, the unemployed, the elderly and others in need.

- JVC is:
- Young people in their 20's
 - Giving a 1 year Commitment
 - Living together in community
 - Sharing a simple lifestyle
 - Living a Christian faith that does justice

If you would like more information on JVC, please contact:
Sean, John or Miriam at
24 Gardiner Place, Dublin 1. Tel (01) 745254

Translating disability into ability

(Cont. from page 6)

to ensure that the further objective of open employment will be achieved.

Q. Is there any EC help for GHIS?

A. There is an international dimension to GHIS; it has been recognised as a Local Model Activity within the Economic Network of the HELIOS Programme of the European Community. Membership of this Programme has facilitated the sharing of ideas between different innovative projects in the EC. The two divisions of GHIS have also been accepted as approved projects under the European Communities Horizon Initiative. This Programme provides a network of innovative, technology based projects drawn from amongst the member States which will contribute to a sharing

of technologies, training, and evaluation methodologies on a pan-European basis. The funds available from Europe will enable us to extend the range and activities of trainees in both projects.

Our Chief Executive Officer, Mr Kieran Hickey, also presented a comprehensive paper on the work of GHIS to the World Congress on Technology which was held in Washington in 1991. The response to the paper was very favourable and our Board is now considering hosting this major congress in Dublin in 1994.

Q. What has been the reaction of families of trainees to the GHIS programme?

A. The parents of the trainees have unanimously welcomed the initiative of GHIS and have commented favourably on the heightened level of interest of their sons and daughters in terms of their general outlook and wellbeing. Their motivation and attention has improved remarkably since their involvement in GHIS.

JOB-SHARING

Grade II — on current Grade III Panel seeks job-sharing at Grade III level.

Contact:

BREDA Tel. 8680444

EHB GOLFING SOCIETY

The golf season got off to a bad start this year with the cancellation of the first outing in Lucan Golf Club owing to inclement weather. This outing, however, has been rescheduled for September.

The first outing was in

Headford Golf Club on 10 June. The following won prizes:

Winner	Kevin Carey
2nd	Stephen Cooling
3rd	Noel Keogh
4th	Derek Doran
First Nine	Jim O'Beirne
Second Nine	Margaret Tucker

The second outing was the President's (Nora Fitzpatrick) Prize which was held in Wicklow GC.

Winner	Tom Mernagh
2nd	Jack Short
3d	Fintan King
4th	Claire Pippett
5th	Stephen Cooling
6th	Eddie Dunphy
First Nine	Derek Doran
Second Nine	Conrad Cooper

Nora deserves hearty congratulations for the splendid array of prizes she organised and

the warm welcome and enjoyable evening extended by Wicklow GC to our members.

The remaining outings for the year are:

Lucan GC	15 September
Rush GC	20 October

More information from Tom Mernagh at tel 778132, or John Ryan at tel 2697300.



Some of the activities . . .



At the opening ceremony — Cllr Ivor Callely TD, former Chairman, Eastern Health Board; Cllr Michael Barrett TD; Mr Kieran Hickey, Chief Executive Officer, Eastern Health Board; Dermot Garret, Festival Co-ordinator, and a spectator joining in for the fun of it (extreme left.)

DERMOT GARRETT, Festival Co-ordinator, writes on the

mid-summer festival

The grounds of St Brendan's Hospital looked fantastic. All was in readiness — the beautiful flower beds, flags flying and bunting everywhere. The big marquees were in place, their candy-striped canvases adding a carnival atmosphere to the morning.

The exhibition tent was a hive of activity as exhibitors prepared colourful and exciting stands. All the art workshops were in place; street theatre and 45 performers were organised for the next two days. The Garda and Army Bands, six youth marching bands, the Garda Motor Bike Display Team, the Army Gymnastic Display Team and dozens of other performers from international folk dancers to fencing display teams would

all be coming to St Brendan's Hospital on Sunday 21 June (Mid-Summer Day) and Monday 22 June for the Mid-Summer Festival.

Sunday dawned windy and cloudy. At midday, Cllr Ivor Callely performed the opening ceremony. The fanfare sounded, the Mid-Summer Festival logo was unveiled and 200 birds were released from under the stage. As if they were trained with the Red Arrows, the birds flew straight up into the sky and circled the Festival site twice. Then the wind died, the clouds parted and we had the two hottest days of the year.

The aim of the Festival was to advance the integration of those with and without special needs using the mediums of art and entertainment. We achieved

this through:

- representing all the arts, visual, dance, music etc;
- reaching an audience of 10,000 children and adults;
- actively involving all who attended in an integrated setting;
- helping to heighten public awareness about the arts and those with special needs.

It was a pleasure to watch integration take place in a very natural and fun way. Thousands of people saw the beautiful art exhibition in the Conference Centre and the exhibition tent was full of wonderful works produced by people with special needs from the various centres within the Eastern Health Board.

Joe Sheridan (Transport Section), danced around the site

like the Pied Piper with hundreds of adults and children dancing behind him, some pushing the wheelchairs of friends they had made that day; everybody singing, dancing, laughing and being happy.

I would like to thank Mr Kieran Hickey, Chief Executive Officer, Eastern Health Board; Mr Michael Walsh, Programme Manager, Special Hospital Care; Mr Jim Halley, General Manager, EVE Holdings Ltd; all the members of the advisory groups, Ms Amanda Halpin, Mrs Iris Walsh, Mr Tony Newman, the catering and maintenance staff, all the volunteers and everybody who helped make the Mid-Summer Festival a success.

Hundreds of children have sent 'thank you' cards. ◇

A Feast of Fun for all!



'NOW THAT'S MORE LIKE IT, MY YOUNG MAN!'



'THIS WALL NEEDS A TOUCH-UP!'

*Gerry Mangan's 'canned igloo' (below)
and Eddie Matthews offered to empty
them for him (above left)*



- ACROSS:** 1. Linking and fooling about electro-convulsive therapy (10)
 6. Is this a tax in northern UK? (4)
 10. A half measure has one hundred elderly imprisoned (7)
 11. Employ Elizabeth in a tie with you (7)
 12. Athletes compete in this Highland fling (7,3,5)
 13. Mineral can be used in sticks for messages (8)
 14. Happy is the girl, it sounds like (6)
 16. You can start a fire in this land (6)
 18. He refutes claim to grease again (8)
 21. Malaga's last been polluted when mild (2,6,1,2,4)
 23. To barter in tin is dear, anyway (5-2)
 24. In close pursuit thanks to a fish (7)
 25. Rock about before the start of effort (4)
 26. Little sir sounds like summer dark (5,5)
- DOWN:** 1. About to take one's ease on the hill-top (5)
 2. Icon is a mess in this island town (7)
 3. With shell-canning he disturbed the narrow sea (7,7)
 4. The water-control is tied loosely to the entrance (8)
 5. The North should mean nothing (6)
 7. Ascended about fifty-one metres to the plot (7)
 8. Speculator finds the ring on part of the stair (9)
 9. It was a mistake to do the crazy musical lion act (14)
 13. He promises to back the confounded UNO art rag (9)
 15. Unable to fill expensive-sounding bottle (8)
 17. One is not thankful for where the fire burns (7)
 19. Selling traditional mixed gin (7)
 20. One hundred and fifty move slowly in boxer grip (6)
 22. It's great to back a prejudiced person (5)

Entries to Crossword, *Contacts*, Dr Steevens' Hospital, Dublin 8. £10 to first correct solution opened on Friday 6 November '92

LAST ISSUE'S WINNER:
 YVONNE KELLY, SALARIES SECTION,
 DR STEEVENS' HOSPITAL

QUIZ

1. Which two EHB buildings won awards?

.....

2. Name four new appointees to the Health Board.

.....

3. What does EVE stand for?

.....

4. Who had bizarre funeral arrangements?

.....

5. What's made from Blarney stone?

.....

6. Where is the place known as the 'Iron Cross'?

.....

7. Who is Nora Fitzpatrick?

.....

8. Who danced like the 'Pied Piper'?

.....

9. What was launched on 1 October?

.....

10. Who provided the psychiatric service in Kildare up to 8 June last?

.....

Name:

.....

Address:

.....

WINNER OF LAST ISSUE'S QUIZ:

JUDY CAMPBELL
 Community Care Area 1
 Tivoli Road
 Dun Laoghaire

CONGRATS. JUDY!

£25 for the first all-correct solution drawn

REMEMBER, ALL THE ANSWERS ARE IN THIS ISSUE OF 'CONTACTS'

Address entries to:
 The Editor, *Contacts*,
 Eastern Health Board
 Dr Steevens' Hospital
 Dublin 8

Closing date:
 Monday 30 November '92

CROSS

81

WORD

1	C	O	N	N	E	C	T	I	N	G	5	C	O	7		
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21	R	E	E	F		22	S	H	O	R	T	N	I	G	H	T

Name
 Address

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SOLUTION CROSSWORD 80: ACROSS: 1. Home brewed; 6. Afar; 10. Reminiscence; 11. Owned; 12. Binge; 13. Atavistic; 14. Cross reference; 16. Round the corner; 22. Columnist; 23. Cities; 24. Trees; 25. Speakable; 26. Hold; 27. Stressless.
 DOWN: 1. Hariback; 2. Memento; 3. Bangers and mash; 4. Enslave; 5. Elevate; 7. Fanatic; 8. Reduce; 9. Go like hot cakes; 15. Prosper; 17. Oil well; 18. Twinset; 19. Extreme; 20. Notable; 21. Scorch.

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S.E.H.B.
t. St. Loman Hosp.

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