Baby Walkers in Europe – Time to Consider a Ban

Abstract:

In countries where baby walkers are used there has long been controversy about their risks and benefits. Baby walkers are a non-essential nursery product made of a seat surrounded by a rigid frame which is set on wheels. Most walkers also have a tray with toys or rattles attached, and many can be compacted for portability. Parents give various reasons for using walkers to keep the infant quiet and happy, to encourage mobility and provide exercise, and to hold the infant during feeding. In the United Kingdom, baby walkers are used by over 50% of infants.

Baby walkers are often used by parents and caregivers for children between 5 to 15 months of age. Most parents have the impression that the baby walker is a safe place to keep children entertained while they attend to other tasks, or they believe the walker will help a baby learn to walk. However, despite their name, baby walkers do not help a child learn to walk, in fact, use of a walker can inhibit walking ability and impeding walking ability rather than aiding it. Babies are at a highly increased risk of head injury, burns and scalds, and poisonings while using a baby walker we urge parents and caregivers use safer alternatives to baby walkers and urges health care providers not to promote baby walker use.

In many European countries baby walkers are linked to more injuries than any other type of nursery equipment, causing an unacceptably high number of severe falls, burns and scalds, and poisonings.

Injury data from 9 European countries showed that over 90% of baby walker injuries are injuries to the head, with 31% of them causing brain injury, and 35% causing skull injury. Austrian hospital records show that a baby walker injury severe enough to cause a skull fracture or concussion occurs at least once a week. Research in Wales showed that 25% of babies hospitalised with burns and scalds had been in a baby walker when the injury occurred. Many European expert organisations have called for bans on baby walkers due to the level of risk and injury they pose to children, combined with their lack of tangible benefit or necessity. Their voices are joined by experts in the United States, Australia and New Zealand.

Canada has already implemented a total ban on use, possession, and sale of baby walker, with a fine of up to 150,000 Canadian dollars and/or 6 months imprisonment for non-compliance. There are already many safer alternatives to baby walkers on the market, such as play pens and stationary activity centres.

The Solution?

Our view is that baby walkers do not help babies learn to walk, and serve no beneficial function for children, in fact impedes walking ability rather than aiding it. Babies are at a highly increased risk of head injury, burns and scalds, and poisoning while using a baby walker we urge parents and caregivers use safer alternatives to baby walkers and urges health care providers not to promote baby walker use.

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